

# THRIVE Peninsula Resource Guide

Updated as of March 1, 2021

## NAVIGATION OPTIONS:

- 1) Use the table of contents on page 2-4 to navigate using a printed version.
- 2) On the top menu bar, click “view” and check the “navigation pane” box to navigate a digital version.

## ABOUT:

The THRIVE Resource Guide is available to all supporting partners of THRIVE Peninsula. Partners will receive an updated version on an annual basis via email. This resource book is shared among faith communities so we ask that any updates, additions, or suggestions be emailed to [contact@thrivepeninsula.org](mailto:contact@thrivepeninsula.org) so we can maintain its accuracy.

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# **COVID-19 Resources**

## **COVID-19 Resources**

### **Stay Home Virginia**

[www.stayhomevirginia.com/](http://www.stayhomevirginia.com/)

Visit this website for a directory of current programs to assist with financial help and housing resources available during the pandemic.

### **Vaccinate Virginia**

[www.vaccinate.virginia.gov](http://www.vaccinate.virginia.gov) - 1-877-VAX-IN-VA (877-829-4682)

State-wide site to register to receive the vaccine.

### **VA COPES**

Anyone experiencing anxiety or stress related to COVID-19 may call or text VA COPES, a free and confidential COVID-19 response warm line, at 877-349-6428 Monday-Friday from 9:00am to 9:00pm and Saturday – Sunday from 5:00p.m. to 9:00p.m. Spanish speakers are available.

# **Information and Referral Resources**

## **Information and Referral**

### **24-Hour Crisis Hotline**

(757) 251-0144

24-Hour crisis counseling is available to anyone affected by sexual assault, domestic violence, stalking, or human trafficking. Trained crisis counselors provide emotional support and assist callers with coping skills, safety planning, and appropriate information and referrals to community resources. The goal is to address the immediate emotional and safety needs of the caller until they are able to connect with supportive services.

### **Common Help**

<https://commonhelp.virginia.gov/access/>

Through CommonHelp, citizens can be screened for eligibility, apply for and renew benefits, and report changes all from the comfort and privacy of their home or from any internet access they have available to use. The portal also allows citizens to easily access other service web sites such as the Virginia Department for Aging and Rehabilitative Services, the Department of Health, 2-1-1 Virginia, Social Security and other agencies and partners. The availability of 24/7 online services increases accessibility for customers. Computer access is available at both Department of Human Services (6060 Jefferson Ave. and 368 DeShazor Dr.).

### **First Call Information and Referral Services (United Way)**

Newport News - (757) 594-4636

Williamsburg - (757) 229-2222

Southside - (757)625-4543

[www.uwvp.org](http://www.uwvp.org)

United Way gives referrals for food, shelter, rent, utilities, and other basic needs.

### **Housing Crisis Hotline**

(757) 587-4202 (Newport News, York County, Poquoson, Southside and Western Tidewater)

1-866-750-4431 (Williamsburg and James City County)

Monday – Friday: 8am-7pm, or leave a message. For individuals or families experiencing homelessness or on the verge of homelessness. This central help line provides referrals to area shelters.

### **Human Trafficking Hotline**

1-888-373-7888

[www.humantraffickinghotline.org](http://www.humantraffickinghotline.org)

Connects victims and survivors of sex and labor trafficking with services and support to get help and stay safe.

### **Kids Priority One**

<http://www.kidspriorityone.org/agency-search.php>

Hampton Roads Directory of helping agencies and services.



**Statewide information and resources 2-1-1**

<https://211virginia.org/consite/index.php>

211 provides information regarding community services available throughout the state of Virginia.

**Virginia Relay**

[www.varelay.org](http://www.varelay.org).

A free public service, Virginia Relay enables people who are Deaf, Hard of Hearing, DeafBlind or have difficulty speaking to communicate with standard telephone users. The conversation is relayed between the two by a specially trained Virginia Relay Communication Assistant (CA). Relay services are available 24 hours a day, 365 days per year by calling 7-1-1. By law, every call is handled with the strictest confidentiality. Special features are available for individuals who have difficulty speaking, as well as Spanish-speaking and sign language users.

# Children

## **Childcare**

### **Child Care Aware**

302 Turner Road, Suite D Richmond, VA 23225 - (804) 285-0846

[vachildcare.com](http://vachildcare.com)

Call referral line (1-866-KID-STLC) to specify level of care required and desired location for services.

### **Downtown Hampton Child Development Center**

1306 Thomas St, Hampton, VA 23669 - (757) 825-6200

[dhcdc.org](http://dhcdc.org)

They have a sliding scale fee based on income.

### **Kid Priority One/Newport News Child Advocacy Team**

1900 Llewellyn Avenue, Norfolk, VA 23517 - (757)244-5373

[kidspriorityone.org](http://kidspriorityone.org)

Helping parents and families access community information and health/educational materials to positively influence parenting skills and techniques as well as fostering healthy family lifestyles.

### **Newport News Department of Social Services**

Rouse Tower: 6060 Jefferson Ave., Newport News, VA 23605 - (757) 926-6300

[dss.virginia.gov](http://dss.virginia.gov) or [commonhelp.virginia.gov](http://commonhelp.virginia.gov)

Call for information regarding qualifications for the daycare assistance program.

*Child Care Subsidy Program* provides financial assistance to eligible families to help pay for the cost of child care so they can work or attend education.

### **Smart Beginnings**

321 Main Street, Newport News, VA 23601 - (757) 240-2731

[smartbeginningsvp.org](http://smartbeginningsvp.org)

They have a resource database to help with childcare needs.

### **YMCA Child Development Center**

7827 Warwick Boulevard, Newport News, VA 23607 - (757) 245-0047

[ymcavp.org](http://ymcavp.org)

Fees are automatically withdrawn from your checking or savings account either weekly or monthly, per your request. Financial Assistance is available for those not able to pay the full amount; ask about the Guardian program.

## **Baby Baskets**

### **Catholic Charities of Eastern Virginia**

12829 Jefferson Ave. #101, Newport News, VA 23608 - (757) 875-0060

[www.cceva.org/need-help/youth-family-services/](http://www.cceva.org/need-help/youth-family-services/)

Free baby supplies including diapers and clothing for families in need.

**Newport News Healthy Families Initiative**

6060 Jefferson Ave., Suite 800, Newport News, VA 23605 - (757) 926-6009

[www.nnva.gov/305/Healthy-Families](http://www.nnva.gov/305/Healthy-Families)

The program offers home visiting and parenting support for pregnant families and families with newborns. They serve families throughout all communities in Newport News. They also provide baby items like diapers, baby care products, Pack 'n Plays, blankets, and other clothing for the baby.

**THRIVE Peninsula**

13195 Warwick Blvd. Unit 2C, Newport News, VA 23602 - (757) 877-6211

[www.thrivepeninsula.org/supportiveservices](http://www.thrivepeninsula.org/supportiveservices)

THRIVE has boy and girl baby baskets for clients who are close to their due date or have just given birth. (Please contact THRIVE Peninsula to check on availability.)

**Diaper Resources****Catholic Charities of Eastern Virginia**

12829 Jefferson Ave. #101, Newport News, VA 23608 - (757) 875-0060

[www.cceva.org/need-help/youth-family-services/](http://www.cceva.org/need-help/youth-family-services/)

Free baby supplies including diapers and clothing for families in need.

**Emmanuel Baptist Church**

521 North Ave., Newport News, VA - (757) 926-5974

[www.ebcnn.org/local-missions/](http://www.ebcnn.org/local-missions/)

Adults and infants, Mondays and Fridays 10:00 am-1:00 pm. Offer many services including diaper distribution.

**Greater Hampton Road Diaper Bank**

1600 Elbow Rd., Chesapeake, VA 23320 - (843) 991-7731

[ghrdiaperbank.org](http://ghrdiaperbank.org)

The Greater Hampton Roads Diaper Bank is a nonprofit organization that was created to provide emergency supplies of diapers to those in need.

**LINK of Hampton Roads**

10413 Warwick Blvd., Newport News, VA - (757) 254-2424

[linkhr.org/about/community-resources](http://linkhr.org/about/community-resources)

Linking community resources to provide fast and affordable housing solutions to homeless individuals/families and veterans, as well as emergency services to men, women and children facing unmet basic needs, housing crises or other emergency situations.

**Tabernacle United Methodist Church**

813 Poquoson Ave. Poquoson, VA 23662- (757) 868-6842

“The Bare Necessity Diaper Ministry” run by Michael and Christina Burnette (757) 696-4490

Baby or adult diapers. Last Saturday of every month they hand out diapers in the church parking lot. They also have baby food and other items.

**Our Lady of Mount Carmel Catholic Church**

100 Harpersville Road, Newport News, VA 23601 - (757) 595-0385

[www.olmc.org/copy-of-music-ministry](http://www.olmc.org/copy-of-music-ministry)

This program offers formula, baby clothes, and diapers.

**Non-Peninsula Locations****Children's Diaper Bank**

6699 Fox Centre Parkway #273, Gloucester, VA 23061 - (804) 413-9290

[facebook.com/diaperministry/](https://facebook.com/diaperministry/)

Free disposable diapers and loans of cloth diapers for those in need.

**Norfolk Urban Outreach Ministry**

972 Norfolk Square, Norfolk, VA 23502 - (757) 461-4213

[nuom.org/programs/](http://nuom.org/programs/)

They assist all seven cities of Hampton Roads (Norfolk, Virginia Beach, Chesapeake, Portsmouth, Newport News, Hampton and Suffolk). They also assist with children's needs, such as diapers.

## **Children – Other**

### **Catholic Charities of Eastern Virginia**

12829 Jefferson Ave, Suite 101, Newport News, VA 23608 - (757) 533-5217

[cceva.org](http://cceva.org)

Family Life Education – Parenting classes, 24/7 Dad classes

### **Care Net Peninsula**

11747 Jefferson Ave, Suit 2D, Newport News, VA 23606 - (757) 591-0303

[cnpensinsula.org](http://cnpensinsula.org)

Care Net offers Crisis Intervention (counseling, adoption, medical referrals, medical services (pregnancy confirmation by ultrasound, lab quality pregnancy verification), parent equipping (parenting education, baby and material needs), support and healing (abortion recovery).

### **CASA (Court Appointed Special Advocates)**

[nncasa.org/](http://nncasa.org/)

The Newport News CASA program is a non-profit organization committed to advocating for the best interests of children involved in the Juvenile and Domestic Relations District Court process.

The program promotes safe, permanent homes for all children and seeks to educate the community concerning the needs of abused and neglected children.

### **Hampton Healthy Families Partnership**

100 Old Hampton Lane, Hampton, VA 23669 - (757) 727-1882

[hampton.gov/3378/Healthy-Families](http://hampton.gov/3378/Healthy-Families)

Offer a variety of parenting classes.

### **WIC Program (Wholesome Informed Choices for Women, Infants & Children)**

(Various Locations) - 1-888-942-3663

[wicva.com](http://wicva.com)

This program offers breastfeeding support, nutrition education, healthy food support, health screenings, and referrals to other resources.

# Clothing Resources

## **Clothing**

### **Newport News**

#### **All Nations Church**

853 Cloverleaf Lane, Newport News, VA 23601 - (757) 941-5111

[www.allnationschurch.org/outreach](http://www.allnationschurch.org/outreach)

Distribution of thousands of free clothing items.

#### **Catholic Charities**

12829 Jefferson Ave. #101, Newport News, VA 23608 - (757) 875-0060

[www.cceva.org/need-help](http://www.cceva.org/need-help)

Closet hours are Monday-Friday 8:30am-5:00pm. Clothing closet sizes newborn-5T.

#### **Colossian Baptist Church**

856 Old Fort Eustis Blvd, Newport News, VA 23608 - (757) 874-0627

Call for closet hours.

#### **Denbigh United Presbyterian Church**

302 Denbigh Blvd., Newport News, VA 23608 - (757) 877-2048

Call for clothing distribution dates.

#### **Dreams of Hope Foundation**

7320 Warwick Blvd, Newport News, VA 23607 - (757) 806-6339

[www.dreamsofhopefoundation.org](http://www.dreamsofhopefoundation.org)

By appointment only; open Tuesday, Thursday, Friday 12-2pm and the 2nd and 4th Thursday from 4-6pm. Our clothing closet is open to all who are in need. Items include women, men's, children and baby clothing items and some household goods.

#### **Hampton Roads Community Action Agency**

2708 Chestnut Avenue, Newport News, VA 23607 - (757) 244-6121

[hrcapinc.org](http://hrcapinc.org)

Contact Carolyn Carter, Emergency Services Coordinator.

Clothing for primarily school age children and families in need. Please call first.

#### **LINK of Hampton Roads**

10413 Warwick Blvd., Newport News, VA - (757) 595-1953

[linkhr.org](http://linkhr.org)

Linking community resources to provide fast and affordable housing solutions to homeless individuals/families and veterans, as well as emergency services to men, women and children facing unmet basic needs, housing crises or other emergency situations.

#### **Messiah Center**

1421 W. Pembroke Ave, Hampton, VA – (757) 727-0919

Open to the public on the 2<sup>nd</sup> and 3<sup>rd</sup> Saturday of each month between 11am-1pm.



**New Beech Grove Baptist Church**

361 Beechmont Drive, Newport News, VA - (757) 877-4114

<https://www.newbeechgrove.org/outreach>

Closet is open Wednesdays 9-11am.

**Newport News Department of Social Services**

Rouse Tower: 6060 Jefferson Ave., Newport News, VA 23605 - (757) 926-6300

[nnva.gov/human-services](http://nnva.gov/human-services)

Financial Assistance Programs include money, coupons, or authorization cards to obtain food, clothing and shelter, medical care, etc.

**Orcutt Baptist Church**

653 Baxter Ln, Newport News, VA 23602 - (757) 249-1280

Clothing Closet open 2<sup>nd</sup> Tuesday of the month at 2:00 pm. Contact for emergency clothing outside of hours.

**Our Lady of Mount Carmel Catholic Church**

100 Harpersville Road, Newport News, VA 23601 - (757) 596-1727

[olmc.org](http://olmc.org)

Provides maternity clothes and baby clothes up to 24 months.

**Care Net Peninsula**

11747 Jefferson Ave. 3H, Newport News, VA 23601 - (757) 591-0303

[cnpeninsula.org](http://cnpeninsula.org)

Provides clothes for babies and maternity clothes.

**Salvation Army**

1033 Big Bethel Road, Hampton, VA 23666 - (757) 838-4875

[salvationarmypotomac.org/hamptonva/](http://salvationarmypotomac.org/hamptonva/)

Clothing vouchers may be available, if eligible.

**St. Vincent de Paul Catholic Church**

230 33rd St., Newport News, VA - (757) 245-4234

<https://www.stvincentcatholic.org/social-action-center>

Clothes closet is open Mondays, Wednesday, Fridays 10:30am-12:00pm.

**The Needs Network (referral needed)**

103 Farmington Blvd, Hampton, VA 23666 - (757) 251-0600

[theneedsnetwork.com](http://theneedsnetwork.com)

Services provided: homelessness relief, food services, house furnishings, computer renovation & replacement, clothing, seminars, employment services, Christmas gifts, automobile replacement, small business mentoring.

**Triumph Christian Center**

5501 Huntington Ave., Newport News, VA 23607 - (757) 325-8533

[www.triumphchristian.org/weekly-services](http://www.triumphchristian.org/weekly-services)

Closet open Thursdays 12:00pm-2:00pm. We serve those in need of food and clothing in partnership with the USDA. The service is open to the public - you only need to bring bags (grocery or otherwise) to carry your materials home if you are able.

**True Vine Baptist Church Helping Hands Ministry**

695 J. Clyde Morris Blvd, Newport News, VA 23601 - (757) 591-0942

Clothing closet available 10:00 am-2:00 pm on the 4<sup>th</sup> Monday and 4<sup>th</sup> Friday of each month.

**World Outreach Worship Center**

525 Industrial Park, Newport News, VA

[wowcenter.org/free-resources](http://wowcenter.org/free-resources)

Clothes Closet give-away every 1<sup>st</sup> Saturday of the month from 11am – 2pm.

**Hampton****Bethel Church**

1705 Todds Lane, Hampton, VA 23666 - (757) 826-1426

<https://www.bethelhampton.com/>

Closet open Wednesdays 4:30pm-6:00pm.

**Geraldine's Closet @ Hope Manifested Ministries**

1815 W. Queen Street, Hampton, VA 23666 - (757) 553-6926

[www.hopemanifestedministries.org](http://www.hopemanifestedministries.org)

Closet open Wednesdays 2:30pm-4:30pm.

**Healthy Families/Healthy Start**

100 Old Hampton Ln., Hampton, VA 23669 - (757) 727-1300

[hampton.gov/healthyfamilies](http://hampton.gov/healthyfamilies)

They have baby items and school supplies available for Hampton residents only.

**Helping Hands Ministry @ Memorial Baptist Church \***

324 Newport News Ave., Hampton, VA - 757-722-4376

[memorialbc.org/helping-hands](http://memorialbc.org/helping-hands)

Clothing closet open to the public - Tuesday and Wednesday: 11:00am-2:00pm and Saturday: 11:00am-1:00pm.

\*closed due to COVID-19 restrictions.

**St. Mark's United Methodist Church**

99 East Mercury Blvd., Hampton, VA 23669 - (757) 851-3367

[www.stmarksumcva.org/copy-of-car-care](http://www.stmarksumcva.org/copy-of-car-care)

If you are in need of clothes, then our Clothing Closet has you covered! We have clothes for both men and women in a variety of sizes for all ages: infants, children, and adults. Clothing Closet is open on the third Saturday of each month at 10:00 am.

