

# Community Resources From KALW

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Click the outline icon on the left  to search by subject area. Click on a subject to go directly to it.

Submit your questions about what matters most for your health (physical, mental, economic, etc.) [by clicking here](#).

Have you got other questions or suggestions for additions or corrections? Please contact Ben Trefny at [ben@kalw.org](mailto:ben@kalw.org)

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Latest and Top Stories  
Updated June 15, 2021

## [Coronavirus Tracker — SF Chronicle](#)

“The average number of new coronavirus cases reported daily in the Bay Area for the week that ended June 6 and included the Memorial Day holiday with limited reporting was 177, down from 200 the previous week. The daily average for May, which included a backlog of more than 1,000 cases being reported in Alameda County on May 4, was 231. That number is down from 470 in April and down from more than 3,500 per day in January.”

## [California's June 15 reopening: Latest news and live updates — SF Chronicle](#)

“The state has reported fewer than 1,000 cases a day on average for the past two weeks — the lowest numbers since March 2020. COVID-19 deaths are similarly low, with fewer than two dozen reported a day. More than 55% of all Californians are fully vaccinated — and officials are working overtime to boost that number as things gets back to normal.”

## [Contra Costa Brings Mobile COVID-19 Vaccine Service to Businesses, Organizations — CCC Government](#)

“The free mobile vaccination service begins Monday. Any business or organization can request a mobile vaccination clinic using an [online form](#) if they are in the county and CCHS will send a mobile health van to provide free vaccinations on-site within one week after completing the request.”

### [East Bay Utility Agency To Hold Talks On Drought, Fire Prevention — SFGate](#)

“The East Bay Municipal Utility District will hold three talks over three months with the first starting Wednesday from 6-8 p.m. at <https://ebmud.zoom.us/j/91715696803>. People can register at <https://tinyurl.com/droughtebmud>. Wednesday's talk will focus on the agency's water supply and drought plans. EBMUD's board of directors declared the first stage of a drought in April and conditions have worsened.”

### [WCCUSD Projects Budget Deficit in Future Years — Richmond Pulse](#)

“Associate superintendent for business services Tony Wold ... said though the district's financial situation has improved since the board worked to [fill in a roughly \\$49.9 million structural deficit in 2019-20](#), the district will likely face additional budget challenges in future years. Wold added that the district can use one-time funds to pay for expenditures for the next two fiscal years but will likely face a budget deficit starting in the 2023-24 school year and may need to use up to \$15 million from the district's reserves to cover it.”

### [A community guide to understanding refinery flares — Richmond Standard](#)

“We recognize that the community is concerned with flaring and the noise and visual effects it may create. We have created this guide, with information from the Bay Area Air Quality Management District (BAAQMD), to help residents better understand what flaring is, what we do to prevent it, and how we minimize it. Read more below or visit our [website](#) for additional information.”

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### [Parents, community can view, comment on Fairfield-Suisun district's plans — Daily Republic](#)

- Goal One: By June 2024, the district will fully implement a tiered integrated social-emotional program to support the well-being of all students and staff by promoting prosocial behavior, teaching coping and decision-making skills, and modeling positive relationships.
- Goal Two: Execute an equitable, high-quality educational program and provide educational options to ensure every student graduates college and career ready.
- Goal Three: By June 2024, the district will implement and refine a staffing plan that includes aggressive recruitment and professional learning in order to retain and develop staff.
- Goal Four: Create safe, inclusive and welcoming learning environments where students are connected to their schools and staff are connected to their work environment.

- Goal Five: Engage parents, families and community partners through education, communication and collaboration to promote student success.”

**Lumber shortage hikes cost of pallets for Northern California manufacturers — The North Bay Business Journal**

“Pallet prices in the U.S. are usually between \$9 and \$12. Today it’s closer to \$15 on average. In California, where goods often cost more than the national average, businesses are seeing an even greater increase. One North Bay company that didn’t want its name used said pallets had gone from \$10 to \$26 in the last three to four months.”

**City Church’s Pop-Up Shelter produces results for Fairfield’s homeless residents — Daily Republic**

“City Church has provided services to those in need for more than a decade. This pilot program began in April with the help of the city and some area churches to serve up to nine homeless individuals, with temporary shelter, case management, job placement, housing navigation and the ultimate goal of connections to permanent housing. … All nine original participants in the program have been able to find entry-level jobs in the community. They live on-site, build up their funds and hopefully get to the point of living in Sober Living Environment homes, featuring rooms for three to four residents, with the ultimate goal of finding permanent residences.”

**What Works: Grassroots Solutions Around The Bay — KALW**

“During the past year, COVID-19 hit some Bay Area communities harder than others. The neighborhoods that suffered the most have long faced racial and health inequities. This series presents stories of trailblazing leaders and groups who banded together to lift people up during the most difficult of times.”

**Fairfield Gleaning — KALW**

“Food insecurity was already a problem in the United States before the Coronavirus pandemic made it even worse. According to one projection, one in eight people in the U.S. will experience food insecurity in 2021. A network of volunteers in Solano County is turning to its neighbors to help address this problem. More specifically, they are turning to their neighbor’s yards, and the fruit trees in them.”

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**S.F. makes city ID cards free, ends more fees and fines to help low-income residents — SF Chronicle**

“The city will stop charging artists who sell their goods in designated street spaces and who are often low-income, immigrants or older people trying to support themselves. Families dealing with the deaths of loved ones, who can be homeless or low-income crime victims, will no longer have to pay for some documents and services from the medical examiner. It will now be free to get a city ID card, which many undocumented residents use. And people surrendering their animals or late to apply for a dog license won’t have to pay.”

### **School bus charter shutting down Bayview facility, laying off 228 — San Francisco Business Times**

“The 228 affected employees include drivers, dispatchers, mechanics, fuelers and staff. The layoffs will become effective July 31, according to the filing. The Bayview facility is at 2270 Jerrold Ave.”

### **S.F. school bus contract complicated by accusation of corporate espionage — SF Chronicle (from 2/23/21)**

“The San Francisco Board of Education introduced a resolution on Jan. 19 to award Zum, the bus contractor for the Oakland Unified School District, a five-year contract for \$152 million. That was \$17 million less than the bid by First Student, which describes itself as the largest school transportation company in North America, with 42,500 buses. A final vote is scheduled Tuesday, but First Student has asked the board to put the contract on hold while the company pursues its legal case against Zum and its consultant, Mark Frith. Frith was First Student’s day-to-day general manager in Northern California from March 2019 until December 2020 and presented the company’s contract renewal bid to the school board on Dec. 9. A day later, he signed a consulting agreement with Zum, and the following day, after announcing his departure, he downloaded First Student’s bid into his private email account, First Student’s lawyers said in court filings.”

### **Bayview Community and SFMTA Receive National Planning Award — SFMTA**

“During a two-year open-ended planning process, the SFMTA partnered with five community-based organizations to develop a responsive and actionable plan that directly responds to the transportation needs, challenges, and values of Bayview’s residents.

Some of highlights from the plan:

- **Community-driven Partnerships** – The SFMTA partnered with local organizations [BMAGIC](#), [Hunters Point Family](#), [CYC](#), [El Centro Bayview](#), and

[\*\*BAYCAT\*\*](#) to prioritize including those hardest to reach and most vulnerable to transportation challenges.

