



***This template can be customized to reflect your organization's voice and context.
Suggested areas to personalize are noted below.***

OPTION 1 (LONG)

Hi everyone,

As part of our shared focus on Christlike character and personal growth, we're inviting you to participate in a Fruit of the Spirit Assessment.

This assessment is designed to help you reflect honestly on how the fruit of the Spirit is being expressed in your life—across the different environments you navigate each day. It is not about performance or image, but about awareness, formation, and growth.

[OPTIONAL: Add context about your organization or why you're doing this]

You can access the assessment here:

[INSERT LINK]

[OPTIONAL: We encourage you to complete this by (DATE) to stay aligned with the process.]

As you complete it, take your time. Consider your responses thoughtfully and holistically—across family, work, ministry, relationships, and moments of rest. Growth begins with an honest view of the whole.

What to Expect Next

After completing the assessment, you will receive an email with:

- Your personalized results
- A Fruit Formation Guide to help you interpret what you see
- Reflection prompts and next steps to support continued growth

This process is designed to help you notice patterns, recognize where growth is already happening, and identify areas where it may deepen over time.

Go Further: Invite Witness Feedback

You will also have the opportunity to invite others to provide observer (witness) feedback.

Once you complete the assessment, as a part of your results email, you'll receive a unique link to share with 2–3 people who know you well—individuals who have seen you across different areas of life. They will complete the same assessment from their perspective.

This step is optional but highly encouraged.

It offers a more holistic view of how the fruit in your life is experienced by others—bringing clarity, confirmation, and sometimes new awareness that can be deeply meaningful in your growth journey.

Thank you for engaging this process with honesty and intentionality. What you put into this will shape what you receive from it.

Grace and peace,

[Your Name / Organization Name]

OPTION 2 (SHORT)

Hi everyone,

As part of our shared focus on Christlike character and personal growth, we're inviting you to participate in a Fruit of the Spirit Assessment.

This is not about performance, but awareness—an honest look at how the fruit of the Spirit is being expressed in your life across the different spaces you live and lead.

[OPTIONAL: Add context about your organization or why you're doing this]

You can access the assessment here:

[INSERT LINK]

[OPTIONAL: We encourage you to complete this by (DATE) to stay aligned with the process.]

After completing it, you'll receive your results along with a Formation Guide to help you interpret what you see and consider next steps for growth.

You'll also have the option to invite 2–3 people who know you well to provide observer (witness) feedback. ***This step is optional but highly encouraged.*** It offers a more complete view of how your life is experienced by others and can bring meaningful insight.

Thank you for engaging this process with honesty and intentionality.

Grace and peace,

[Your Name / Organization Name]