## **York County, Williamsburg, JCC**

### **FISH**

312 Waller Mill Rd # 800, Williamsburg, VA 23185 - (757) 220-9379

[williamsburgfish.weebly.com](http://williamsburgfish.weebly.com)

Assists upper York County and Williamsburg area (23185 and 23188). They will give 3 outfits to each family member once every 4 months. Closet is open Tuesdays and Thursdays by same-day appointment from 12-3pm.

# **Domestic Violence / Human Trafficking**

## **Domestic Violence / Human Trafficking**

### **Avalon**

P.O Box 6805, Williamsburg, VA 23188

3204 Ironbound Rd, Williamsburg, VA 23188 - (757) 258-5022/ 24-hour hotline (757) 258-5051  
[www.avaloncenter.org/](http://www.avaloncenter.org/)

Avalon is a center for women and children that provides emergency shelter and support to those who have experienced domestic violence and sexual assault in the Greater Williamsburg area.

### **Genieve Shelter**

1-800-969-4673 or (757) 925-4365

[thegenieveshelter.org/](http://thegenieveshelter.org/)

Domestic Violence shelter in Suffolk and Franklin, the Town of Smithfield, and the counties of Isle of Wight, Southampton, and Surry.

### **HER Shelter (Help and Emergency Response)**

(757) 485-3384

[hershelter.com/](http://hershelter.com/)

Domestic Violence crisis hotline for Portsmouth and Chesapeake (will accept people in other parts of Hampton Roads).

### **Laurel Shelter, Inc.**

Gloucester, VA (804) 694-5552

[www.laurelshelterinc.org](http://www.laurelshelterinc.org)

Domestic violence shelter.

### **Samaritan House**

The Patricia and Douglas Perry Safe Harbor Center

2620 Southern Blvd., Virginia Beach, VA 23452 - (757) 430-2120

[samaritanhouseva.org](http://samaritanhouseva.org)

A domestic violence shelter open to all areas.

### **Transitions Family Violence Services**

P.O. Box 561, Hampton VA 23669

137 Kings Way, Hampton, VA 23669 - (757) 722-2261

[www.transitionsfvs.org](http://www.transitionsfvs.org)

Transitions offers emergency, short-term and transitional shelter facilities for victims of domestic violence. They provide a safe environment for clients to end abuse, develop short and long-term goals, and increase independence and well-being.

**YWCA 24 Hour Crisis Helpline – 24 hour Domestic Violence Line**

YWCA Hampton Roads & Peninsula

500 E. Plume Street, Suite 700, Norfolk, VA 23510 - (757) 625-4248

Hotline: (757)251-0144

[www.ywca.org/southhamptonroads](http://www.ywca.org/southhamptonroads)

The YWCA's 24-Hour Crisis Hotline provides comprehensive, wrap-around crisis services to victims of domestic violence, sexual assault, stalking, and human trafficking.

**Virginia Beach Justice Initiative**

1705 Todds Lane, Hampton, VA 23666 – 1-877-227-2321

[www.vbji.org](http://www.vbji.org)

Virginia Beach Justice Initiative was established in 2012 with a focus on providing legislative advocacy and raising awareness of human trafficking as a local issue. Over the next several years, the organization developed programming focused on identification of victims of human trafficking and providing support on their journey to recovery and restoration.

# **Education and Employment Resources**

## **Education**

### **Boys and Girls Club**

11825 Rock Landing Dr., Newport News, VA 23606 - (757) 223-7204

<https://www.bagclub.com/programs/education/>

Serves Children ages 6-18. Every member participates in Power Hour, daily time set aside to complete school work and receive help from tutors. Teens can participate in our Workforce Development programs.

### **#CAP (College Admissions Process)**

[aka1908.com/home](http://aka1908.com/home) or Email: [karenbaze@gmail.com](mailto:karenbaze@gmail.com)

#CAP assists students in their efforts to enter college by providing a hands-on approach that includes all the steps from researching various colleges to actually completing the application process and exploring funding options. We host monthly workshops with juniors and seniors attending high school in Newport News, VA. The workshops guide students and parents through the college admissions process from start to finding funding.

### **Catholic Charities of Eastern Virginia**

12829 Jefferson Ave, Suite 101, Newport News, VA 23608 - (757) 533-5217

[cceva.org](http://cceva.org)

Family Life Education – Parenting classes, strengthening families program, 24/7 Dad classes, teen anger management, domestic violence intervention.

### **Career Online High School**

(757) 247-8677

[library.nnva.gov/296/Get-Your-High-School-Diploma-Online](http://library.nnva.gov/296/Get-Your-High-School-Diploma-Online)

A program designed for adults who didn't complete high school and could benefit from additional job training. Graduates of COHS earn a high school diploma and a career certification through an accredited high school.

### **Denbigh Learning Center**

14302 Old Courthouse Way, Newport News, VA 23602 - (757) 283-7830 ext. 5

Offer GED and ESL classes.

Monday - Thursday: 7:45am - 9pm.

### **English for Speakers of Other Languages (ESOL)**

Coastal Community Church: 101 Village Ave. Yorktown, VA 23693 - (757) 867-5683

On the first visit, a literacy assessment will be completed.

Thursdays 6:30 PM - 8:30 PM.

### **English as a Second Language (ESL)\***

Orcutt Baptist Church: 653 Baxter Ln, Newport News, VA 23602 - (757) 249-1280

[obcnn.org/ministries/esl](http://obcnn.org/ministries/esl)

Monday mornings at 9:30 am.

\*Service currently closed due to COVID-19



**GED and Adult Basic Education (Hampton Public Schools)**

1 Franklin St. Hampton, VA - (757) 727-2000

[hampton.k12.va.us/departments/adulted/adulted.html](http://hampton.k12.va.us/departments/adulted/adulted.html)

Offers adult GED day and evening classes, GED testing, ESL classes, and the Credit Class Program.

**GED and Adult Basic Education (Newport News)**

Achievable Dream Academy: 726 16<sup>th</sup> St., Newport News, VA 23607 – (757) 928-6827

[aadacademy.nn.k12.va.us](http://aadacademy.nn.k12.va.us)

We give our students who are at risk of failure in school due to socioeconomic factors, a chance to succeed. Students in k-12th grade are offered a quality education in a nurturing environment as well as the opportunity to develop meaningful relationships with caring adults.

**Goodwill Community Foundation and Goodwill Industries of Eastern NC**

[gcflearnfree.org](http://gcflearnfree.org)

GCFLearnFree.org offers more than 180 topics, including more than 2,000 lessons, 800+ videos, and 55+ interactives and games, completely free and online.

**Hampton Road Community Action Program, Inc.**

**Administrative Offices, Children's Services, Community Services & Development**

2410 Wickham Avenue, Newport News, VA 23607 - (757) 244-6121 or (757) 247-0379

[hrcapinc.org](http://hrcapinc.org)

Connects people to education, social, and economic programs.

**Head Start**

Newport News (757) 247-0149 and Hampton (757) 224-6056

[hrcapinc.org/head-start-enrollment/](http://hrcapinc.org/head-start-enrollment/)

Serves Children ages 3 to 4.

**Historic Triangle Pathways to Independence**

(757) 220-6161

Email contact: [Jhallnat@williamsburgva.gov](mailto:Jhallnat@williamsburgva.gov)

Serves Williamsburg, James City County, York County and Poquoson; TANF/VIEW eligible families and families whose household income falls below 200% of the Federal Poverty Levels may qualify for services; Provides intensive job readiness and skills training to secure employment and achieve self-sufficiency.

**Job Corp**

JANAF Shopping Center, Suite 610, 5900 E. Virginia Beach Boulevard, Norfolk, VA 23502–(757)455-3203

[www.vec.virginia.gov/find-a-job/job-corps](http://www.vec.virginia.gov/find-a-job/job-corps)

GED or diploma completion, Residential, vocational academic training program ages 16-24.

**Magruder Elementary School**

1712 Chestnut Ave., Newport News, VA 23607 - (757) 928-6838 option 6, dial 9, ext. 38841

Offer GED and ESL classes.

Monday & Wednesday: 9am - 12pm.

**Middle College**

600 Butler Farm Road, Room 1014, Hampton, VA - (540) 674-3682; [middlecollege@tncc.edu](mailto:middlecollege@tncc.edu)  
[www.nr.edu/middlecollege/](http://www.nr.edu/middlecollege/)

Offers free educational and career training to young adults who need to complete a GED (over 18 with a 9<sup>th</sup> grade reading and math level).

**New Horizons Center for Apprenticeship & Adult Training & Youth Workforce Center**

520 Butler Farm Road, Hampton, VA 23666 - (757) 766-1101

[nhrec.org/cfaat/](http://nhrec.org/cfaat/)

We are dedicated to providing quality, short-term, affordable training to adults seeking apprenticeship and other training opportunities. The Youth Workforce Center housed at New Horizons Regional Education Center (NHREC) since 2000 prepares youth for post-secondary educational opportunities and employment linking academic and occupational learning.

**Newport News Public Schools Adult Education and High School GED**

746 Adams Dr., Newport News, VA 23601 - (757) 928-6765

**Peninsula Regional Education Program**

Denbigh Learning Center: 14302 Old Courthouse Way, Newport News, VA 23602 - (757) 283-7830

[www.peninsulaed.com/](http://www.peninsulaed.com/)

Offer GED, ESL, CAN & HVAC programs. Contact for class information; Locations in Newport News, Hampton, York County, Williamsburg-James City County, and Poquoson.

**Scholarship Sharing**

(804) 577-8513

[www.scholarshipsharing.org](http://www.scholarshipsharing.org)

Scholarship Sharing is dedicated to helping students graduate debt free. Student run, and always free.

**South Morrison Learning Center**

746 Adams Dr., Newport News, VA 23607 - (757) 928-6765

[sbo.nn.k12.va.us/adult-ed/](http://sbo.nn.k12.va.us/adult-ed/)

Offer GED and ESL classes – Mon. & Wed.: 8am - 5pm/ Tues. & Thurs.: 8am - 9pm.

**The C. Waldo Scott Center**

3100 Wickham Ave., Newport News, VA 23607 - (757) 933-2311

[scottcenter.org/](http://scottcenter.org/)

Provides education, training, and support needed to develop necessary skills.

**YouthBuild Program**

(757) 386-5922

[www.voachesapeake.org/youthbuild](http://www.voachesapeake.org/youthbuild)

Provides education and training needed for in-demand careers. Must be 16-24 years old to apply.

## **Employment**

### **AARP Foundation Senior Employment**

11834 Canon Blvd. Suite 100, Newport News, VA 23606 - (757) 595-8726

[www.aarp.org/aarp-foundation/our-work/income/scsep/](http://www.aarp.org/aarp-foundation/our-work/income/scsep/)

The Senior Community Service Employment Program is the nation's oldest program to help low-income, unemployed individuals aged 55+ find work.

### **Brooks Crossing Innovation and Opportunity Center**

550 30<sup>th</sup> St., Newport News, VA 23607 - (757) 975-5316

[www.nnva.gov/2506/Brooks-Crossing](http://www.nnva.gov/2506/Brooks-Crossing)

Provides career awareness skill development, wealth building, training and employment, and support services. Also serves as a resource for learning about digital technologies used in design and fabrication.

### **City Employment Websites:**

- Newport News – [www.nngov.com/human-resources/services/employmentpage](http://www.nngov.com/human-resources/services/employmentpage) - (757) 926-1800
- Hampton – [www.hampton.gov/hire](http://www.hampton.gov/hire) - (757) 727-6407
- James City County – [www.james-city.va.us](http://www.james-city.va.us) – (757) 253-6680
- Williamsburg – [www.williamsburgva.gov](http://www.williamsburgva.gov) – (757) 220-6105
- York County – [www.yorkcounty.gov](http://www.yorkcounty.gov) – (757) 890-3687
- Poquoson – [www.ci.poquoson.va.us](http://www.ci.poquoson.va.us) – (757) 868-3000

### **Commonwealth Catholic Charities**

12284 Warwick Boulevard, Suite 1-A Newport News, VA 23602 - (757) 247-1070

[www.cccofva.org/workforcedevelopment](http://www.cccofva.org/workforcedevelopment)

Offers a comprehensive intake process, creation of an individualized services plan, workplace excellence training, role play exercise, meet-the-manager and controlling the interview training, and resume and cover letter development. Direct employer connection will also be provided.

### **Goodwill Industries International, Inc.**

Community Employment Center

1911 Saville Row, Hampton, VA 23666 - (757) 951-4200 Ext. 1376

[goodwillvirginia.org/get-job-ready/community-employment-centers/](http://goodwillvirginia.org/get-job-ready/community-employment-centers/)

This organization assists in finding employment for people with disabilities, veterans, older adults, youth, and people with criminal backgrounds.

### **Hampton Roads Community Action Program, Inc.**

2410 Wickham Avenue, Newport News, VA 23607 - (757) 244-6121 or (757) 247-0379

[hrcapinc.org/directory/listing/adult-career-training-program-wells-fargo/](http://hrcapinc.org/directory/listing/adult-career-training-program-wells-fargo/)

Adult Career Training - Get free tuition for training in high-demand employment areas such as welding, medical billing and coding, and nursing. Supported by Wells Fargo, this program covers training costs at community colleges, vocational and technical schools so that you can pursue a new career. You'll also receive career readiness and financial instruction.

[hrcapinc.org/directory/listing/community-work-experience-program/](http://hrcapinc.org/directory/listing/community-work-experience-program/)

Community Work Experience Program - Work and training activity through which TANF and food stamp recipients gain experience through on-the-job training in a public or private non-profit agency or organization.

### **Hampton Roads Jobs for Life**

(various locations) - (757) 602-9196

[www.hamptonroadsjflnetwork.org/](http://www.hamptonroadsjflnetwork.org/)

By training, equipping, and connecting churches, ministries, and businesses in communities all over the world, JfL helps prepare men and women for meaningful work through honest relationships, mentoring, work-force development training, and an ongoing community of support.

### **New Beech Grove Baptist Church**

361 Beechmont Drive, Newport News, VA 23602 - (757) 877-4114

[www.newbeechgrove.org/outreach](http://www.newbeechgrove.org/outreach)

Employment Assistance is “One-Stop” away! Services include: job search information and assistance; local, state and national job listings; schedule of local job/career fairs; work space with computers; internet access, phone, fax and more. Phone-877-5552 – Tuesdays – 10:00 a.m. - 2:00 p.m.

### **Newport News Human Services (Elevate SNAP E&T program)**

6060 Jefferson Ave., Newport News, VA 23605 - (757)926-6551

Denbigh Satellite Office: 368 Deshazor Dr., Newport News, VA - (757)369-3160

South Morrison Family Center: 746 Adams Drive, Newport News, VA - (757)369-6800

Job training, certification, and GED for applicants receiving SNAP benefits.

### **Peninsula Worklink One-Stop Career Center**

600 Butler Farm Road, Room 1015, Hampton, VA 23666 - (757) 766-4900

[tncc.edu/contact/pwdc](http://tncc.edu/contact/pwdc)

Provides employment, training, and career education services.

### **PeopleReady**

10524 Jefferson Ave., Newport News, VA 23601 - (757) 595-7495

<https://www.peopleready.com/> or Email: [1259-br@peopleready.com](mailto:1259-br@peopleready.com)

PeopleReady is an industrial staffing organization.

### **PORTCO, Inc.**

800 Loudon Avenue, Portsmouth, VA 23707 - (757) 399-2444

[www.PORTCO.org](http://www.PORTCO.org) or Email: [info@portco.org](mailto:info@portco.org)

Helping individuals with disabilities through employment opportunities and the development of individualized goals and support.

### **Shelter to Shutters**

3201 Jermantown Rd #220, Fairfax, VA 22030 - (703) 634-5679

<http://shelterstoshutters.org/>

Serves the Peninsula by helping with housing and employment.

**THRIVE Peninsula**

13195 Warwick Blvd. Unit 2C, Newport News, VA 23602 – (757) 877-6211

<https://www.thrivepeninsula.org/>

Assist with resume writing, and interviewing skills by a qualified professional in the field (appointment required).

**Virginia Employment Commission**

6012 Jefferson Ave., Newport News, VA 23605 - (757) 247-2080

[www.vec.virginia.gov/vecportal/](http://www.vec.virginia.gov/vecportal/)

Your online source to connect with potential employers, search for jobs, find training opportunities, and research wage data along with industry and occupational trends.

**Work Experience Program**

Office of Human Affairs, 2410 Wickham Ave., Newport News, VA 23607 - (757) 247-0379

[hrcapinc.org/directory/listing/community-work-experience-program/](http://hrcapinc.org/directory/listing/community-work-experience-program/)

Work and training activity through which TANF and food stamp recipients gain experience through on-the-job training in a public or private non-profit agency or organization. The Community Work Experience Program is unpaid job training in a public or private nonprofit agency or organization.

**Virginia Career Works**

600 Butler Farm Rd, Hampton, VA 23666 - (757) 766-4900

<https://virginiacareerworks.com/>

Refers individuals to programs that help them advance their career paths and financial independence through training, certification, education and employment services. Includes options for people with varying skills and abilities, from military veterans and visually impaired individuals to adults seeking an exciting career change

**Employment Information for Individuals with Special Needs****Eggleston**

1161 Ingleside Rd., Norfolk, VA 23502 - (757) 858-8011 or (866) 386- GIVE

[www.egglestonservices.org/eggleston-job-listing/](http://www.egglestonservices.org/eggleston-job-listing/)

Eggleston is a non-profit organization providing education, training, and employment for persons with disabilities.

