


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

August 17 - August 21: Introductions 2020-2021: EES Open House/Physical Education 2020-2021 Week 1: Introduction	Monday - Friday
	August 17 - August 21
	 PE
	Kindergarten-5th: 2020-2021 Week 1: Introduction
Other Notes or Resources from my Teacher	

2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>August 24 - August 28:</p> <p><u>Week 2: Get Moving</u></p> <ul style="list-style-type: none"> ❑ Lesson Introduction: <ul style="list-style-type: none"> ❑ Check-In: Google Meet: ❑ Learning Targets (PowerPoint) ❑ Lesson Directions/Video: Google Classroom/Seesaw <ul style="list-style-type: none"> ❑ Week 2: Get Moving Assignment ❑ Are you ready? <ul style="list-style-type: none"> ❑ Words to Know (Physical Literacy) ❑ Safety (PowerPoint) ❑ Video Demonstration/Directions Week 2: Get Moving Assignment ❑ Your turn! <ul style="list-style-type: none"> ❑ Independent Practice (Show me ways you can be physically active. Post to seesaw. You can add pictures, videos, write and upload voice recordings). ❑ Assignment <ul style="list-style-type: none"> ❑ Turn in work (Seesaw) ❑ Wrapping Up <ul style="list-style-type: none"> ❑ Clean-up ❑ Announcements ❑ Exit Ticket (Submit to Seesaw for credit) 	<p>Monday - Friday</p> <p>August 24 - August 28</p> <div data-bbox="1398 550 1533 678" data-label="Image"> </div> <p>PE</p> <p>Kinder-2nd Grade: Google Meet: Powerpoint Get Active Week 2: Get Moving Assignment Post in Seesaw</p> <p>3rd-5th Grade: Google Meet: Powerpoint Get Active Week 2: Get Moving Assignment Post on Seesaw</p>
<p>Other Notes or Resources from my Teacher</p>	

2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>August 31 - September 4:</p> <p><u>Week 3 (Aug 31-Sept 4):</u> <u>Movement Patterns/</u> <u>Health & Skill Related Fitness</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) <p>Other Notes or Resources from my Teacher</p>	<p>Monday - Friday</p> <p>August 31 - September 4</p> <div data-bbox="1398 550 1533 680" data-label="Image"> </div> <p>PE</p> <p>Kindergarten: Practice Non-Locomotor Movements</p> <p>1st - 3rd:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Watch 7 Basic Locomotive Movements and Non-Locomotor Movements <input type="checkbox"/> Record yourself doing locomotor and non-Locomotor movements. <input type="checkbox"/> Post Your Videos and pictures to Seesaw <p>4th & 5th:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Watch What is Fitness: Skill & Health Related Fitness <input type="checkbox"/> Give you own examples of Skill & Health Related Fitness <input type="checkbox"/> Post Videos and Pictures to Seesaw
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2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>September 7 - September 11:</p> <p>Week 4:</p> <p><u>Movement Patterns/</u> <u>Health & Skill Related Fitness</u></p> <ul style="list-style-type: none"> ❑ Lesson Introduction: <ul style="list-style-type: none"> ❑ Check-In: Google Meet: ❑ Learning Targets ❑ Lesson Directions/Video: Google Classroom/Seesaw ❑ Are you ready? <ul style="list-style-type: none"> ❑ Words to Know ❑ Safety ❑ Video Demonstration/Directions ❑ Your turn! <ul style="list-style-type: none"> ❑ Independent Practice ❑ Assignment <ul style="list-style-type: none"> ❑ Turn in work (Seesaw) ❑ Wrapping Up <ul style="list-style-type: none"> ❑ Announcements (Remember to do Week 3 Assignment) ❑ Exit Ticket (Submit to Seesaw for credit) <p>Other Notes or Resources from my Teacher</p>	<p>Monday - Friday</p>	
	<p>September 7 - September 11</p>	
	<div data-bbox="1415 553 1545 683" data-label="Image"> </div> <p>PE</p>	
	<p>Kindergarten: Practice Locomotor Movements</p> <p>1st - 3rd:</p> <ul style="list-style-type: none"> ❑ Review Locomotor & Non-Locomotor Movements ❑ Exit Ticket: What activities, games, and/or sports require you to use locomotor and non-locomotor movements? ❑ Post Your answers to Seesaw 	
	<p>4th & 5th:</p> <ul style="list-style-type: none"> ❑ Review What is Fitness: Skill & Health Related Fitness ❑ Exit Ticket: What activities, games, and/or sports require you to use skill and health related fitness components? ❑ Post Your answers to Seesaw 	
	<p>Extra week to complete Week 3 Assignment!</p>	


