2018 Fall Weekly Schedule

September 4th - October 28th

Coptombol 4th Cotobol 2oth						
MONDAY						
TIME	LOCATION	EVENT	PROGRAM			
4:00 - 5:30pm	SPORTSHOUSE	NEO PREP	NEO PREP			
5:15 - 6:45pm	SPORTSHOUSE	12U BLACK WORKOUT	BLACK WORKOUTS			
6:30 - 8:00pm	SPORTSHOUSE	14U BLACK WORKOUT	BLACK WORKOUTS			
TUESDAY						
4:00 - 5:30pm	SPORTSHOUSE	10U OPEN WORKOUTS (CLINIC)	OPEN WORKOUTS			
5:15 - 6:45pm	SPORTSHOUSE	HIGH SCHOOL WORKOUTS (CLINIC)	HS WORKOUTS			
6:45 - 7:45pm	SPORTSHOUSE	PRIVATE TRAINING FOR 5TH & 6TH GRADERS	PRIVATE WORKOUTS			
WEDNESDAY						
4:30 - 5:30pm	SPORTSHOUSE	PRIVATE TRAINING FOR 5TH & 6TH GRADERS	PRIVATE WORKOUTS			
4:30 - 5:30pm	SPORTSHOUSE	PRIVATE TRAINING FOR 3RD & 4TH GRADERS	PRIVATE WORKOUTS			
5:30 - 6:30pm	SPORTSHOUSE	PRIVATE TRAINING FOR 3RD & 4TH GRADERS	PRIVATE WORKOUTS			
5:30 - 6:30pm	SPORTSHOUSE	PRIVATE TRAINING FOR 7TH & 8TH GRADERS	PRIVATE WORKOUTS			
6:30 - 8:00pm	SPORTSHOUSE	HIGH SCHOOL WORKOUTS (CLINIC)	HS WORKOUTS			
4:00 - 5:30pm	ARRILLAGA FAMILY GYM	10U OPEN WORKOUTS (CLINIC)	OPEN WORKOUTS			
5:15 - 6:45pm	ARRILLAGA FAMILY GYM	12U OPEN WORKOUTS (CLINIC)	OPEN WORKOUTS			
6:30 - 8:00pm	ARRILLAGA FAMILY GYM	14U OPEN WORKOUTS (CLINIC)	OPEN WORKOUTS			
THURSDAY						
4:00 - 5:30pm	SPORTSHOUSE	NEO PREP	NEO PREP			
5:15 - 6:45pm	SPORTSHOUSE	12U BLACK WORKOUT	BLACK			

			WORKOUTS	
6:30 - 8:00pm	SPORTSHOUSE	14U BLACK WORKOUT	BLACK WORKOUTS	
6:00 - 7:30pm	SEQUOIA HIGH SCHOOL	12U OPEN WORKOUTS (CLINIC)	OPEN WORKOUTS	
6:00 - 7:30pm	SEQUOIA HIGH SCHOOL	14U OPEN WORKOUTS (CLINIC)	OPEN WORKOUTS	
7:30 - 8:30pm	SEQUOIA HIGH SCHOOL	PRIVATE TRAINING FOR HIGH SCHOOLERS	PRIVATE WORKOUTS	
FRIDAY				
4:00 - 5:00pm	ARRILLAGA FAMILY GYM	PRIVATE TRAINING FOR 3RD & 4TH GRADERS	PRIVATE WORKOUTS	
4:00 - 5:00pm	ARRILLAGA FAMILY GYM	PRIVATE TRAINING FOR 5TH & 6TH GRADERS	PRIVATE WORKOUTS	
5:00 - 6:00pm	ARRILLAGA FAMILY GYM	10U DIVISION GAMES	10U & GAMES	
6:00 - 7:00pm	ARRILLAGA FAMILY GYM	12U DIVISION GAMES	12U GAMES	
4:30 - 5:30pm	SPORTSHOUSE	14U DIVISION GAMES	14U GAMES	
5:30 - 6:30pm	SPORTSHOUSE	14U DIVISION GAMES	14U GAMES	
6:30 - 7:30pm	SPORTSHOUSE	PRIVATE TRAINING FOR 7TH & 8TH GRADERS	PRIVATE WORKOUTS	

SUNDAY					
4:00 - 5:00pm	SEQUOIA HIGH SCHOOL	JV DIVISION GAMES	JV GAMES		
5:00 - 6:00pm	SEQUOIA HIGH SCHOOL	JV DIVISION GAMES	JV GAMES		
6:00 - 7:00pm	SEQUOIA HIGH SCHOOL	VARSITY DIVISION GAMES	VARSITY GAMES		
7:00 - 8:00pm	SEQUOIA HIGH SCHOOL	VARSITY DIVISION GAMES	VARSITY GAMES		