

Kuluntu Inclusive Restaurant Re-Imagining Session Facilitators Manual
7-10-2025

Task	Objective	Resources	Who	Time
Space Preparation	As we prepare, let us sit in the beautiful energy of liberation. Let it wash over us as we prepare our stations with chairs, sticky notes, pens, and flip chart paper. As people enter the space they are greeted with love and warmth - our community is showing up! Each participant writes their name and pronouns on a sticker and scans the QR code to do our pre-survey. <u>Each station has:</u> - Flip chart - Markers <u>To Dos:</u> - Values are written on flip chart and prominently displayed - Agreements (Warren) - Chalk board is written on - 1) Name tag, 2) do pre-survey 3) grab coffee and snack - Setup stations	- Flip charts - Print out of floorplan - Presurvey and post survey QR code. - Dots for voting - Speaker - Chairs - Markers - QR code for doing pre-survey and post-survey - Chalk board with instructions (do pre-survey, write name on name tag)	Warren is in the parking lot directing folks Registration table - Station setup - Chalk board -	8am-9am
Arrival and Checkin	Welcome and orient people to the space.		Everyone	9:00-9:15am
Grounding and Level Setting	Welcome & Level Setting - Land acknowledgment - o <i>We acknowledge, raise up, and give honor to the Caddo, Wichita, and Comanche people, who were the original inhabitants of this land that we are on. The land was taken from them first through treaty and then through the destructive battle of May 1841, referred to by some as the Caddo village massacre, which resulted in the expulsion of all original inhabitants.</i> - o <i>We acknowledge the Trinity River, originally named the Arkikosa River, which is the waterway that nourishes this land. It has been</i>		Stephanie	9:15am-9:30am

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	<i>used for trade for hundreds of years by many groups in and around this area.</i> ○ <i>We acknowledge that the cities in this area were also built with labor that was stolen. We would like to raise the name of Jane Elkins, who was an enslaved woman. Her enslaved labor represents the first bill of sale ever recorded in Dallas county. We bear witness to the unjust beginning to the area's economy in memory of Jane Elkins and the many enslaved people who built this area.</i> - Kuluntu Overview and Values (Steph) ○ <i>Kuluntu Bakery is a non-profit bakery that co-creates a more equitable food system and community by connecting the food industry, consumers and partners to center women and humanize all food workers.</i> ○ Values ☐ Community ☐ Radical love ☐ Transformative justice ☐ Transparency ☐ Ubuntu - Interdependence - <u>Objectives (Warren)</u> ○ Our objective during this time is to tap into our imaginations and generate ideas and experience that support the design of an inclusive and accessible space. We are seeking ideas to shape infrastructure, process, and feel that align with our values. - <u>Agreements (Warren to insert)</u> - Flow of session ○ Grounding, tour and stories ○ Station ideation ○ Debrief and voting		Warren	
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Grounding, tour and storytelling	Move around the space by way of grounding. Becca will lead a grounding at each station followed by Steph giving an overview of the space. Anisha, Steph and Lauren share their stories at a particular station. Steph - Cafe Anisha - Kitchen Lauren - Becca invites participants to choose a station and let’s everyone know we will be there for 30 minutes.		Becca, Anisha, Steph & Lauren	9:30am-9:45am
Station #1 Kitchen	Step 1: Describe the station Step 2: Explain the objective		Anisha	9:45am-10:15am
Station #2: Family Room and Bathroom	Our objective during this time is to tap into our imaginations and generate ideas and experience that support the design of an inclusive and accessible space. We are seeking ideas to shape infrastructure, process, and feel that align with our values.		Becca	
Station #3: Multifunctional programming space	Step 3: Lead through the questions: - Opening question (Story telling): <i>When we think about a restaurant design, does anyone have an experience (as a food worker, as a customer, community member), of inclusion or exclusion that they would like to share?</i> - Suggested questions: - (goes around) what value stood out to you most and how might it apply to this specific space? - What have you seen at other places? - How could we be more intentional about centering humanity in this space? - Who do we feel is included, who is excluded? - What are we not thinking about? - Closing question: How do these ideas relate to our values? Are there any that we are missing that we can reflect on?	Warren - Program 1: Women's Care Collective (Women food workers are healthy, have economic security, and a robust support system.) - Program 2: Community of Changemakers (Community members actively cultivate a just food system.) - Program 3: Co-Creators of our Food Future: (Food Industry Leaders and Community Organizations collaborate to solve food industry problems.)		
Station #4: Community Fridge and Pastry Counter	The facilitator takes notes. If the list is very long, have the group circle their top ideas.		Taylor	

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	Step 4: Ask for a synthesizer from the group			
Unstructured Gallery Walk and Voting with Dots	For twenty minutes, participants are given five dots and encouraged to move in the space, read the other areas and vote using the dots on their top ideas. After visiting the stations, participants have five dotted stickers total and are encouraged to “vote” for their top ideas by placing a sticker. Music playing in background		Warren, Participants	10:15am-10:30 am
Closing the Container and Next Steps	In a circle, participants reflect on the experience. Scan a code for a post survey. <u>Pre-Survey</u>  <u>Post-Survey</u> 		Warren	10:30am-10:45 am

Values:

- a) **Community:** We intend to cultivate spaces that encourage **belonging, connection and collaboration**. We want every voice to be heard and considered as we seek change.
- b) **Radical love:** Despite our individual beliefs and differences, we must **center our humanity** and choose to love each other. By doing so, we believe we will make better decisions and policies that consider us all.
- c) **Transformative justice:** We are committed to **transitioning away from traditional, prescriptive pathways** towards change and instead utilizing community (human) centered methods to achieve justice for all.
- d) **Transparency:** We aim to invite and engage our consumers, partners and supporters in our operations to **increase our mutual understanding** of the food system and dismantle unjust and unsustainable practices.
- e) **Ubuntu – Interdependence:** Ubuntu means “I am because we are.” We want to create a collective ownership that requires us all to work together to create the world we want to see. The experience of one affects us all.