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>September 14 - September 18: <u>Week 5: Movement Choice Board</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	Monday - Friday	
	September 14 - September 18	
	 <p>PE</p>	
	<p>Kindergarten:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Review Locomotor & Non-Locomotor Movements <input type="checkbox"/> Introduce Choice Board <p>1st - 3rd:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Review Locomotor & Non-Locomotor Movements <input type="checkbox"/> Choice Board/Activity of Choosing <input type="checkbox"/> Exit Ticket: How do you feel after your workout? Circle the emoji that represents how you feel after the workout. <input type="checkbox"/> Complete your exit ticket on Seesaw. 	
Other Notes or Resources from my Teacher	<p>4th & 5th:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Review Components of Fitness <input type="checkbox"/> Choice Board/Activity of Choosing <input type="checkbox"/> Exit Ticket: How do you feel after your workout? Circle the emoji that represents how you feel after the workout. <input type="checkbox"/> Complete your exit ticket on Seesaw. <p>Complete Week 3 & Week 4 Assignments</p>	

2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>September 21 - September 25:</p> <p><u>Week 6: Underhand Throwing</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	<div style="background-color: #8000ff; color: white; text-align: center; padding: 5px;">Monday - Friday</div> <div style="background-color: #d3d3d3; text-align: center; padding: 5px;">September 21 - September 25</div> <div style="text-align: center;">  <p>PE</p> </div> <div> <p>Kindergarten-5th:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Review Underhand Throwing Powerpoint <input type="checkbox"/> Practice <input type="checkbox"/> Record yourself throwing underhand. (Post to Seesaw) <input type="checkbox"/> Respond to the exit ticket on Seesaw. </div>
<p>Other Notes or Resources from my Teacher</p>	<p>Complete previous assignments.</p>


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Physical Education Weekly Lessons

<p>September 28 - October 2:</p> <p><u>Week 7: Overhand Throwing</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) <p>Other Notes or Resources from my Teacher</p>	<p>Monday - Friday</p> <p>September 28 - October 2</p> <div data-bbox="1398 550 1533 678" data-label="Image"> </div> <p>PE</p> <p>Kindergarten-5th:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Review underhand throwing <input type="checkbox"/> Review Overhand Throwing Powerpoint <input type="checkbox"/> Video <input type="checkbox"/> Practice <input type="checkbox"/> Record yourself throwing overhand. (Post to Seesaw) <input type="checkbox"/> Respond to the exit ticket on Seesaw. <p>Complete previous assignments.</p>
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Physical Education Weekly Lessons

<p>October 5 - October 9:</p> <p><u>Week 8: Catching</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	<p style="text-align: center;">Monday - Friday</p> <p style="text-align: center;">October 5 - October 9</p> <div style="text-align: center;">  <p>PE</p> </div> <p>Kindergarten-5th:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Review Catching Powerpoint <input type="checkbox"/> Practice <input type="checkbox"/> Video <input type="checkbox"/> Record yourself catching. (Post to Seesaw) <input type="checkbox"/> Respond to the exit ticket on Seesaw.
<p>Other Notes or Resources from my Teacher</p>	<p style="text-align: center;">Complete previous assignments.</p>

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Physical Education Weekly Lessons

