

Darien District 61 Counseling Resources

Alder Grove Counseling

1101 W 31st St
Suite 105
Downers Grove, IL 60515
Child and Family Therapy
(630) 206-0272
<http://www.aldergrovecounseling.com/>

Linden Oaks

852 South West Street
Naperville, IL 60540
(630)305-5027
<https://www.eehealth.org/patients-visitors/linden-oaks/>

- *Individual and group therapy*
- *Inpatient and outpatient services*
- *Discoveries- self-injury group*

Catholic Charities

Hands of Hope
26 W. St. Charles Rd.
Lombard, IL 60148
(630) 495-8008
Counseling Intake (800) 240-7011
www.cc-doj.org

- *Individual, group, family, and couples therapy*
- *Sliding Fee Scale*

Centers for Family Change

2907 Butterfield Rd. Suite 240
Oakbrook, IL 60523
(630) 586-0900
<http://centersforfamilychange.com/>

- Other Locations: Oak Lawn, Naperville, and Buffalo Grove

Cozzi Clinical Services

101 ½ E Front St

Suite 104

Wheaton, IL

(630) 216-4038

<http://www.cozziclinicalservices.com/>

DuPage County Health Department *(Behavioral and Mental Health Services)*

Southeast Public Health Center

422 North Cass Ave.

Westmont, IL 60559

(630) 682-7400 – Main Office

(630) 627-1700 – Crisis Services

www.dupagehealth.org/mental_health

***Services available in Spanish**

- *Adult, child, and adolescent services; assessments, crisis intervention, crisis residential, individual and group counseling, SASS, psychiatric services, and psychosocial rehabilitation services.*
- *Accept Medicaid*
- *Sliding Fee Scale*

EQ Perspectives

16W285 83rd St

Suite A

Burr Ridge, IL

(630) 358-6893

<https://eqperspective.com/>

-In person and online

-Open Monday-Sunday

LifeStance Health

7900 S Cass Ave

Darien, IL 60561

(630) 428-7890

<https://lifestance.com/location/darien-il-7900-south-cass-ave/>

Ellie Mental Health

5151 Mochel Dr.

Suite 304

Downers Grove, IL 60515

<https://www.elliementalhealth.com>

elliecats@elliementalhealth.com

Edward-Elmhurst Health Center & Immediate Care Hinsdale

8 Salt Creek Ln
Hinsdale, IL 60521
(331) 221-2500

<https://www.eehealth.org/locations/hinsdale/edward-elmhurst-health-center-and-immediate-care-hinsdale/>

Lutheran Social Services

544 South Cornell
Villa Park, IL 60181
(630) 993-0100

<http://www.lssi.org/index.aspx>

** Services available in Spanish*

- *Provides counseling services for individuals and families, as well as support services for single-parent families.*

The Family Institute at Northwestern University LaGrange Park

335 N. LaGrange Rd.
LaGrange Park, IL 60525
(847) 733-4300

www.family-institute.org

- *Treats families, couples, children, adolescents, and individuals*
- *Sliding fee scale with postgraduate and graduate level therapists-in-training and psychiatrist in training.*

Heritage Professional Associates

120 E. Ogden Ave. Suite 220
Hinsdale, IL 60521
(630) 325-5300

www.heritageprofessional.com

- *Works with adolescents, adults, couples, and families.*
- *Treats depressive and anxiety disorders, psychotic disorders, and eating disorders.*
- *Has a sliding fee scale if slots are available*

Hinsdale Community House

The Counseling Center
415 West Eighth St.
Hinsdale, IL
(630) 323-7500 ext. 239

www.thecommunityhouse.org

- *Works with children, adolescents, adults, couples, and families*
- *Sliding Fee Scale*

Metropolitan Family Services

1999 75th St.

