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 /X	 <b>Today's Missions &amp; Strategic Steps To Success</b>  <b>(Tackle each mission, step by step, and track your progress.)</b>
1.  /X	 <b>MISSION:</b> (Desired Result)   <b>INTENTION:</b> (Why are you doing this?)   <b>Strategic Steps:</b> (Sequential Blueprint)  (Continue for each subsequent mission)
2. 	 something hard I can be proud of today (Related to my daily checklist):  Stay up until 12 am January 1's 2024 to get ahead of the competition. Also do an extra 500 push ups today  (Exception will be 30 minute break naps in between)   <b>INTENTION:</b> To feel proud of myself and give me energy to keep pushing forward   <b>Strategic Steps:</b>  After Every G work session today take 30 minute nap
3. 	 <b>MISSION:</b> Watch troy (Part of mini course)   <b>INTENTION:</b> To understand the perspective of different people to be able to use this in my writing process   <b>Strategic Steps:</b> Get pen and paper and watch the movie Troy (2004). Write a short journal entry of an important scene from the perspective for each of the following characters:  <ul style="list-style-type: none"><li>- Achilles</li><li>- Hector</li><li>-Hector's wife</li><li>- Paris</li><li>- Odysseus</li></ul>
4. 	 <b>MISSION:</b> Training

	<p style="text-align: center;"> <b>Today's Missions &amp; Strategic Steps To Success</b>   <b>(Tackle each mission, step by step, and track your progress.)</b></p>
	<p> <b>INTENTION:</b> To feel better and operate optimally</p> <p> <b>Strategic Steps:</b> 500 Push ups</p>
<p>5. </p>	<p> <b>MISSION:</b> 30 minutes of sunlight on skin</p> <p> <b>INTENTION:</b> To improve my mood for the day</p> <p> <b>Strategic Steps:</b>  Walk dog - To have it done  Meditate - To gain awareness</p>
<p>6. </p>	<p> <b>MISSION:</b> Gm in hero's chat</p> <p> <b>INTENTION:</b> To practice my discipline</p> <p> <b>Strategic Steps:</b> Gm in hero's chat</p>
<p>7. </p>	<p> <b>MISSION:</b> Work to try to make money inside chosen business model/Campus</p> <p> <b>INTENTION:</b> To escape matrix</p> <p> <b>Strategic Steps:</b>  5 Playlists - To set up platform for 2025 project release  5 Videos - To get more followers to have influence  Social media - Hijolaaas - To set up attention posts  Figure out who i'm talking to/Avatar research - To understand who i'm talking to  3 posts - To start gaining attention/Grow my clients business (Did not make posts I have to niche then research first)</p>
<p>8. </p>	<p> <b>MISSION:</b> Eat whole foods</p> <p> <b>INTENTION:</b> To become smarter</p> <p> <b>Strategic Steps:</b>  Whole foods today  7, 11, 12, 4, 6</p>
<p>9. </p>	<p> <b>MISSION:</b> 1 - 15 secs focus on your ideal future self then review your plans to win that day</p> <p> <b>INTENTION:</b> To have actions reflect that individual</p> <p> <b>Strategic Steps:</b></p>

	<div>  <b>Today's Missions &amp; Strategic Steps To Success</b>  </div> <div> <b>(Tackle each mission, step by step, and track your progress.)</b> </div>
10. 	<div>  <b>MISSION: 2 - Watch the morning POWER UP call of the day</b> </div> <div>  <b>INTENTION: To download andrews beliefs</b> </div> <div>  <b>Strategic Steps:</b> </div>
11. 	<div>  <b>MISSION: 3 - Spend 10 mins analyzing good copy from the swipe file or Top Players</b> </div> <div>  <b>INTENTION: To understand intention of copy</b> </div> <div>  <b>Strategic Steps:</b> </div>
12. 	<div>  <b>MISSION: 4 - Send 3-10 outreach messages OR perform 1 G-work session on client work</b> </div> <div>  <b>INTENTION: To grow their business - Escape the matrix</b> </div> <div>  <b>Strategic Steps:</b> </div> <div>  <b>Strategic Steps:</b> </div> <div> 5 Playlists - To set up platform for 2025 project release </div> <div> 5 Videos - To get more followers to have influence </div> <div> Social media - Hijolaaas - To set up attention posts </div> <div> Figure out who i'm talking to/Avatar research - To understand who i'm talking to </div> <div> 3 posts - To start gaining attention/Grow my clients business </div>
13. 	<div>  <b>MISSION: 5 - Train</b> </div> <div>  <b>INTENTION: To feel better &amp; operate optimally</b> </div> <div>  <b>Strategic Steps: 500 push ups</b> </div>
14.  	<div>  <b>MISSION: 6 - Review your wins and losses for the day. Plan out your next day accordingly.</b> </div> <div>  <b>INTENTION: To escape the matrix faster</b> </div> <div>  <b>Strategic Steps:</b> </div>
15. 	<div>  <b>MISSION: Emergency meeting</b> </div> <div>  <b>INTENTION: To download Andrew tates mindset</b> </div> <div>  <b>Strategic Steps:</b> </div>
16. 	<div>  <b>MISSION: Meal prep for up until Wednesday</b> </div>