<p>October 12 - October 16:</p> <p><u>Week 9: Physical Activity Log</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	<div style="background-color: #8000ff; color: white; text-align: center; padding: 5px;">Monday - Friday</div> <div style="background-color: #d3d3d3; text-align: center; padding: 5px;">October 12 - October 16</div> <div style="text-align: center;">  <p>PE</p> </div> <div> <p>Kindergarten- 5th:</p> <ul style="list-style-type: none"> Review Week 9: Physical Activity Log Powerpoint Announcements: Complete Assignments Record activity daily </div>
<p>Other Notes or Resources from my Teacher</p>	

Complete Week 2-Week 9 Assignments
End of Quarter 10/23
Grades due 10/26

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Physical Education Weekly Lessons

<p>October 19 - October 23:</p> <p><u>Week 10: Juggling Part 1</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	<p>Monday - Friday</p>
	<p>October 19 - October 23</p>
	<div data-bbox="1402 555 1545 683" data-label="Image"> </div> <p>PE</p>
<p>Other Notes or Resources from my Teacher</p>	<p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • Review Week 10 Juggling Part 1 Powerpoint • Watch Juggling Video • Practice Juggling with plastic bags • Announcements: Complete assignments • Post weekly assignment to Seesaw <p>Complete Week 2-Week 10 Assignments End of Quarter 10/23 Grades due 10/26</p>


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Physical Education Weekly Lessons

<p>October 26 - October 30:</p> <p><u>Week 11: Juggling Part 2</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	Monday - Friday	
	October 26 - October 30	
	<div data-bbox="1402 552 1539 680" data-label="Image"> </div> <p>PE</p>	
Other Notes or Resources from my Teacher	<p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • Review Week 11 Juggling Part 2 Powerpoint • Watch Juggling Video (if needed) • Practice Juggling with plastic bags • Announcements: Complete assignments • Post weekly assignment to Seesaw <p>Complete previous assignments</p>	


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

November 2 - November 6: <u>Week 12: Bingo</u> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"><input type="checkbox"/> Check-In: Google Meet:<input type="checkbox"/> Learning Targets<input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"><input type="checkbox"/> Words to Know<input type="checkbox"/> Safety<input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"><input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"><input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"><input type="checkbox"/> Announcements<input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit)	Monday - Friday
	November 2 - November 6
	 PE
	Kindergarten-5th: <ul style="list-style-type: none">• Review Week 12: Bingo Powerpoint• Review Bingo Cards• Announcements: Complete assignments• Post weekly assignment to Seesaw
Other Notes or Resources from my Teacher	Complete previous assignments


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>November 9 - November 13:</p> <p><u>Week 13: Kicking</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	<div style="background-color: #8000ff; color: white; text-align: center; padding: 5px;">Monday - Friday</div> <div style="background-color: #d3d3d3; text-align: center; padding: 5px;">November 9 - November 13</div> <div style="text-align: center;">  <p>PE</p> </div> <p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • Review Week 13: Kicking Powerpoint • Watch Kicking Video • Review Kicking • Announcements: Complete assignments • Post weekly assignment to Seesaw
<p>Other Notes or Resources from my Teacher</p>	<p>Complete previous assignments</p>


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>November 16 - November 20:</p> <p><u>Week 14: Dribbling (Feet)</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	<div style="background-color: #8000ff; color: white; text-align: center; padding: 5px;">Monday - Friday</div> <div style="background-color: #d3d3d3; text-align: center; padding: 5px;">November 16 - November 20</div> <div style="text-align: center;">  <p>PE</p> </div> <p>Kindergarten-5th:</p> <ul style="list-style-type: none"> Review Week 14: Dribbling Powerpoint Watch Dribbling Video Review Dribbling (Inside/Outside Foot) Announcements: Complete assignments Post weekly assignment to Seesaw
<p>Other Notes or Resources from my Teacher</p>	<p>Complete previous assignments</p>