**Goodwill Industries International, Inc.**

1911 Saville Row, Hampton, VA 23666 - (757) 951-4200 Ext. 1376

[goodwillvirginia.org/get-job-ready/community-employment-centers/](http://goodwillvirginia.org/get-job-ready/community-employment-centers/)

This organization assists in finding employment for people with disabilities, veterans, older adults, youth, and people with criminal backgrounds.

**VersAbility Resources**

2520 58<sup>th</sup> St., Hampton, VA 23661 - (757) 896-6461

[versability.org/](http://versability.org/)

Serves people with disabilities. (Individuals who have connected with the Department of Aging and Rehabilitative Services (DARS) would be better served by connecting with Versability).

**Grant Programs for Certification/Training****EleVate SNAP Employment and Training Pilot Program**

Participating DSS offices near us - Hampton (757) 869-9442; Newport News (757) 926-6206

<http://www.elevatevirginia.org/snap-employment-training-pilot-program/>

The program could help you receive free or low-cost training, gain employment skills, and/or work toward your GED if you are receiving SNAP (Food Stamps).

**Goodwill/Thomas Nelson Community College**

(757) 865-3122

[www.tncc.edu/tradescareers](http://www.tncc.edu/tradescareers)

Receive training to become a trade electrician, facilities maintenance technician, HVAC technician. Funding is available for eligible applicants.

**John Gray Professional/Technical Scholarships from The Kiwanis Club of Greater Hilton**

Email: [blash5656@gmail.com](mailto:blash5656@gmail.com).

They offer two scholarships per year for courses in professional and technical fields.

Scholarships will provide up to \$1,000. For an application and requirements, please email.

**Peninsula Plumbing Training Program at New Horizons**

New Horizons Regional Education Center: 520 Butler Farm Road, Hampton, VA 23666 -

(757) 766-1101

<https://nhrec.org/>

Free training program — nine weeks or 72 hours. Students completing the training will get an OSHA training certificate and a National Center for Construction Education & Research Core Curriculum certificate.

**Virginia Peninsula Foodbank Culinary Training**

2401 Aluminum Ave., Hampton, VA 23661 - (757) 596-7188

<http://hrfoodbank.org/culinary/>

12 week free training program for eligible adults; hands-on training; receive ServSafe Manager Certification and job readiness training.

## **Temporary Employment Agencies**

### **Adecco**

12350 Jefferson Ave., Newport News, VA 23602 - (757) 881-9760

[www.adeccousa.com](http://www.adeccousa.com)

Apply online (must have email address). Job Placement Includes: Accountants, Engineers, Hospitality, IT, Light Industrial, Manufacturing, Office staff, Technical, Transportation & Warehouse.

### **AppleOne Employment Services**

11820 Fountain Way STE 300, Newport News, VA 23606 - (757) 591-0400

<https://www.appleone.com/> or Email: [newportnews-va@appleone.com](mailto:newportnews-va@appleone.com)

AppleOne connects the best people whose talent aligns with the needs of companies looking for long and short term hiring solutions.

### **Arvon**

714 J Clyde Morris Blvd. #130, Newport News, VA 23601 - (757) 595-5551

Fax: (757) 595-7335

[www.arvon.com](http://www.arvon.com)

Call, apply online, or fax resume.

**Job Placement:** Accounting, Administrative, Clerical, Customer Service, Data Entry, Dental, Driver, Forklift operators, General labor, Hospitality, Human services, Industrial, Janitorial, Legal, Medical (Clerical and Clinical), Restaurant/Food service, Sales/Marketing, Technical & Warehouse.

### **Express Personnel Services**

11710 Jefferson Ave. D, Newport News, VA - (757) 596-8888

[www.expresspros.com](http://www.expresspros.com)

Call or apply online.

**Benefits:** Medical, dental, and vision plan, transportation assistance, daycare assistance, life insurance, 401 (k), skill and computer training. **Job Placement:** Accounting, Administrative, Assembly, Clerical, Construction, Customer Service, Data Entry, Engineering, General labor, Industrial, Marketing, Manufacturing, Sales & Warehouse.

### **Headway Workforce Solutions**

22 Enterprise Parkway, Suite 100 Hampton, VA 23666 - (757) 827-7890

[www.headwaywfs.com](http://www.headwaywfs.com)

Job Placement in a variety of sectors.

### **Integrity Staffing Solutions**

11835 Canon Blvd., Suite 105 B, Newport News, VA 23606 - (757) 826-3066

<https://www.integritystaffing.com/>

Job Placement in a variety of sectors.

**Kelly Services**

813 Diligence Dr. #121D, Newport News, VA 23606 - (757) 873-8739 Fax: (757) 873-7618  
[www.kellyservices.com](http://www.kellyservices.com)

Apply online.

**Benefits:** Medical and Dental **Job Placement:** Accounting, Automotive, Clerical, Construction, Engineering, Financial, Healthcare, Hospitality, IT, Legal, Maintenance, Marketing, Restaurant/Food service, Sales, Scientific, Skilled labor & Security.

**Labor Finder**

629 79<sup>th</sup> St., Newport News, VA 23605 - (757) 245-0351  
[www.laborfinders.com](http://www.laborfinders.com)

Call, apply online, or in person.

**Specialty:** Day labor begins at office prior to 6 am. Workers are paid for work at the end of each day. **Job Placement:** Carpentry, Childcare, Construction, Distribution, electrical, General Labor, Hospitality, Landscaping, Light Industrial, Manufacturing, Office/Clerical, Skilled labor & Warehouse.

**Labor Ready**

10119 Jefferson Ave., Newport News, VA 23605 – (757) 595-7495  
[www.laborready.com](http://www.laborready.com)

Apply online.

**Benefits:** Offers medical insurance, 401(k), life insurance, college tuition assistance program, Employee discounts at local merchants and phone services. **Job Placement:** Clean-up, construction, Factory, Food processing, Hospitality, Industrial, Janitorial, Maintenance, Manufacturing, Retail & Warehouse.

**Manpower**

601 Thimble Shoal Blvd., Suite 160, Newport News, VA 23606  
11832 Rock Landing Dr. #204, Newport News, VA 23606  
(757) 873-2260 Fax: (757) 873-9726  
[www.manpower.com](http://www.manpower.com)

Apply online.

**Benefits:** Full benefits and online skills training offered. **Job Placement:** Administration, Engineering, Executive, Finance, IT, Scientific.

**PeopleReady**

10524 Jefferson Ave., Newport News, VA 23601 (757) 595-7495  
<https://www.peopleready.com/locations/newport-news-va-1259>  
PeopleReady is an industrial staffing organization.

**PSS Production Support Service**

11834 Canon Blvd, Suite M, Newport News, VA 23606 - (757) 599-5959  
<http://www.pssinc.net/>  
Job Placement in a variety of sectors.



**Reliance Staffing Service**

751 Thimble Shoals Blvd East, Newport News, VA 23606 - (757) 873-6644

Fax: (757) 873-2341

[www.reliancestaffing.com](http://www.reliancestaffing.com)

Call or Apply online.

**Benefits:** Pays through a company issued Mastercard Debit Card. This is a real debit card that helps build credit for those that need it. **Job Placement:** Assembly, Bookkeeping, Customer service, IT, Janitorial, Landscaping & Warehouse.

**The Lee Group**

703 Thimble Shoals Blvd., B-2, Newport News, VA 23606 - (757) 873-0792

[www.theleegroup.com](http://www.theleegroup.com)

Call or Apply online.

**Benefits:** Offers insurance, paid vacation and holidays, skill training, & career clinics.

**Job Placement:** Administrative, Clerical, Customer service, Data Entry, Engineering, Industrial, Maintenance, Mechanical, Sales, Skilled labor & Warehouse.

**Tidewater Staffing**

3800 Huntington Ave., Newport News, VA 23607 - (757) 247-0100

<https://www.tidewaterstaffing.com/newport-news-va-staffing/>

Job Placement in a variety of sectors.

**Trojan Labor**

7822 Warwick Blvd., Newport News, VA 23607 - (757) 247-6600 Fax: (757) 247-6346

Apply in person.

**Job Placement:** Construction, Convention Set-up, Factory, Hospital, Hotel/Motel, Janitorial, Landscaping, Light Industrial, Maintenance, Manufacturing & Warehouse.

**Veterans Services/Employment****Virginia Employment Commission**

600 Butler Farm Road, Suite B, Hampton, VA 23666 - 757-865-5800

[www.vec.virginia.gov/hampton](http://www.vec.virginia.gov/hampton)

M, T, R, F 8:30 am-4:30 pm; W 9:30 am-4:30 pm.

Veterans from all periods of military service are eligible for job referrals, job training, and job placement assistance.

**Warrior Way Wellness Center**

469 McLaws Circle; Williamsburg, VA 23185 - (804) 384-9325

Provides workforce training.

# **Ex-Offender Resources**

## **Ex-Offenders**

### **Newport News**

#### **Bridging the Gap**

115 28th Street, Newport News, Virginia 23607- (757) 928-0888

[www.bridgingthegapinvirginia.org/services.html](http://www.bridgingthegapinvirginia.org/services.html)

Our mission is to empower formerly incarcerated persons, veterans, at-risk youth, substance abusers and those suffering from homelessness by helping them overcome barriers that hinder their effective transition following military duty, recovery and/or incarceration into mainstream society.

#### **Hampton Road Community Action Program, Inc.**

2410 Wickham Avenue, Newport News, VA 23607 - (757) 244-6121 or (757) 247-0379

[hrcapinc.org/directory/listing/virginia-cares-re-entry-program/](http://hrcapinc.org/directory/listing/virginia-cares-re-entry-program/)

Virginia CARES provides one-on-one counseling with ex-offenders and their families to help ex-offenders transition back into their communities.

#### **Probation and Parole**

247 – 28<sup>th</sup> St., Newport News, VA 23607 - (757) 247-8000

#### **Sheriff's Office**

2501 Washington Ave., Newport News, VA 23607 - (757) 926-8086

<https://www.nnva.gov/366/Sheriffs-Office>

Post release reentry services.

#### **Virginia Cares**

2708 Chestnut Ave., Newport News, VA 23607 - (757) 928-3204

<http://vacares.org/>

Mentorship, job readiness, and job search for re-entry

### **Hampton**

#### **Hampton Healthy Families Partnership**

100 Old Hampton Lane, Hampton, VA 23669 - (757) 727-1882

<https://hampton.gov/3378/Healthy-Families>

Offer a variety of parenting classes.

#### **Sheriff's Office**

135 High Court Lane, Hampton, VA 23669 - (757) 727-6760

Post release re-entry services.

## **Virginia Beach**

### **STEP-UP**

5900 Virginia Beach Blvd., Virginia Beach, VA - (757) 588-3151

[www.stepupincorporated.org](http://www.stepupincorporated.org)

Job Readiness and Job Search.

# **Financial Coaching and Credit Counseling Resources**

## **Financial Coaching/Credit Counseling**

### **Balance Track**

[balancetrack.org](http://balancetrack.org) - 1-888-456-2227

Provides a free personal financial educational program on-line through education modules that will guide you through the core aspects of personal financial management.

### **Catholic Charities of Eastern Virginia**

5361-A Virginia Beach Blvd. Virginia Beach, VA 23462 – (757) 456-2366

[www.cceva.org/need-help/financial-housing-counseling/](http://www.cceva.org/need-help/financial-housing-counseling/)

Let our certified counselors' help you discover how to build good credit, address any delinquencies, and help increase your credit score.

### **Commonwealth Catholic Charities**

12284 Warwick Blvd., Suite 1A, Newport News, VA 23606 - (757) 337-6951

[www.cccofva.org/income-and-asset-building](http://www.cccofva.org/income-and-asset-building) Individual

Financial Coaching: personal financial management, credit counseling, debt reduction counseling, and payee services.

### **Consumer Credit Counseling of Hampton Roads**

2021 Cunningham Dr. 4<sup>th</sup> Floor, Hampton, VA 23666 - (757) 826-2227

[debtfreeonline.com](http://debtfreeonline.com)

Debt management, bankruptcy, housing programs and education, and payee program.

### **THRIVE Peninsula**

13195 Warwick Blvd. Unit 2C, Newport News, VA 23602 - (757) 877-6211

[www.thrivepeninsula.org/financialcoaching](http://www.thrivepeninsula.org/financialcoaching)

One-on-one financial coaching to include budgeting, debt management, credit score improvement, and more.

### **Virginia Cooperative Extension**

739 Thimble Shoals Blvd., Suite 1009, Newport News, VA - (757) 591-4838

[ext.vt.edu/family/financial-management.html](http://ext.vt.edu/family/financial-management.html)

# Food Resources

## **Food**

*See transportation for food delivery info*

**Virginia Peninsula Food Pantry Directory:** [hrfoodbank.org/get-help/](http://hrfoodbank.org/get-help/)

**Southside and Eastern Shore Food Pantry Directory:** [foodbankonline.org/directory/](http://foodbankonline.org/directory/)

### **First Call Information and referral services (United Way)**

Newport News (757) 594-4636 or Williamsburg (757) 229-2222

Receive a referral to a pantry close to you.

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### **THRIVE Peninsula**

13195 Warwick Blvd, Unit 2C, Newport News, VA 23602 - (757) 877-6211

<https://www.thrivepeninsula.org/help>

Now you can call us directly to schedule your same-day or next day food pantry appointment. Offers food delivery for those who cannot pick up.

### **Lasagna Love**

<https://www.lasagnalove.org>

What we do is simple: feed families, spread kindness, and strengthen communities. Request a lasagna or nominate a friend. Feeding families who are struggling financially or emotionally.

## **Hot meals**

(Call first to confirm services during COVID-19)

### **Newport News**

#### **All Generations Church**

28 Harpersville Road, Newport News, VA 23601 - (757) 291-9675

<https://allgenchurch.com> or Email: [info@allgenchurch.com](mailto:info@allgenchurch.com)

Every Monday 6:00pm-7:00pm.

#### **All Nations Church**

853 Cloverleaf Lane, Newport News, VA 23601 - (757) 941-5111

Sunday 11:00 am – 12:15 pm.

#### **Dominion Outreach Ministries**

119 29<sup>th</sup> St., Newport News, VA - (757) 826-4134

Saturdays 8:00 – 11:30 am and Wednesdays 11:30 am – 12:30 pm.

#### **Dunamis Christian Center**

6148 Jefferson Ave., Newport News, VA - (757) 245-1747

Mondays 11:00am-1:00pm.



**First Baptist Church Morrison**

12720 Patrick Henry Dr., Newport News, VA - (757) 886-5301  
Wednesdays 11:30 am – 12 pm.

**First Baptist East End**

3000 Jefferson Ave, Newport News, VA 23607 - (757) 380-5327  
Wednesday 6:00 pm until gone (parking lot in back).

**First Church of Newport News**

2300 Wickham Ave., Newport News, VA 23607 - (757) 247-3033  
Thursdays 12:00 pm - 1:00 pm (Except June-August).

**Five Loaves**

14425 Old Courthouse Way, Newport News, VA 23602 - (757) 775-4211  
[www.fiveloavesfoodpantry.org/](http://www.fiveloavesfoodpantry.org/)  
Tuesdays at 5:30 pm – 7:30 pm.

**Full Circle**

604 Hilton Blvd Newport News, VA 23605  
Every Monday from 12:00 pm to 1:00 pm.

**Hilton Baptist Church**

101 Main St., Newport News, VA - (757)595-3300  
Last Friday of the month 5:30pm-6:45pm.

**Ivy Baptist**

60 Maple Ave., Newport News, VA 23607 - (757) 244-8165  
The 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of the Month at 2:00 pm – 4:00 pm.

**New Beech Grove Baptist Church**

326 Tabbs Lane, Newport News, VA 23602 - (757) 877-4114  
Monday and Friday 4:30 pm - 6:00 pm.

**Peninsula Dream Center**

28 Harpersville Rd., **Newport** News, VA 23601 - (757) 291-9675  
Open Monday 6:00 pm - 7:00 pm.  
Old Farmer's Market@ 28<sup>th</sup> and Jefferson on the last Monday of the month 6:00-7:00 pm.

**St. Augustine's Episcopal Church**

2515 Marshall Ave. Newport News, VA 236087 - (757) 245-4613  
Saturday 12:00 pm-1:30 pm (Except the first Saturday of each month).

**St. James Miracle Temple**

1151 22<sup>nd</sup> St., Newport News, VA 23607 - (757) 380-0510  
Wednesday 7:00 pm - 8:00 pm.

**St. Vincent de Paul Catholic Church**

230 33<sup>rd</sup> St., Newport News, VA 23607 - (757) 245-4234  
Monday –Friday 10:00 am -11:30 am.

**Trinity United Methodist**

228 29<sup>th</sup> St., Newport News, VA - (757) 244-4051  
First Sunday of the month 1:30pm-3:00pm.