- **Showing Respect and Building Trust** – Through a series of 22 interviews with community leaders & elders, the SFMTA created a Statement of Intent. This serves as a promise to the public of accountability, trust & transparency, preserving community voice, and delivering effective projects in a community historically subject to long planning timelines and limited improvements.
- **Direct Public Outreach** – The project team focused on meeting residents where they were, spending 295 hours speaking face-to-face with over 4,000 residents throughout a 14-month public outreach period.
- **Equity Index** - A tool for mapping vulnerability to transportation challenges, with definitions and calibration supplied by Bayview residents. This ensured the plan benefits those whom the community believes to be most in need.
- **Youth Transportation Summit** – The Girls2000 program worked with SFMTA staff to organize the summit for Bayview youth of color, attended by Supervisor Walton.
- **“Next Stop”** - A must-watch short-four-minute-film produced, shot and edited by young women of color in the Bayview. Discussing transportation, safety and advocacy, the film ends with the call to action: Sound Off! Be Heard!
- **The SFMTA’s First Participatory Budgeting (PB) Exercise** - Led by a Community Steering Committee of 12 residents & community leaders, Bayview residents directly voted on how to spend \$760,000 to improve transit and transit access in their community.
- **A Commitment of \$3.61 Million** – A transparently-developed set of priority projects based on the needs and lived experience of Bayview residents – with prioritization for funding based solely on resident input.”

#### [\*\*Bayview Neighborhood Park \\$3.3M Makeover Includes Cool Kid’s Play Area — CBS San Francisco\*\*](#)

“Improvements added to the park, located at 1 Lillian Court, include a new children’s play area equipped with new synthetic turf and a custom skywalk that connects to a climbing net and 25-foot slide. Other improvements to the park include a new picnic area and barbecue grill; a lawn; outdoor fitness equipment; new seating; new lighting; accessible pathways; and revamped landscaping that includes the addition of 14 new trees.”

#### [\*\*What Works: Grassroots Solutions Around The Bay — KALW\*\*](#)

“During the past year, COVID-19 hit some Bay Area communities harder than others. The neighborhoods that suffered the most have long faced racial and health inequities.

This series presents stories of trailblazing leaders and groups who banded together to lift people up during the most difficult of times.”

### [\*\*How Mother Brown's Brought The Dining Room To The People — KALW\*\*](#)

“Mother Brown’s Dining Room has deep roots in San Francisco’s Bayview neighborhood. It has long provided hot meals to anyone in need, but when COVID-19 made it impossible to serve people inside, Mother Brown’s came up with a lively approach to feeding people through the pandemic. In this story, tag along with a food delivery truck making its way door-to-door through Bayview.”

### [\*\*Umoja Health's Pop-Up Clinics Prove That Home Is Where The Healing Is — KALW\*\*](#)

“The word Umoja means ‘unity’ in Swahili, and it’s the inspiration for a network of about 30 Bay Area groups called Umoja Health. Their effort to understand the culture of local neighborhoods has helped ramp up COVID-19 testing and vaccination rates in the Bay Area’s Black communities.”

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### [\*\*Unemployment Improves In East Palo Alto Area: Feds — Patch\*\*](#)

“The unemployment rate in the East Palo Alto area has largely improved since the beginning of the pandemic and there was some improvement from March to April, according to the federal Bureau of Labor Statistics. San Mateo County’s unemployment rate was 4.8 percent in April, which was down from 4.9 percent in March. That reflected significant improvement from April 2020, when the unemployment rate stood at 11.8 percent. San Mateo County’s April unemployment rate is lower than California’s 8.1 percent rate, according to the latest local figures from the BLS.”

### [\*\*From farms to families: How a federal program to help farmers during the pandemic is changing the local food landscape — The Almanac\*\*](#)

“The Farmers to Families food box program was announced in April 2020, when the USDA created a Coronavirus Food Assistance Program. A total of \$16 billion was set aside to provide direct payments to agricultural producers and \$3 billion went to create and implement the Farmers to Families Food Box program. Later funding in December 2020 added another \$1.5 billion to the program. The program had five contract rounds, and in the first two, the Concord-based Fresh Approach was included. Fresh Approach, a nonprofit that provides locally-grown produce, nutrition education and gardening skills to Bay Area communities, collaborated with local farms and organizations. While the pandemic exacerbated local hunger needs, there was already a significant amount of

food insecurity, both nationally and locally. Reports vary, but the average rate of food insecurity was about 17% in San Mateo and Santa Clara counties pre-pandemic, according to the Silicon Valley Institute for Regional Studies, which authored a report on regional food insecurity.”

### [What Works: Grassroots Solutions Around The Bay](#) — KALW

“During the past year, COVID-19 hit some Bay Area communities harder than others. The neighborhoods that suffered the most have long faced racial and health inequities. This series presents stories of trailblazing leaders and groups who banded together to lift people up during the most difficult of times.”

### [Ethnic Media Reporters recognized for covering 2020 epic events](#) — East Palo Alto Today

“Selected from 235 submissions from reporters working in print, digital, TV and radio platforms in eight languages, the winners were chosen by judges with language and cultural fluency who know the challenges of working in the sector. ‘Ethnic media has quickly become an increasingly indispensable bridge for communicating with diverse populations within our state,’ Governor Gavin Newsom said at the opening ceremony.”

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### [Water bills going up for East Bay Municipal Utility District customers](#) — Richmond Standard

“The water bill is set to increase starting next month for East Bay Municipal Utility District (EBMUD) customers, after the agency’s Board of Directors unanimously approved rate increases as part of a two-year, \$2.25 billion budget on Tuesday. Water and wastewater rates will each increase 4 percent in the first year, starting July 1, 2021, and an additional 4 percent each in the second year, starting July 1, 2022, according to EBMUD, which called the rate hikes ‘vital to water and wastewater system improvements.’ An average household using 200 gallons of water per day will see a \$2.53 increase in their monthly water bill starting in July, and an additional increase of \$2.66 monthly the following year, EBMUD said.”

### [Richmond Conflicted on Reallocating Police Funds](#) — Richmond Pulse

“The meeting centered on a presentation from city staff that offered an alternative to the Reimagining Public Safety Community Task Force’s recommendations to shift \$10.3 million from the police department. Staff suggested reducing the task force’s proposed funding to \$5.58 million with \$2.3 million coming from the police department. The remaining money would stem from the [American Rescue Plan Act](#) and excess funding

from the current fiscal year. After hearing from 56 public speakers, the council did not approve the staff's recommendation. Instead, the council voted 5-2 for staff to continue working with the task force to see how the police department can further fund a community crisis response team and SOS! Richmond."

#### For Their Health, Older People Get Back in the Water — Richmond Pulse

"For a 2016 study published in the Journal of Rheumatology, 48 sedentary middle-aged or older adults with [osteoarthritis participated in swimming exercises](#) for three months — 45 minutes a day for three days a week. Physicians saw significant reductions in participants' joint pain, stiffness and physical limitations. They also noted a 15 to 30% increase in maximum handgrip strength, isokinetic knee extension, flexion power and the distance participants could walk in six minutes."

#### Richmond Art Center to host Drag Queen Story Hour for families — Richmond Standard

"The Richmond Art Center (RAC) is celebrating Pride month by hosting a free online 'Drag Queen Story Hour with PerSia' on Saturday, June 12 from 10-11 a.m. In an event geared toward kids and their families, PerSia will read *A Day in the Life of Marlon Bundo* by Jill Twiss, according to the RAC."

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#### Coronavirus Tracker — SF Chronicle

"The whole state will throw off the tier structure shackles June 15 when the state reopens. Over 1 million adults in the San Francisco metro area — almost one-third of the adult population — [plan to take an overnight trip at least 100 miles from home](#) in the next four weeks as the pandemic eases, U.S. Census Bureau data shows. That's more than the California average of 26% and the national average of 28%."

