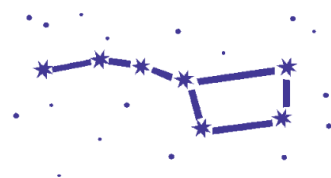


BRATTLEBORO AREA MIDDLE SCHOOL

Learning for Life ~ Caring for Others ~ Doing the Right Thing ~ Together



KEITH LYMAN, Principal
AARON WALSH, Assistant Principal

109 Sunny Acres Road
Brattleboro, Vermont 05301
Telephone (802) 451-3500
Fax (802) 451-3502

August 3, 2026

Dear BAMS Students and Families:

Soon we will welcome students to BAMS for the start of a fantastic new school year! We hope that you will enjoy the remaining weeks of your summer vacation and enter BAMS having had many enriching summer experiences.

To help you get ready for the new year ahead, this packet contains several important items:

- A letter from your team's teachers
- The WSESU health information and emergency contact form
- The well exam sports participation clearance form
(required for participation in athletics)

All of these communications are designed to help students and families prepare for the start of a new, exciting and successful school year.

There will be a welcome to BAMS evening for 7th grade students on Monday, August 24th, from 5-6 pm at BAMS; the specific details are in the team letter included in this packet. In our experience, a large percentage of families attend the welcome back night, and it is a great opportunity to begin the year with a positive event. During the meetings, we will outline the Chromebook computer distribution process and give a brief presentation on the care and responsibilities associated with possessing a school-issued Chromebook. In addition, the teams will cover many of the details and responsibilities required to become a successful student at BAMS. Parents/guardians will be informed about important information on how they can support their students during these important years.

BAMS fall athletics will begin after the school year is underway. Additional details on how to register online will be provided in an upcoming communication. Aside from completing online sports registration, the only physical paperwork required is the enclosed participation clearance form. Please note that all student-athletes must have an updated physical exam on file from within the past two years to participate. While annual wellness exams are strongly recommended, proof of a physical within the last two years is mandatory for athletic clearance.

Other important considerations:

- *If students choose to bring electronic items to school, such as cell phones, smart watches, tablets, electronic game consoles, or other similar devices, these must be turned off during the school day at the first bell (8:33 am). Students will place these items in their lockers for safekeeping and to eliminate distractions. **Students are not allowed to carry electronic devices during the day.***
- *Students will store their backpacks in their lockers at the start of each day. This is for their health and well-being. Your teachers will provide sufficient locker breaks throughout the day to retrieve materials.*

All rules and expectations are carefully explained in the handbook that students will receive on the first day of school. Our expectations are designed to provide a safe, healthy, and positive learning environment for all students and to support our core values, which promote *Safety, Community, and Learning*. Please take the time to review this handbook with your child.

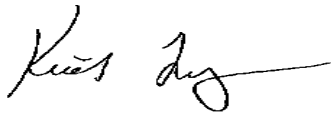
School counselors will be available after August 19th, should you need to call to speak with them. Ms. Jacobs is the counselor for Teams Draco and Taurus, she can be reached at tjacobs@wsesdvt.org or 802-451-3537. Ms Starkweather is the counselor for Teams Leo and Canis, she can be reached at pstarkweather@wsesdvt.org or 802-451-3503.

Please note: Students will receive their class schedules on the first day of school. Schedules that were viewed through the parent portal on *PowerSchool* during the summer may be incomplete and are subject to change.

Great news! All enrolled students of Brattleboro Area Middle School are eligible to receive a healthy breakfast and lunch at school with no charge to your household. Your child(ren) will be able to participate in these meal programs without having to pay a fee or submit a meal application.

The first day of school for **7th graders is Wednesday, August 26th**, and for **8th grade, the first day is Thursday, August 27th**. School begins at 8:40 am, and we ask that students not arrive prior to 8:15 am. School is dismissed at 3:30 pm. We look forward to seeing everyone soon! Please enjoy a safe and restful remainder of your summer.

With Best Wishes,



Mr. Keith Lyman
Principal

Enclosures(3)

Well Exam – Sports Participation Clearance Form

NOTE: How often a clearance form is needed to play sports, is determined by your school. This clearance form is the only Sports Participation Clearance Form supported by the Vermont Principals' Association, the Vermont Department of Health and Education, and the Vermont Chapters of the American Academy of Pediatrics and the American Academy of Family Physicians. The American Academy of Pediatrics Council on Sports Medicine and Fitness developed the research based screening activities done during a Well Exam, to determine sports readiness.

Student's Name: _____

Age: _____ Date of Birth: _____ Grade: _____

This Athlete is:

☐ Cleared without restriction

☐ Cleared, **with restrictions:**

☐ Not cleared for:

☐ All sports

☐ Certain sports: _____

Reason:

Relevant Medical Information for Coaches and Athletic Department:

Allergies:

EpiPen Necessary: Yes ☐ No ☐

Asthma: Yes ☐ No ☐ Emergency Medications:

Diabetes: Yes ☐ No ☐ Emergency Medications:

Seizure Disorder: Yes ☐ No ☐ Emergency Medications:

Well Exam using ICD-10-CM code:

☐ Z00.129 Encounter for Child without abnormal findings

☐ Z00.00 Encounter for Adult (18+) without abnormal findings

☐ Z00.121 Encounter for Child with abnormal findings

☐ Z00.01 Encounter for Adult (18+) with abnormal findings

NOTE: Clearance form is not valid unless one of these Well Exam codes is checked by Practitioner

Comments: _____

Name of Practitioner
(Print/Type): _____

Practitioner Phone #: _____

Signature of Practitioner: _____

Date of Exam: _____

Suggestion for Athletic Department: Please make a copy for School Nurse's Office records.