

Parental Permission Form

'Positive Puberty Plus'



As part of the NZ Health & Physical Education Curriculum we have engaged Nest Consulting to provide their 'Positive Puberty Plus' programme for our Year 6 students. All topics will be covered age appropriately in a way that relates to male and female puberty, the changing body, sense of self, decision making, media influences, celebrating diversity and body confidence.

As part of this lesson plan, we would like Parents to be actively involved in starting or continuing communication with their child regarding the changes associated with puberty and pre-adolescence. We offer a [Parents Information/Education Evening](#) prior to the programme to inform and educate. The evening will also address any questions relating to the exact details of this lesson, show a sampler of the DVD and outline the course. Parents will be provided with puberty information to share with their children as they see appropriate and the answers to the quiz the children will bring home. The feedback from this evening is always extremely positive: a fun, inspiring and educational night. It includes some anatomy and physiology 101 memory joggers, an outline of normal growth and development expected at puberty, showing of all available menstrual products (incl. recyclable, washable, organic and supermarket items) along with an overview of the NZ sexuality guidelines. Included throughout are tween parenting tips! It lasts about 75 mins.

You can access feedback from other schools on www.facebook.com/NestConsulting

TIMETABLE:

09:00 – 11:00 Boys and Girls

11:00 – 11:30 Morn Tea

11:30 – 12:00 Boys only (quick changeover to Girls)

12:00 - 13:00 Girls only

13:00 - 13:45 Lunch

13:45 - 14:30 Boys and Girls

Packing up and Evaluations 14:55

Please return this signed permission slip, if **you consent or do not consent** to your child attending the lesson.

'Positive Puberty Plus' Permission Slip - WEEK 7 WEDNESDAY 28th November

I GIVE / DO NOT GIVE permission for to attend the 'Positive Puberty Plus' lesson on Wednesday 28th November.

I WILL / WILL NOT be attending the Positive Puberty Plus parent evening (**parents only please**) on Monday 26th November at 6.30 pm – 7.30 pm.

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Parent signature

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Contact email

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Contact cell phone

PLEASE RETURN PERMISSION SLIP BY THURSDAY 22ND NOVEMBER (OR SIGNAL YOU ARE WISHING TO WAIT UNTIL AFTER THE PARENT EVENING ON MONDAY 26TH NOVEMBER)
SUSAN THOMPSON STHOMPSON@DAIRYFLAT.SCHOOL.NZ TEAM LEADER