**Hampton**

**AIM Center – Antioch Improvement Ministries, Inc.**

1563 Old Buckroe Rd., Hampton, VA 23664 - (757) 851-5682  
Wednesdays (Except in July and August) 11:00am–1:00pm.

**Bethel AME**

2521 N. Armistead Ave, Hampton, Virginia – (757) 723-7716  
Thursdays 12:00pm.

**Bethel Temple**

1705 Todds Ln, Hampton, VA 23666 - (757) 826-1426  
Accepts calls Monday, Wednesday, and Friday 9:00am–12:00pm.

**Central United Methodist**

225 Chapel Rd., Hampton, VA 23669  
Tuesdays 9:00 am–11:30am.

**First Baptist Church of Hampton**

229 North King St. Hampton, VA 23669 - (757) 723-0988  
Tuesdays 11:30am –1:00pm.

**First Christian Church**

1458 Todds Lane, Hampton, VA 23666 - (757) 826-0711  
Tuesdays 6:00pm.

**First Friends Church**

1062 Big Bethel Rd., Hampton, VA 23666 - (757) 827-7685  
Third Saturday of the month 12:00-1:00 pm.

**First United Church of Christ**

1017 Todds Lane, Hampton, VA 23666 - (757) 826-7560  
Fourth Saturday 8:00 am.

**Help, Inc. Loaves and Fishes**

329 Buckroe Avenue, Hampton VA 23664  
Thursday-Friday 12:00 – 1:00

**Immaculate Conception Catholic Church**

2150 Cunningham Dr., Hampton, VA 23666 - (757) 826-0393  
Sundays 2:00-3:30 pm.

**Queen Street Baptist Church**

190 West Queens Way, Hampton, VA 23669 - (757) 723-2919  
Friday - Saturday 4:00–5:00pm.

**St. Joseph Church**

512 Buckroe Ave., Hampton, VA - (757) 851-8800  
Tuesdays 8:30am breakfast and bagged lunch.

**St. Mark's Episcopal Church**

2605 Cunningham Drive, Hampton, VA - (757) 826-3515  
Fourth Wednesday of the month 5:30pm-6:30pm.

**St. Mark's United Methodist Church**

99 East Mercury Blvd, Hampton, VA - (757) 851-3367  
Every Monday; Children's activities at 5:45 pm, Meal at 6:00 pm.

**So All May Eat (S.A.M.E.) at Hampton Baptist Church**

40 Kings Way, Hampton, VA 23666 (entrance on Wine Street) - (757) 723-0707  
Mondays 11:30am – 12:30pm.

**West Hampton Baptist Church**

631 Aberdeen Rd. Hampton, VA 23661 - (757) 826-5772  
Thursdays 11:30am–1:30 pm.

# Furniture Resources

## **Furniture**

THRIVE Peninsula can provide referrals to LINK of Hampton Roads pending an application. This service is available to current church partners or our current financial clients only.

### **Messiah Center**

1421 Pembroke Ave, Hampton, VA 23661 – (757) 727-0919

By appointment only.

### **Sleep in Heavenly Peace**

(844) 432-2337

[www.shpbeds.org/chapter/va-hampton](http://www.shpbeds.org/chapter/va-hampton)

Organization that will help provide beds for children. “No kid sleeps on the floor in our town.”

### **St. Mark’s United Methodist Church**

99 East Mercury Blvd. Hampton, VA 23669 - (757) 851-3367

Call to see what is available.

### **The Heart of Giving**

757-975-5260

[theheartofgiving.org](http://theheartofgiving.org) or Email: [theheartofgivingva@gmail.com](mailto:theheartofgivingva@gmail.com)

The Heart of Giving is an outreach organization, with the sole purpose to help meet the needs of the community. We are connecting families to one another by bridging the gap in their needs through limitless acts of giving.

# **Housing and Homeless Resources**

## **Homeless Day Centers**

### **Clean Comfort (Run by HRCAP)**

328 30<sup>th</sup> St. Newport News, VA 23607 - (757) 244-6121

[hrcapinc.org/directory/listing/clean-comfort-program/](http://hrcapinc.org/directory/listing/clean-comfort-program/)

The Clean Comfort Program provides a shower facility, a clean change of clothing and medical assistance for homeless men and women; operating on a "day-care" principle Monday through Friday, from 8:30 to 11:30 a.m. at the Julius Conn Gym.

### **Four Oaks Day Service Center**

7401 Warwick Blvd., Newport News, VA 23607 - (757) 975-5200

[www.voachesapeake.org/four-oaks](http://www.voachesapeake.org/four-oaks)

Open 7 days/week from 7:00 am-5:00 pm.

One stop service and assistance center for those experiencing homelessness. Services include: Job skill and workforce development classes, Medical, Mental Health and Substance Abuse treatment services and resources, Counseling on permanent housing solutions, Computer literacy in an on-site computer lab, Assistance securing personal documents needed to obtain housing, employment and benefits, Budgeting and financial literacy classes, Transportation to and from appointments, interviews and pre-approved locations.

### **H.E.L.P. Day Center**

328 Buckroe Ave, Hampton, VA 23664\* – (757)-723-2242

[www.helphampton.org/](http://www.helphampton.org/)

Open Monday – Thursday 9am – 3pm, Friday 9am – 1pm.

Showers and laundry MWF 9am – 12noon.

Provide lunch and Bible study on Fridays from 12pm – 1pm.

Internet access/Physical Mailing Address.

\*Call to confirm current address before providing to a client

### **The Harbor (Greater Williamsburg Outreach Mission (GWOM))**

St. Bede Catholic Church Outreach Center

10 Harrison Ave., Williamsburg, VA 23185 - (757) 253-0664

Monday – Thursday 10:00 a.m. – 2:00 p.m.

The Harbor is a day respite center for the homeless. They provide showers and a hot meal.

## **Homeless Support**

### **All Nations Church**

853 Cloverleaf Lane, Newport News, VA 23601 - (757) 941-5111

<https://www.allnationschurch.org/>

They offer hot showers and personal care products to those in need on Sunday mornings.

**Bacon Street Youth and Family Services**

247 McLaws Circle, Williamsburg, VA 23185 - (757) 253-0111

<https://baconstreet.org/journey-home-project/>

The Journey Home Project serves youth and families who are struggling with housing insecurity or homelessness and substance abuse (including tobacco and alcohol). Accepts Medicaid and Commercial Insurance.

**Blankets for the Homeless**

(757) 434-4543

[www.blanketsforthehomeless.org](http://www.blanketsforthehomeless.org)

They provide blankets, coats, hoodies, backpacks, tents, toiletries and lunches to the homeless.

**Nehemiah's Nook**

119 29<sup>th</sup> St., Newport News, VA - (757) 775-1135

Contact: Pastor Mike

Every Saturday beginning at 9:30 am, they provide coffee, a Christian message, a hot meal, emergency supplies and clothing to those in need.

**Newport News Department of Social Services**

Rouse Tower: 6060 Jefferson Ave., Newport News, VA 23605 - (757) 926-6300

Fuel assistance: (757) 926-6601

<https://www.dss.virginia.gov/benefit/>

Financial Assistance Programs include money, coupons, or authorization cards to obtain food, clothing and shelter, medical care, etc.

**Salvation Army**

216 Ironbound Road, Williamsburg, VA 23188 - (757) 229-6651

<https://salvationarmypotomac.org/williamsburg/>

## **Housing**

*See Shelters*

*See Domestic Violence/Human Trafficking*

**Commonwealth Catholic Charities**

12284 Warwick Blvd., Suite 1A Newport News, VA 23606 - (757) 337-6951

[www.cccofva.org/homeless-services](http://www.cccofva.org/homeless-services)

Housing Counseling – renter/ tenant issue, homebuyer/ pre-purchase, homeownership, mortgage delinquency, and advocacy/ Fair Housing.

**Habitat for Humanity: Peninsula and Greater Williamsburg Area**

Administration Office: 11011 Warwick Blvd, Newport News, VA 23601

9614 Warwick Blvd, Newport News, VA 23601 - (757) 596-5553 Option 4

[www.habitatpgw.org/](http://www.habitatpgw.org/)

Habitat for Humanity builds homes, communities and hope in the cities of Hampton, Newport News, Poquoson and Williamsburg, plus the counties of Charles City, James City, New Kent and York, Virginia.



**Hampton Redevelopment and Housing Authority**

1 Franklin Street Suite 603, Hampton, VA 23669 – (757) 928-2620

Housing Crisis Hotline - (757) 587- 4202

<http://www.hamptonrha.com/>

The hotline is the starting point for anyone who is experiencing a housing crisis throughout Hampton Roads and in need of shelter, related services and/or community resources.

**Housing Development Corporation of Hampton Roads**

2 Bernadine Rd. Hampton, VA - (757) 886-6025

[hdcofhr.org/](http://hdcofhr.org/)

Provides affordable housing on the Peninsula. For current housing availability, please call (757) 873-2111.

**Newport News Redevelopment and Housing Authority NNRHA Headquarters**

227 27<sup>th</sup> St., Newport News, VA 23607 - (757) 928-2620

Assisted Housing Office:

2709 Jefferson Ave. Newport News, VA 23607 - (757) 928-6060

[www.nnrha.com/](http://www.nnrha.com/)

The primary provider of new homebuyer opportunities and affordable housing for lower and moderate income families on the Virginia peninsula.

**Public Housing / Housing Choice Voucher (Section 8)****Housing Authorities Section 8/Occupancy**

Chesapeake (757) 523-0401

Gloucester (757) 693-2571

Hampton (757) 727-1111 or (757) 727-6337

Isle of Wight (757) 365-0800

James City County (757) 259-5340

Newport News (757) 928-6060

Norfolk (757) 623-1111

Suffolk (757) 539-2100

Virginia Beach (757) 426-5752

Williamsburg (757) 220-2477

York County (757) 890-3885

**Privately owned subsidized apartments in Newport News**

Aqua vista Apartments – 664-6<sup>th</sup> St. – (757) 247-0312

Denbigh Trace – 13211 Ridgeview Dr. – (757) 874-4877

North Jefferson Square – 13189 Jefferson Ave. – (757) 872-0789

Great Oak/Phoenix Village – 750 Thimble Shoals Blvd. – (757) 591-3292

Stuart Gardens – 1326-C Garden Dr. – (757) 245-5266

The Towers – 530 Ivy Ave. – (757) 380-0851

Newport News Harbor Apartments – 2325 Madison Ave. – (757) 247-0303

Pear Tree Townhouses – 174 Alan Dr. – (757) 874-6066

Cedar Hill Apartments – 400 Hilltop Dr. – (757) 887-1177

Timberwoods Townhomes – 152-F Jenness Lane – (757) 874-4454

Wellesley Commons – 51 Wellesley Dr. – (757) 930-1566

Wendwood Square Section 1 – 100 Radcliff Lane, Apt. 2 – (757) 249-0816

City Line Apartments – 155 A Mytilene Dr. – (757) 838-5553

**Privately owned subsidized apartments with accessible units Newport News**

Lexington Commons – 14534 Old Courthouse Way – (757) 989-5108

Great Oaks – 750 Thimble Shoals Blvd. – (757) 591-3282

Berkley Village & Berkley West – 900 Daphia Circle – (757) 599-6169

Berkley South Apartments – 6161 Jefferson Ave. – (757) 826-5175

Christian Village of Eastern VA – 600 Arbor Court – (757) 599-6610

**Privately owned subsidized apartments in Hampton**

Century Plaza – 135 Lassiter Dr. – (757) 838-1816

Diggs Drive Group Home – 117 Diggs Dr. – 603-223-0003 (Senior and Disabled)

Seaton Manor – 215 Marcella Rd. – (757) 827-6512

Tidewater Senior Apartments – 4616 Queen St. – (757) 266-1472

Langley Sq. Apartments – 130 Doolittle Rd. Apt. 12 – (757) 722-4894

Horizon Plaza – 611 B Michigan Dr. – (757) 723-8737

Paula Maria Apartments – 100 Martha Lee Dr. – (757) 826-8925

**Shelter to Shutters**

3201 Jermantown Rd #220, Fairfax, VA 22030 - (703) 634-5679

<http://shelterstoshutters.org/>

Services the Peninsula by helping with housing and employment.

**Virginia Housing Development Authority**

1-877-VHDA-123

<https://www.vhda.com/Homebuyers>

VHDA Down Payment Assistance grant contributes to the down payment for eligible first-time homebuyers, and no repayment is required. VHDA's FHA-Plus Loan is for first-time and repeat homebuyers with at least a 620 credit score. Other programs include the VHDA Loan Combo, USDA Loans and VA Loans, which may be eligible for Mortgage Credit Certificate, a down-payment assistance grant, or both.

**Websites to search for affordable housing**

<http://www.gosection8.com/>

<http://virginiahousingsearch.com/>

## **Shelters**

### **Housing Crisis Hotline**

*For individuals seeking shelter, please contact the Housing Crisis Hotline first. They make the referral to most of the shelters in the area. \* indicates shelters that require a referral*

(757) 587-4202 (Newport News, York County, Poquoson, Southside and Western Tidewater)

1-866-750-4431 (Williamsburg and James City County)

Monday – Friday 8am-7pm, or leave a message.

## **Upper Peninsula**

### **3E Restoration**

1304 Jamestown Road, Williamsburg, VA 23185 - (757) 345-6028

<https://3erestoration.org/>

Shelter for single adults in Williamsburg/James City County.

### **House of Mercy\***

10 Harrison Ave, Williamsburg, VA 23185 - (757)-229-3700

<https://www.williamsburghouseofmercy.org/services/>

Services provided include: Mercy housing, homeless coordination of care, food, re-entry services, and financial assistance.

### **Natasha House**

P.O. Box 1869, Yorktown, VA 23692

124 Goodwin Neck Rd, Yorktown, VA 23692 - (757) 898-1993

[www.natashahouse.org](http://www.natashahouse.org)

Natasha House is a transitional home for homeless women and children that empowers and equips them to achieve and maintain self-sufficiency.

## **Lower Peninsula**

### **H.E.L.P., INC.\***

1320 LaSalle Ave., Hampton, VA 23669 - (757) 727-2577

[www.helpushelpu.org](http://www.helpushelpu.org)

HELP serves the homeless and those in crisis by providing shelter, food, and financial assistance, medical and dental care. (Provides A Night's Welcome winter shelter).

### **Judeo-Christian Outreach Center\***

1053 Virginia Beach Blvd., Virginia Beach, VA 23451 – (757) 491-2846

<http://www.jcoc.org>

Provides emergency housing.

**LINK of Hampton Roads\***

10413 Warwick Blvd., Newport News, VA 23601 - (757) 595-1953

[www.linkhr.org](http://www.linkhr.org)

LINK protects children/adults with and without disabilities; promotes self-sufficiency, provides shelter for homeless, permanent supportive housing, basic needs, food, clothing, and advocacy. (Provides the winter PORT shelter).

**Menchville House\***

P. O. Box 22687, Newport News, Virginia 23609

13658 Warwick Blvd, Newport News, VA 23602 - (757) 833-5980

[www.menchvillehouse.com](http://www.menchvillehouse.com)

The Menchville House is an organization providing temporary shelter, budgeting resources, and case management to single women and women with children. Due to limited space in the shelter, the Menchville House may not be able to assist you with shelter; however, you may still use them as a resource for other offered services. Must receive a referral from the Housing Crisis Hotline to stay in shelter.

**Peninsula Rescue Mission**

3700 Huntington Ave, Newport News, VA 23607 - (757) 380-6909

[www.prm.info](http://www.prm.info)

Temporary shelter for sober men only. (6-bed facility – Can stay 7-10 nights – No reservations accepted) Check-in 4:30-9:30 PM.

**Salvation Army \***

(757) 622-3471; Hampton (757) 838-4875; Richmond (804) 225-7470

[salvationarmypotomac.org/hamptonva/programs/emergency-assistance/](http://salvationarmypotomac.org/hamptonva/programs/emergency-assistance/)

**Southside****Barrett Haven**

2129 Vincent Ave, Norfolk, VA 23504 - (757) 624-6990

<http://hamptonroadshaven.org/index.html>

They have space for 10 single women (one can be pregnant) from anywhere in Hampton Roads. Rebecca Harris is the contact person.

**Chesapeake Shelter Program (CAST)**

(757) 439-6198

Emergency winter shelter program for homeless men, women and families.

**H.O.P.E. Village**

5525 Raby Road, Norfolk, VA - (757) 965-9018

<https://momentsofhopeoutreach.org/mo-hope-village>

H.O.P.E Village is a six-month residential housing community that offers a full spectrum of supportive services to women and single mothers in need.

**Love and Caring Ministries**

Virginia Beach, VA - (757) 430-4101

<https://lovecaringministries.wordpress.com/about/>

A homeless shelter for women and children. They serve all areas of Hampton Roads. (Clients must have a car and job. They are required to pay a portion of the utilities and save 25% of their income. They are also required to attend Bridge Church on Sundays and Thursday).

**PARC, Inc. (Portsmouth Area Resource Coalition)**

(757) 393-7848

<https://www.facebook.com/PortsmouthAreaResourcesCoalition/>

Family shelter open to all of the Commonwealth of Virginia. Portsmouth residents have priority. Must have custody of children. Must call (757)966-2107 to be put on a waiting list.

**The Union Mission**

5100 East Virginia Beach Blvd., Norfolk, VA 23502 - (757) 627-8686

<https://www.unionmissionministries.org/>

(Service all areas of Hampton Roads who are 18+) (250-bed facility – No reservations –

Assigned a caseworker upon arrival and given 2 bags of clothes) – Check-in 5:00 PM

Women and children – can stay for 30-days and must be able to do chores.

Men – Must be at least 18 and have photo ID – must be able to sleep on a top bunk – cannot be a sex offender-required to attend Chapel at 6:30 each evening.

