

# Sections

# HANAN M. HASHEM, PH.D.

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## EDUCATION

<b>Ph.D.</b>	<b>Counseling Psychology</b> ; The University of Texas at Austin	2022
	Dissertation: <i>Identity, Discrimination, and Belonging: The Arab American Muslim Experience</i> . Dissertation Committee: Dr. Germiné Awad (Chair); Dr. Kevin Cokley; Dr. Tiffany Whittaker; Dr. Sameera Ahmed	
<b>M.Ed.</b>	<b>Quantitative Methods</b> ; The University of Texas at Austin	2022
<b>M.A.</b>	<b>Counseling Psychology</b> ; Wayne State University	2016
	Thesis: <i>Review of Research on Young American Muslims, 2005-2015</i> .	
<b>B.A.</b>	<b>Psychology</b> ; The University of Michigan, Dearborn	2014
	Minor in Philosophy	
	Thesis: <i>A Pilot Study: Young Muslim Converts' Social Support and Community Connection</i> .	

## ACADEMIC APPOINTMENTS

<b>Adjunct Professor</b> Boston Islamic Seminary	<b>2025 – Present</b>
<b>Adjunct Professor</b> Michigan State University College of Human Medicine	<b>2024 – Present</b>
<b>Adjunct Professor</b> William James College Clinical Psychology Department	<b>2025 – Present</b>
<b>Assistant Professor</b> William James College Clinical Psychology Department	<b>2023 – 2025</b>
<b>Teaching Faculty Fellow</b> William James College Clinical Psychology Department	<b>2022 – 2023</b>

## GRANTS, AWARDS, & SCHOLARSHIPS

### *Awards*

AMENA-Psy Distinguished Dissertation Award	2023
Manuscript Development Award: William James College	2023
Beacon Award for Emerging Leader in Muslim Mental Health Award	2023
<i>June M. Gallessich Award</i> : UT-Austin COE	2020
<i>Professional Development Award</i> : UT-Austin College of Education	2018
<i>Professional Development Award</i> : UT-Austin College of Education	2017

### *Grants*

<i>Barzinji Family Foundation</i>	\$20,000	2022
<i>Waraich Family Fund</i>	\$20,000	2022
<i>Science of Virtues Lab</i> : Baylor University	\$2,000	2021
<i>Psychological Science Research Grant</i> : APAGS	\$1,000	2018
<i>Short Term Research Grant</i> : Islamic Institute for Islamic Thought	\$2,500	2014
<i>Student Research Grant</i> : University of Michigan-Dearborn	\$120	2014

### *Scholarships & Fellowships*

Joe R. and Teresa Lozano Long Graduate Fellowship	\$1,500	2017
Bascombe Royall and Frances Fallon Fuller Scholarship	\$5,500	2016
Texas New Scholar Fellowship	\$10,000	2016

## PUBLICATIONS

### *In Progress*

**Hashem, H. &** Awad, G. (Revise & Resubmit: *Culture Diversity & Ethnic Minority Psychology*). Identity, discrimination, and belonging: The Arab/MENA American Muslim experience.

Oyewuwo, O., Chaudhry, T., Mokhtar, H., & **Hashem, H.** (*In Progress*) Prevalence rates of domestic violence among Muslim families in the United States.

Haggag, D., Tahseen, M., **Hashem, H.**, & Ahmed, S. (Invited Chapter: *Counseling Muslims*) American Muslim Youth.

### *Published Peer-Reviewed Articles*

**Hashem, H.**, & Awad, G. H. (2024). Hijab, Solo Status, Discrimination, and Distress among Muslim Women in the U.S. *The Counseling Psychologist*, 0(0).  
<https://doi.org/10.1177/00110000241242808>

