

WAR MODE DAY PLANNER

	 DAY NUMBER + DATE + TIME 
Day Number:	3
Date:	6/23/2023
Start Time:	5:30

 or 	Priority	Tasks
1. 	Q1 ▾	Write copy
2. 	Q1 ▾	Find Prospects
3. 	Q1 ▾	Send outreach
4. 	Q1 ▾	MORning power up call
5. 	Q1 ▾	Analyze successful copy
6. 	Q1 ▾	Review Student copy in chats
8. 	Q1 ▾	Use CHat GPT to work faster
9.	Q1 ▾	Gym
10.	Q1 ▾	Review courses
11.	Q2 ▾	Drink lots of water
12.	Q2 ▾	Analyze the work you have done for that day
13.	Q2 ▾	Clear off your desk
14.	Q3 ▾	Bedros Kuelian Show
15.	Q1 ▾	Watch the phoenix calls

	 My Top 3 Priority Tasks That MUST Be Completed 
1.	Send outreach
2.	Gym
3.	Review courses, write FV

MY MORNING WAR PLAN

 How Will I Start My Morning With Power? 
Cranking out 100 pushups to start chest day off

6 am: Task \$	Send Outreach, and review copy
Reflection 	

7 am: Task \$	GYM
Reflection 	

8 am: Task \$	Slave job
Reflection 	

9 am: Task \$	Morning power up call
Reflection 	

10 am: Task \$	
Reflection 	

11 am: Task \$	Review courses
Reflection 	

12 am: Task \$	
Reflection 	

1 pm: Task \$	
Reflection 	

2 pm: Task \$	
Reflection ✎	

3 pm: Task \$	
Reflection ✎	

4 pm: Task \$	
Reflection ✎	

5 pm: Task \$	
Reflection ✎	

6 pm: Task \$	Shower, eat dinner
Reflection ✎	

7 pm: Task 💰	Write Copy, practicing long form
Reflection ✍️	

8 pm: Task 💰	OOda loop
Reflection ✍️	

9 pm: Task 💰	Read, review the work you have completed
Reflection ✍️	

End-Of-The-Day Report:

🧠 What Did I Learn Today? 🧠
I learned i need to complete most of my tasks in the morning before my slave job

❌ What Problems Did I Face In The Day? ❌
Feeling tired

 **How Will I Solve These Problems Tomorrow?** 

Sleep an hour less, eat when im getting tired, or drink a redbull might help

 **What Tasks Were Left Undone?** 

Outreach

Brain Dump: