## THE MASTER WAR MODE DAY PLAN + REPORT

## I will get all tasks done!

V	Priority Level	Task List For The Day – Fill In All 20 – They all need to work towards a goal	Task Time:
V	Start-Day •	Wake up at 8 AM or before	
<b>V</b>	Start-Day •	Water + 50 pushups	10m
<b>V</b>	Start-Day •	Shower + get ready	25 <b>m</b>
<b>V</b>	Start-Day •	Breakfast with family	1h
<b>V</b>	Start-Day •	Polish up, self-review and implement Sophies upsell page	2 <b>h</b>
V	Mid-Day	Watch the Rapid Student Copy Review Call 5/7 + notes	1h 30m
<b>V</b>	Mid-Day	Make all of the testing images for Sophie's ads have the same text on the image	1h
V	Mid-Day •	Reply to emails and DMs	10m
V	Mid-Day •	Sunlight	1h
<b>V</b>	Mid-Day •	Power up call	20m
<b>V</b>	Mid-Day ·	Boxing gym	1h 30m
<b>V</b>	End-Day •	Review 2 copy	30m
<b>V</b>	End-Day •	DEEP breakdown 2 pages of a sales page	30m
<b>V</b>	End-Day •	Finish uploading GRBs ebook into the ebook frame thing	1h 30m
<b>V</b>	End-Day •	Watch https://rumble.com/v1gn4hw-how-time-works.html	10m
<b>V</b>	End-Day •	Read some of the 48 laws of power	20m
<b>V</b>	End-Day •	Plan the day for tomorrow	20m
<b>V</b>	Total Day •	Help TRW students	
<b>V</b>	Total Day •	Do the wins/losses exercise	
<b>V</b>	Total Day	100 pushups	

8 AM -	Wake up, get ready, etc, Sam			
9 AM -	Broakfast 8:30 – 9:30um			
10 AM -	Polish up, self-review and implement Sophies upsell page 9:30 – 11:30am			
11 AM -				
12 PM —	Brain reset and wiggle room, 11:30am			
	Watch the Rapid Student Copy Review Call 5/7 + notes 12 - 130pm			
1 PM -	12 - 1.30piii			
2 PM -	Make all of the testing images for Sophie's ads have the same text on the image 1:30 – 2:30pm			
3 PM -	Sunlight 230 – 330pm			
4 PM -	Upload the rest of those images to the Facebook ad campaign 3:30 – 4:30pm			
5 PM -	Power up call + wiggle room 4:30 - 5:30pm			
6 PM -	Workout - push day 5:30 – 6:30pm			
7 PM -	Review 2 copy, Breakdown 3 pages of a sales page 6:30 – 7:30pm			
8 PM -	Brain reset and wiggle room, 7:30pm			
	Finish uploading GRBs ebook into the ebook frame thing 8 - 9.30pm			
9 PM -				
0 PM -	Watch hitse/forumbles conn't/ grink how kimine works html, 9-30pm Plan the day forumbness, 9-45pm			
10 PM -	Read some of the 48 laws of power, 10pm			
11 PM -	Sleep 10:30pm – 7am  Event saved Undo X			
	Event saved Ondo X			