<div>✓/✗</div>	<div>  <b>Today's Missions &amp; Strategic Steps To Success</b>  </div> <div> <b>(Tackle each mission, step by step, and track your progress.)</b> </div>
	<div>  <b>INTENTION:</b> To save time to focus on escaping the matrix NOW!         </div> <div>  <b>Strategic Steps:</b> Chicken, Vegies, and quinoa         </div>
<div>17. ✓/✗</div>	<div>  <b>MISSION:</b> </div> <div>  <b>INTENTION:</b> </div> <div>  <b>Strategic Steps:</b> </div>
<div>18. ✓/✗</div>	<div>  <b>MISSION:</b> </div> <div>  <b>INTENTION:</b> </div> <div>  <b>Strategic Steps:</b> </div>
<div>19. ✓/✗</div>	<div>  <b>MISSION:</b> </div> <div>  <b>INTENTION:</b> </div> <div>  <b>Strategic Steps:</b> </div>
<div>20. ✓/✗</div>	<div>  <b>MISSION:</b> </div> <div>  <b>INTENTION:</b> </div> <div>  <b>Strategic Steps:</b> </div>

**something hard I can be proud of today (Related to my daily checklist) :**

<div>  </div>	<div> <div> <div>July</div> <div>17</div> </div> Date of Determination <div> <div>July</div> <div>17</div> </div> </div>
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Date:	12/31/2023
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## 🔥 Igniting Your Flame - Outshine Yesterday's Blaze 🔥

Yesterday's Overall Benchmark Score to Surpass Today = **7/17.5**

🙏	🌅 <b>3 Blessings I Cherish This Morning</b> 🙌
1.	Mom
2.	Myself
3.	TRW

🎩	🎩 <b>Magic Trio: 3 Priority Missions</b> 🎩 (These are non-negotiable tasks and must be conquered today!)
1.	The golden checklist
2.	The daily checklist
3.	No sleep until new year

## 🕒 Hourly Commitments & Reflections 🕒

(Design each hour with intention and reflect upon its journey)

Mission 🏆	Mission: <b>What will I do?</b>
Strategy 🔍	Strategy: <b>How will I do it, step-by-step action?</b>
Reflection ✍️	Reflection: <b>Was the mission accomplished? If not, what stopped me?</b>
Score 🏆	Hourly Score: <b>How did this hour measure up to my standards? Good or bad...</b>

**(Continue for each hour, and remember to only include relevant hours for your active day.**

**Remove the hours that you are asleep.)**

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1 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

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2 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

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3 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

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4 AM: Mission 🏆	<p>🎯 <b>MISSION:</b> Emergency meeting</p> <p>🔥 <b>INTENTION:</b> To download Andrew Tate's mindset</p>
Strategy 🔍	
Reflection ✍️	
Score 🏆	

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5 AM: Mission 🏆	<p>🎯 <b>MISSION:</b> Watch troy (Part of mini course)</p> <p>🔥 <b>INTENTION:</b> To understand the perspective of different people to be able to use this in my writing process</p> <p>🎯 <b>MISSION:</b> Gm in hero's chat</p> <p>🔥 <b>INTENTION:</b> To practice my discipline</p> <p>🧭 <b>Strategic Steps:</b> Gm in hero's chat</p>
Strategy 🔍	<p>🧭 <b>Strategic Steps:</b> Get pen and paper and watch the movie Troy (2004). Write a short journal entry of an important scene from the perspective for each of the following characters:</p> <ul style="list-style-type: none"> <li>- Achilles</li> <li>- Hector</li> <li>-Hector's wife</li> <li>- Paris</li> <li>- Odysseus</li> </ul>