# **Medical and Dental Resources**

## **Medical/ Dental**

### **Access Aids Care**

218 South Armistead Dr., Hampton, VA 23669 - (757) 722-5511

[accessaids.org/](http://accessaids.org/)

Primary services include HIV medical case management, medication assistance, transportation services, permanent supportive housing and HIV prevention through education and testing.

### **Access Partnerships**

(757) 502-7400

[www.accesspartnership.org/](http://www.accesspartnership.org/)

Dental coordinator: [oralhealth@accesspartners.org](mailto:oralhealth@accesspartners.org); Phone Ext. 3

Donated Supply and Equipment Coordinator: [coordinator@accesspartners.org](mailto:coordinator@accesspartners.org); Phone Ext. 5

Helps connect medical and dental resources for those with low-income.

### **Angel Wheels (AngelBus)**

4620 Haygood Road, Suite 3, Virginia Beach, VA 23455

[www.mercymedical.org/request-assistance](http://www.mercymedical.org/request-assistance)

Non-profit charity providing transportation to non-emergency medical visits up to 300 miles away for financially disadvantaged patients.

### **Care-A-Van**

150 Kingsley Ln. Norfolk, VA 23505 - (757) 889-5121

(757) 889-2273 (New)

(757) 889-5121 (Returning patients)

[www.bonsecours.com/locations/community-services/hampton-roads/care-a-van](http://www.bonsecours.com/locations/community-services/hampton-roads/care-a-van)

The Bon Secours Care-A-Van is a free medical service that provides general medical care to uninsured adults and children in Hampton Roads communities on the Southside and the Peninsula.

### **Care Net Resource Pregnancy Center**

11747 Jefferson Ave., Suite 3H, Newport News, VA 23606 - (757) 591-0303

[cnpeninsula.org](http://cnpeninsula.org)

Family Services.

### **Catholic Charities of Eastern Virginia (Pregnancy resource)**

12829 Jefferson Ave. Suite 101, Newport News, VA 23608 – (757) 875-0060

[www.cceva.org/need-help/youth-family-services/](http://www.cceva.org/need-help/youth-family-services/)

Provide diapers and baby items to families in need.

### **Community Dental Services**

Newport News, VA - (757) 928-3810

Call for information.

**Community Free Clinic of Newport News (medical and dental)**

727 25<sup>th</sup> St., Newport News, VA 23607 - (757) 594-4060

[cfenn.org/](http://cfenn.org/)

We serve adults from age 19 to 64 years old. Call us for a Clinical Screening Review! We are here to help.

**Dreams of Hope Foundation**

7320 Warwick Blvd, Newport News, VA 23607 – (757) 806-6339

[www.dreamsofhopefoundation.org/book-online](http://www.dreamsofhopefoundation.org/book-online)

They provide eyeglass vouchers every 3<sup>rd</sup> and 4<sup>th</sup> Thursday.

**FAMIS**

Contact local Social Services office or 1-866-873-2647

[www.famis.org](http://www.famis.org)

FAMIS is a Virginia health insurance program that offers coverage for low to moderate income children in the Commonwealth. Financial eligibility is based on a comparison of family income to the Federal Poverty Level guidelines.

**FREE: Foundation for Rehabilitation Equipment & Endowment**

P.O. Box 737, Lightfoot, VA 23090 - (757) 707-4741

<http://www.free-foundation.org/williamsburg> or Email: [Williamsburg@free-foundation.org](mailto:Williamsburg@free-foundation.org)

Provides mobility rehabilitation equipment.

**Gloucester-Mathews Free Clinic**

6031 Industrial Dr., Gloucester, Virginia 23061 – (804) 210-1368

[www.gmcareclinic.com/](http://www.gmcareclinic.com/)

Provide community-based healthcare for the residents of Gloucester and Mathews Counties who lack health insurance.

**Hampton Health Department**

3130 Victoria Blvd., Hampton, VA 23661 – (757) 757-1172

[hampton.gov/1537/Health-Department](http://hampton.gov/1537/Health-Department)

The Hampton Health Department provides medical, environmental and public health services to promote, protect and preserve the health of the citizens of Hampton.

**H.E.L.P. Inc. (Hampton Roads Ecumenical Lodgings and Provisions)**

1320 LaSalle Ave, Hampton, VA 23669 - (757) 727-2577

[www.helphampton.org/home](http://www.helphampton.org/home)

They provide medical and dental assistance for a minimal fee to Hampton residents.

**Immaculate Conception Catholic Church**

2150 Cunningham Dr., Hampton, VA 23666 - (757) 826-0393 (Monday and Thursday)

[www.icchampton.org/](http://www.icchampton.org/)

They will help pay for medication for Hampton residents (must have a Hampton I.D.).



**Lackey Free Clinic**

1620 Old Williamsburg Rd., Yorktown, VA 23690 - (757) 886-0608

[www.lackeyfreeclinic.org](http://www.lackeyfreeclinic.org)

The clinic provides primary care, specialty care, chronic care treatment, lab work, x-rays, dental care and medication. Serves residents of James City County, Williamsburg and York County, Newport News, and Poquoson. Eligibility Requirements: 1) have been in the U.S. for at least 1 year, 2) have no medical insurance, 3) not eligible for insurance, 4) have an income at or below 300% of the Federal Poverty Level.

**Lions-Oyster Point Mariner Club**

(757)880-3562

Provides the following services to low-income individuals in the community: eye exams/glasses, hearing exams/hearing aids, and local sight and hearing van.

**NeedyMeds**

[www.needymeds.org](http://www.needymeds.org)

NeedyMeds is a national non-profit organization that maintains a website of free information on programs that help people who can't afford medications and healthcare costs. NeedyMeds provides a free drug discount card that offers a discount of up to 80% at more than 63,000 pharmacies nationwide. Anyone can use the card regardless of income level or insurance status and no registration is required.

**Newport News Department of Social Services**

Rouse Tower: 6060 Jefferson Ave., Newport News, VA 23605 - (757) 926-6300

Fuel assistance: (757) 926-6601

[www.dss.virginia.gov/benefit/](http://www.dss.virginia.gov/benefit/)

Financial Assistance Programs include money, coupons, or authorization cards to obtain food, clothing and shelter, medical care, etc.

**Olde Towne Medical**

5249 Olde Towne Road, Williamsburg, VA 23188 - (757) 259-3258

[www.oldetownemedicalcenter.org/](http://www.oldetownemedicalcenter.org/)

Provides dental on a sliding scale for uninsured.

**Operation Breaking Through**

1807 Jefferson Ave., Newport News, VA 23607 - (757)244-1860

[www.obtva.org](http://www.obtva.org) or Email: [Obtvainfo@gmail.com](mailto:Obtvainfo@gmail.com)

Providing medical, dental, family education, youth athletics, family mentoring, emergency relief, and spiritual services.

**Our Lady of Mount Carmel (OLMC)**

52 Harpersville Rd, Newport News, VA 23601 - Call 595-0385 ext., 125

<https://www.olmc-school.com/>

Wednesday 9-10 a.m. OLMC offers assistance with prescriptions for Newport News residents who are on a fixed income and do not have prescription insurance.

**Partnership for Prescription Assistance (PPA)**

[www.pparx.org](http://www.pparx.org)

PPA offers a free service of assisting people in finding information about programs that provide prescription medicines for free or nearly free.

**Patient Advocate Foundation, Inc.**

421 Butler Farm Road, Hampton, VA 23666 - (800) 532-5274

[www.patientadvocate.org/](http://www.patientadvocate.org/)

Patient Advocate Foundation offers assistance to patients with specific issues they are facing with their insurer, employer and/or creditor regarding insurance, job retention and/or debt crisis matters relative to their diagnosis of life threatening or debilitating diseases.

**Peninsula Agency on Aging (PAA)**

739 Thimble Shoals Blvd., Suite 1006, Newport News, VA 23606 - (757) 873-0541

[www.paainc.org](http://www.paainc.org)

Contact Susie Castle (lead SOS worker at PAA) Email: [sw5@paaainc.org](mailto:sw5@paaainc.org)

Free eyeglasses for disabled individuals (do not need to be 60 or older, just disabled) who are uninsured or have regular Medicare. Must have a prescription written within the last calendar year.

**Peninsula Health Center**

416 J Clyde Morris Blvd, Newport News, VA 23601 (next to Riverside Hospital) - (757)594-7305

[www.vdh.virginia.gov/peninsula](http://www.vdh.virginia.gov/peninsula)

**Peninsula Institute for Community Health, Inc. (PICH)**

4714 Marshall Ave., Newport News, VA 23601 - (757) 591-0643

[www.pich.org/locations](http://www.pich.org/locations)

PICH is a community-based health care initiative in Hampton Roads for the insured, uninsured, and underinsured.

*Local offices: (6 listings)*

**48th Street Physicians**

4714 Marshall Avenue, Newport News, VA 23607 - (757) 380-8709

**Stoneybrook Physicians**

15425-H Warwick Boulevard, Newport News, VA 23608 - (757) 874-8400

Sliding scale, speak Spanish

**East End Physicians - Medical/Pediatrics and Dental**

1033 28th Street, Newport News, VA 23607 - (757) 952-2160

Sliding scale, speak Spanish

**Health Care for the Homeless**

4714 Marshall Ave., Newport News, VA 23607 - (757) 591-0839

**Health Care for the Homeless**

3130 Victoria Blvd., Hampton, VA 23661 - (757)952-0181

**Health Care for the Homeless**

Stoneybrook Physicians

15425-H Warwick Blvd., Newport News, VA 23608 – (757)874-8400

**SEVHS (Southeastern Virginia Health System) @ Hampton-Newport News Community Service Board**

300 Medical Drive – Suite 400, Hampton, VA 23666 - (757) 788-0455

[sevhs.org/](http://sevhs.org/)

Community-based health care initiative in Hampton Roads for the insured, uninsured, and underinsured.

**Scottish Rite of Freemasonry**

65 Saunders Rd, Newport News, VA 23601 - (757) 599-6617

[www.nnscottishrite.org/](http://www.nnscottishrite.org/)

Provide free medical equipment (open Monday-Thursday– 9-11).

**Stoneybrook Clinic**

2 Locations in Newport News - (757)874-8400

Medical Assistance.

**Virginia Department of Health**

416 J Clyde Morris Blvd. Newport News, VA 23601

Health (757) 594-7400 and Dental (757) 933-2369

[www.medicineprogram.com](http://www.medicineprogram.com)

The Medicine Program is a patient advocacy organization helping individuals and families all across America get access to up to 2,500 prescription medications available today for free or nearly free of charge through Patient Assistance Programs (PAPs).

**Virginia Hearing Aid Loan Bank**

Care Connection for Children

(866) 596-9367 or (434) 924-0222

[www.vahealth.org/hearing](http://www.vahealth.org/hearing) and [www.healthsystem.virginia.edu/brccc](http://www.healthsystem.virginia.edu/brccc)

The Virginia Hearing Aid Loan Bank is open to children under age 18 whose hearing loss is confirmed by an audiologist. The bank lends hearing aids and FM systems for up to six months.

**Health Insurance****Affordable Care Act**

[www.healthcare.gov](http://www.healthcare.gov) - 1-800-318-2596

The comprehensive health care reform law enacted in March 2010 (sometimes known as ACA, PPACA, or “Obamacare”)

**Certified Application Counselors for Health Insurance Marketplace**

To speak with a certified representative for application assistance with Marketplace insurance:

Southeastern Virginia Health System

1033 28<sup>th</sup> St., Newport News, VA 23607 - (757) 952-1344

**Medicaid**

[www.commonhelp.virginia.gov](http://www.commonhelp.virginia.gov) – 1-888-242-8282

Need help applying? Call THRIVE Peninsula 757-877-6211

**Southeastern Virginia Health System**

15425 H Warwick Blvd., Newport News, VA 23608 - (757) 947-2012

3130 Victoria Blvd., Hampton, VA 23661 - (757) 952-0181

[sevhs.org/](http://sevhs.org/)

Community-based health care initiative in Hampton Roads for the insured, uninsured, and underinsured.

# **Mental Health/Disabilities Resources**

## **Mental Health/Disabilities**

### **Able Now**

[www.able-now.com/](http://www.able-now.com/)

For information about savings for those who have disabilities and will lose benefits if their savings account is over \$2000. (ABLE account)

### **Agape Therapeutic Counseling**

3221 Commander Shepard Blvd., Hampton, VA 23666 - (757) 244-3500

[www.agapecounselingva.com](http://www.agapecounselingva.com)

We strive to help every man, woman, and child reach their fullest potential in every way imaginable.

### **Alpha Counselors Service, Inc.**

1503 Hardy Cash Drive, Hampton, VA – (757) 262-2094

[www.alphacounselors.com/](http://www.alphacounselors.com/)

Offers intensive in-home therapy, life skills coaching, outpatient therapy, therapeutic day treatment, mental health support, sexual offender treatment, Christian-based counseling, and programs for bullying, independent living, and autism spectrum disorders. Licensed facility and VICAP listed; accepts most major insurance, including Medicaid.

### **Bacon Street Youth and Family Services**

247 McLaws Circle, Williamsburg, VA 23187 - (757) 253-0111

[baconstreet.org/services/treatment-services/](http://baconstreet.org/services/treatment-services/)

The organization serves young people and families affected by substance abuse and/or mental health issues. Accepts Medicaid and Commercial Insurance.

### **Catholic Charities**

(757) 467-7707

[www.cceva.org/need-help/mental-health-counselors/](http://www.cceva.org/need-help/mental-health-counselors/)

Family or Individual Counseling. Licensed Professional Counselors and Licensed Eligible Resident Counselors. Day and evening hours are available by appointment. Their fee is equal to or lower than insurance co-payments. If you qualify for financial assistance, a sliding fee scale is offered.

### **Center for Child and Family Services**

2021 Cunningham Dr. #400, Hampton, VA 23666 - (757) 838-1960

[www.kidsandfamilies.com](http://www.kidsandfamilies.com)

Nonprofit community service organization focused on providing behavioral, mental health, and financial counseling services to families.

### **Christian Psychotherapy Services**

1183 Rock Landing II, #145, Newport News, VA 23606 - (757) 873-0735

[christianpsychotherapy.com/](http://christianpsychotherapy.com/)

Our staff will assist you in determining your coverage. A sliding scale and Payment Plans are available.

**Colonial Behavioral Health (Community Service Board)**

Williamsburg, James City County, York County, Poquoson  
1657 Merrimac Trail, Williamsburg, VA 23185 - (757) 220-3200

[www.colonialbh.org/](http://www.colonialbh.org/)

They offer assistance on a sliding scale.

**Community Service Board (CSB)**

Hampton-Newport News

300 Medical Drive, Hampton, VA 23666 - (757) 788-0300 - Emergency: (757) 380-9024

[www.hnnscsb.org](http://www.hnnscsb.org)

Community services boards (CSBs) are by statute the single points of entry into publicly funded mental health, developmental, and substance abuse services.

**Crisis Counseling from CrisisTextline.org**

Text HOME to 741741

Crisis Text Line is here for any crisis. A live, trained Crisis Counselor receives the text and responds, all from our secure online platform.

**Daniel's Grace**

4216 Virginia Beach Blvd. Suite 140, Virginia Beach, VA 23452 – (757) 663-6977

Email: [helpinghands@danielsgrace.org](mailto:helpinghands@danielsgrace.org)

They assist families financially that have a member that has cancer.

**DARS (Department for Aging and Rehabilitative Services)**

303 Butler Farm Road, Suite 105, Hampton, VA 23666 – (757) 686-4988

[www.vadars.org](http://www.vadars.org)

DARS works with aging Virginians and those who have disabilities to improve employment, quality of life, and independence.

**Destiny's House Residential & Counseling Services**

6060 Jefferson Ave., Newport News, VA – (757) 706-3382

[destinysresidential.com/home](http://destinysresidential.com/home)

Group home for intellectually disabled adults. Supportive in-home support.

**Disability Navigator**

[disabilitynavigator.org](http://disabilitynavigator.org)

Provides direction for people with disabilities. The information focuses on issues such as health, financial concerns, legal questions, health facilities, housing options, transportation, exercise programs, advocacy, and more.

**Dreams of Hope Foundation**

7320 Warwick Blvd. Newport News, VA 23607 - (757) 806-6339

[www.dreamsofhopefoundation.org](http://www.dreamsofhopefoundation.org)

Free counseling for those in need of therapy.

**Emotions Anonymous**

Various Locations - (651) 647-9712

[emotionsanonymous.org](http://emotionsanonymous.org)

EA exists to support individuals with emotional difficulties in their efforts to live more manageable lives by using the Emotions Anonymous 12 Step Program of recovery.

**Eggleston**

1161 Ingleside Rd., Norfolk, VA 23502 - (757) 858-8011 or (866) 386- GIVE

[www.egglestonservices.org/eggleston-job-listing/](http://www.egglestonservices.org/eggleston-job-listing/)

Helps with employment for individuals with special needs

**Family Preservation Services**

205 Lake Tower Drive, Hampton, VA 23666 - (757) 838-8520

[fpscorp.com/family-support-services/](http://fpscorp.com/family-support-services/)

Home-based and intensive in-home counseling services.

**FREE: Foundation for Rehabilitation Equipment & Endowment**

P.O. Box 737, Lightfoot, VA 23090 - (757) 707-4741

<http://www.free-foundation.org/williamsburg> or Email: [Williamsburg@free-foundation.org](mailto:Williamsburg@free-foundation.org)

Provides mobility rehabilitation equipment

**Genesis Counseling**

Various Locations - (757) 598-2244

<http://genesiscounselingcenter.com/counseling/>

Substance Abuse and Marriage Counseling.