- Hashem, H.**, Hashem, H., Dossani, H., Ghani, M., Ahsen, A. S., & Morshed, C. (2024). Belonging as a predictor of substance use for Muslim American emerging adults. *Journal of Muslim Mental Health*, 17(2). <https://doi.org/10.3998/jmmh.1176>
- Demarig, D. L., Cokley, K., Beasley, S. T., Hita, L., **Hashem, H.**, Mujica, C., Mamidanna, P., & Mercado, A. (2024). Mending fragile alliances to fight racism: Developing a framework for cross-racial/ethnic solidarity. *American Psychologist*, 79(4), 553–568. <https://doi.org/10.1037/amp0001307>
- Sadek, K., & **Hashem, H.** (2024). Teasing apart the role of identity and help-seeking intentions among Arab/MENA and South Asian Muslim Americans. *Social Sciences & Humanities Open*, 9, 100789. <https://doi.org/10.1016/j.ssaho.2023.100789>
- Hashem, H.**, Ghani, M., Hirani, S., Bennet, A., & Awad, G. (2022). Solo status, religious identity centrality, and age as predictors for discrimination among American Muslim Women. *International Journal of Intercultural Relations*. 88, 32-41. <https://doi.org/10.1016/j.ijintrel.2022.03.005>
- Hashem, H.**, & Awad, G. H. (2021). Religious Identity, Discrimination, and Psychological Distress Among Muslim and Christian Arab Americans. *Journal of religion and health*, 60(2), 961-973. <https://doi.org/10.1007/s10943-020-01145-x>
- Awad, G. H., **Hashem, H.**, & Nguyen, H. (2021). Identity and Ethnic/Racial Self-Labeling among Americans of Arab or Middle Eastern and North African Descent. *Identity*, 1-16. <https://doi.org/10.1080/15283488.2021.1883277>
- Ahmed, S., & **Hashem, H.** (2016). A Decade of Muslim Youth: Global trends in research. *Journal of Muslim Mental Health*. 10 (1). <https://doi.org/10.3998/jmmh.10381607.0010.104>

### ***Published Chapters***

- Hashem, H.**, Sami, W., & Saleh, S. (2025). First- and Second-Generation Immigrants in North America: Perspectives from theory and lived experience. In A. Haque & F. Abbasi (Eds.), *Muslim Mental Health in North America*. Michigan State University Department of Psychiatry: Muslim Mental Health Consortium.
- Awad, G., Nguyen, H., Castellanos, F., Payne, T., **Hashem, H.** (2020). Mental health considerations for immigrants of Arab/Middle Eastern descent. In G. C. Nagayama Hall & E. R. Huang (Eds.), *Immigration and Mental Health*. Elsevier. <https://doi.org/10.1016/B978-0-12-816117-3.00010-5>
- Hashem, H.**, Bennett, A., Awad, G. (2020). Arab American Youth: Considerations for mental health and community engagement. In. A. M. Breland-Noble (Ed), *Community Mental Health Engagement with Racially Diverse Populations*. Elsevier. <https://doi.org/10.1016/B978-0-12-818012-9.00006-X>

### ***Published Book***

Ahmed, S., **Hashem, H.**, Khalid, M. (2019). *Uplifting Black Muslim Youth: A positive youth development approach*. Canton, MI: The Family & Youth Institute. Retrieved from <https://www.thefyi.org/publications/uplifting-black-muslim-youth/>

### **Published Reports**

Oyewuwo, O.B., Chaudhry, T., Mokhtar, H., **Hashem, H.**, Friend, K., Mercado, E., Tabahi, S., Berte, D., McGee, B., Barqadle, K. (2024). *American Muslim intimate partner violence study (AMIPV) data brief*. Peaceful Families Project. <https://www.peacefulfamilies.org/amipv.html>

Griffin, J & **Hashem, H.** (2017). Respondent uncertainty about the timing of residential changes and employment-related events. *Panel Study of Income Dynamics*. Retrieved from [https://psidonline.isr.umich.edu/publications/Papers/tsp/2017-03\\_Resp\\_Uncertainty\\_EHC.pdf](https://psidonline.isr.umich.edu/publications/Papers/tsp/2017-03_Resp_Uncertainty_EHC.pdf)

Ahmed, S., Patel, S. Y., & **Hashem, H.** (2015). State of American Muslim youth: Research and recommendations. *Institute of Social Policy and Understanding*. Retrieved from [https://www.ispu.org/wp-content/uploads/2016/08/ISPU\\_FYI\\_Report\\_American\\_Muslim\\_Youth\\_Final-1.pdf](https://www.ispu.org/wp-content/uploads/2016/08/ISPU_FYI_Report_American_Muslim_Youth_Final-1.pdf)

### **CONFERENCE PRESENTATIONS**

**Hashem, H.** [Chair] (2025, August). *Decolonizing Research, Clinical, and Community Praxis with American Muslim Youth*. [Symposium]. Annual Convention of the American Psychological Association, Washington, D.C.

