

IDAHO CHRISTIAN RUNNING CLUB

1740 E. Fairview Ave. #60 Meridian, ID 83642
208-890-0881 idahochristianrunningclub@gmail.com

2026 Spring Track and Field Season

10 – Week Training Sessions

Starts the week of March 9 at 3 locations

Nampa Running Club

Monday/Wednesday Practices
Nampa Christian School
439 W. Orchard Ave.

~~Practice Time: 5:00 p.m.~~

Practice Time: 6:10 p.m.

Boise Running Club

Tuesday/Thursday Practices
Borah High School
6001 Cassia St.

Practice Time: 5:00 p.m.

Emmett Running Club

Tuesday/Thursday Practices
Emmett High School
721 W. 12th Street

Practice Time: 7:00 p.m.

Idaho Christian Running Club 2026 Spring Track and Field Registration Form

Parent's Name: _____ Participants (Use back side for more than 3 children):
Address: _____ Name Age t-shirt size
1. _____
2. _____
3. _____
Phone: _____
E-mail: _____

In order to accommodate the most runners, please make the following location and practice day choices.

NOTE: For Nampa practices choose the 4:45 time (limit 40 participants) or 6:00 practice time
(Minimum of 15 participants needed at either Boise or Nampa practice)

Choose a _____ Nampa (Mon/Wed) _____ Boise (Tue/Thur) _____ Emmett (Tue/Thur)
practice location: (Nampa Christian School) (Borah High School) (Emmett High School)
_____ ~~Practice Time: 5:00 p.m.~~ (Practice Time: 5:00 p.m.) (Practice Time: 7:00 p.m.)
_____ Practice Time: 6:10 p.m.

A third practice day can be chosen at an additional fee of \$15.00/child. Please indicate the child(ren)'s name and the additional practice day and location here:

Club Fees: \$60/Child (Child #1 & 2 in the same family) Want a t-shirt? **Add \$7/child**
\$30/child (Child #3+ in the same family) T-shirt sizes: Youth: small, med., large
Adult: small, med., large

(Note: The proper way to calculate the Registration Fee is the following: 1 Child Registered = \$60.00;
2 Children Registered = \$120.00; 3 Children Registered = \$150.00; for each additional child, please add
\$30.00; ALSO, please add \$7.00 for each t-shirt ordered.)

Waiver of Liability: I hereby certify that I and/or my child(ren) is/are in normal health and capable of safely participating in the ICRC program. I understand running events can be potentially hazardous. I will not hold ICRC, its sponsors nor any parent/guardian liable for injury occurring during, going to or from, activities.

Parent(s) Signature: _____

Make payment to: **David Barrett** Send payment to: David Barrett Idaho Christian Running Club
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