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>November 30 - December 4:</p> <p><u>WEEK 15: CHOICE BOARDS #1</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	<p style="text-align: center;">Monday - Friday</p> <p style="text-align: center;">November 30 - December 4</p> <div style="text-align: center;">  <p>PE</p> </div> <p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • Review Week 15: Choice Board #1 Powerpoint • Instant Activity • Review Choice Board Activities • Announcements: Complete assignments • Post weekly assignment to Seesaw
<p>Other Notes or Resources from my Teacher</p>	<p style="text-align: center;">Complete previous assignments</p>


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>December 7 - December 11: <u>WEEK 16: CHOICE BOARDS #2</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	<div style="background-color: #8000ff; color: white; text-align: center; padding: 5px;">Monday - Friday</div> <div style="background-color: #d3d3d3; text-align: center; padding: 5px;">December 7 - December 11</div> <div style="text-align: center;">  <p>PE</p> </div> <p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • Review Week 16: Choice Board #2 Powerpoint • Instant Activity • Review Choice Board Activities • Announcements: Complete assignments • Post weekly assignment to Seesaw
<p>Other Notes or Resources from my Teacher</p>	<p>Complete previous assignments</p>


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>December 14 - December 18: <u>WEEK 17: CHOICE BOARDS #3</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	<div style="background-color: #8000ff; color: white; text-align: center; padding: 5px;">Monday - Friday</div> <div style="background-color: #d3d3d3; text-align: center; padding: 5px;">December 14 - December 18</div> <div style="text-align: center;">  <p>PE</p> </div> <p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • Review Week 17: Choice Board #3 Powerpoint • Instant Activity • Review Choice Board Activities • Announcements: Complete assignments • Post weekly assignment to Seesaw
<p>Other Notes or Resources from my Teacher</p>	<p>Complete previous assignments</p>

2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>January 4 - January 8:</p> <p><u>Week 18: Bottle Flip</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	<div style="background-color: #8000ff; color: black; text-align: center; padding: 5px;">Monday - Friday</div> <div style="background-color: #d3d3d3; text-align: center; padding: 5px;">January 4 - January 8</div> <div style="text-align: center;">  <p>PE</p> </div> <div> <p>Kindergarten-5th:</p> <ul style="list-style-type: none"> Review Week 18: Bottle FlipPowerpoint Instant Activity Review Video Announcements: Complete assignments Post weekly assignment to Seesaw </div>
<p>Other Notes or Resources from my Teacher</p>	<p>Complete previous assignments</p>

2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>January 11 - January 15:</p> <p><u>Week 19: Water Bottle Bowling</u></p> <ul style="list-style-type: none"> ❑ Lesson Introduction: <ul style="list-style-type: none"> ❑ Check-In: Google Meet: ❑ Learning Targets ❑ Lesson Directions/Video: Google Classroom/Seesaw ❑ Are you ready? <ul style="list-style-type: none"> ❑ Words to Know ❑ Safety ❑ Video Demonstration/Directions ❑ Your turn! <ul style="list-style-type: none"> ❑ Independent Practice ❑ Assignment <ul style="list-style-type: none"> ❑ Turn in work (Seesaw) ❑ Wrapping Up <ul style="list-style-type: none"> ❑ Announcements ❑ Exit Ticket (Submit to Seesaw for credit) 	<p>Monday - Friday</p>
	<p>January 11 - January 15</p>
	<div data-bbox="1402 594 1545 722" data-label="Image"> </div> <p>PE</p>
	<p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • Review Week 18: Bottle FlipPowerpoint • Instant Activity • Review Video • Announcements: Complete assignments • Post weekly assignment to Seesaw
<p>Other Notes or Resources from my Teacher</p>	<p>Complete previous assignments</p>


