

2022-23 SEL Focus

Month	Key Words	Activities
August	Focus Goal-Setting Command and Control (EF)	Announcements
September	Appreciative Enthusiastic Mindfulness	Hispanic Heritage Month International Day of Peace Announcements
October	Self-Discipline Responsibility Self-Efficacy	Anti-bullying month Red-Ribbon Week Announcements
November	Gratitude Thankfulness	Announcements
December	Empathy Compassion	Announcements
January	Growth Mindset	Announcements
February	Integrity	Announcements Friendship Day Who Cares? I do! Black History Month
March	Perseverance	Announcements Read Across America Day Women's History Month
April	Resilience	Announcements
May	Reflection	Announcements Asian/Pacific Islanders Month