**Hashem, H.**, Haggag, D., & Tahseen, M. (2025, August). *Applying the Radical Healing Framework for Clinical and Community Praxis with American Muslim Youth*. Oral Presentation at Annual Convention of the American Psychological Association, Washington, D.C.

Tahseen, M., **Hashem, H.**, Ahmed, S., & Ateyah, W. (2025, August). *American Muslim Consortium: Coming Together for Mental Health Research*. Critical Conversation at Annual Convention of the American Psychological Association, Washington, D.C.

Demanarig, D., Beasley, S., Hita, L., Cokley, K., **Hashem, H.**, & Mercado, A. (2025, August). *Application of the Cross-Racial/Ethnic Solidarity Framework to Combat Anti-Palestinian Racism*. Oral Presentation at Annual Convention of the American Psychological Association, Washington, D.C.

Demanarig, D. L., Cokley, K., Beasley, S. T., Hita, L., & **Hashem, H.**, Mujica, C., Mamidanna, P., & Mercado, A. (2024, September). *Combating racism through cross-racial/ethnic solidarity: Presenting a framework towards accomplices*. Paper presentation at 2024 Diversity Challenge Conference, *Toward an Anti-Racist Psychological Science: Epistemic and Methodological Considerations* in Boston, MA.

Friend, K.; Oyewuwo, O. B.; Chaudhry, T.; Mokhtar, H.; & **Hashem, H.** (2024, March). *Examining Intimate Partner Violence Prevalence and Coping Strategies in American Muslims Communities: Findings from the AMIPV study*. Oral presentation at 16th Annual Muslim Mental Health Conference in Palo Alto, CA.

Chaudhry, T., Oyewuwo, O.B.; Mokhtar, H., Friend, K., & **Hashem, H.** (2024, February). *Examining IPV trends in American Muslim communities: Findings from the 2021-2023 AMIPV Study* [Poster presentation]. 2024 American Muslim Health Professionals National Public Health Conference, Johns Hopkins University School of Medicine, Baltimore, MD, United States.

Oyewuwo, O.B., Chaudhry, T., Mokhtar, H., & **Hashem, H.** (2023, October). *Examining IPV trends in America Muslim communities: Finding from the 2021-2023 AMIPV Study* [Invited research presentation]. Third Annual Research Symposium, Peaceful Families Project, Virtual.

**Hashem, H.** [Chair] (2023, August). *American Muslim Youth: Diversity and Context*. [Symposium]. Annual Convention of the American Psychological Association, Washington, D.C.

Ateyah, W., & **Hashem, H.** (2023, April) *Adult-Teen relationship as Pathway and Barrier to Muslim Adolescent Belonging in Mosques*. Paper symposium at Society for Research on Adolescence in San Diego, CA.

**Hashem, H.**, Ateyah, W., Ghani, M., & Khan, Z. (2023, March) *Creating a Needs Assessment to Identify Adolescent Strengths and Needs in the Mosque*. Workshop facilitated at 15th Annual Muslim Mental Health Conference in Lansing, MI.

Ghani, M., Khan, Z., Ateyah, W., & **Hashem, H.** (2023, March) *Whose Mosque is it Anyways? Exploring The Impact of Social Identities on the Belonging Experiences of Muslim Adolescents in their Local Mosques*. Oral presentation at 15th Annual Muslim Mental Health Conference in Lansing, MI.

Ateyah, W., Ghani, M., Khan, Z., & **Hashem, H.** (2023, March) *Accountability, Advocacy, and Allyship: The Role of Adults in Adolescent Belonging within the Muslim Community*. Community Conversation facilitated at 15th Annual Muslim Mental Health Conference in Lansing, MI.

**Hashem, H.**, Khan, Z. (2022, March) *Adolescent Mosque Belonging: A Qualitative Study*. Oral presentation at 14<sup>th</sup> Annual Muslim Mental Health Conference in New Haven, CT.

Ghani, M., Mohamad, A., **Hashem, H.** (2022, March). *Mixed-Method Study Exploring the Present and Past Belonging Needs of American Muslim Young Adults* Oral presentation at 14<sup>th</sup> Annual Muslim Mental Health Conference in New Haven, CT.