Woodridge, IL 60517

(630) 784-4800

Contact Julie Midgley

www.metrofamily.org

** Services available in Spanish*

- *Other locations in Naperville, Wheaton, and Elmhurst*
- *Offers youth mentoring; counseling for parents, children, and seniors; respite services for family caregivers, and help to achieve economic stability.*
- *Sliding Fee Scale*
- *Accept Medicaid*

Janet Heikes

Metropolitan Family Services

222 E. Willow Ave.

Wheaton, IL 60187

(630) 784-4819

- *Specializes with adoption issues with children and adolescents*
- *No fee (eligible for families with adopted children or subsidized guardianship)*

Riverside Psychiatric & Counseling

1341 Warren Ave. Suite A

Downers Grove, IL 60515

(630) 719-5454

- *Accept Medicaid for children 9 years old and under for medication management only*

Summit Clinical Services

1761 South Naperville Rd. Suite 200

Wheaton, IL 60189

(630) 260-0606

Recommend: Sharon Beck, LCSW

- *Individual, couples, and family therapy; child and adolescent therapy; group therapy; psychiatric consultation and medication management*

YWCA Patterson and McDaniel Family Center

55 E. North Ave.

Glendale Heights, IL 60139

(630) 790-6600

www.ywca.org/site/pp.asp?c=euLRI7OZH&b=62681

- *Offers sexual violence and support services, early childhood services, and economic empowerment services.*

Dr. William Agor, PsyD, LCPC

Agor Behavioral Health Services

24402 W. Lockport Street, Suite 204

Plainfield, IL 60544

(630) 621-5824

- *Specializes in helping children overcome trauma from physical, sexual, and emotional abuse, reactive attachment disorder, and childhood problems*

Gerri Katz-Atkin, LCSW

Geraldine Katz-Atkin and Associates

751 Roosevelt Rd. Building 7, Suite 116

Glen Ellyn, IL 60137

(630) 942-9370

- *Treats teens, men, women, and families struggling with eating disorders, obesity, compulsive exercising, body dysmorphic disorder, or self injury*
- *Weekly ANAD meetings and Art Therapy Groups are free*

Lin Bresnahan, CSW, LCSW

901 Burlington

Western Springs, IL 60558

(708) 246-2650

- *Diagnoses and treats mental and emotional issues and concerns within marriages, couples, and families.*

Associates in Family Care

842 Curtiss St.

Downers Grove, IL 60515

(630) 983-0600 xt.10

1650 E. Diehl Rd. Suite 121

Naperville, IL

(630) 983-0600

www.associatesinfamilycare.com

Lawrence Wiczorek, LCSW

901 Burlington, Suite 3

Western Springs, IL

(630) 239-1114

- *Does individual, marital and family counseling*

Annette Ochs, LCSW

The 83rd Psychiatric and Counseling Association

6723 Kingery Highway

Willowbrook, IL 60527

(630) 850-0600

- *Individual, couple and group counseling*

Dr. Mary Lou Gutierrez (Loyola), MD

Fahey Center

2160 S. First Ave.

Maywood, IL 60153

(888) 584-7888

**Speaks Spanish*

Loyola Center for Health at Burr Ridge

6800 N. Frontage Rd.

Burr Ridge, IL 60527

(888) 584-7888

Loyola Center for Health at Oakbrook Terrace North

15260 Summit Ave.

Oakbrook Terrace, IL 60181

(888) 584-7888

- *Pediatric Psychiatrist*
- *Specializes in anxiety, child psychiatry, and learning disorders*
- *Accept All Kids*

Suzy Krueckeberg, PhD

5035 Lincoln Ave.

Lisle, IL 60532

(630) 493-0550

- *Psychologist*

Patricia Bernbom, PhD

Oakbrook Professional Building

120 Oak Brook Center, Suite 720

Oak Brook, IL 60523

(630) 368-2700

Penny McGrath, MA, LCPC

The Genesis Therapy Center

14 W. Burlington Ave., Suites 8 & 9

La Grange, IL 60525

9411 S. 51st Ave.

Oak Lawn, IL 60453

(708) 425-0310

<http://www.genesistherapy.org/therapists.cfm>

- *Facilitates social skills groups for children and adolescents*
- *Works with children, adolescents, and families*