**Goodwill Industries International, Inc.**

Community Employment Center

1911 Saville Row, Hampton, VA 23666 - (757) 951-4200 Ext. 1376

<https://goodwillvirginia.org/get-job-ready/community-employment-centers/>

This organization assists in finding employment for people with disabilities, veterans, older adults, youth, and people with criminal backgrounds.

**Governor's Access Plan (GAP)**

Email: [BridgetheGap@dmas.virginia.gov](mailto:BridgetheGap@dmas.virginia.gov)

They provide basic medical and targeted behavioral health care to approximately 20,000 uninsured Virginians with severe mental illnesses.

**Hampton-Newport News Community Services Board**

300 Medical Drive, Hampton, VA 23666 - (757) 788-0300 or (757) 788-0011 (24 Hour Emergency Hotline)

<http://www.hnnscsb.org/>

Wide range of services provided.



**The HUF Center**

14102 Warwick Blvd., Newport News, VA 23602 - (757) 877-6100

[www.hufcenter.com/newport-news](http://www.hufcenter.com/newport-news)

Community based psychosocial day support.

**Insight Enterprises, Inc. (Peninsula Center for Independent Living)**

2021-A Cunningham Drive, Suite 2, Hampton, VA 23666 - (757) 827- 0275

[www.hvacil.org/](http://www.hvacil.org/) or Email: [iepcil@hvacil.org](mailto:iepcil@hvacil.org)

They assist disabled individuals with housing, financial assistance, advocacy, and counseling. They also assist with electricity for individuals receiving disability.

**Jewish Family Services of Tidewater**

401 City Center Blvd., Newport News, VA 23606 - (757) 223-5635

[jfshamptonroads.org/services/counseling-and-support-services/](http://jfshamptonroads.org/services/counseling-and-support-services/)

JFS offers grief counseling through the Dozoretz Center for Family Healing, a community resource center established to help people of all ages cope with death of a loved one, family illness, relocation or divorce/separation/remarriage.

**Kidz N Grief**

Mary Immaculate Hospital

2 Bernadine Drive, Newport News, VA 23602 - (757) 737-2287

Contact: Beth Pile

**Mental Health/CSB Crisis**

(757) 788-0011

Hygiene/Housing/Counseling.

**National Alliance for Mentally Ill Hampton/Newport News Chapter**

100 Medical Drive, Suite A, Hampton, VA 23666 - (757) 690-1370

[www.namihptnn.org/](http://www.namihptnn.org/)

Provide education, advocacy, and resources to families and individuals struggling with a mental health disorder.

**National Counseling Group, Inc.**

610 Thimble Shoals Blvd, #303B, Newport News, VA 23606 - (757) 240-5595

[www.ncgcommunity.com/](http://www.ncgcommunity.com/)

National Counseling Group provides behavioral health, substance use, and crisis services to those in our communities who need it most.

**National Suicide Prevention Hotline**

1-800-273-8255

[suicidepreventionlifeline.org/](http://suicidepreventionlifeline.org/)

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones. A web chat is also available through their website.

**Newport News Redevelopment and Housing Authority**

227 27<sup>th</sup> St., Newport News, VA 23607 - (757) 928-2620

[www.nnrha.com/](http://www.nnrha.com/)

They also have a second program called the Open House Program that will increase accessibility for tenants who are disabled. This program also can be a loan or a grant based on income. The home owner would have to apply. They have to show positive cash flow on the unit and owner insurance.

**Newport News Scottish Rite**

65 Saunders Rd., Newport News, VA 23601 - (757) 599-6617

[www.nnscottishrite.org/](http://www.nnscottishrite.org/)

Offer Medical supplies: wheelchairs, hospital beds, crutches, motorized wheelchairs.

**Odyssey Community Services**

710 Mobjack Place, Newport News, V 23606 - (757) 240-2571

[odyssey4u.com/](http://odyssey4u.com/)

An independent mental health and wellness company that specializes in counseling for all behavioral health issues, chemical dependency diagnosis, and strengthens families.

**Paratransit Services**

(757) 222-6087

[gohrt.com/paratransit/](http://gohrt.com/paratransit/)

Ride On Bus Program for individuals with disabilities.

**Passion of Resilience Counseling Center**

11835 Canon Blvd, Suite B-102, Newport News, VA 23606 - (757) 756-5941 or (757) 593-5085

Passion of Resilience Counseling Center is a medical group practice located in Chesapeake, VA that specializes in Clinical Psychology, and is open 6 days per week.

**Peninsula Pastoral Counseling Center**

707 Gum Rock Ct, Newport News, VA 23606 - (757) 873-2273

[peninsulapastoral.org/](http://peninsulapastoral.org/)

PPCC is a non-profit organization that offers professional counseling and consultation in a faith context.

**Peninsula Therapy Center**

739 Thimble Shoals Blvd, Suite 1011E, Newport News, VA 23606 - (757) 873-3353

[www.ptcplc.com](http://www.ptcplc.com)

Peninsula Therapy Center is a general outpatient mental health practice of a group of highly-experienced therapists specializing in the evaluation and treatment of individuals who are sexually, verbally, or physically abusive; those who abuse substances and those with behavior control problems.

**PORTCO, Inc.**

800 Loudon Avenue, Portsmouth, VA 23707 – (757) 399-2444

[www.PORTCO.org](http://www.PORTCO.org) or Email: [info@portco.org](mailto:info@portco.org),

Helping individuals with disabilities through employment opportunities and the development of individualized goals and support.

**Rapid Access**

Walk in to the locations listed below without an appointment and be seen the same day to complete registration paperwork and a clinical assessment.

Adults: 200 Medical Drive Suite B, Hampton, VA 23666 – (757) 788-0243  
Monday-Thursday 8:00 am-12:30 pm.

Children: 600 Medical Drive, Suite B, Hampton, VA 23666 - (757) 788-0600  
Monday-Wednesday 8:00 am-12:30 pm.

**Rehabilitation Associates**

2713 Magruder Blvd. L, Hampton, VA 23666 - (757) 490-3223

Serving ages 18 and under; OT, PT, Speech and Peer Interactive Experiences.

**Rock Landing Psychological Group**

11825 Rock Landing Drive, Newport News, VA 23606 - (757) 873-1736

[www.rocklandingtherapy.com/](http://www.rocklandingtherapy.com/)

We provide psychotherapeutic services to children, adolescents, adults, couples and families.

Because we are a large practice, we can usually accommodate a person or a family that requires more than one service.

**SAMHSA National Helpline**

[www.samhsa.gov/find-help/national-helpline](http://www.samhsa.gov/find-help/national-helpline)

1(800) 622-4357

Confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations. Callers can also order free publications and other information.

**Survivors (and their families) of Sexual Abuse/Assault**

718 J Clyde Morris Blvd, Newport News, VA 23601 - (757) 599-9844

Monday-Friday 9:00am-5:00pm

**Hotline:** (757) 236-5260

**The Compassionate Friends – Peninsula Chapter**

300 Ella Taylor Road, Yorktown, VA 23692 - (757) 384-0823

Email: [peninsulatcf@live.com](mailto:peninsulatcf@live.com)

Support group for grieving the loss of a child. Meets 1<sup>st</sup> Monday of the month at 7:00pm.

**Versability Resources**

2520 58<sup>th</sup> St., Hampton, VA 23661 – (757) 896-6461

<https://versability.org/>

Serves people with disabilities.

**Virginia Easy Access**

Virginia Department for Aging and Rehabilitative Services: 1610 Forest Ave. Suite 100, Henrico, VA 23229 - (1-888) 992-0959

<https://easyaccess.virginia.gov/>

The Virginia Easy Access website connects older adults, adults with disabilities, veterans, and families to information about a wide range of public programs and supports in a way that is accessible and easy to navigate. One site provides access to No Wrong Door, Virginia Navigator, Virginia 2-1-1.

**Virginia Hearing Aid Loan Bank**

Care Connection for Children

(434) 924-0222

<https://www.vdh.virginia.gov/early-hearing-detection-and-intervention/virginia-hearing-aid-loan-bank/>

The Virginia Hearing Aid Loan Bank is open to children under age 18 whose hearing loss is confirmed by an audiologist. The bank lends hearing aids and FM systems for up to six months.

**Virginia Housing Development Authority**

Email: [vhdagrants@vhda.com](mailto:vhdagrants@vhda.com) – 1-877-VHDA-123

VHDA Rental Unit Accessibility Modification Grant - Tenants with disabilities who earn 80 percent or less of the area median income may be eligible for grant assistance up to \$6,000 to make their rental property accessible.

**Virginia Relay**

[www.varelay.org](http://www.varelay.org)

A free public service, Virginia Relay enables people who are Deaf, Hard of Hearing, DeafBlind or have difficulty speaking to communicate with standard telephone users. Relay services are available 24 hours a day, 365 days per year by calling 7-1-1. By law, every call is handled with the strictest confidentiality. Special features are available for individuals who have difficulty speaking, as well as Spanish-speaking and sign language users.

# **Military and Veterans Resources**

## **Military/Veterans**

### **Air Force Aid Society**

Langley Air Force Base - (757) 764-3990

241 18<sup>th</sup> Street S., Suite 202, Arlington, VA 22202 – (703) 972-2650

Can provide financial assistance to Active Duty, Retirees, or Guard/Reserve on orders.

### **Army Emergency Relief**

Ft. Eustis - (757) 878-3963

200 Stovall St., Alexandria, VA 22332 - (703) 428-0000 or (866) 878-6378

[www.armyemergencyrelief.org/](http://www.armyemergencyrelief.org/)

Provides financial relief.

### **Coast Guard Mutual Assistance**

1005 N. Glebe Rd., Suite 220, Arlington, VA 22201 - 1-800-881-2462

[www.cgmahq.org](http://www.cgmahq.org)

CGMA strives to promote financial stability and general well-being of the clients/customers it serves.

### **Disabled American Veterans (DAV)**

Hampton Chapter 6 – (757) 826-7530

Newport News Chapter 2 – (757) 875-0721

Yorktown Chapter 13 – (757) 596-0062

Williamsburg Chapter 34 – (757) 564-3916

Assists Disabled veterans and their families in various capacities.

### **Family Advocacy Programs**

**Army/Ft. Eustis:** 2115 Pershing Ave., Ft. Eustis, VA - (757)878-0807

Monday-Friday 7:30am-4:30pm

**Air Force/Langley AFB:** 633<sup>rd</sup> Medical Group, Langley AFB, VA - (757)764-2427

**Navy/7 bases/4 hospitals:** (757)887-4948; contact Lisa Clark for referrals

### **Fleet and Family Support Centers of Hampton Roads**

(757) 444-2102

[www.navymwrnavalstationnorfolk.com/programs/c2c28f41-3526-4d40-babd-bd8f894b7781](http://www.navymwrnavalstationnorfolk.com/programs/c2c28f41-3526-4d40-babd-bd8f894b7781)

Fleet and Family Support Center is your one-stop shop for free Parenting and Life Skill programs, Financial programs, Deployment support, Transition and Employment assistance, Relocation assistance, Counseling and Victim Assistance, Exceptional Family Member Support, Information and Referral, and many more programs to promote quality of life for military personnel and their families.

### **Hampton Roads Community Action Program**

2410 Wickham Ave., Newport News, VA 23607 - (757) 247-0379 Ext. 5

[hrcapinc.org](http://hrcapinc.org)

Supportive Services for Veterans (SSVF).

**Hope for the Warriors**

1335 Western Blvd., Ste E. PMB 48, Jacksonville, NC 28546 - (910) 546-0030

[www.hopeforthewarriors.org](http://www.hopeforthewarriors.org)

Hope for the Warriors provides financial assistance for rent, utilities, groceries, mortgage, and rental deposits for military personnel who have combat-related injuries.

**Mission United**

(757) 585-7777

[unitedwayshr.org](http://unitedwayshr.org) - South Hampton roads

[uwvp.org](http://uwvp.org) - Virginia Peninsula

Mission United coordinates community services for active duty service members, veterans and their families, connecting them to affordable housing, job training, health care and other resources through a single entry point to get the help they need.

**National Guard Family Assistance**

Contact – Teresa A. Merritt (Family Assistance Coordinator)

Office: (804) 236-7859

Cell: (757) 416-2095

24 Hour Emergency Hotline: 1-800-542-4028

Assistance is provided but is not limited to: Tricare, DEERS, ID cards, Financial and Legal Assistance, Community Outreach/Referral, Crisis Intervention and Referral.

**Navy Marine Corps Relief Services**

Naval Weapon Station Yorktown (757) 877-4631

2600 Washington Ave #201, Newport News, VA 23607 – (757) 688-6289

[www.nmcrrs.org](http://www.nmcrrs.org)

Financial, educational, and other assistance to members of the Naval Service of the United States, eligible family members, and survivors when in need; and to receive and manage funds to administer these programs.

**Red Cross**

1-877-272-7337

[redcross.org/get-help/military-families/financial-assistance](http://redcross.org/get-help/military-families/financial-assistance)

The American Red Cross works in partnership with military aid societies to provide quality, reliable financial assistance to eligible applicants 24/7/365. Assistance can include funds for emergency travel, burial of a loved one, emergency food and shelter, etc.

**Salvation Army Virginia Peninsula Veterans Housing**

1033 Big Bethel Road, Hampton, VA 23666 – (757) 838-4875

[salvationarmypotomac.org/hamptonva/](http://salvationarmypotomac.org/hamptonva/)

Up to a 3 month low income, transitional housing program.

**Social Security**

[ssa.gov/people/veterans/ww.html](http://ssa.gov/people/veterans/ww.html)

List of interlinks for active military and veterans to include Tricare, Medicare, and Disability Benefits for the Wounded Warrior.

**Tidewater Fleet & Family Support Center**

2600 Washington Avenue, Suite 201, Newport News, VA 23607 – (757) 688-6289 or  
1949 Von Steuben Drive, Newport News, VA 23603 – (757) 887-4606

[cnic.navy.mil/navylifema](http://cnic.navy.mil/navylifema)

Parenting and life skill programs, financial programs, deployment support, transition and employment assistance, relocation assistance, counseling and victim assistance, exceptional family member support, information and referral.

**Tricare**

1(800)444-5445

[tricare.mil](http://tricare.mil)

Health care program for uniformed service members, retirees, and their families around the world.

**U.S. Department of Veteran Affairs Crisis (VA) 24/7 Veterans Crisis Hotline**

1(800) 273-8255 press 1

[dvs.virginia.gov](http://dvs.virginia.gov)

Veterans who are in crisis or having thoughts of suicide or those who know of a veteran in crisis.

**VA Medical Center (and Homeless Outreach)**

100 Emancipation Dr, Hampton Roads, VA 23667 - (757) 722-9961

[www.hampton.va.gov](http://www.hampton.va.gov)

Hampton VAMC provides comprehensive primary and specialty care in medicine, surgery, and psychiatry.

**Virginia Easy Access**

Virginia Department for Aging and Rehabilitative Services: 1610 Forest Ave. Suite 100, Henrico, VA 23229 - (1-888) 992-0959

[easyaccess.virginia.gov/](http://easyaccess.virginia.gov/)

The Virginia Easy Access website connects older adults, adults with disabilities, veterans, and families to information about a wide range of public programs and supports in a way that is accessible and easy to navigate. One site provides access to No Wrong Door, Virginia Navigator, Virginia 2-1-1.

**Veterans Kitchen**

2421 Bowland Parkway Suite 104E, Virginia Beach, VA 23454 - (757) 740-0286 or (757) 463-0800

[veteranskitchen.org/](http://veteranskitchen.org/)

Assists previously homeless veterans that have recently been housed with everything they need for the kitchen to prepare a healthy meal (pots/pans, dishes, cleaning supplies, and personal hygiene items). They assist all of the Tidewater area, but the Veteran must have a caseworker.

**Veterans Services**

600 Butler Farm Road, Suite B, Hampton, VA 23666 – (757) 865-5800

[www.vec.virginia.gov/hampton](http://www.vec.virginia.gov/hampton)

Assist Veterans and their eligible spouses in finding employment. Veterans from all periods of military service are eligible for job referrals, job training, and job placement assistance.



**Virginia Veteran and Family Support/Crisis Hotline**

Region 5- Greater Hampton Roads - 1-800-273-TALK (8255)

[www.dvs.virginia.gov/virginia-veteran-and-family-support/find-support/](http://www.dvs.virginia.gov/virginia-veteran-and-family-support/find-support/)

Direct assistance to needed services including medical, behavioral healthcare, veteran benefits, housing, and employment assistance. (Can help with furniture needs)

**Virginia Employment Commission**

600 Butler Farm Rd Ste B, Hampton, VA 23666 - (757) 865-5800

[www.vec.virginia.gov](http://www.vec.virginia.gov)

The VEC's Virginia Workforce Connection (VAWC) is your online source to connect with potential employers, search for jobs, find training opportunities, Veterans Assistance and Outreach (Resume assistance, job referrals, career coaching, and application assistance for VA benefits).

**Virginia Housing Development Authority**

601 S. Belvidere Street Richmond, VA 23220- (877) VHDA-123;

Richmond local: (804) 782-1986

[www.vhda.com](http://www.vhda.com)

Virginia Housing was created in 1972 by the General Assembly to help Virginians attain quality, affordable housing.

**Veteran Pathways Home**

469 McLaws Circle; Williamsburg, VA 23185 - (804) 384-9325

[www.veteranpathwayshome.org](http://www.veteranpathwayshome.org)

Veteran Pathways Home is a faith-based non-profit organization that provides Peer Support Services to Service Members, Veterans, First Responders and their families.