Reflection 	Finished my checklist for the day
Score 	1



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6 AM: Mission 	<p> <b>MISSION:</b> Watch troy (Part of mini course)</p> <p> <b>INTENTION:</b> To understand the perspective of different people to be able to use this in my writing process</p>
Strategy 	<p> <b>Strategic Steps:</b> Get pen and paper and watch the movie Troy (2004). Write a short journal entry of an important scene from the perspective for each of the following characters:</p> <ul style="list-style-type: none"> <li>- Achilles</li> <li>- Hector</li> <li>-Hector's wife</li> <li>- Paris</li> <li>- Odysseus</li> </ul>
Reflection 	5 minute non sleep rest
Score 	1














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7 AM: Mission 	<p> <b>MISSION:</b> Watch troy (Part of mini course)</p> <p> <b>INTENTION:</b> To understand the perspective of different people to be able to use this in my writing process</p> <p> <b>MISSION:</b> Eat whole foods</p> <p> <b>INTENTION:</b> To become smarter</p> <p> <b>Strategic Steps:</b> Whole foods only today 7, 11, 12, 4, 6</p> <p>7:30 - break</p>
Strategy 	 <b>Strategic Steps:</b>













	<p>Get pen and paper and watch the movie Troy (2004). Write a short journal entry of an important scene from the perspective for each of the following characters:</p> <ul style="list-style-type: none"> <li>- Achilles</li> <li>- Hector</li> <li>-Hector's wife</li> <li>- Paris</li> <li>- Odysseus</li> </ul>
Reflection 	Breakfast - 2 potatoes, 2 eggs, chilli oil, half an onion, slice of cheese, and coffee
Score 	1








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<b>8 AM: Mission</b> 	<p> <b>MISSION: 1 - 15 secs focus on your ideal future self then review your plans to win that day</b></p> <p> <b>INTENTION: To have actions reflect that individual</b></p> <p> <b>Strategic Steps:</b></p> <p>—</p> <p> <b>MISSION: 2 - Watch the morning POWER UP call of the day</b></p> <p> <b>INTENTION: To download andrews beliefs</b></p> <p> <b>Strategic Steps: Take notes</b></p> <p> <b>MISSION: Training</b></p> <p> <b>INTENTION: To feel better and operate optimally</b></p> <p> <b>Strategic Steps: 500 Push ups</b></p>
Strategy 	
Reflection 	mpuc and notes
Score 	1

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<b>9 AM: Mission</b> 	<p> <b>MISSION: 30 minutes of sunlight on skin</b></p> <p> <b>INTENTION: To improve my mood for the day</b></p> <p> <b>Strategic Steps:</b>  <b>Walk dog - To have it done</b>  <b>Meditate - To gain awareness</b></p> <p> <b>MISSION: 3 - Spend 10 mins analyzing good copy from the swipe file or Top Players</b></p> <p> <b>INTENTION: To understand intention of copy</b></p> <p> <b>Strategic Steps:</b></p> <p>9:30 - break</p>
<b>Strategy</b> 	
<b>Reflection</b> 	fell asleep
<b>Score</b> 	0

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<b>10 AM: Mission</b> 	<p> <b>MISSION: 4 - Send 3-10 outreach messages OR perform 1 G-work session on client work</b></p> <p> <b>INTENTION: To grow their business - Escape the matrix</b></p>
<b>Strategy</b> 	<p> <b>Strategic Steps:</b>  <b>5 Playlists - To set up platform for 2025 project release</b>  <b>5 Videos - To get more followers to have influence</b>  <b>Social media - Hijolaaas - To set up attention posts</b>  <b>Figure out who i'm talking to/Avatar research - To understand who i'm talking to</b>  <b>3 posts - To start gaining attention/Grow my clients business</b></p>
<b>Reflection</b> 	fell asleep Woke back up by the grace of god
<b>Score</b> 	1

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11 AM: Mission 🏆	<p>🎯 MISSION: 4 - Send 3-10 outreach messages OR perform 1 G-work session on client work</p> <p>🔥 INTENTION: To grow their business - Escape the matrix</p> <p>🎯 MISSION: Eat whole foods</p> <p>🔥 INTENTION: To become smarter</p> <p>🧭 Strategic Steps: Whole foods only today 7, 11, 12, 4, 6</p>
Strategy 🔍	<p>🧭 Strategic Steps:</p> <p>5 Playlists - To set up platform for 2025 project release</p> <p>5 Videos - To get more followers to have influence</p> <p>Social media - Hijolaaas - To set up attention posts</p> <p>Figure out who i'm talking to/Avatar research - To understand who i'm talking to</p> <p>3 posts - To start gaining attention/Grow my clients business</p> <p>11:30 - break</p>
Reflection 🖋️	Watched troy
Score 🏆	