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>January 18 - January 22:</p> <p><u>Week 20: Choice Board</u></p> <ul style="list-style-type: none"> ❑ Lesson Introduction: <ul style="list-style-type: none"> ❑ Check-In: Google Meet: ❑ Learning Targets ❑ Lesson Directions/Video: Google Classroom/Seesaw ❑ Are you ready? <ul style="list-style-type: none"> ❑ Words to Know ❑ Safety ❑ Video Demonstration/Directions ❑ Your turn! <ul style="list-style-type: none"> ❑ Independent Practice ❑ Assignment <ul style="list-style-type: none"> ❑ Turn in work (Seesaw) ❑ Wrapping Up <ul style="list-style-type: none"> ❑ Announcements ❑ Exit Ticket (Submit to Seesaw for credit) 	<p>Monday - Friday</p>
	<p>January 18 - January 22</p>
	<div data-bbox="1402 594 1545 722" data-label="Image"> </div> <p>PE</p>
	<p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • Review Week 20: Choice Board Powerpoint • Announcements: Complete weekly assignment on Seesaw
<p>Other Notes or Resources from my Teacher</p>	<p>Complete Exit Ticket on Seesaw</p>

2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>January 25 - January 29:</p> <p>Week 21: <u>Basket/Trash Can Toss</u></p> <ul style="list-style-type: none"> ❑ Lesson Introduction: <ul style="list-style-type: none"> ❑ Check-In: Google Meet: ❑ Learning Targets ❑ Lesson Directions/Video: Google Classroom/Seesaw ❑ Are you ready? <ul style="list-style-type: none"> ❑ Words to Know ❑ Safety ❑ Video Demonstration/Directions ❑ Your turn! <ul style="list-style-type: none"> ❑ Independent Practice ❑ Assignment <ul style="list-style-type: none"> ❑ Turn in work (Seesaw) ❑ Wrapping Up <ul style="list-style-type: none"> ❑ Announcements ❑ Exit Ticket (Submit to Seesaw for credit) 	<div style="background-color: #8000ff; color: black; text-align: center; padding: 5px;">Monday - Friday</div> <div style="background-color: #d3d3d3; text-align: center; padding: 5px;">January 25 - January 29</div> <div style="text-align: center;">  <p>PE</p> </div> <p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • Basket/Trash Can Toss PowerPoint • Instant Activity • Announcements: Complete assignments • Post weekly assignment to Seesaw
<p>Other Notes or Resources from my Teacher</p>	<p>Complete Exit Ticket on Seesaw</p>


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>February 1 - February 5:</p> <p>Week 22: Physical Education @ Home</p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	Monday - Friday	
	February 1 - February 5	
	<div data-bbox="1398 550 1535 680" data-label="Image"> </div> <p style="text-align: center;">PE</p>	
Other Notes or Resources from my Teacher	<p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • PE @ Home PowerPoint • Instant Activity • Announcements: Complete assignments • Post weekly assignment to Seesaw <p style="text-align: center;">Complete Exit Ticket on Seesaw</p>	

2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>February 8 - February 12:</p> <p>Week 23: <u>PE @ Home/Choice Board Week #2</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	Monday - Friday	
	February 8 - February 12	
	 <p>PE</p>	
Other Notes or Resources from my Teacher	<p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • PE @ Home PowerPoint (Choice Board Week #2) • Instant Activity • Announcements: Complete assignments • Post weekly assignment to Seesaw <p>Complete Exit Ticket on Seesaw</p>	

2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>February 15 - February 19:</p> <p>Week 24: <u>PE @ Home/Choice Board Week #3</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	Monday - Friday	
	February 15 - February 19	
	<div data-bbox="1402 552 1539 680" data-label="Image"> </div> <p style="text-align: center;">PE</p>	
Other Notes or Resources from my Teacher	<p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • PE @ Home PowerPoint (Choice Board Week #3) • Instant Activity • Announcements: Complete assignments • Post weekly assignment to Seesaw <p style="text-align: center;">Complete Exit Ticket on Seesaw</p>	