#### Solano cruising toward end of state blueprint — and start of county fair — Daily Republic

"The Solano County Fair Association reported that it has not made any changes to its county fair plans because of the county going into the orange tier or the prospect of the state's Blueprint for a Safer Economy going away Tuesday. The centerpiece of the fair remains the annual Livestock Show and Auction, with participant-only showing and judging at the fairgrounds in Vallejo, and the second straight year with an online auction. A drive-in concert series is also planned, with a food festival for those who buy tickets to the shows. The Solano County Fair is scheduled June 17-20."

**Speaker encourages Fairfield High School Class of 2021 to continue being strong souls**

— Daily Republic

“Superintendent Kris Corey quoted philosopher Thomas Coyle – ‘Permanence, perseverance and persistence in spite of all obstacles, discouragements and impossibilities: It is this, that in all things distinguishes the strong soul from the weak.’ [She added,] ‘Continue to be strong souls in your future.’”

**Newly remodeled Council Chamber Ribbon Cutting — City of Fairfield**

“The City of Fairfield invites the public to attend a Ribbon Cutting Ceremony for our newly remodeled Council Chamber on Tuesday, June 15, 2021, at 5:30 p.m. before the 6 p.m. Council meeting. We will gather in the Courtyard just outside the Chamber; Mayor Harry T. Price will emcee the short presentation. Fairfield Poet Laureate Bonnie DiMichele will present a poem for the occasion.”

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**California June 15 reopening: How COVID rules will change near you — SF Chronicle**

“The state’s plan, dubbed ‘Beyond the Blueprint,’ lifts capacity and social distancing restrictions for most businesses and activities on June 15. But as has been the case with most pandemic guidelines, there are some exceptions, and some counties may maintain stricter rules. Here are questions and answers based on what we know so far:”

[When and where can I get my coronavirus vaccine in the Bay Area?](#) — San Francisco Chronicle

[Find a COVID-19 vaccine for yourself or a loved one](#) — VaccinateCA.com

Click on your county for more information

[Alameda County](#)

[Contra Costa County](#)

[Marin County](#)

[Napa County](#)

[San Francisco County](#)

[San Francisco Vaccination Information](#) — Twitter

[San Mateo County](#)

[Santa Clara County](#)

[Solano County](#)

[Sonoma County](#)

### [\*\*Facebook announces \\$1.5M in grants for accessory units — Palo Alto Online\*\*](#)

“The grants will be made to East Palo Alto Community Alliance and Neighborhood Development Organization, Preserving Affordable Housing Assets Longterm Inc. and Youth United for Community Action to build two secondary homes as part of a co-op community land trust with a leadership development program; to [United Hope Builders](#), to build a factory in East Palo Alto to manufacture prefabricated homes and employ local residents; to City Systems, to create a project showcasing secondary home constructions in garages; to Soup, to promote a new financing model with low upfront costs for financing secondary homes; and to Symbium, to help homeowners and nonprofits plan ADUs and aid cities in streamlining the approval processes for the secondary homes, sometimes referred to as in-law units or granny cottages.”

### [\*\*San Mateo County grants \\$500K to support nonprofit East Palo Alto housing manufacturer — Palo Alto Online\*\*](#)

“United Hope Builders, through a partnership with IndieDwell, an Idaho-based B corporation and modular housing manufacturer, is building a modular housing factory on 7 acres of the former Romic Environmental Technologies site on Bay Road. The grant funds will help pay the salaries and benefits of the plant’s manufacturing line employees.”

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## Childcare

The city of San Francisco has this information source for childcare options throughout the city: [dcyf.org/care](http://dcyf.org/care)

Guidepost Montessori is offering childcare for essential workers with children ages 8 weeks to 12 years in Palo Alto, Emeryville, Mill Valley, and San Francisco: [guidepostmontessori.com](http://guidepostmontessori.com)

The YMCA is offering an emergency childcare program for first responders and healthcare workers. There are 10 locations in San Francisco, Marin and San Mateo. The YMCA says it'll open more if needed. Class includes physical activity and healthy snacks and lunches. To register, email: [popup2020@ymcasf.org](mailto:popup2020@ymcasf.org)

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## Domestic Violence Support

A new service in San Francisco will allow people to text 911 instead of call. Mayor London Breed said the service is especially needed for survivors of domestic violence.

National Domestic Violence Hotline: 800.799.7233

Online chat is also available: [thehotline.org](http://thehotline.org)

W.O.M.A.N., Inc. Crisis Line: 415.864.4722

La Casa de las Madres Crisis Lines: Adult Line 877.503.1850 / Teen Line: 877.923.0700

Asian Women's Shelter Crisis Line: 877.751.0880

Saint Vincent de Paul Society – Riley Center Crisis Line: 415.255.0165

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## Employment Opportunities

[Jobs open up at community non-profits](#) — Mission Local

The San Francisco Chronicle has compiled a list of businesses seeking workers in the Bay Area: [is.gd/tG5Rm4](http://is.gd/tG5Rm4)

The state of California has created a website for those who've lost their jobs: [onwardca.org/](http://onwardca.org/)

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## Events, Classes & Entertainment

[Solano County Library expands online “Read to a Dog” session](#) — The Reporter

Every Tuesday at 3 p.m. the [Solano County Public Library](#) hosts “Read to a Dog” sessions on Zoom where kids can practice reading their favorite stories aloud to attentive furry friends. To learn more and [register for the March 2nd session, visit this page.](#)

[30+ Streets in San Francisco Closed for Outdoor Dining](#) — SF Funcheap

[San Francisco Outdoor Dining Guide: 320+ Patios & Restaurants](#) — SF Funcheap

[Tree-Plenish](#). Striving for sustainability at Oakland Tech and East Bay Innovation Academy — [The Oaklandside \(read article at this link\)](#)

[New York Times Online For Public Libraries](#) — California State Library System

[Free Admission Hour “Japanese Tea Garden” at GG Park](#) — SF.Funcheap

[With classic lookouts closed, here are the best Bay Area spots to catch migrating gray whales](#) — San Francisco Chronicle

Native people are dancing & creating community online on the Quarantine Dance Specials Facebook page. Everyone is welcome, but you need a Facebook account:  
[facebook.com/groups/203363744333591/](https://facebook.com/groups/203363744333591/)

The San Francisco International Ocean Film Festival had to cancel its annual March festival, so they've curated a list of award winning films for you to enjoy at home: [intloceanfilmfest.org](#)

The Commonwealth Club has moved all events online: [commonwealthclub.org](#)

Book Passage and Kepler's are hosting conversations with authors:  
[bookpassage.com/](#) [keplers.org/refresh-the-page-online](#)

Haymarket Books is also hosting online author talks: [haymarketbooks.org/](#)

NPR is keeping an updated list of online concerts: [is.gd/b2tEME](#)

Explore offers a number of live animal web cams from around the globe: [explore.org/livecams](#)

MoMA is offering several free online courses: [moma.org/research-and-learning/classes](#)

SF Station: [sfstation.com/](#)

The YMCA of San Francisco is offering free online meditation and exercise classes:  
[ymcasf.org/virtual-classes](#)

EarthSky calendar of celestial events: [earthsky.org/](http://earthsky.org/)

San Francisco Community Music Center online classes and group activities:  
<https://sfcmc.org/youth/online-learning/>

Webcams: California Academy of Sciences: <https://www.youtube.com/calacademy>

Bingo: Tuesdays and Thursdays at 12:30pm:  
<https://sf.funcheap.com/event-series/fun-virtual-afternoon-bingo/>

Comedy: Funcheap's Live Zoom Comedy Night from Oakland: Thursdays at 8pm:  
<https://www.eventbrite.com/e/funcheaps-live-zoom-comedy-night-from-oakland-tickets-103295738334>

Drive-In Theaters: <https://www.westwindi.com/?cl=AAFC02125698448BA81D6001BA84F859>  
Alameda drive-in theater at [Corica Park Golf Course](#). More info at [Alameda Theater and Cineplex website](#).

