Question: What is PBS?

Answer: Positive Behavior Support is a school-wide behavior management tool Gracemor uses to encourage students to make positive behavior choices. We strive to reward students when we see them meeting our school's expectations, rather than "scolding" students when they make a poor choice. This encourages students to take responsibility for their behavior.

Question: What are Gracemor's expectations? **Answer:** We expect every student to be "Respectful, Responsible, and Ready to Learn." At the beginning of the school year, staff members teach students are taught what it looks and sounds like to be respectful, responsible, and ready to learn throughout the school building.

Question: How are students rewarded for making good choices? **Answer**: We use blue tickets to reward students by acknowledging the expected behavior when they are seen following our universal expectations. Once students earn these tickets, they cannot be taken away for any reason. Students collect tickets and use them to "purchase" rewards for both tangible and non-tangible items.

Question: How can I implement PBS at home? **Answer**: Most children misbehave because they either want attention or they want to avoid something. When you reward them for positive behaviors, they will ideally (and eventually) continue to make the right decision.

- Create a reward chart for doing chores and helping around the house
- Give your child verbal praise. Research has shown that for each negative comment that you make, you need to make four that are positive.
- Try to limit time-outs to one minute for each year of a child's age.
- Be consistent with expectations, rewards, and consequences. Set your expectations for behaviors before problems occur.

Question: How can I learn more about PBS? **Answer**: While any staff member at Gracemor will tell you more about PBS, Mr. Montague, Mrs. Sherman, and Mrs. Muller are the facilitators of this school-wide initiative.

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