2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>February 22 - February 26:</p> <p>Week 25: <u>PE @ Home/Choice Board Week #4</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	Monday - Friday	
	February 22 - February 26	
	<div data-bbox="1402 552 1539 680" data-label="Image"> </div> <p style="text-align: center;">PE</p>	
Other Notes or Resources from my Teacher	<p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • PE @ Home PowerPoint (Choice Board Week #4) • Instant Activity • Announcements: Complete assignments • Post weekly assignment to Seesaw <p style="text-align: center;">Complete Exit Ticket on Seesaw</p>	


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>March 1 - March 5:</p> <p>Week 26: <u>Striking with an Implement Part 1</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	Monday - Friday	
	March 1 - March 5	
	<div data-bbox="1398 553 1535 683" data-label="Image"> </div> <p>PE</p>	
Other Notes or Resources from my Teacher	<p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • PowerPoint: Striking Part 1 • Warm-Up/Instant Activity • Announcements: Complete assignments • Post weekly assignment to Seesaw <p>Complete Exit Ticket on Seesaw</p>	


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>March 8 - March 12:</p> <p>Week 27: Striking with an Implement w/Goals Part 2</p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	Monday - Friday	
	March 8 - March 12	
	 <p>PE</p>	
Other Notes or Resources from my Teacher	<p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • PowerPoint: Striking Part 2 • Warm-Up/Instant Activity • Announcements: Complete assignments • Post weekly assignment to Seesaw <p>Complete Exit Ticket on Seesaw</p>	


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>March 15 - March 16; TW:</p> <p>Week 28: Virtual PE Classroom</p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	<div style="background-color: #8000ff; color: white; text-align: center; padding: 5px;">Monday - Friday</div> <div style="background-color: #d3d3d3; text-align: center; padding: 5px;">March 15 - March 16</div> <div style="text-align: center;">  <p>PE</p> </div> <p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • PowerPoint: Virtual PE Classroom Powerpoint • Introduction • Announcements: Complete assignments • Post weekly assignment to Seesaw
<p>Other Notes or Resources from my Teacher</p>	<p>Complete Exit Ticket on Seesaw</p>


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>March 22 - March 26:</p> <p>Week 29: <u>Underhand Striking</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	<div style="background-color: #8000ff; color: white; text-align: center; padding: 5px;">Monday - Friday</div> <div style="background-color: #d3d3d3; text-align: center; padding: 5px;">March 22 - March 26</div> <div style="text-align: center;">  <p>PE</p> </div> <div> <p>Kindergarten-5th:</p> <ul style="list-style-type: none"> PowerPoint Warm-Up Activity/Stations Announcements: Complete assignments Post weekly assignment to Seesaw </div>
<p>Other Notes or Resources from my Teacher</p>	<p>Complete Exit Ticket on Seesaw</p>


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>April 5 - April 9:</p> <p>Week 30: Underhand Striking Part 2</p> <ul style="list-style-type: none"> ❑ Lesson Introduction: <ul style="list-style-type: none"> ❑ Check-In: Google Meet: ❑ Learning Targets ❑ Lesson Directions/Video: Google Classroom/Seesaw ❑ Are you ready? <ul style="list-style-type: none"> ❑ Words to Know ❑ Safety ❑ Video Demonstration/Directions ❑ Your turn! <ul style="list-style-type: none"> ❑ Independent Practice ❑ Assignment <ul style="list-style-type: none"> ❑ Turn in work (Seesaw) ❑ Wrapping Up <ul style="list-style-type: none"> ❑ Announcements ❑ Exit Ticket (Submit to Seesaw for credit) 	Monday - Friday	
	April 5 - April 9	
	 <p>PE</p>	
Other Notes or Resources from my Teacher	Kindergarten-5th: <ul style="list-style-type: none"> • PowerPoint • Warm-Up • Activity/Stations • Announcements: Complete assignments • Post weekly assignment to Seesaw 	
	Complete Exit Ticket on Seesaw	