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12 PM: Mission 🏆	<p>🎯 MISSION: 4 - Send 3-10 outreach messages OR perform 1 G-work session on client work</p> <p>🔥 INTENTION: To grow their business - Escape the matrix</p> <p>🎯 MISSION: Eat whole foods</p> <p>🔥 INTENTION: To become smarter</p> <p>🧭 Strategic Steps: Whole foods only today 7, 11, 12, 4, 6</p>
Strategy 🔍	<p>🧭 Strategic Steps:</p> <p>5 Playlists - To set up platform for 2025 project release</p> <p>5 Videos - To get more followers to have influence</p> <p>Social media - Hijolaaas - To set up attention posts</p> <p>Figure out who i'm talking to/Avatar research - To understand who i'm talking to</p> <p>3 posts - To start gaining attention/Grow my clients business</p>

Reflection 	troy
Score 	1

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1 PM: Mission 	<b>🎯 MISSION: 4 - Send 3-10 outreach messages OR perform 1 G-work session on client work</b> <b>🔥 INTENTION: To grow their business - Escape the matrix</b>
Strategy 	<b>🗺️ Strategic Steps:</b> <b>5 Playlists - To set up platform for 2025 project release</b> <b>5 Videos - To get more followers to have influence</b> <b>Social media - Hijolaaas - To set up attention posts</b> <b>Figure out who i'm talking to/Avatar research - To understand who i'm talking to</b> <b>3 posts - To start gaining attention/Grow my clients business</b>  <b>1:30 - break</b>
Reflection 	<b>finished troy - 1:08</b> <b>Went for a 30 minute walk in the sun</b>
Score 	1

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2 PM: Mission 	<b>🎯 MISSION: 4 - Send 3-10 outreach messages OR perform 1 G-work session on client work</b> <b>🔥 INTENTION: To grow their business - Escape the matrix</b>
Strategy 	<b>🗺️ Strategic Steps:</b> <b>5 Playlists - To set up platform for 2025 project release</b> <b>5 Videos - To get more followers to have influence</b> <b>Social media - Hijolaaas - To set up attention posts</b> <b>Figure out who i'm talking to/Avatar research - To understand who i'm talking to</b> <b>3 posts - To start gaining attention/Grow my clients business</b>
Reflection 	<b>watched campus AMA ACE</b>
Score 	

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3 PM: Mission 🏆	<p>🎯 <b>MISSION: 4 - Send 3-10 outreach messages OR perform 1 G-work session on client work</b></p> <p>🔥 <b>INTENTION: To grow their business - Escape the matrix</b></p>
Strategy 🔍	<p>🧭 <b>Strategic Steps:</b></p> <p>5 Playlists - To set up platform for 2025 project release</p> <p>5 Videos - To get more followers to have influence</p> <p>Social media - Hijolaaas - To set up attention posts</p> <p>Figure out who i'm talking to/Avatar research - To understand who i'm talking to</p> <p>3 posts - To start gaining attention/Grow my clients business</p> <p>3:30 - break</p>
Reflection 🖋️	
Score 🏆	

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4 PM: Mission 🏆	<p>🎯 <b>MISSION: 4 - Send 3-10 outreach messages OR perform 1 G-work session on client work</b></p> <p>🔥 <b>INTENTION: To grow their business - Escape the matrix</b></p> <p>🎯 <b>MISSION: Eat whole foods</b></p> <p>🔥 <b>INTENTION: To become smarter</b></p> <p>🧭 <b>Strategic Steps:</b></p> <p>Whole foods only today</p> <p>7, 11, 12, 4, 6</p>
Strategy 🔍	<p>🧭 <b>Strategic Steps:</b></p> <p>5 Playlists - To set up platform for 2025 project release</p> <p>5 Videos - To get more followers to have influence</p> <p>Social media - Hijolaaas - To set up attention posts</p> <p>Figure out who i'm talking to/Avatar research - To understand who i'm talking to</p> <p>3 posts - To start gaining attention/Grow my clients business</p>
Reflection 🖋️	<p>worked on 5 videos</p> <p>Made 3 playlists to take 30 minute break at 5</p>
Score 🏆	1