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## Frontline Healthcare Workers

California officials have launched a program to provide frontline health care workers with no cost or low cost hotel rooms. The program will prioritize health care workers who come in direct contact with or are suspected of having direct contact with COVID-19 patients, or who test positive for COVID-19 but do not require hospitalization:

[caltravelstore.com/ca-healthcare-workers-lodging](http://caltravelstore.com/ca-healthcare-workers-lodging)

Heal San Francisco is a resource for San Francisco's city employees, first responders and frontline health care workers. City officials say those who reach out will receive counseling and 24/7 mental health care: [healsanfrancisco.org](http://healsanfrancisco.org)

HealthCorps is a statewide plan to recruit medical professionals to prepare for a possible surge of patients in California. Officials say if you sign up, you'll receive vouchers for housing near hospitals and clinics and vouchers for childcare: [covid19.ca.gov/healthcorps/](http://covid19.ca.gov/healthcorps/)

Would you like to donate food to frontline health care workers? Click here to help:  
[feedthefrontlinessf.org/](http://feedthefrontlinessf.org/)

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## General Health Guidelines

[How Full Are Hospital ICUs Near You?](#) — New York Times

Californians should avoid non-essential travel to any part of California more than 120 miles from one's place of residence — [California Department of Public Health](#)

What's the status of COVID-19 restrictions in each of the nine Bay Area counties?

<https://projects.sfchronicle.com/2020/coronavirus-map/california-reopening/>

Requirements for California mask wearing:

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/guidance-for-face-coverings.aspx>

What are the best masks to wear?

<https://www.sfgate.com/science/article/best-worst-choices-cloth-face-mask-COVID-19-15414210.php>

[Covid-19: San Francisco's Latinxs are infected at higher rates than Latinxs in harder-hit cities](#) — Mission Local

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## Grants & Emergency Funds

[SF's Brand New \\$3 Million Fund for Music Venues](#) — SF.Funcheap

“[Applications open on April 21 and the deadline is May 5, 2021.](#) Venues eligible to receive funding must have held a Place of Entertainment permit from the Entertainment Commission prior to the start of the pandemic and must be able to demonstrate a track record of substantial live entertainment programming, among other eligibility criteria.”

[COVID-19 Loans and Grants](#) — Venturize

[Growth Grants](#) — National Association for the Self-Employed

[Walnut Creek restaurant grant program](#) — City of Walnut Creek

Up to \$10,000 per business. Distributed on a first come/first served basis

Investing in Artists grant program: <https://www.cciarts.org/grantsprogram.htm>

The city of San Francisco has announced a \$1.5M fund for African American entrepreneurs and Black-owned small businesses: <https://oewd.org/businesses-impacted-covid-19>

The Artist Power Center, founded at the Yerba Buena Center for the Arts, is a digital platform created to help artists and cultural workers navigate emergency relief:  
<ybca.zendesk.com/hc/en-us>

Low-income Berkeley residents unable to pay rent or meet basic needs can apply for housing retention grants of up to \$10,000. To apply, leave a message with the East Bay Community Law Center: 510.548.4040

The city of San Francisco is offering relief funds for our arts community: <sfartscommission.org>

If you're a freelancer, visit: <covid19freelanceartistresource.wordpress.com>

If you're a bartender, visit: <usbgfoundation.org/>

If you're a food service worker in Oakland, visit: <https://oaklandworkersreli.wixsite.com/oswrf>

Are you furloughed or laid off journalists? Apply for a microloan: <microloansforjournalists.org/>

[Trybe](#) is a community organization in East Oakland that serves family and kids in the East Bay. They are providing food, diapers, PPE and cash grants for families in need. Visit <www.oaklandtrybe.org> or call 510) 479-1437.

If you're waiting for a stimulus payment, be careful when tossing out your junk mail. The IRS is sending pre-paid debit cards instead of checks. According to Forbes, the card will arrive in [a plain envelope from Money Network Cardholder Services](#). The return address is from Omaha, Nebraska So don't throw it away.

[Oakland Indie Alliance Small Business Repair Fund](#) is for business owners whose Oakland storefronts were damaged during the recent protests. The grants are \$600, with priority given to owners who are of color, immigrants, queer, women, and businesses that are over 30 years old.

[The City Promised Financial Help for the Latinx Community. But Has It Been Enough? — El Tecolote](#)

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## Housing

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### Immigrants

U.S. Citizenship and Immigration Services (USCIS) will take special measures to help immigrants affected by the ongoing California wildfires. Anyone who was evacuated or who lost a home as a result of the wildfires, and had an appointment with USCIS, can reschedule by calling the Contact Center at 800-375-5283 or by writing to USCIS, 630 Sansome Street, San Francisco, CA 94111. Forms are always available to download for free on our website at <https://www.uscis.gov/forms>. USCIS also reminds victims of the wildfires to be mindful of immigration scams. Learn more at [www.uscis.gov/avoidscams](https://www.uscis.gov/avoidscams). For more information on USCIS and our programs, please visit [uscis.gov](https://www.uscis.gov) or follow us on Twitter (@uscis), Instagram (/uscis), YouTube (/uscis), Facebook(/uscis) and LinkedIn (/uscis).

[San Francisco](#), [Oakland](#) and [Sonoma County](#) have also set up relief funds for undocumented residents. Please note that Sonoma's fund has closed its waitlist due to an influx in applications, though the organization is working to raise more money; San Francisco's fund is "temporarily paused" for several weeks to address technical issues. Relief funds have also been launched to serve [migrant youth](#) and the [recently incarcerated](#). The city of San Francisco has compiled a list of Bay Area relief programs [here](#).

Informed Immigration: [informedimmigrant.com/](https://informedimmigrant.com/)

UndocuFund for Disaster Relief in Sonoma County: [undocufund.org/](https://undocufund.org/)

Oakland Undocumented Relief Fund: [centrolegal.org/our-fund/](https://centrolegal.org/our-fund/)

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### Internet Access

If you're a San Francisco student and need help getting online, visit:  
<https://www.sfusd.edu/internet>

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### Literature

“In 1919, the Mayor of Oakland Was Arrested for Failing to Wear a Mask” — [Smithsonian Magazine](#)

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## Meals & Food Banks

Farmers Markets around the Bay Area:

<https://sf.funcheap.com/city-guide/national-farmers-market-week-bay-area/>

Free food in “Town Fridges” around Oakland:

<https://sf.funcheap.com/city-guide/oakland-free-food-fridges/>

The following school districts are offering free meals to families:

San Francisco Unified: [is.gd/mHLZDD](https://is.gd/mHLZDD)

Alameda Unified: <https://www.alameda.k12.ca.us/foodservices>

Oakland Unified: <https://www.ousd.org/covid-19studentmeals>

San Mateo-Foster City: <http://www.smfcisd.net/>

Santa Clara County: <https://bit.ly/2Vw66ep>

West Contra Costa County: <https://bit.ly/2xAAOUH>

A team of Stanford students have created a digital map showing where Bay Area residents can find free meals: <https://www.bayareacomunity.org/#/>

