

JA Badminton 2025 Program Description: Nov/Dec

Beginners - Learning the fundamentals of the game, proper swing and footwork

❖ Price: \$30/class ❖ Time: 1.5hrs

Available Times:

➤ **Wednesdays 8:00 pm-9:30 pm**

- Dates: *Nov 5, 19*
- Location: Joan Carr Catholic School
- Total: 2 Sessions = \$60

➤ **Thursdays 7:30pm-9 pm**

- Dates: *Nov 20, 27, Dec 4*
- Location: Joey Moss School
- Total: 3 Sessions = \$90

➤ **Fridays 8:30 pm-10 pm**

- Dates: *Nov 7, 14, 21, 28, Dec 5, 19*
- Location: Dr Anne Anderson Rec Centre
- Total: 6 Sessions = \$180

➤ **Saturdays: 10:30 am-12:00pm**

- Dates: *Nov 1, 22, Dec 6, 13*
- Location: Ecole Joseph Moreau School
- Total: 4 Sessions = \$120



➤ **Saturdays: 12:00 pm-1:30 pm**

- Dates: *Nov 1, 22, Dec 6, 13*
- Location: Ecole Joseph Moreau School
- Total: 4 Sessions = \$120

Overview: This beginner badminton class is designed for individuals new to the sport or those who have limited experience. Participants will learn the fundamental skills and techniques necessary to play badminton confidently and enjoyably. The class will focus on building a strong foundation in key areas such as basic footwork, proper grip, stroke mechanics, and court positioning.

Intermediate - Refining technique, learning more strategies for the game, improving consistency

❖ Price: \$30/class ❖ Time: 1.5hrs

Available Times:

➤ **Wednesdays 8:00 pm-9:30 pm**

- Dates: *Nov 5, 19*
- Location: Joan Carr Catholic School
- Total: 2 Sessions = \$60

➤ **Thursdays 7:30pm-9 pm**

- Dates: *Nov 20, 27, Dec 4*
- Location: Joey Moss School
- Total: 3 Sessions = \$90

➤ **Fridays 8:30 pm-10 pm**

- Dates: *Nov 7, 14, 21, 28, Dec 5, 19*
- Location: Dr Anne Anderson Rec Centre
- Total: 6 Sessions = \$180

➤ **Saturdays: 10:30 am-12:00pm**

- Dates: *Nov 1, 22, Dec 6, 13*
- Location: Ecole Joseph Moreau School
- Total: 4 Sessions = \$120

➤ **Saturdays: 12:00 pm-1:30 pm**

- Dates: *Nov 1, 22, Dec 6, 13*
- Location: Ecole Joseph Moreau School
- Total: 4 Sessions = \$120

Overview: The intermediate badminton class is designed for players who have a basic understanding of the game and want to take their skills to the next level. This class will focus on refining technique, enhancing strategic play, and improving consistency and power. Participants will work

on more advanced shots, court positioning, and tactical awareness, with a focus on developing the skills necessary to compete in both singles and doubles play

Rising Star - Invite-only program

❖ Price: \$30/class ❖ Time: 1.5hrs

Available Times:

➤ **Thursdays 7:30pm-9 pm**

- Dates: *Nov 20, 27, Dec 4*
- Location: Joey Moss School
- Total: 3 Sessions = \$90

➤ **Fridays 8:30 pm-10 pm**

- Dates: *Nov 7, 14, 21, 28, Dec 5, 19*
- Location: Dr Anne Anderson Rec Centre
- Total: 6 Sessions = \$180

➤ **Saturdays: 12:00 pm-1:30 pm**

- Dates: *Nov 1, 22, Dec 6, 13*
- Location: Ecole Joseph Moreau School
- Total: 4 Sessions = \$120



Overview: The *Young Development Badminton Program (Rising Star)* is specifically designed for children aged 7-12 who show potential and a passion for badminton. This program focuses on developing the foundational skills necessary to succeed in the sport while fostering a love for physical activity. Coaches will provide individualized attention to each player, encouraging skill progression, athletic development, and the importance of sportsmanship. The goal is to nurture young players' abilities and help them build confidence, all while having fun and enjoying the game.

Pre-Advance - Preparing more for school and local tournaments

❖ Price: \$40/class ❖ Time: 2 hours

Available Times:

➤ **Sundays: 7:00 pm-9:00 pm**

- Dates: **Nov 9, 23, 30, Dec 7, 14**
- Location: The King's University
- Total: 5 sessions = \$200

➤ **Mondays: 7:30 pm-9:30 pm**

- **Dates: Nov 3, 10, 17, 24, Dec 1, 8, 15**
- Location: Thelma Chalifoux School
- Total: 7 Sessions = \$280

Overview: The *Pre-Advanced Badminton Program* is designed for athletes who have already developed solid foundational skills in badminton and are looking to elevate their game to the next level. This program bridges the gap between intermediate and advanced training, focusing on refining techniques, improving consistency, and introducing more complex tactical strategies. It is ideal for players who are committed to improving their overall performance and preparing for competitive play, whether in local tournaments, school competitions, or club-level events.

Advance - Preparing for local, provincial, and national tournaments, feather shuttles provided

❖ Price: \$40/class ❖ Time: 2 hours

Available Times:

➤ **Sundays: 7:00 pm-9:00 pm**

- Dates: *Nov 9, 23, 30, Dec 7, 14*
- Location: The King's University
- Total: 5 sessions = \$200

➤ **Mondays: 7:30 pm-9:30 pm**

- **Dates:** *Nov 3, 10, 17, 24, Dec 1, 8, 15*
- Location: Thelma Chalifoux School
- Total: 7 Sessions = \$280

Overview: The *Advanced Badminton Program* is designed for highly committed athletes who have mastered the fundamental and intermediate skills of badminton and are looking to elevate their game to an elite level. This program is for players who are competing at a competitive level, whether in local, regional, or national tournaments or for those aspiring to represent their clubs or schools in top-level competition.

JA BADMINTON LESSON POLICIES

Schedules



❖ **Group Lessons:** JA Badminton group lessons run in 2-month periods. Players are required to commit to the full term.

➤ *Note:* If players choose to discontinue lessons, they must inform JA Badminton at least 1 week before the term ends, as players are automatically enrolled in the same group lesson for the next term.

Payment

❖ **Group Lessons:** Payment is due in full upon registration for each term.

❖ **Private Lessons:** Payment is due in full upon confirmation of the lesson. Payments can be made prior to the lesson.

❖ *Payments can be made through the following methods:*

- Cash
- Etransfer
- Cheque

Cancellations

❖ **Group Lessons:** If a player cannot attend a scheduled class, they must inform JA Badminton at least 24 hours before the session so that coaches can plan accordingly.

❖ **Private Lessons:** If a player cannot attend a scheduled private lesson, they must inform the coach at least 24 hours in advance. Cancellations made within 24 hours will incur a charge of 50% of the lesson fee. This period allows other players sufficient time to book the slot.

**Note: If the coach has to cancel under unforeseeable circumstances, players will be informed ASAP and offered alternative days/times to reschedule their lesson.*

Make-Up Lessons



❖ **Group Lessons:** If a player misses a class, they are entitled to a maximum of 2 make-up classes that can be redeemed in the following term (ie: missed 2 classes for Sept/Oct - player can join 2 classes in Nov/Dec). No refunds will be applicable.

***Please note:** By registering for JA Badminton group lessons and/or private lessons, you agree to abide by the policies outlined above.*