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5 PM: Mission 🏆	<p>🎯 <b>MISSION: Training 2</b></p> <p>🔥 <b>INTENTION: To feel better and operate optimally</b></p> <p>🧭 <b>Strategic Steps: 500 Push ups</b></p> <p>5:30 - break</p>
Strategy 🔍	
Reflection 🖋️	<p>Ate from hunger during break</p> <p>American dad tv</p> <p>Ate pizza</p>
Score 🏆	0

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6 PM: Mission 🏆	<p>🎯 <b>MISSION: Meal prep for up until Wednesday</b></p> <p>🔥 <b>INTENTION: To save time to focus on escaping the matrix NOW!</b></p> <p>🎯 <b>MISSION: Eat whole foods</b></p> <p>🔥 <b>INTENTION: To become smarter</b></p> <p>🧭 <b>Strategic Steps:</b>  <b>Whole foods only today</b>  <b>7, 11, 12, 4, 6</b></p>
Strategy 🔍	🧭 <b>Strategic Steps: Chicken, Vegies, and quinoa</b>
Reflection 🖋️	sleep
Score 🏆	0

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7 PM: Mission 🏆	🎯 <b>MISSION: 4 - Send 3-10 outreach messages OR perform 1 G-work session on client work</b>
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	 <b>INTENTION: To grow their business - Escape the matrix</b>
<b>Strategy</b> 	 <b>Strategic Steps:</b> <b>5 Playlists - To set up platform for 2025 project release</b> <b>5 Videos - To get more followers to have influence</b> <b>Social media - Hijolaaas - To set up attention posts</b> <b>Figure out who i'm talking to/Avatar research - To understand who i'm talking to</b> <b>3 posts - To start gaining attention/Grow my clients business</b>  <b>7:30 - break</b>
<b>Reflection</b> 	ate
<b>Score</b> 	0

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<b>8 PM: Mission</b> 	 <b>MISSION: 4 - Send 3-10 outreach messages OR perform 1 G-work session on client work</b>   <b>INTENTION: To grow their business - Escape the matrix</b>
<b>Strategy</b> 	 <b>Strategic Steps:</b> <b>5 Playlists - To set up platform for 2025 project release</b> <b>5 Videos - To get more followers to have influence</b> <b>Social media - Hijolaaas - To set up attention posts</b> <b>Figure out who i'm talking to/Avatar research - To understand who i'm talking to</b> <b>3 posts - To start gaining attention/Grow my clients business</b>
<b>Reflection</b> 	slept
<b>Score</b> 	0

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<b>9 PM: Mission</b> 	<b>REWARD</b>
<b>Strategy</b> 	
<b>Reflection</b> 	woke up Walked frijol
<b>Score</b> 	

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10 PM: Mission 🏆	🎯 <b>MISSION: 6</b> - Review your wins and losses for the day. Plan out your next day accordingly.  🔥 <b>INTENTION:</b> To escape the matrix faster  🧭 <b>Strategic Steps:</b>
Strategy 🔍	
Reflection 🖋️	taking social media course in freelancing campus
Score 🏆	

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11 PM: Mission 🏆	Sleep
Strategy 🔍	
Reflection 🖋️	break Chips Pizza
Score 🏆	

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12 AM: Mission 🏆	
Strategy 🔍	
Reflection 🖋️	
Score 🏆	

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# Twilight's Review



## Today's Learnings: Wisdom or lessons learned from the day

- By learning to re program my mind, I can re program other peoples minds



## Victories Celebrated: Accomplishments and successes of the day

Stayed up for the 24 hours + 4  
1000 pushups  
All my tasks done except for 1



## Stumbles Along the Way: Points of difficulty or mistakes made.

Slept a little in between



## Tomorrow's Illuminations: Plan how to improve and progress the next day.

Check my schedule every single hour to better stay on track



## Consistencies to Keep: Recognize what worked well and should be repeated.

- Self talk with beliefs in the man I am trying to become

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 **Communications: Identifying individuals to connect with.**

**@Egor | Flawless Conqueror**

**@Chandler | True Genius**

**@Kevin J. | Copy Predator**

**@Tony\_Freel** 

**@Yousef Ridha | The Wordsmith**

**@Khesraw.l**

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 **Pending Missions: Tasks that remain uncompleted**

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 **Day's Overall Score: A final assessment of the day's productivity**

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# **Freestyle Thoughts Chamber:**

**(Let your thoughts flow here. No judgment, no boundaries.)**