If you'd like to apply for food stamps, visit: [getcalfresh.org/](https://getcalfresh.org/)

If you live in Alameda County, the food bank hotline is: 510.635.3663

If you live in San Francisco or Marin, the food bank hotline is: 415.282.1900

If you live in San Francisco and need groceries or other essential items for you or a loved one or if you're experiencing isolation and you'd like someone to talk to, email [hello@togethersf.org](mailto:hello@togethersf.org) or call 415.480.1566

Meals on Wheels is accepting new applications, especially from people who live alone:  
415.355.6700

Get food resources from the city of San Francisco: [sf.gov/get-food-resources](https://sf.gov/get-food-resources)

Resources from the city of Oakland: [oaklandca.gov/resources/food-distribution-in-oakland](https://oaklandca.gov/resources/food-distribution-in-oakland)

The YMCA of San Francisco has set up a number of food pantries across the city:  
[ymcasf.org/food-pantries](http://ymcasf.org/food-pantries)

A number of popup food banks do not require any sign up process. If you live in San Francisco or Marin, visit: [foodlocator.sfmfoodbank.org](http://foodlocator.sfmfoodbank.org)

Homies Empowerment Store is located at 7631 MacArthur Blvd in Oakland. They're giving out hot meals, canned food, toiletries and diapers to those in need every Tuesday from 10am-4pm. Call 510-542-9993 or email [HomiesEmpowerment@gmail.com](mailto:HomiesEmpowerment@gmail.com)

Would you like to donate food to frontline health care workers? Click here to help:  
[feedthefrontlinessf.org/](http://feedthefrontlinessf.org/)

Families with children eligible for free or reduced-price school meals can receive additional support to purchase groceries through California's Pandemic Electronic Benefit Transfer Program (P-EBT). To apply for P-EBT online starting May 22, 2020, visit <https://ca.p-ebt.org/> For more information on P-EBT in San Francisco, visit [sfhsa.org/p-ebt](http://sfhsa.org/p-ebt) or call 311. SFUSD families may contact Student Nutrition Services with questions by emailing [SchoolLunch@sfusd.edu](mailto:SchoolLunch@sfusd.edu) or by calling (415) 749-3604.

[Oakland Public Library](#) Free meal pick-up at the [81st Avenue Community Library](#) in East Oakland. This is every Monday, Wednesday and Friday, 12-2 PM. There are no eligibility requirements for you to receive food. Call 510-238-3134.

[Trybe](#) is a community organization in East Oakland that serves family and kids in the East Bay. They are providing food, diapers, PPE and cash grants for families in need. Visit [www.oaklandtrybe.org](http://www.oaklandtrybe.org) or call 510) 479-1437.

North Beach Delivers - free restaurant delivery featuring a different restaurant in SF's North Beach each week: <https://www.northbeachdelivers.com/>

The Oakland Public Library is hosting free meal pick ups on Tuesdays and Thursdays at noon at the [West Oakland](#) and [Cesar Chavez](#) branches. Visit [Oaklandlibrary.org](#) for details or call 510-238-3134.

[Beth Eden Baptist Church](#) in West Oakland is distributing Family Emergency kits now through July. This includes food, disinfectants and fun stuff for kids. Call (510) 444-1625 e-mail them at [EmergencyKit@BethEden.com](mailto:EmergencyKit@BethEden.com).

The [Black Cultural Zone](#) is giving free food and supplies in Alameda County Social Services office at Oakland's Eastmont Mall. Starting June 15th, pick up is Monday, Wednesday and Friday from 4 to 6 pm. Contact [info@blackculturalzone.org](mailto:info@blackculturalzone.org) for information.

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## Mental Health & Emotional Support

The Bayview Essential Services Resource Hub is scheduled to open on Wednesday February 17th at 10:00am by appointment. Residents interested in seeking assistance may contact Tracy Taper at 415-822-3491 or [ttaper@ycdjobs.org](mailto:ttaper@ycdjobs.org) to schedule an appointment.

The Frontline Workers Counseling Project is offering free mental health counseling to all Bay Area frontline workers: <https://fwcp.org/>

The state of California has launched a new hotline for anyone who needs assistance or has questions: 833.544.2374

California's Department of Aging is offering a wide array of services to seniors and adults with disabilities: [aging.ca.gov](http://aging.ca.gov) or call 800.510.2020

The Institute on Aging offers a 24-hour friendship line for people 60 years and older, adults with disabilities and those feeling isolated: 800.971.0016

The Mental Health Association of San Francisco runs a 24-hour peer-run line for nonemergency emotional support. 855.845.7415

The California Peer-Run Warm Line offers 24-hour emotional support: 855.845.7415 or chat online: [mentalhealthsf.org/peer-run-warmline/](http://mentalhealthsf.org/peer-run-warmline/)

To reach a crisis text line, text HOME to 741.741

Safe & Sound runs a 24 hour line for parents: 415.441.5437

The 24-hour Suicide Prevention Lifeline: 800.273.8255

The nonprofit PEERS offers weekly check-in calls for Alameda County Residents. Call 510-832-7337 or email [plee@peernet.org](mailto:plee@peernet.org)

The [Ryse Youth Center](#) in Richmond has a list of mental health resources for Black, Brown and Queer youth in the Bay Area.

[Mental Health Association of Alameda County Resource List](#) includes low-cost options for care

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## Parks

San Francisco Botanical Gardens - Reservations recommended: <https://www.sfbg.org/visit>

Some county parks and beaches are open and some are closed. State parks have reopened most parking lots. National parks ... it's inconsistent. Check these links before you make plans:

Contra Costa County Parks: <https://www.contracosta.ca.gov/446/Parks-and-Recreation>

East Bay Regional Parks District: <https://bit.ly/2RKboSj>

Marin County Parks: <https://www.marincountyparks.org/>

Napa County Parks: <https://napaoutdoors.org/>

National Park Service: <https://www.nps.gov/findapark/index.htm>

San Francisco Rec & Park: <https://bit.ly/3erCBD1>

San Mateo County Parks: <https://parks.smcgov.org/>

Santa Clara County Parks: <https://bit.ly/2xqEcbP>

Santa Cruz County Parks: <https://www.scspark.com/>

Solano County Parks: <http://www.solanocounty.com/depts/rm/countypark/homepage.asp>

Sonoma County Parks: <https://parks.sonomacounty.ca.gov/>

State Parks: [https://www.parks.ca.gov/?page\\_id=30350](https://www.parks.ca.gov/?page_id=30350)

[Morcom Rose Garden in Oakland](#) will be closed through mid-June due to an aggressive wild turkey

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## Pets

[Keep Your Pet](#) Campaign is donating cat and dog food to pet owners around the Bay Area dealing with financial hardship. Below are the locations:

Alameda County. DONATE - Mail delivery only to Friends of Alameda Animal Shelter (FAAS) 1590 Fortmann Way Alameda CA 94501. PICK UP - Sat. 10:00a.m. - 12 p.m. at same location. (510) 337 8565 for additional information.

San Mateo County. DONATE Drop at door or ship to Peninsula-Humane Society & SPCA 1450 Rollins Road, Burlingame, CA 94010. PICK-UP- Call first to register at 650 988 5280 for Pet Food Bank.

Marin County. DONATE Marinhumane.org. website. Go to Donate, then Pet Care Assistance Program to donate cat or dog food. "Gift to Ritter Center". PICK UP Ritter Center 16 Ritter St. San Rafael, CA 94901 M-W-F-10-12 AM, 1-3 PM.

