



Great Pond Sangha Resource List

Books

For Newcomers to Meditation:

Miracle of Mindfulness by Thich Nhat Hanh

Awakening the Buddha Within by Lama Surya Das

Everyday Dharma by Lama Willa Miller

The Magic of Awareness by Anam Thubten Rinpoche

Open Heart Open Mind by Tsoknyi Rinpoche

Sangha Favorites:

In Love With the World by Yongey Mingyur Rinpoche

Radical Dharma by Lama Rod Owens

The Way of the Bodhisattva by Shantideva

No Time to Lose, A Timely Guide to the Way of the Bodhisattva by Pema Chodron

Start Where You Are by Pema Chodron

Awakening Through Love by John Makransky

Zen Mind Beginner's Mind by Shunryu Suzuki

Polishing the Mirror by Ram Dass

Feeding Your Demons by Tsultrim Allione

Natural Great Perfection by Nyoshul Khenpo Rinpoche

Retreat Centers our members enjoy:

Wonderwell Mountain Refuge in Springfield, NH - <https://naturaldharma.org/wonderwell-mountain-refuge/>

Barre Center for Buddhist Studies in Barre, MA - <https://www.buddhistinquiry.org/>

Omega Institute in Rhinebeck, NY - <https://www.eomega.org/>

Garrison Institute in Garrison, NY - <https://www.garrisoninstitute.org/initiatives/programs/the-fellowship/>