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>April 12 - April 16:</p> <p>Week 31: Volleyball</p> <ul style="list-style-type: none"> ❑ Lesson Introduction: <ul style="list-style-type: none"> ❑ Check-In: Google Meet: ❑ Learning Targets ❑ Lesson Directions/Video: Google Classroom/Seesaw ❑ Are you ready? <ul style="list-style-type: none"> ❑ Words to Know ❑ Safety ❑ Video Demonstration/Directions ❑ Your turn! <ul style="list-style-type: none"> ❑ Independent Practice ❑ Assignment <ul style="list-style-type: none"> ❑ Turn in work (Seesaw) ❑ Wrapping Up <ul style="list-style-type: none"> ❑ Announcements ❑ Exit Ticket (Submit to Seesaw for credit) 	Monday - Friday	
	April 12 - April 16	
	 <p>PE</p>	
	<p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • PowerPoint • Warm-Up • Activity/Stations • Announcements: Complete assignments • Post weekly assignment to Seesaw 	
Other Notes or Resources from my Teacher	Complete Exit Ticket on Seesaw	


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>April 19 - April 23:</p> <p>Week 32: Volleyball Challenges</p> <ul style="list-style-type: none"> ❑ Lesson Introduction: <ul style="list-style-type: none"> ❑ Check-In: Google Meet: ❑ Learning Targets ❑ Lesson Directions/Video: Google Classroom/Seesaw ❑ Are you ready? <ul style="list-style-type: none"> ❑ Words to Know ❑ Safety ❑ Video Demonstration/Directions ❑ Your turn! <ul style="list-style-type: none"> ❑ Independent Practice ❑ Assignment <ul style="list-style-type: none"> ❑ Turn in work (Seesaw) ❑ Wrapping Up <ul style="list-style-type: none"> ❑ Announcements ❑ Exit Ticket (Submit to Seesaw for credit) 	Monday - Friday	
	April 19 - April 23	
	 <p>PE</p>	
	<p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • PowerPoint • Warm-Up • Activity/Stations • Announcements: Complete assignments • Post weekly assignment to Seesaw 	
Other Notes or Resources from my Teacher	Complete Exit Ticket on Seesaw	


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>April 26 - April 30:</p> <p>Week 33: 4 Square/2 Square/Wall Ball</p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) <p>Other Notes or Resources from my Teacher</p>	<div style="background-color: #8000ff; color: white; text-align: center; padding: 5px;">Monday - Friday</div> <div style="background-color: #d3d3d3; text-align: center; padding: 5px;">April 26 - April 30</div> <div style="text-align: center;">  <p>PE</p> </div> <p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • PowerPoint • Warm-Up • Activity/Stations • Announcements: Complete assignments • Post weekly assignment to Seesaw <p style="text-align: center;">Complete Exit Ticket on Seesaw</p>
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2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>May 3 - May 7:</p> <p>Week 34: 2-4 Square/Wall Ball/Stations</p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	Monday - Friday	
	May 3 - May 7	
	 <p>PE</p>	
Other Notes or Resources from my Teacher	<p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • PowerPoint • Warm-Up • Activity/Stations • Announcements: Complete assignments • Post weekly assignment to Seesaw <p>Complete Exit Ticket on Seesaw</p>	


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>May 10 - May 14: Week 35: <u>Capture the Flag</u> <u>Remote Assignment</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	<div style="background-color: #8000ff; color: white; text-align: center; padding: 5px;">Monday - Friday</div> <div style="background-color: #d3d3d3; text-align: center; padding: 5px;">May 10 - May 14</div> <div style="text-align: center;">  <p>PE</p> </div> <p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • PowerPoint • Warm-Up • Activity/Stations • Announcements: Complete assignments • Post weekly assignment to Seesaw
<p>Other Notes or Resources from my Teacher</p>	<p>Complete Exit Ticket on Seesaw</p>