SAN JOAQUIN COUNTY DONATE & PICK UP. Salvation Army 1305 E. Weber Ave. Stockton, CA.

Mon-Fri 9-12, 1-3 PM

SANTA CLARA COUNTY DONATE & PICK UP. San Jose Animal Care Center 2750 Monterey Rd. CA 95111 Attn: Lorance Gomez 7 days 7AM -7PM.

CONTRA COSTA-SOLANO COUNTY. DONATE CCHS 171 Mayhew Way Suite 101 Pleasant Hill CA 94523. Tues, Thurs 1-5 p.m. PICK UP - Call (925) 676-7543 or email [info@foodbankccs.org](mailto:info@foodbankccs.org) for Food Bank registration, locations and hours.

SAN FRANCISCO COUNTY - DONATE - The Animal Connection - 2550 Judah St. San Fran. CA 94122

PICK UP - Email [info@animalconnectionsf.net](mailto:info@animalconnectionsf.net) for appointment.

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## Seniors & People With Compromised Immune Systems

Here's a [link to the City of Berkeley press release](#) with more info about transit options for Berkeley seniors or disabled residents.

Oakland at risk assists residents at high-risk for COVID-19. Sign up to get assistance or sign up to be matched with an elder who could use your help: [oaklandatrisk.com/](http://oaklandatrisk.com/)

If you live in San Francisco and need groceries or other essential items for you or a loved one or if you're experiencing isolation and you'd like someone to talk to, email [hello@togethersf.org](mailto:hello@togethersf.org) or call 415.480.1566

Meals on Wheels is accepting new applications, especially from people who live alone: 415.355.6700

CERV is a program created in partnership between the City of San Francisco's Department of Disability and Aging Services (DAS) and Shanti Project. CERV volunteers provide one time or occasional practical support to older and vulnerable adults who are strongly advised to limit outdoor exposure during the Coronavirus pandemic. —

<https://www.shanti.org/volunteer/sf-covid-19-emergency-response-volunteer-program/>

Examples of support:

- Grocery Shopping
- Dog Walking
- Delivery of pet food, medication, and other essentials
- Mail pickup

If you are (or someone you know is) *seeking* support during the coronavirus pandemic, please contact the San Francisco Department of Disability and Aging Services (DAS) helpline at **(415) 355-6700**. Their phone line is operating seven days a week and is your one-stop-shop for information and access to services. —

<https://www.sfhsa.org/services/protection-safety/emergency-preparedness-and-assistance/hsa-coronavirus-updates/covid-19>

[Disability Justice Culture Club](#)— founded by the late activist, Stacey Milbern Park. Learn about resources for people with disabilities during the community.

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## Small Businesses

### [SF's Brand New \\$3 Million Fund for Music Venues — SF.Funcheap](#)

**[Applications open on April 21 and the deadline is May 5, 2021.](#)** Venues eligible to receive funding must have held a Place of Entertainment permit from the Entertainment Commission prior to the start of the pandemic and must be able to demonstrate a track record of substantial live entertainment programming, among other eligibility criteria.”

These national resources provide ways to support small businesses all across America. -  
<https://essentials.salesforce.com/resources/help-local-businesses-during-coronavirus>

### [Walnut Creek restaurant grant program](#) — City of Walnut Creek

Up to \$10,000 per business. Distributed on a first come/first served basis

Check the state's [covid19.ca.gov](https://covid19.ca.gov) for the latest updates on what's allowed to be open and closed:

Find a complete list of what's open and closed in **Alameda County** [here](#).

Find more information from **Contra Costa County** [here](#).

Find more information from **Marin County** [here](#).

Find more information from **Napa County** [here](#).

Find more from **San Francisco County** [here](#).

Find more information for **San Mateo County** [here](#).

Find more information from **Santa Clara County** [here](#).

Find more information for **Solano County** [here](#).

Find more information from **Sonoma County** [here](#).

Bay Area Black-Owned Restaurants List: <https://bit.ly/303YN1b>

The Corona Crisis Loan from Wefunder: [wefunder.com/loans](https://wefunder.com/loans)

Kiva Loans: [is.gd/fqiKj7](https://is.gd/fqiKj7)

Resources for San Francisco small businesses: [oewd.org/businesses-impacted-covid-19](https://oewd.org/businesses-impacted-covid-19)

Apply for permits for San Francisco's Shared Spaces program — use your sidewalk or street space fronting your business for retail or dining:

<https://sf.gov/use-sidewalk-or-parking-lane-your-business>

More info:

<https://sfmayor.org/article/maior-london-breed-announces-shared-spaces-program-support-neighborhood-activity-and-local>

Working Solutions has compiled a list of grants & loans:

[workingsolutions.org/covid-19-resource-guide](https://workingsolutions.org/covid-19-resource-guide)

National Federation of Independent Business: [nfib.com/](https://nfib.com/)

Oakland Indie Alliance: [oaklandindiealliance.com/](https://oaklandindiealliance.com/)

Renaissance Entrepreneurship Center: [rencenter.org/](https://rencenter.org/)

Support the Streets SF: "We are here to support local artists and businesses by providing a platform in which they can tell their story and call for support."

<https://www.facebook.com/supportthestreetssf>

Small businesses owners and entrepreneurs in Oakland. If you need help getting a loan or a grant, visit [Oaklandbusinesscenter.com](https://oaklandbusinesscenter.com)-- which is an official city website. Call (510) 238-7398.

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## Testing

**Statewide:** Find information from around the state, including location-finders searchable by ZIP Code here: <https://covid19.ca.gov/testing-and-treatment/>

**Alameda:** "As there is no specific treatment for COVID-19 infection and COVID-19 testing capacity remains limited, people with mild illness should remain home until fully recovered. They should sleep in a separate room and use a separate bathroom from other household members when possible. Clean common areas regularly."

<http://www.acphd.org/media/571443/alameda-county-covid-testing-2020.04.30.pdf>

**Alameda County** has added four new testing sites in neighborhoods that haven't had access, including East Oakland: <http://www.acphd.org/2019-ncov/testing.aspx>

**Contra Costa:** "Contra Costa residents can get free COVID-19 testing at drive-through sites around the county, regardless of insurance. Call **1-844-421-0804** for an appointment and confidential screening by a health professional. Appointments are only available by phone. Testing is not available on a walk-in basis." <https://www.coronavirus.cchealth.org/testing>

**Marin:** "For someone to be eligible to be tested, they must be referred by a physician. This is so the physician can assess symptoms and evaluate other possible conditions (e.g., flu, pneumonia). Many physicians are now performing these assessments over the telephone. Once a doctor determines the individual should be tested, the testing will be coordinated with Marin Public Health." <https://coronavirus.marinhhs.org/>

**Napa:** "First Responders and Healthcare Workers who live or work in Napa County and may have been exposed (with or without symptoms); Community Members WITH symptoms (common symptoms include: high fever, severe cough and shortness of breath, however other symptoms will be evaluated). Request an appointment [online](#), or request an appointment by phone (707) 253-4540 (bilingual staff available)."

<https://www.countyofnapa.org/2776/COVID-19-Testing>

**Oakland and Alameda County** for free testing call 311 or visit [www.oaklandca.gov/testing](http://www.oaklandca.gov/testing), You do not need insurance and you don't have to be a citizen to get tested. This for people who live and/or work in Alameda County as well.