- *Integrates play, art, and a family systems approach*

Sandra Siegel, PhD

Institute for Stress Control

Director of Child Services

501 W. Ogden Ave., Suite 6

Hinsdale, IL 60521

(630) 920-0900

www.stressdocs.com

- *Works with children, adolescents, families, and young adults*
- *Works with anxiety, depression, attention and learning problems, behavior difficulties, as well as neurological and medical problems*

The New Day Center

Adventist Hinsdale Hospital

740 Pasquinelli Dr. Suite 104

Westmont, IL 60559

(630) 856-7701

- *Use a holistic approach to treating addiction*

Illinois Citizens for Life

5021 Fairview Ave.

Downers Grove, IL 60515

(630) 852-5448

www.icl-life.com

- *Abortion alternatives information*

DuPage County Crisis Unit (24-7 hotline)

(630) 627-1700

- *Deals with mental health emergencies*

The Education Center

Dr. Mike Litow, PhD

113 E. Van Buren

Naperville, IL 60540

(630) 420-7807

www.theeducationcenter.org

- *Works with students ages 6-20*
- *Sliding Fee Scale*

True North Clinical Associates

199 Towne Square, Suite G

Wheaton, IL 60189

(630) 653-1000

www.truenorthclinical.com

- *Provides comprehensive mental health services for individuals, children, and families*
- *Recommend: David Torres*
- *Recommended by Naperville Central High School (NCHS)*

Legacy Clinical Consultants

3033 Ogden Ave. Suite 210

Lisle, IL 60532

(877) 443-7030

www.legacyclinicalconsultants.com

- *Recommend:*
 - *Mike Treptow, LCSW: He works with adolescents and young adults*
 - *Traci Fertel, LCSW: She works with young adults and families and utilizes a holistic, practical, client-centered approach*

Prizm Behavioral Services

1112 S Washington St

Suite 202

Naperville 60540

(630)848-1200

Pathways Psychology Services

27 W130 Roosevelt Road, Suite 203

Winfield, IL 60190

Phone: (630) 588-8490

<http://pathwayspsychologyservices.com/default.aspx>

- *Work with children, families, and adults*
- *Sliding Fee Scale*
- *Recommend: Dr. Joe Roszkowski, PsyD- He provides individual, family, and couples therapy, and psychological testing to children, adolescents, and adults*

David Carrillo, DCSW, LCSW

Carrillo Counseling

675 North Court, Suite 260

Palatine, IL 60067

(847) 934-6290

<http://www.carrillocounseling.com>

- *Provides individual, couples, marriage, adolescents, and family therapy*
- *Sliding Fee Scale*

Family Shelter Services of Metropolitan Family Services DuPage

(630) 469-5650

Shelter for victims of domestic violence. Provides crisis counseling.

Life Insight Therapy Collective

111 S. Grant St.

Hinsdale, IL 60521

(630)563-0044

www.life-insight.com

Specialize in:

- *Child, teen and family*
- *Trauma and PTSD*
- *Anxiety*
- *Marriage and relationships*
- *Eating disorders*

360 Youth Services

1323 Bond St., Ste. 119

Naperville, IL 60563

630-717-9408

www.360youthservices.org

Specialize in:

- *Child, family, teen*
- *At-risk youth*
- *Drug prevention*

Compass Health Center

2500 W. Bradley Place

Chicago, IL 60618

773-649-0759

60 Revere Dr.

Northbrook, IL 60062

224-306-1879

www.compasshealthcenter.net

Specialize in:

- *virtual therapy*
- *Child therapy*
- *outpatient and partial inpatient*

Bridges to A New Day, nfp

215 West Romeo Rd.
Romeoville, IL 60446
815-838-2690
www.bridgestoanewday.org

- *Reduced fees for counseling*
- *Free Domestic Violence program for families*

Hamdard Healthcare

228 East Lake St.
Addison, IL 60101
630-835-1430 x258

Specialize in:

- *PTDS*
- *Anxiety and depression*
- *Substance Abuse*