# Other Agency Resources

## Police

**Non-Emergency - Newport News** (757) 247-2500 and **Hampton Crime Line** 1(888) 562-5887

## Abuse Hotlines

### 24-Hour Crisis Hotline

24-Hour crisis counseling is available to anyone affected by sexual assault, domestic violence, stalking, or human trafficking. Through our Coordinated Crisis Response (a collaborative project between The Genieve Shelter, The HER Shelter, Samaritan House, and the YWCA South Hampton Roads), trained crisis counselors provide emotional support and assist callers with coping skills, safety planning, and appropriate information and referrals to community resources. The goal is to address the immediate emotional and safety needs of the caller until they are able to connect with supportive services. Call (757) 251-0144 to reach our 24/7 Crisis Hotline.

### Child Protective Services

2400 Washington Ave. Newport News VA, 23607 - Local (757) 926-6600 *or*  
State 1(800) 552-7096

Anyone who suspects that children are being abused or neglected may call anonymously to the local or state hotline, which is answerable 24 hours a day, 7 days a week.

### Domestic Violence Hotline

(757) 723-7774

### HER Shelter (Help and Emergency Response)

(757) 485-3384

Domestic Violence crisis hotline for Portsmouth and Chesapeake (will accept people in other parts of Hampton Roads)

**Family Violence** 1(800) 838-8238

**National Suicide Prevention Lifeline** 1(800) 273-8255

**Virginia Adult Abuse** 1(888) 832-3858

## **Christmas Gift Assistance**

### **Salvation Army, Virginia Peninsula**

1033 Big Bethel Road, Hampton, VA 23666 - (757) 838-4875

<https://salvationarmypotomac.org/hamptonva/programs/seasonal-assistance/>

Coordinates the Angel Tree program.

### **Under the Tree**

<https://www.facebook.com/underthetreeinc/>

Program that allows parents to shop for Christmas gifts for their children. Clients must apply and be approved.

## **Citizenship Test**

### **Commonwealth Catholic Charities**

12284 Warwick Blvd, Newport News, VA 23606; 804-285-5900

[www.cccofva.org](http://www.cccofva.org)

CCC offers legal assistance to immigrants and refugees living in the Roanoke, Richmond, and Hampton Roads areas. We prepare applications for citizenship, family petitions, asylum, and more. We assist with: Citizenship; Family petitions (applying for your spouse, your parent, etc.) Permanent Resident status (“green card” applications), Temporary Protected Status, Asylum, Religious Worker Visas, Inadmissibility waivers, Violence Against Women Act (VAWA) & other victims of domestic violence, U-Visa & Human Trafficking cases, Informational workshops, Refugee and Asylee services include Permanent Resident petitions and family reunification.

## **Emergency Home Repair Services**

### **Newport News Redevelopment and Housing Authority**

227 27<sup>th</sup> St., Newport News, VA 23607 - (757) 928-2620

<http://www.nnrha.com>

Program for low-income Newport News residents who occupy and own their home to receive emergency repair services for their heater, roof, or other essential repairs – this can be in the form of a low-interest loan (0% - 1%) or a grant (based on income), valued up to \$8,000. To qualify, you must be current on your taxes, and have insurance on your home.

## **Financial Assistance – Miscellaneous**

### **THRIVE Peninsula**

13195 Warwick Blvd, Unit 2C, Newport News, VA 23606 – (757) 877-6211

[www.thrivepeninsula.org](http://www.thrivepeninsula.org)

financial requests that pertain to a family's economic sustainability (i.e. transportation-related expenses, childcare, or items needed to start a job) will be considered. Apply online or by phone.

## **Free Haircuts**

### **Bethel Church**

1705 Todds Lane, Hampton, VA 23666 - (757) 826-1426

[www.betheltemple.com](http://www.betheltemple.com)

Wednesday evenings 5:00pm-6:30pm.

## **Hispanic Resource Center**

### **Hispanic Resource Center**

300 Incubator Road, Suite 102, Hampton, VA 23661 - 757-927 HOLA (4652)

[hrccova.org](http://hrccova.org)

Services: Drivers License Privilege Cards, Health & Wellness Needs, Prevention Education, Referrals to health resources, Referrals to victim support, Working with the Department of Human Services (DHS), Assistance with Food Stamp paperwork, Assistance with Medicare/Medicaid paperwork, Assistance with other vital records & paperwork, Food pantry, COVID-19 Vaccine Support, Power of Attorney Letters, US Passport Applications, US Birth Certificate information, Monthly bus trips to Consulates in Washington, Referrals to basic immigration-related concerns, Outreach about services in Hampton Roads Area, Two in-house notaries, Offer Voter and Census education

## **Identification Assistance**

### **THRIVE Peninsula**

Call 757-877-6211

Assist with obtaining I.D.'s, birth certificates, food stamps, social security, and Medicaid.

## **Legal Services**

### **Emmanuel Baptist Church**

521 North Ave., Newport News, VA 23601 - (757) 926-5974

Free notary services.

**Free Legal Answers**

<https://www.freelegalanswers.org/>

Virtual legal advice clinic.

**Legal Aid Society of Eastern Virginia**

30 West Queens Way, Hampton, VA 23669 - (757) 275-0080

\*Call 757-627-5423 Norfolk office for assistance with application

Provides quality legal services to low and no income persons with civil legal matters in the cities of Hampton and Newport News. People can apply for Legal Aid once they have been denied for disability twice.

**Newport News Public Library**

Grissom Library-366 Deshazor Drive, Newport News, VA 23608

Main Street Library-110 Main St., Newport News, VA 23601

Pearl Bailey Library-2510 Wickham Ave., Newport News, VA 23607

Free notary services. Monday-Friday 8:00 am-11:30 am and 1:30 pm-4:30 pm. Call 757-926-8678 to schedule an appointment.

**Virginia Poverty Law Center (Family and Sexual Violence)**

919 East Mail St. Suite 610, Richmond VA, 23219– 1(800) 868-8752

**LGBTQ****LGBT Life Center**

1919 Commerce Drive, Suite 400 Hampton, VA 23666 - (757) 640-0929

Assist with rapid rehousing, transportation, HIV testing, etc.

**Commonwealth Catholic Charities**

12284 Warwick Blvd, 1A Newport News VA, 23606 - (757)247-3600

<https://www.cccofva.org/>

**Hampton Roads Refugee Relief (HR3)**

763 J Clyde Morris Blvd Ste, 1A Newport News VA, 23601 - (757)817-2124

<http://hr3va.org/>

Assist with transportation, education, and more.

**Immigrants Control Enforcement**

(866) 347-2423

**Outreach Africa: Lost Boys Foundation**

PO Box 11001 , Norfolk VA, 23517 - (757) 749-3644

Helps connect refugee with services, assist with transportation and errands

## **Natural Disaster**

### **American Red Cross**

1(877) 272-7337

<http://www.redcross.org/get-help/military-families/financial-assistance>

Assist military families that have incurred emergencies from natural disasters and catastrophic events such as house fires, floods, etc.

### **Federal Emergency Management Agency**

*How to prepare for a hurricane:*

<https://www.ready.gov/hurricanes> - (800) 462-7585

[https://www.fema.gov/media-library-data/1494007144395-b0e215ae1ba6ac1b556f084e190e5862/FEMA\\_2017\\_Hurricane\\_HTP\\_FINAL.pdf](https://www.fema.gov/media-library-data/1494007144395-b0e215ae1ba6ac1b556f084e190e5862/FEMA_2017_Hurricane_HTP_FINAL.pdf)

<https://www.fema.gov/blog/2020-05-08/preparing-hurricane-season-during-covid-pandemic>

### **Virginia Department of Emergency Management**

10501 Trade Ct, North Chesterfield, VA 23236 – (804) 897-6500

*Hurricanes:*

<https://www.vaemergency.gov/hurricanes/>

[http://www.virginiadot.org/travel/resources/VDEMs\\_Hurricane\\_Preparedness\\_Evacuation\\_Guide.pdf](http://www.virginiadot.org/travel/resources/VDEMs_Hurricane_Preparedness_Evacuation_Guide.pdf)

### **National Weather Service**

5202 Aviation Dr NW, Roanoke, VA 24012 – (540) 633-0922

Track storms: <https://www.weather.gov/>

### **National Hurricane Center**

Track storms: <https://www.nhc.noaa.gov/>

## **Pet Resources**

### **Pet Pantry**

PO Box 1763 Yorktown VA, 23692 - (757) 243-1170

<https://www.peninsulapetpantry.org/>

The Pantry provides food distributions to clients on a monthly basis for up to 4 pets 6-times per year. Pets must be spayed or neutered.

# Phone Resources

## **Phones**

### **SafeLink**

1-800-378-1684

<https://www.safelinkwireless.com/> or Email: [Digitaleguide1@gmail.com](mailto:Digitaleguide1@gmail.com)

### **Assurance Wireless**

(888) 898-4888

<https://www.assurancewireless.com/>

Both companies offer free phone services for qualifying participants. Participants may qualify if they are in one of the following assistance programs: Medicaid, Supplemental Nutrition Assistance Program (Food Stamps or SNAP), Supplemental Security Income (SSI), Federal Public Housing Assistance (Section 8), Low-Income Home Energy Assistance Program (LIHEAP), Temporary Assistance to Needy Families (TANF), The National School Lunch Program's Free Lunch Program, or other assistance programs in your state.



# Rent and Utilities

## **Rental and Utility Assistance**

### **Newport News**

#### **Catholic Charities**

5361-A Virginia Beach Blvd. Virginia Beach, VA, 23462 - (757) 533-9569

[www.catholiccharitiesusa.org/our-vision-and-ministry/affordable-housing/](http://www.catholiccharitiesusa.org/our-vision-and-ministry/affordable-housing/)

(Referrals taken only from the Housing Crisis Hotline)

Financial assistance may be available to individuals and families in financial need. All requests for financial assistance are by appointment only and are scheduled one week in advance.

#### **Hampton Road Community Action Program, Inc.**

2410 Wickham Avenue, Newport News, VA 23607 - (757) 244-6121 or (757) 247-0379

[hrcapinc.org/directory/listing/emergency-service-program/](http://hrcapinc.org/directory/listing/emergency-service-program/)

This program provides food, clothing and shelter to people in emergency housing and homeless situations. It also serves as a safety net to prevent families from experiencing eviction, utility service interruptions and even foreclosure.

#### **Insight Enterprises, Inc. (Peninsula Center for Independent Living)**

2021-A Cunningham Drive, Suite 2, Hampton, VA 23666 - (757) 827- 0275

[www.hvacil.org/our-services](http://www.hvacil.org/our-services) or Email: [iepcil@hvacil.org](mailto:iepcil@hvacil.org)

They can assist all Peninsula residents with electricity for individuals receiving disability (SSI, SSDI, and DAV).

#### **Newport News Department of Social Services**

Rouse Tower: 6060 Jefferson Ave., Newport News, VA 23605 - (757) 926-6300

Fuel assistance: (757) 926-6601

[www.dss.virginia.gov/benefit/](http://www.dss.virginia.gov/benefit/)

Financial Assistance Programs include money, coupons, or authorization cards to obtain food, clothing, shelter, and medical care, etc.

#### **Norfolk Urban Outreach Ministry**

972 Norfolk Square, Norfolk, VA 23502 - (757) 461-4213

[nuom.org/programs/](http://nuom.org/programs/)

They assist all seven cities of Hampton Roads (Norfolk, Virginia Beach, Chesapeake, Portsmouth, Newport News, Hampton and Suffolk). They do not require a face-to-face appointment, and assist as funds are available.

#### **Our Lady of Mount Carmel (OLMC)**

52 Harpersville Rd, Newport News, VA 23601 - (757) 596-1727

They assist with utilities and forward rent only (not past-due).

Hours of operation: Monday, Wednesday, Thursday (12-2 p.m.); Tuesday & Friday (9-11 a.m.).

#### **Peninsula Agency on Aging -**

739 Thimble Shoals Blvd #1006, Newport News, VA, 23606 – (757) 873-0541

[www.paainc.org/now-help.html](http://www.paainc.org/now-help.html)

Utility assistance for Senior (60yrs+).

**Salvation Army, Virginia Peninsula**

1033 Big Bethel Road, Hampton, VA 23666 - (757) 838-4875

[salvationarmypotomac.org/hamptonva/programs/emergency-assistance/](http://salvationarmypotomac.org/hamptonva/programs/emergency-assistance/)

Salvation Army is a Christian ministry that assists with food, utilities; shelters homeless veterans and families with children.

**St. Jerome's Catholic Church**

116 Denbigh Blvd., Newport News, VA 23608 - (757) 877-5021

[www.stjeromennva.org/index.php/financial-assistance](http://www.stjeromennva.org/index.php/financial-assistance)

Assists Denbigh area residents (area codes: 23602, 23606, and 23608).

**The Union Mission**

5100 East Virginia Beach Blvd., Norfolk, VA 23502 - (757) 627-8686

[www.unionmissionministries.org/get-help/](http://www.unionmissionministries.org/get-help/)

Are you hungry, tired, and in need of shelter? Do you feel like you have nowhere else to turn?

The Union Mission is open 24 hours a day. We are here for you!

**THRIVE Peninsula**

13195 Warwick Blvd., Unit 2C, Newport News, VA 23602 - (757) 877-6211

[www.thrivepeninsula.org/help](http://www.thrivepeninsula.org/help)

THRIVE Peninsula provides emergency food and financial aid to eligible individuals and families.

**World Outreach Worship Center**

1233 Shields Rd., Newport News, VA - (757) 874-1223

[wowcenter.org/free-resources](http://wowcenter.org/free-resources)

Utility assistance available.

**Hampton****Bethel AME**

2521 N. Armistead Ave, Hampton, Virginia – (757) 723-7716

[www.bethelhame.com/contact](http://www.bethelhame.com/contact)

Financial assistance available for Hampton and Newport News (Funds are limited each month).

**Catholic Charities**

5361-A Virginia Beach Blvd., Virginia Beach, VA - (757) 587-4202

[www.cceva.org/need-help/financial-housing-counseling/](http://www.cceva.org/need-help/financial-housing-counseling/)

Financial assistance may be available to individuals and families in financial need. All requests for financial assistance are by appointment only and are scheduled one week in advance.

**Hampton Department of Social Services**

1320 LaSalle Avenue Hampton, VA 23669 - (757) 727-1800

[hampton.gov/1000/Financial-Assistance-Offered](http://hampton.gov/1000/Financial-Assistance-Offered)

The department works to ensure that all Hampton families are able to become healthy and self-sufficient.

**Hampton Road Community Action Program, Inc.**

2410 Wickham Avenue, Newport News, VA 23607 - (757) 244-6121 or (757) 247-0379

[hrcapinc.org/directory/categories/housing-services/](http://hrcapinc.org/directory/categories/housing-services/)

HRCAP is a regional organization with a steadfast commitment to improve the quality of life through programs in education, training, work experience, emergency services, housing counseling, and many other proven strategies.

**Immaculate Conception Catholic Church**

2150 Cunningham Dr. Hampton, VA 23669 - (757) 826-0393 (Monday and Thursday)

They assist with utilities and will pay the last \$75.00 owed. Applicants must have a valid Hampton I.D.

**Norfolk Urban Outreach Ministry**

972 Norfolk Square, Norfolk, VA 23502 - (757) 461-4213

[nuom.org/programs/](http://nuom.org/programs/)

They assist all seven cities of Hampton Roads (Norfolk, Virginia Beach, Chesapeake, Portsmouth, Newport News, Hampton and Suffolk). They do not require a face to face appointment, assist when funds are available.

**The Union Mission**

5100 East Virginia Beach Blvd., Norfolk, VA 23502 - (757) 627-8686

[www.unionmissionministries.org/get-help/](http://www.unionmissionministries.org/get-help/)

Service all areas of Hampton Roads; have limited financial assistance.

**THRIVE Peninsula**

13195 Warwick Blvd., Unit 2C, Newport News, VA 23602 - (757) 877-6211

[www.thrivepeninsula.org/help](http://www.thrivepeninsula.org/help)

THRIVE Peninsula provides emergency food and financial aid to eligible individuals and families.

**Williamsburg****AGAPE****Williamsburg Community Chapel**

3899 John Tyler Hwy., Williamsburg, VA 23185 - (757) 229-7152

[wcchapel.org/serve/get-care/](http://wcchapel.org/serve/get-care/)

They assist Williamsburg residents with rent and utilities.

**Grove Christian Outreach Center**

8800 Pocahontas Trail, Williamsburg, VA 23185 - (757) 887-1100

[www.groveoutreach.com/contact.html](http://www.groveoutreach.com/contact.html)

They assist families that live in the Grove Area of Williamsburg (from Busch Gardens to the beginning of Newport News line on Hwy 60).

**United Way Community Resource Center**

(757) 229-2222

[www.uwvp.org/united-way-community-resource-center](http://www.uwvp.org/united-way-community-resource-center)

If you need help and live in Williamsburg, James City County, or upper York County, call the United Way Community Resource Center (CRC). The CRC provides direct assistance and referrals to other organizations and agencies for those needing assistance with basic needs.

**Williamsburg House of Mercy**

10 Harrison Ave., Williamsburg, VA 23185 - (757) 253-0664

[williamsburghouseofmercy.org/services/](http://williamsburghouseofmercy.org/services/)

Monday – Thursday 10:00a.m –4:00 p.m.