If you work or live in Alameda County, [Allen Temple Baptist Church in East Oakland](#) is providing FREE drive-through coronavirus testing Monday through Saturday. Call 311 or visit oaklandca.gov/testing.

Free testing at the [West Oakland](#) Health Center.. Testing is for anyone with symptoms, and for essential workers even if they have no symptoms. You don't need insurance and you will not be asked about your immigration status. Testing is by appointment only. Visit [www.oaklandca.gov/testing](#) or call 311.

**Centro Legal de la Raza**-- Free testing in Oakland's Fruitvale District Monday-Friday, 8:30AM-5PM. Call ahead to make an appointment at 510-535-3370.

[San Leandro](#) has FREE testing at the Marina Community Center. You do not need insurance and you will not be asked about immigration status. This is by appointment only. Visit <https://LHI.care/covidtesting>. Call 1-888-634-1123. Services are available in Spanish and English.

**San Francisco:** "Anyone living or working in San Francisco can get tested for COVID-19. Any person living in San Francisco that has 1 symptom or has been in close contact with a positive COVID-19 person can get tested. Any essential or frontline worker can get tested regardless of symptoms or exposure" <https://sf.gov/find-out-how-get-tested-coronavirus>

- SF announced new testing sites on 11/06:
- <https://sf.funcheap.com/city-guide/covid-testing-testing-sites-san-francisco/>

**San Mateo:** "The County encourages residents to visit the [Project Baseline website](#) to determine if they meet the criteria for a free appointment-only test at its San Mateo County Event Center location. Asymptomatic first responders, health care workers and correctional officers can also schedule a test appointment." <https://www.smcgov.org/covid-19-testing>

**Santa Clara:** "The Public Health Department is recommending testing for many categories of people even if they do not have symptoms of COVID-19, including: all persons who were notified that they were exposed to someone who was confirmed to have COVID-19; all persons who work in high-risk congregate settings such as skilled nursing facilities, other long-term care facilities, jails, or shelters; and all hospital employees, including healthcare workers and essential service employees." <https://www.sccgov.org/sites/covid19/Pages/covid19-testing.aspx>

**Solano:** "Solano County, in partnership with California Office of Emergency Services (CalOES) and Touro University, and with materials provided by Federal Emergency Management Agency (FEMA), has launched a drive-through testing site. The testing site is located at Health & Social Services, 2101 Courage Drive, Fairfield, CA."

[https://www.solanocounty.com/depts/ph/coronavirus\\_links/faq\\_drive\\_through\\_testing.asp](https://www.solanocounty.com/depts/ph/coronavirus_links/faq_drive_through_testing.asp)

**Sonoma:** Sonoma County Public Health is prioritizing testing for the following groups of people: Individuals with signs and symptoms (fever not always present) compatible with COVID-19 AND:

1. Hospitalized and significantly ill; OR

2. Healthcare personnel including first responders with direct contact with patients; OR
3. All other first responders (i.e., fire and law enforcement); OR
4. Lives in or works at a long-term care facility; OR
5. Chronically homeless; OR
6. Is an inmate or works at a jail or prison.

Contact Sonoma Public Health at 707-565-4566 for testing consultation of individuals that meet the above criteria. Testing of asymptomatic individuals is not recommended.

<https://sonomacounty.ca.gov/Sonoma-County-COVID-19-Management-of-Patients-Updated-Guide/>

[Over 40 Stanford students test positive in a week as university cancels plan for undergraduates to return to campus](#) — San Francisco Chronicle — 1/11/2021

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## Transportation

San Francisco has launched a discount program to help people over 65 and people with disabilities make essential trips in taxis during the COVID-19 crisis. Eligible participants will pay 20% of the cost of a regular cab ride fare for essential trips. The Essential Trip Card is valid for travel within San Francisco. Customers who pay \$12 will receive a \$60 value for taxi trips on a debit card. The card can be refilled once a month: [is.gd/gZrlXj](https://is.gd/gZrlXj)

Apply by calling 311 and mentioning the program. Staff will be available weekdays between 9am and 4:45 pm.

“We ask riders to do their part by making only essential trips, washing their hands thoroughly or using hand sanitizer before and after taxi trips, wearing a mask or cloth face covering if possible, coughing or sneezing into a tissue or elbow and not touching their faces. We also encourage riders to clean their debit card, child seat, or any items that the driver or anyone else may help to carry or load with a sanitizing cleaner, before and after your trip.”

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## Unemployment Benefits & Financial Relief

The Bayview Essential Services Resource Hub is scheduled to open on Wednesday February 17th at 10:00am by appointment. Residents interested in seeking assistance may contact Tracy Taper at 415-822-3491 or [ttaper@ycdjobs.org](mailto:ttaper@ycdjobs.org) to schedule an appointment.

If you're still having problems applying for benefits or getting status updates, here are a few tips from CNET: [is.gd/NpiQyi](https://is.gd/NpiQyi)

Here's an official CA unemployment help page on Facebook: [is.gd/YAzPFB](https://is.gd/YAzPFB)

If the IRS has your direct deposit information, you should see relief soon. If you don't have direct deposit, you might not see funds until September. With the IRS tracking tool, Get My Payment, you can check your payment status and enter your bank account information to receive financial relief more quickly: [irs.gov/coronavirus/get-my-payment](https://irs.gov/coronavirus/get-my-payment)

The IRS is urging people to look out for scam calls and emails about COVID-19 relief money. The IRS says it will never call you to verify or provide financial information. Do not open any emails or answer any questions from people who call you asking for personal information: [home.treasury.gov/services/report-fraud-waste-and-abuse/covid-19-scams](https://home.treasury.gov/services/report-fraud-waste-and-abuse/covid-19-scams)

California workers receiving unemployment benefits will receive an extra \$600 on top of their weekly amount as part of the federal relief bill. Depending on how much you make, you'll get weekly benefits from \$40 to \$450 from the state and an additional \$600 from the federal government. Benefits will last for up to 39 weeks. To apply, visit: [edd.ca.gov](https://edd.ca.gov)

Be sure to check out the EDD's faq page: [edd.ca.gov/about\\_edd/coronavirus-2019/faqs.htm](https://edd.ca.gov/about_edd/coronavirus-2019/faqs.htm)

California's Employment Development Department hours will be extended to help the almost three million Californians who have filed claims. The EDD's call center will be open from 8am to 8pm seven days a week.

If you have questions about benefits and relief, Legal Aid At Work is offering free workers' rights phone clinics. Find out if you qualify: [legalaidatwork.org/clinics-and-helplines/](https://legalaidatwork.org/clinics-and-helplines/)

The EDD's new federal Pandemic Unemployment Assistance program is now accepting applications for unemployment benefits from independent contractors, gig workers, and those who are self-employed: [is.gd/1FmeGr](https://is.gd/1FmeGr)

In San Francisco, businesses with 20 or more employees and nonprofits with 50 or more employees are required to set aside money for employee healthcare. There is currently \$138 million in the Medical Reimbursement Account and San Francisco Mayor London Breed has announced plans to free it up to workers. Over 100,000 employees will have access to \$1,300 each. To find out if you qualify, call 877.772.0415. You can also visit [sfcityoption.org/](https://sfcityoption.org/)

The state of California has created a new website for those who've lost their jobs: [onwardca.org/](https://onwardca.org/)

The deadline for families to apply for the [Pandemic Electronic Benefit Transfer program \(P-EBT\)](#) has been extended to July 15th. Families can get up to \$365 per child for groceries through the

program, which is open to families with students who normally get free or reduced-price school meals. According to No Kid Hungry California, many families don't know they're eligible and that they can use these funds in addition to other emergency support they may have. For more info visit <https://ca.p-ebt.org>

