Dive Into UDL

Introduction Pause and Reflect

- In what ways is your own learning profile "jagged?" What are some areas of learning where you are strong? What are some areas that are more of a challenge for you? Do you try to improve those areas, compensate for them, or avoid them? Do you share your profile with students? Why or why not?
- Consider how you can share your learning. Discussions with colleagues within your school or personal learning community (PLC) are a good beginning, but think beyond these to a wider audience. What about a blog or blog post, videos, tweets, webinars, a Twitter chat, an article, or research? Joining ISTE and our personal learning network (PLN) gave us amazing opportunities to reach out in many ways, including writing this book! If you are unsure how to get started sharing beyond your school, ISTE is a great place to start.
- After reviewing our list of goals, pick the three that are most important to you. Of these three, which one goal, if you were to accomplish it in the next year, would have the most impact on your professional practice?
- Do you have any other personal or professional goals related to the topic of UDL that you would like to pursue?