

# Las Colinas Elementary Guidance Program Calendar

## 1st Semester

August: School Counselor's Role
September: Mindfulness PK - 3: Emotional Regulation / 4-5: Goal Setting
October: Drug / Alcohol Awareness Conflict Resolution
November: Bullying Prevention & Cyberbullying

## 2nd Semester

January: Growth Mindset v.s. Fixed Mindset Diversity
February: Kindness / Friendship Personal Safety (parent opt-in required)
March/April: CCMR (College, Career, and Military Readiness) Anxiety
May: No Guidance End-of-Year Celebrations / 5th Grade Graduation