



Restorative Practices Workshop: Building Community Health and Connection

The **Restorative Practices Workshop** offers participants tools to strengthen relationships, build community, and foster a positive, collaborative culture that advances community health. Grounded in principles from the social-ecological model, this workshop provides strategies for building social connections, engaging communities, and addressing harm in ways that promote healing and equity. Designed for diverse environments, these restorative practices encourage participants to work collaboratively toward resilient and inclusive communities.

Session Objectives:

- **Strengthening Relationships and Community:** Participants will explore the foundational role of restorative practices in building trust and mutual respect within groups. Through interactive exercises, they will learn how to nurture authentic relationships that support community health and resilience.
- **Fostering Positive Social Norms:** This session will introduce methods for encouraging positive social norms that align with community values. Participants will learn strategies for creating environments where collaboration, respect, and accountability are celebrated and practiced consistently.
- **Promoting Community Engagement:** Participants will gain insights into how restorative practices can increase community involvement and shared responsibility. Through guided discussions, they will explore ways to facilitate open dialogue, empower voices, and create spaces where every member feels valued and connected.
- **Addressing Harm and Facilitating Healing:** Recognizing and addressing harm is a critical component of restorative practices. Participants will learn frameworks for facilitating respectful conversations that address conflicts, misunderstandings, and harm, promoting healing and understanding within their communities.
- **Advancing Equity in Systems and Policy:** The workshop will explore the impact of restorative practices on promoting equity within broader systems. Participants will discuss the implications of restorative practices in policy-making and community systems to address disparities and create more inclusive structures.

Through engaging activities and discussions, this workshop empowers individuals to apply restorative practices that support social connection, health, and well-being. Participants will leave with practical tools to foster collaboration, facilitate healing, and promote equity within their communities and organizations.

The **Restorative Practices Workshop** supports ESG goals by promoting equity, community health, and resilience, aligning with the *Social* pillar of ESG. It equips participants with tools to strengthen relationships, foster collaboration, and address harm in ways that heal and build trust.