**Hashem, H.** (2021, October) *The Role of Hijab, Solo Status, and Discrimination Experiences on the Mental Health of American Muslim Women*. Presented as part of a symposium at The Association for Behavioral and Cognitive Therapies, Virtual.

**Hashem, H.** (2021, September) *Identity, Belonging, and Distress: The Arab Muslim American experience*. Oral Presentation at The American Middle Eastern North African Psychological Conference, Virtual.

Ghani, M., Ahsen, A. S., Dossani, H., & Morshed, C., **Hashem, H.** (2021, August) *Understanding the Relationship between Religious Belonging and Substance Use*. Poster presentation at the American Psychological Conference, Virtual.

**Hashem, H.** (2018, August) *American Muslim Woman: Solo Status, Identity, and Psychological Distress*. Poster presentation at the Annual Convention of the American Psychological Association, San Francisco, CA.

**Hashem, H.**, & Awad, G. (2018, August) *Religious Identity, Discrimination, and Psychological Distress in Muslim and Christian Arab Americans*. Symposium presentation at the Annual Convention of the American Psychological Association, San Francisco, CA.

Amayreh, W.M., Rabinowitz, K., Rackley, K., **Hashem, H.**, Reilly, E., & Awad, G. (2017, August) *The Effect of Shame on Help-Seeking Intentions in Ethnic Minority Men*. Poster presentation at the Annual Convention of the American Psychological Association, Washington, D.C.

**Hashem, H.**, Nawal, H., Nguyen, H., Amayreh, W., & Awad, G. (2017, August) *The racial identity of Arab Americans: Do all Middle Eastern and North Africans consider themselves Arab?* Poster Presentation at the Annual Convention of the American Psychological Association in Washington, D.C.

Griffin, J., & **Hashem, H.** (2016, May) *Revisiting the Interviewer-Respondent Interaction in the Panel Study of Income Dynamics' Event History Calendar (EHC)*. Oral Presentation at the American Association for Public Opinion Research in Austin, TX.

**Hashem, H.**, & Ahmed, S. (2016, March) *A Decade of Muslim Youth: What does the research say?* Oral Presentation at the 8<sup>th</sup> Annual Muslim Mental Health Conference in Dearborn, MI.

Patel, S., **Hashem, H.**, & Ahmed S. (2016, March) *Convert Muslim Youth Wellness: Exploring intimacy challenges*. Oral Presentation at the 8<sup>th</sup> Annual Muslim Mental Health Conference in Dearborn, MI.

**Hashem, H.**, Ahmed, S., Patel, S., & Arfken, C. (2015, March) *Young Muslim Converts: Influence of Race and Gender on Integration and Connection*. Oral presentation at the 7<sup>th</sup> Annual Muslim Mental Health Conference in Dearborn, MI.

**Hashem, H.** & Sylvester, J., (2014, May) *American Muslim or American vs. Muslim when Perpetrators and Victims of Threat*. Poster presented at the Meeting of the Minds Conference in Oakland, MI.

**Hashem, H.** & Ahmed, S. (2014, May) *Young Muslim Converts: Social Support and Community Connection*. Poster presented at the Midwestern Psychological Association in Chicago, IL.

**Hashem, H.**, Byrd, I., & Mull, J. (2014, May) *Attitudes of Conspiracy Theorists*. Poster presented at the Midwestern Psychological Association in Chicago, IL.

**Hashem, H.**, Abdullah, H., & Beddow, M. (2013, March) *Cultural Variations in Response to Positive and Negative Feedback*. Poster presented at the Undergraduate Showcase at the University of Michigan-Dearborn, MI.

## DISSERTATION COMMITTEE RESPONSIBILITIES

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## OTHER PROFESSIONAL AND COMMUNITY PRESENTATIONS

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## CLINICAL PORTFOLIO

Hey Hashem: Private Practice of Psychology  
*Licensed Psychologist, MA License: PSY10000324*

2024-Present

Center for Multicultural Training for Psychologists Boston Medical Center/Boston University <i>Supervisors: Tahirah Abdullah, PhD, LP; Shamaila Khan, PhD, LP</i>	2021-2022 Boston, MA
Massachusetts Mental Health Center <i>Supervisors: Gina Gambardella, MSW, LICSW; Chia Hsuan Chang, PhD, LP</i>	2021-2022 Boston, MA
Codman Square Health Center <i>Supervisor: Marie Pierre-Victor, MSW, LICSW</i>	2021-2022 Boston, MA
Counseling and Health Center at Southwestern University <i>Supervisor: Kylin Lee, PhD, LP; Marie Worsham, PhD, LP</i>	2019-2020 Georgetown, TX
Counseling and Mental Health Center at The University of Texas <i>Supervisor: Monica Thiagarajan, PhD, LP</i>	2018-2019 Austin, TX
Capital Area Counseling, Community Mental Health Center <i>Supervisor: Claire Wooloff, PhD, LP</i>	2017-2018 Austin, TX
Starfish Family Services Shelter <i>Supervisor: Francesca Pernice, PhD, LP</i>	2016 Inkster, MI
Wayne State University, Counseling Department <i>Supervisor: Francesca Pernice, PhD, LP</i>	2016 Detroit, MI

## PROFESSIONAL AND COMMUNITY SERVICE

### *Membership in Professional Associations*

American, Arab, Middle Eastern, and North African Psyc Association (AMENAPsy)

American Psychological Association

Division 9: Society for the Psychological Study of Social Issues

Division 17: Society for Counseling Psychology

Division 36: Psychology of Religion and Spirituality

Division 45: Ethnic Minority Psychology

### *Editorial & Ad-hoc Reviewing*

*Reviewer*, Cultural Diversity & Ethnic Minority Psychology

*Reviewer*, Community Mental Health Journal

*Reviewer*, Journal of Racial and Ethnic Health Disparities

*Poster and Symposium Reviewer*, Div 45 at American Psychological Association 2018

*Poster and Symposium Reviewer*, Div 36 at American Psychological Association 2022

*Poster and Symposium Reviewer*, Div 45 at American Psychological Association 2022

*Poster and Symposium Reviewer*, 15<sup>th</sup> Annual Muslim Mental Health Conference 2023



Reviewer, 16<sup>th</sup> Annual Muslim Mental Health Conference 2024

### ***National Service***

<i>Marketing Chair</i> , Muslim Mental Health Conference	2025 – Present
<i>Board of Director</i> , Muslim Mental Health Conference	2023 – Present
<i>Program Chair</i> , Muslim Mental Health Conference	2023 – 2025
<i>Planning Committee Member</i> , Muslim Mental Health Conference	2022 – 2023
<i>Task Force Member</i> , Div 45 Presidential Task Force: Fighting Racism with Cross-Racial/Ethnic Solidarity: Toward Being an Accomplice	2021 – 2022
<i>Community Educator</i> , The Family & Youth Institute	2016 – Present
<i>Facilitated Presentations:</i>	
Impact of Racism on Muslim Youth Development	
Mental Health 101;	Islam, Mental Health, and Misconceptions;
Mentoring Muslim Youth;	Parenting from Within;
Unpacking Intergenerational Trauma;	Tackling Imposter Syndrome; Supportive Friends
<i>Public Articles:</i>	
<a href="#"><u>Disbelief, Trauma, &amp; Betrayal: 3 Tips to Healing</u></a>	
<a href="#"><u>Coping with Substance Use Addiction in Ramadan</u></a>	

### ***Local/Community Service***

<i>Mental Health Specialist</i> , Muslim Youth of North America	2025
<i>Organizer</i> , Catharsis: Boston Muslim Narratives	2023
<i>Consultant</i> , Islamic Center of Boston Culture Center	2022
<i>Advisor</i> , Muslim Youth Retreat – The Cave	2020 – 2020
<i>Advisor</i> , Muslim Youth of North America – Austin Chapter	2017 – 2018
<i>Producer</i> , Hijabi Monologues	2017 – 2018

### ***Departmental Service***

<i>Faculty Course Lead</i> , Lifespan Development	2024 – 2025
William James College, Clinical Psychology Department	
<i>Faculty</i> , Asian American Mental Health Concentration	2023 – 2025
William James College, Clinical Psychology Department	
<i>Graduate Student Representative</i> , Graduate Student Council	2018
The University of Texas at Austin, College of Education	