The Outreach Center provides emergency financial assistance and support to those in need from our parish and the greater Williamsburg community. Homeless drop-in center, medical referrals, housing counseling, food pantry, etc.

**Williamsburg-James City County Community Action Agency**

312 Waller Mill Rd., Ste. 405, Williamsburg, VA 23185 - (757) 229-9332

[www.wjcc-caa.org/services](http://www.wjcc-caa.org/services)

The Williamsburg James City County Community Action Agency seeks to address poverty and help locals enduring crisis situations through a number of services.

**Williamsburg Human Services**

401 Lafayette Street Williamsburg, VA 23185 - (757) 220-6161

[www.williamsburgva.gov/services](http://www.williamsburgva.gov/services)

Financial Assistance Programs include money, coupons, or authorization cards to obtain food, clothing and shelter, medical care, etc.

**York County****Bargain Box/York County Volunteer Association**

222 Dare Rd., Yorktown, VA 23692 - (757) 886-1520 Financial Asst. or (757) 898-8688

Thrift Store

The York County Volunteer Association considers any bona fide request from York County and Poquoson residents for assistance including help with utilities, medical bills, rent, food, transportation, child care assistance, tuition and scholarships and more. Most of this assistance is given on a one-time basis.

**Parish Thrift Shop**

487 Wythe Creek Rd, Poquoson, VA 23662 - (757) 868-0357 Fax: (757) 659-0732

[the-parish-thrift-shop-inc.business.site/](http://the-parish-thrift-shop-inc.business.site/)

Assist lower York County and Poquoson (Zip Codes 23693, 23692, 23696, 23662) with utility and rent. Requests must be faxed to Elaine Riley with a copy of the client's Driver's License, Telephone number and the bill (replies may take up to two-weeks).

**St. Joan of Arc Catholic Church**

315 Harris Grove Ln, Yorktown, VA 23692 - (757) 898-1220

[www.stjoanofarcva.org](http://www.stjoanofarcva.org)

Serves 1 time a year and 4 times for life. They assist with rent, utilities, and sometimes a car payment. They serve York county and Poquoson.

Open Tuesday, Thursday and Friday from 10am -12pm.

**St. Kateri Tekakwitha Catholic Church**

3800 Big Bethel Rd, Yorktown, VA 23693 - Fax: (757) 659-0732

[stkateri.cc/contact-us](http://stkateri.cc/contact-us)

Applicants can fax requests for assistance and will be considered on an individual basis.

**St. Luke's United Methodist Church**

300 Ella Taylor Rd, Yorktown, VA 23692 - (757) 898-3017

[www.stlukesyorktown.org/contact-us](http://www.stlukesyorktown.org/contact-us)

**The Union Mission**

5100 East Virginia Beach Blvd., Norfolk, VA 23502 - (757) 627-8686

[www.unionmissionministries.org/get-help/](http://www.unionmissionministries.org/get-help/)

Service all areas of Hampton Roads; have limited financial assistance.

**THRIVE Peninsula**

13195 Warwick Blvd., Unit 2C, Newport News, VA 23602 - (757) 877-6211

[www.thrivepeninsula.org/help](http://www.thrivepeninsula.org/help)

THRIVE Peninsula provides emergency food and financial aid to eligible individuals and families.

**York/Poquoson Department of Social Services**

301 Goodwin Neck Road Yorktown, VA 23692 - (757) 890-3787

[www.yorkcounty.gov/630/Utility-Billing](http://www.yorkcounty.gov/630/Utility-Billing)

Financial Assistance Programs include money, coupons, or authorization cards to obtain food, clothing and shelter, medical care, etc.

**Yorkminster Presbyterian Church**

6218 George Washington Memorial Hwy, Grafton, VA 23692 - (757) 898-4972

[www.yorkminsterpc.org/special-ypc-missions](http://www.yorkminsterpc.org/special-ypc-missions)

The Deacons' fund is used to help people in crisis in the community. It is used to pay electric bills, heating bills, hospital bills, etc. A member of the Local Outreach Committee or a deacon meet with each person and interview them. Contact the Yorkminster office at number listed above

# Senior Resources

## **Seniors**

### **AARP**

1(800) 687-2277

Assist in various capacities for Seniors 50+.

Free Tax preparation.

Employment.

### **Adult Services**

8004 Franklin Farms Drive Henrico, VA 23229 - (757) 926-6329 Monday through Friday, between 8 AM -5 PM.

[www.vadars.org/aps/AdultServices.htm](http://www.vadars.org/aps/AdultServices.htm)

Adult Services includes the provision of case management, home-based companion services, screening for Medicaid community-based care and nursing home placement, screening for admission to assisted living facilities, and other activities to aid the adult and their family.

### **Catholic Charities of Eastern Virginia**

5361-A Virginia Beach Blvd. Virginia Beach, VA 23462 - (757) 456-2366 (respite);

(757) 467-7707 (guardianship)

[www.cceva.org/need-help/older-adult-services](http://www.cceva.org/need-help/older-adult-services)

Catholic Charities of Eastern Virginia provides in-home respite care with a short-term, affordable (\$8/hour) break from the rigors of 24/7 caregiving.

Guardianship Services provide care for those deemed unable to care for themselves.

### **Habitat for Humanity/A Brush with Kindness**

809 Main St., Suite 105, Newport News, VA 23605 - (757) 596-5553

[almostheavenhabitat.org/projects/brush.php](http://almostheavenhabitat.org/projects/brush.php)

Habitat for Humanity constructs safe, decent affordable houses and repairs owner-occupied homes for qualified, low-income families. A Brush with Kindness is a home repair program serving low-income, elderly and disabled homeowners who have struggled to maintain the exterior of their homes.

### **Hospice of Virginia**

[hospiceofvirginia.com](http://hospiceofvirginia.com)

Their mission is to provide exceptional physical, emotional, social, and spiritual support, enabling patients and their loved ones to have an end-of-life experience characterized by dignity, choice and comfort. Call to ask about getting help with care for your loved ones.

### **Peninsula Agency on Aging (PAA)**

739 Thimble Shoals Blvd., Suite 1006, Newport News, VA 23606 - (757) 873-0541

[www.paa-inc.org](http://www.paa-inc.org)

PAA supports independence/dignity of elderly by advocating, arranging, or providing services including home-delivered and congregate meals, in-home care, care coordination, transportation, and information.



**Safety for Our Seniors**

Newport News Sheriff's Office

2501 Washington Ave., Newport News, VA 23607

[www.nnva.gov/366/Sheriffs-Office](http://www.nnva.gov/366/Sheriffs-Office) or Email: [sherrif@nngov.com](mailto:sherrif@nngov.com)

Participants must live in Newport News and they will receive phone calls from deputies and volunteers to ensure that they are not mistreated or isolated from the community. They will also be contacted during times of need; such as storms and natural disasters to determine if assistance is needed or a referral to another community organization is required.

**Social Security Office**

[www.ssa.gov/](http://www.ssa.gov/)

(Newport News, Gloucester County, York County) 11706 Jefferson Avenue Newport News, VA 23606 - 1-866-331-9169

(Hampton) 1521 Hardy Cash Dr. Hampton, VA 23666 – 1-866-592-2669

**Virginia Easy Access**

Virginia Department for Aging and Rehabilitative Services: 1610 Forest Ave. Suite 100, Henrico, VA 23229 - (1-888) 992-0959

[easyaccess.virginia.gov/](http://easyaccess.virginia.gov/)

The Virginia Easy Access website connects older adults, adults with disabilities, veterans, and families to information about a wide range of public programs and supports in a way that is accessible and easy to navigate. One site provides access to No Wrong Door, Virginia Navigator, Virginia 2-1-1.

# **Substance Abuse Resources**

## **Substance Abuse**

### **Al-Anon**

Various Locations - (757) 875-9429

[al-anon.org/al-anon-meetings/find-an-al-anon-meeting/](http://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/)

Alcohol counseling, group support, and meetings for families of alcoholics.

### **Alcoholics Anonymous**

Various Locations - (757) 595-1212

[www.aa.org/](http://www.aa.org/)

Alcohol counseling, group support and meetings for the alcoholic.

### **Colonial Behavioral Health**

1657 Merrimac Trail, Williamsburg, VA 23185 - (757) 220-3200

[www.colonialbh.org/adult-services/substance-use-disorder-services.aspx](http://www.colonialbh.org/adult-services/substance-use-disorder-services.aspx)

Colonial Behavioral Health offers a variety of substance use disorder groups as well as individual and marital/family counseling.

### **Hampton/Newport News Community Services Board**

300 Medical Dr., Hampton, VA 23666 - (757) 245-0217

Detox services (757) 788-0400

[www.hnnccb.org/addiction-and-recovery-treatment-services.html](http://www.hnnccb.org/addiction-and-recovery-treatment-services.html)

Assessments related to substance abuse, mental health and co-occurring issues.

### **Mid-Atlantic Teen Challenge**

9302 Warwick Blvd Newport News, VA 23601 - (757) 244-3733

[www.mateenchallenge.com/](http://www.mateenchallenge.com/)

Assistance for boys aged 12-17.

### **Narcotics Anonymous**

Various Locations - (757) 459-8467

[www.na.org/meetingsearch/](http://www.na.org/meetingsearch/)

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean.

### **Oxford House**

Lynnhaven House: 78 Kendall Drive, Newport News, VA 23601 - (757) 873-0590

[www.oxfordhouse.org/userfiles/file/](http://www.oxfordhouse.org/userfiles/file/)

Sober homes that provide housing and supportive services for individuals in recovery.

### **Riverside Behavioral Health Center**

2244 Executive Dr., Hampton, VA 23666 - Intake (757) 827-3199 Hotline (757) 827-1001

[www.riversideonline.com/rbhc/index.cfm](http://www.riversideonline.com/rbhc/index.cfm)

Substance abuse and mental health services including detoxification, inpatient treatment and partial hospitalization day treatment. They accept Medicare, Medicaid, military Tricare, private insurance and self-pay.

**Substance Abuse Prevention Program**

2021 Cunningham Dr., Suite 400, Hampton, VA 23666 - (757) 838-1960

[kidsandfamilies.com/substance-abuse](http://kidsandfamilies.com/substance-abuse)

Substance abuse therapy (Center for Child & Family Services).

**VA Medical Center**

100 Emancipation Dr., Unit 116-A, Hampton, VA 23667 - (757) 722-9961, Ext. 3607

[www.mentalhealth.va.gov/substance-abuse/index.asp](http://www.mentalhealth.va.gov/substance-abuse/index.asp)

Substance abuse and mental health services for veterans, inpatient and outpatient settings. Detox is provided as well as halfway house opportunities and both long-term and short-term residential care. There are programs for dual-diagnosed veterans including women and DUI offenders.

**Youth Challenge of Hampton Roads/Faith Recovery**

[faithrecoveryhope.org/](http://faithrecoveryhope.org/)

332 34<sup>th</sup> St., Newport News, VA 23607 - (757) 244-1234

REBUILDING lives that have been devastated by drug addiction and alcoholism, RESTORING Hope in Families, and ESTABLISHING productive citizens back into the community. Serves men and women age 18 or older.

## **Substance Abuse Recovery Homes**

### **New Direction Service, Inc.**

(757) 358-8800

[www.411ND.com](http://www.411ND.com)

They provide a drug and alcohol clean living environment through Recovery, Responsibility, Training and Opportunity.

### **Oxford House**

[www.oxfordhouse.org](http://www.oxfordhouse.org)

Self-run, self-supported recovery homes. There are homes for men, women, women with children, and men with children. The individual must be employed.

### **Women:**

#### **Oxford House Buckroe**

4601 Poppy Court, Hampton, VA 23666 - (757) 825-0011

#### **Oxford House Lynnhaven**

210 Bailey Park Road, Hampton, VA 23669 - (757) 873-0590

#### **Oxford House Blossom**

715 Penniman Rd., Williamsburg, VA 23185 – (757) 229-2173

### **Men:**

#### **Oxford House Beall Drive**

107A N. First St., Hampton, VA 23664 - (757) 851-1832

#### **Oxford House Hampton**

38 Rockingham Dr., Hampton, VA 23669 - (757) 251-2917

#### **Oxford House Little Back**

1034 E. Little Back River Rd., Hampton, VA 23669

#### **Oxford House Lynnhaven**

210 Bailey Park Rd., Hampton, VA 23669 - (757) 873-0590

#### **Oxford House Williamsburg**

107 Gilley Dr., Williamsburg, VA 23188 - (757) 206-1934

#### **Oxford House Jamestown**

2588 Lake Powell Rd., Williamsburg, VA 23185 - (757) 645-4567

#### **Oxford House York**

607 Musket Dr., Williamsburg, VA 23185 - (757) 903-4383

# **Tax Resources**

## **Taxes**

### **AARP**

1(888) 687-2277

[www.aarp.org/taxaide](http://www.aarp.org/taxaide)

#### **Locations:**

- Hilton Christian Church: 100 James River Dr., Newport News, VA 23601 – (757) 596-7549
- American Legion Denbigh Post 368: 368 American Legion Dr., Newport News, VA 23608 - (757) 877-3065
- Senior Center of York: 5314 George Washington Memorial Hwy., Yorktown, VA 23692 – (757) 890-3444
- West Hampton Community Center: 1638 Briarfield Rd., Hampton, VA 23661 - (757) 896-4687
- Downing Gross Cultural Center: 2410 Wickham Ave., Newport News, VA 23607 - (757) 247-8950
- Veterans Administration Medical Center: 100 Emancipation Dr. Bldg. 66, Hampton, VA 23667 - (757) 722-9961

### **Emmanuel Baptist Church**

521 North Ave., Newport News, VA 23601 - (757) 926-5974

[www.ebcnn.org/](http://www.ebcnn.org/)

Free tax preparation January through April.

### **VITA (Volunteer Income Tax Assistance program) or TCE (Tax Counseling for the Elderly)**

[www.irs.treasury.gov/freetaxprep](http://www.irs.treasury.gov/freetaxprep)

1(800) 906-9887

VITA volunteer sites provide assistance for low-to-moderate income taxpayers regardless of age.

TCE volunteer sites devote special attention to those taxpayers 60 years of age or older.

# Transportation



## **Transportation**

### **Angel Wheels (AngelBus)**

4620 Haygood Road, Suite 3 Virginia Beach, VA 23455

[www.mercymedical.org/request-assistance](http://www.mercymedical.org/request-assistance)

Non-profit charity providing transportation to non-emergency medical visits up to 300 miles away for financially disadvantaged patients.

### **Dreams of Hope**

7320 Warwick Blvd, Newport News, VA 23607 - (757) 806-6339

[www.dreamsofhopefoundation.org/book-online](http://www.dreamsofhopefoundation.org/book-online)

They provide transportation to individuals who need to get to hospital, medical appointments, to pick-up prescriptions, or to go to the grocery store. The individual must have Medicaid or Anthem insurance.

### **Ghent Area Ministry**

1301 Colonial Ave, Norfolk, VA 23517 - (757) 622-0438

[gamnorfolk.org](http://gamnorfolk.org)

They have a Homeward Bound Program for people to go back to where they came from (as in another city or state) they need to be able to go to Norfolk and then they can help with the cost of travel.

### **Go to Work VA**

(804) 548-4300

[www.gotoworkva.com/](http://www.gotoworkva.com/) or Email: [info@gotoworkva.com](mailto:info@gotoworkva.com)

Provides a cost-efficient alternative to public transportation.

### **Hampton Roads Transit**

(757) 222-6100

[gohrt.com/](http://gohrt.com/)

Public transportation. We work passionately to deliver high-quality transit service that safely gets you where you need to go.

### **Paratransit Services**

(757) 222-6087

[gohrt.com/paratransit/](http://gohrt.com/paratransit/)

Ride On Bus Program for individuals with disabilities.

### **Newport News Parks and Recreation & Tourism**

700 Town Center Dr. Suite 320, Newport News, VA 23607 - (757) 926-1400

[gohrt.com/programs/student-freedom-pass/](http://gohrt.com/programs/student-freedom-pass/)

Newport News youth must be age 17 and under and at least 38 inches tall to receive a bus card.

To register the parent or legal guardian must verify residence and proof of age for the child.

Registration is available at the following places: Dept. of Parks, Recreation and Tourism main office at City Center, Denbigh Recreation Center, Doris Miller Community Center, Newport News Public Libraries, Career Café at Patrick Henry Mall.

**Peninsula Agency on Aging**

739 Thimble Shoals Boulevard Suite 1006 Newport News, VA 23606 – (757) 873-0541  
[paainc.org/transportation-services.html](http://paainc.org/transportation-services.html)

Provides non-emergency transportation for older adults and disabled individuals to routine medical appointments, adult day care centers, and other activities sponsored by the Peninsula Agency on Aging.

**St. Mark's UMC**

99 E Mercury Blvd, Hampton, VA 23669 - (757) 851-3367  
[www.stmarksumcva.org/contact](http://www.stmarksumcva.org/contact)

Offers car repairs on the 3<sup>rd</sup> Saturday of the month.

**THRIVE Peninsula**

13195 Warwick Blvd, Unit 2c, Newport News – 757-877-6211  
[www.thrivepeninsula.org](http://www.thrivepeninsula.org)

Offers food delivery to Newport News and York County residents who do not have transportation or other partner church referrals.

**Virginia Peninsula Foodbank**

2401 Aluminum Ave, Hampton, VA 23661 – (757) 596-7188  
[Hrfoodbank.org](http://Hrfoodbank.org)

Offers food delivery to seniors 60 years or older and any physically disabled person who is unable to travel to a mobile pantry.