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>May 17 - May 21:</p> <p>Week 36: Capture the Flag Pt. 2/Let's Move</p> <ul style="list-style-type: none"> ❑ Lesson Introduction: <ul style="list-style-type: none"> ❑ Check-In: Google Meet: ❑ Learning Targets ❑ Lesson Directions/Video: Google Classroom/Seesaw ❑ Are you ready? <ul style="list-style-type: none"> ❑ Words to Know ❑ Safety ❑ Video Demonstration/Directions ❑ Your turn! <ul style="list-style-type: none"> ❑ Independent Practice ❑ Assignment <ul style="list-style-type: none"> ❑ Turn in work (Seesaw) ❑ Wrapping Up <ul style="list-style-type: none"> ❑ Announcements ❑ Exit Ticket (Submit to Seesaw for credit) 	Monday - Friday	
	May 17 - May 21	
	 <p>PE</p>	
Other Notes or Resources from my Teacher	Kindergarten-5th: <ul style="list-style-type: none"> • PowerPoint • Warm-Up • Activity/Stations • Announcements: Complete assignments • Post weekly assignment to Seesaw 	
	Complete Exit Ticket on Seesaw	


2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>May 24 - May 28:</p> <p><u>Week 37: Games</u></p> <ul style="list-style-type: none"> ❑ Lesson Introduction: <ul style="list-style-type: none"> ❑ Check-In: Google Meet: ❑ Learning Targets ❑ Lesson Directions/Video: Google Classroom/Seesaw ❑ Are you ready? <ul style="list-style-type: none"> ❑ Words to Know ❑ Safety ❑ Video Demonstration/Directions ❑ Your turn! <ul style="list-style-type: none"> ❑ Independent Practice ❑ Assignment <ul style="list-style-type: none"> ❑ Turn in work (Seesaw) ❑ Wrapping Up <ul style="list-style-type: none"> ❑ Announcements ❑ Exit Ticket (Submit to Seesaw for credit) 	Monday - Friday	
	May 24 - May 28	
	 <p>PE</p>	
	Kindergarten-5th: <ul style="list-style-type: none"> • PowerPoint • Warm-Up • Activity/Stations • Announcements: Complete assignments • Post weekly assignment to Seesaw 	
	Complete Exit Ticket on Seesaw	

2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>May 31 - June 4:</p> <p>Week 38: End of Year Brain Breaks/Virtual Gym/Choice Boards</p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	Monday - Friday	
	May 31 - June 4	
	 <p>PE</p>	
Other Notes or Resources from my Teacher	Kindergarten-5th: <ul style="list-style-type: none"> • PowerPoint • Warm-Up • Activity/Stations • Announcements: Complete assignments • Post weekly assignment to Seesaw 	
	Complete Exit Ticket on Seesaw	

2020-2021 EPHESUS ELEMENTARY VIRTUAL PE SCHEDULE

Physical Education Weekly Lessons

<p>June 7 - June 11:</p> <p>Week 39:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Lesson Introduction: <ul style="list-style-type: none"> <input type="checkbox"/> Check-In: Google Meet: <input type="checkbox"/> Learning Targets <input type="checkbox"/> Lesson Directions/Video: Google Classroom/Seesaw <input type="checkbox"/> Are you ready? <ul style="list-style-type: none"> <input type="checkbox"/> Words to Know <input type="checkbox"/> Safety <input type="checkbox"/> Video Demonstration/Directions <input type="checkbox"/> Your turn! <ul style="list-style-type: none"> <input type="checkbox"/> Independent Practice <input type="checkbox"/> Assignment <ul style="list-style-type: none"> <input type="checkbox"/> Turn in work (Seesaw) <input type="checkbox"/> Wrapping Up <ul style="list-style-type: none"> <input type="checkbox"/> Announcements <input type="checkbox"/> Exit Ticket (Submit to Seesaw for credit) 	Monday - Friday	
	June 7 - June 11	
	<div data-bbox="1402 552 1539 680" data-label="Image"> </div> <p>PE</p>	
	<p>Kindergarten-5th:</p> <ul style="list-style-type: none"> • PowerPoint • Warm-Up • Activity/Stations • Announcements: Complete assignments • Post weekly assignment to Seesaw 	
Other Notes or Resources from my Teacher	Complete Exit Ticket on Seesaw	