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## Vaccination Information

[When and where can I get my coronavirus vaccine in the Bay Area?](#) — San Francisco Chronicle

[Find a COVID-19 vaccine for yourself or a loved one](#) — VaccinateCA.com

Click on your county for more information

[Alameda County](#)

[Contra Costa County](#)

[Marin County](#)

[Napa County](#)

[San Francisco County](#)

[San Francisco Vaccination Information](#) — Twitter

[San Mateo County](#)

[Santa Clara County](#)

[Solano County](#)

[Sonoma County](#)

**San Francisco Southeast and Eastside vaccinations:**

[Southeast Health Center](#)

- Hours are **9am to 3pm any day of the week**, you do not need an appointment
- 2401 Keith Street

- Vaccine supply remains low and you may be asked to return the following day if the site reaches capacity

### **Zuckerberg San Francisco General**

- **Open to SF Residents ages 65 and older** living in the **94110** and **94112** and **94107** zip codes
- Hours are **9am to 3pm any day of the week**, you do not need an appointment
- [Learning Center](#) – 1001 Potrero Avenue, Building 30 on the 2nd floor (off 23rd Street)
- Vaccine supply remains low and you may be asked to return the following day if the site reaches capacity

California's state-wide website for scheduling or registering to be notified of Covid-19 vaccination appointments: <https://myturn.ca.gov/>

Info about the **Oakland Coliseum mass vaccination site** at these links:

<https://www.sfgate.com/news/bayarea/article/Appointments-Open-Sunday-For-Coliseum-Mass-15950783.php>

<https://sanfrancisco.cbslocal.com/2021/02/14/coronavirus-appointments-open-sunday-oakland-coliseum-mass-covid-vaccination-site/>

<https://www.kron4.com/news/bay-area/covid-vaccine-how-to-get-an-appointment-at-the-oakland-coliseum>

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### **Volunteer or Donate**

Find [food through the SF/Marin Food Bank around the region by clicking here.](#)

Find [volunteer opportunities at the SF/Marin Food Bank by clicking here.](#)

The [Covid-19 Relief Fund for Oakland students and schools](#) has raised more than \$2.5 million but they still need your help & support. You can [find more information here](#) or [donate directly to the fund at this link](#). Funds raised through this effort – coordinated by Oakland Public Education Fund and the Oakland Unified School District – go towards nutritious meals for students and families as well as cash assistance to the unhoused, undocumented, and families experiencing economic hardship because of the pandemic. It also provides distance learning materials, computers, and internet hotspots. New funds will help prepare for the safe reopening of schools in Oakland.

Pivotal — **Volunteer to send a care package and help remind foster youth in college that people back home are rooting for them.** [Click here for a six-step process to make it happen.](#)

— Pivotalnow.com

Help out at the SF-Marin Food Bank:

Main volunteer page: <https://volunteering.sfmfoodbank.org/>

Urgent volunteer opportunities sign-up: <https://volunteering.sfmfoodbank.org/happening-soon/>

List of several volunteer opportunities:

<https://sf.funcheap.com/city-guide/thanksgiving-volunteer-guide/>

### ***Direct Relief and Assistance***

- The [Federal Emergency Management Agency \(FEMA\)](#) provides emergency medical, housing and other types of assistance for those affected by disasters.
- The [Small Business Administration](#) provides low-interest disaster loans to businesses, non-profit organizations, homeowners, and renters to repair or replace damaged or destroyed real estate, personal property, equipment and other business assets.
- The [California Governor's Office of Emergency Services](#) connects residents with a wide range of services and programs targeted specifically at those who have been affected by wildfires.
- The State of California's [Guide to Disaster Assistance Services for Immigrant Californians](#) provides information on health, housing, emergency supplies, employment and other services available to all Californians, regardless of their immigration status.
- [The American Red Cross](#) provides access to shelter to evacuees across California, as well as providing financial assistance to victims of disaster, evacuation updates and safety information.
- [Northern California Salvation Army](#) supports relief efforts. Funds may be used to provide food and drinks to survivors, cleaning supplies and other essential commodities, direct financial aid to those effected or to support disaster relief workers serving in the area.
- The [California Association of Food Banks](#) represents more than 40 food banks in the state that provide food to millions of residents, including victims of wildfires.
- [Foodbank of Contra Costa and Solano](#) distributes food directly to low-income people at community sites and makes food available for other nonprofit organizations serving the ill, needy and children.

*When supporting relief organizations, consider marking your gift as general operating support. By doing so, you enable the organization to both respond to current disasters and be prepared for those that may arise in the future. Visit CCF's [disaster giving page](#) for more tips on how to maximize your impact when giving to disaster relief.*

An organization called Together SF has formed to connect people in San Francisco to resources. If you'd like to volunteer to deliver food or connect with someone over the phone, visit: [togethersf.org](http://togethersf.org)

If you'd like to volunteer with various state programs and nonprofits, visit:  
[californiavolunteers.ca.gov/get-involved/covid-19/](https://californiavolunteers.ca.gov/get-involved/covid-19/)

If you'd like to sign up to support seniors who are isolated by making phone calls, visit:  
[monami.io](https://monami.io)

Palo Alto Online has compiled a list of volunteer opportunities on the Peninsula: [is.gd/Sve9ku](https://is.gd/Sve9ku)

HandsOn Bay Area: [handsonbayarea.org/covid19](https://handsonbayarea.org/covid19)

Would you like to donate food to frontline health care workers? Click here to help:  
[feedthefrontlinessf.org/](https://feedthefrontlinessf.org/)

Would you like to donate to support the performing arts community? [bit.ly/2XTCWsi](https://bit.ly/2XTCWsi)

Support the Streets SF: "We are here to support local artists and businesses by providing a platform in which they can tell their story and call for support."  
<https://www.facebook.com/supportthestreetsf>

Are you an employed journalist who would like to help support furloughed or laid off journalists? Make a microloan: <https://microloansforjournalists.org/>

Help seniors, low-income residents and other vulnerable communities in Oakland. Sign up at <https://www.oaklandca.gov/resources/covid-19-how-to-help>,

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## Watch Out For Scams

The IRS is urging people to look out for scam calls and emails about COVID-19 relief money. The IRS says it will never call you to verify or provide financial information. Do not open any emails or answer any questions from people who call you asking for personal information:  
[home.treasury.gov/services/report-fraud-waste-and-abuse/covid-19-scams](https://home.treasury.gov/services/report-fraud-waste-and-abuse/covid-19-scams)

KRON 4 reports that scammers are sending out what appears to be an urgent text telling people about possible exposure to someone with COVID-19. The text tells the recipient they have come into contact with someone who tested positive. It then advises them to self-quarantine and tells them to click a link for more information. The link is likely a phishing attempt to get the recipient's information so don't click on it.

Beware of unemployment pension scams. [According to the Federal Trade Commission](https://www.ftc.gov/tips-advice/scams/unemployment-pension-scams), scammers are filing for unemployment, using information from people who haven't lost their

jobs. Sometimes money is sent to the real person, and the scammer contacts them pretending to be a government official. Then they'll tell the victim the funds were sent to them by mistake and direct the victim to send it somewhere. That's called a money mule scam. Transferring stolen money, that makes the situation worse.

If you received funds from unemployment and did not apply, the FTC recommends that you report it to them at [IdentityTheft.gov](https://IdentityTheft.gov), your employer, the unemployment office, and check your credit reports and cyber security.