



Icebreaker:

What's a "small thing" your spouse or someone close to you does that makes you feel loved or valued?

Discussion Guide:

Read: Ephesians 5:28–29

- What stands out to you about the word *cherish* in this passage?
 - How does Christ's love for the Church set the standard for our relationships?
What does it mean to "nourish and cherish" in practical, everyday terms?
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2. Read: Mark 10:13–16

- How does Jesus' response to the children reveal His heart for people?
 - What do you notice about His pace, posture, and priorities?
How does being "willing to be interrupted" reflect the love of Christ?
 - Where might God be inviting you to slow down and cherish the people right in front of you?
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3. Read: John 13:4–5

- Why is it significant that Jesus took on the role of a servant here?
How does this act redefine what love and leadership look like?

- What are some “foot washing” moments in your life—small, humble acts of service that communicate love?
 - How can serving one another daily strengthen a marriage or friendship?
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4. Read: 1 Corinthians 13:4–7

- Which word from this passage do you feel most challenged by right now?
 - How can kindness—simple, consistent kindness—reshape the tone of your home?
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5. Read: Ephesians 2:4–5

- How does Jesus’ ultimate act of love define what it means to truly *cherish*? In what ways can your love for others—especially your spouse or family—mirror His sacrificial love?
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Practical Takeaway

- **Married couples:** Identify one way you can serve your spouse this week in a way that reflects Christ’s sacrificial love.
- **Singles:** Identify someone in your life you can encourage or support in a tangible way (a meal, a visit, a prayer call).

Closing Prayer

- For strength and compassion to serve others well.
- For healing and comfort for those who are sick.
- For marriages and friendships to reflect the love of Christ.
- For our group to be a safe place where burdens are shared.

