

November Newsletter



Thankful for the sacrifices of others so we could be free.

Administrator's Message

by Dr. Villneff, Principal

How is it November already? It seems like we just started the new school year! As the saying goes, "Time flies when you're having fun," so that must mean as we are learning and teaching at OJSH we are enjoying ourselves too.

This month parents and students will get the first report card of the year on PowerSchool on November 15 by 4PM. This report is not printed, so please ensure you have access to PowerSchool. If you are experiencing difficulties with this, contact our school office to get assistance at 780-967-2271. Parent teacher interviews will be on Thursday November 17 between 5&8PM. It is an open interview event so appointments are not required. Teachers are available in common areas of the school and as soon as they are free, you can speak to them about your child's progress. We always welcome your children to attend the interview with you. This way both the student and parent(s) get

the same information, and students can better understand what they can change or continue to do to be successful in their classes.

There are a number of significant events coming up in November, including our annual Remembrance Ceremony which will happen on the last day of school before the break - November 9 at 10:30am. During our ceremony we will demonstrate somber respect and gratitude for those who sacrificed their lives so we could all be free.

We will also have a well-deserved Fall Break for staff and students. The timing of this couldn't be better as we are experiencing higher than usual rates of illness among our school community. We are hopeful that the break will serve to keep everyone apart and allow time for viruses to dissipate so we can make it to Christmas smoothly. The letter regarding the current status of the school is attached below. Of most importance for our students and staff is that they do not come to school when they are feeling ill. Most students can access class notes and assignments on Google Classroom, so there is a way to stay caught up from home while recuperating from illness.

Please take care everyone and do what the letter recommends to prevent the spread of illness and stay well. Have a wonderful November!

Dr. A. Villneff, Principal



27 Oct 2022

Dear Parents/Guardians,

RE: Notice of Respiratory Illness Outbreak at: Onoway Junior-Senior High School

A respiratory illness outbreak has been declared at: Onoway Junior-Senior High School. This is due to a large number of students sick with respiratory symptoms. Respiratory illness symptoms include: Cough, shortness of breath, sore throat, loss or altered sense of taste/smell, runny nose/nasal congestion, fever, and may also include fatigue (significant and unusual), muscle ache/joint pain, headache, nausea, vomiting, diarrhea.

The germs that cause respiratory illness can be easily spread from one student to another through coughing and secretions from the nose and mouth. To help minimize the spread of any respiratory illness we always recommend the following:

- Ill students should stay home.
- Perform hand hygiene frequently by washing their hands with soap and water or using alcohol-based hand rub.
- Practice respiratory hygiene:
 - o cough and sneeze into their sleeves or
 - o cover their mouths and noses with a tissue when coughing or sneezing
 - o throw away used tissues immediately after sneezing, coughing or wiping their noses.
 - o perform hand hygiene as described above.
- Clean surfaces that are frequently touched such as door knobs, light switches and bathroom taps.
- Immunization is an important public health measure and all families, children and staff are encouraged to complete their routine immunizations, COVID-19 and influenza immunizations.
- Testing is not routinely recommended however your health care provider may recommend testing for clinical management

Students who are ill with respiratory symptoms should remain away from school until their symptoms have improved and they have been free of fever for 24 hours without the use of fever reducing medication, and they feel well enough to resume normal activities. If you are tested for COVID-19 additional information on isolation recommendations can be found here:

<https://www.albertahealthservices.ca/topics/Page17239.aspx>

Please contact Health LINK Alberta toll free at 811 if you have any further questions.

Sincerely,

Public Health, Communicable Disease Control Outbreak Team

Boys High School Basketball Coach Needed

by **Mr Lougheed** on Oct 25

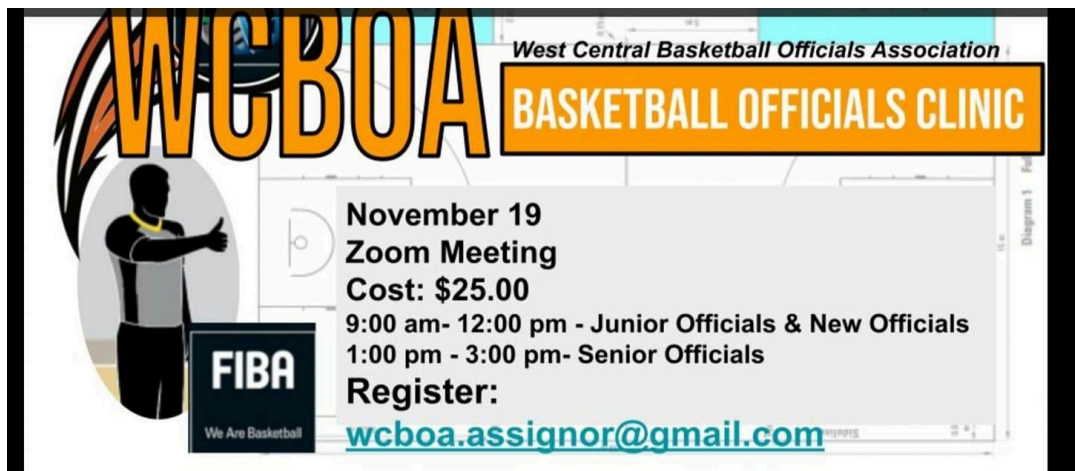
We are looking for another boys basketball coach for our high school aged athletes. If you are interested in volunteering please contact me at the school. corey.lougheed@ngps.ca

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Basketball Officials Clinic

by **Mr Lougheed** on Oct 25

We need basketball officials in our area to ref Jr and Sr events at our school. If you are interested in getting paid and helping out our programs you will find more info in the image below.



RCMP Fitness Test

by **Miss Deacon** on October 26

During PE classes, students got the opportunity to experience the RCMP Fitness Test, in which Constable Rusk helped students complete the PARE test (physical abilities requirement evaluation). This assessment focused on cardiovascular performance, as well as muscular strength and endurance.

Great job students with your performance and hard physical and mental work!



Grads of 2023 - Information Items:



Meeting for Grad students is Thursday November 3 in the Library at noon and a meeting will be held on the same date for Grad Parents at 7PM in the Library. If you are not on the Grad Parents' email list, please email ojshgrad2023@gmail.com

Academy Fabricators Open House/Job Fair

by **Mr. Jespersen** on October 31

On October 14, Academy Fabricators here in Onoway, along with MLA Getson hosted an open house/job fair. The focus was on youth engagement and helping them to explore career options. Twenty-six OJSH high school students attended the event. Lunch was provided, the students were given a facility tour, and the students participated in demonstrations. The students reported really enjoying the event and we are hoping to partner with Academy Fabricators more in the future to enhance our own fabrication program. A big thanks to Academy Fabricators and MLA Getson for bringing our students to this event. Additionally, thank you to Academy Fabricators for partnering with OJSH this year to employ students under the Registered Apprenticeship Program.



School Council

Our next meeting is at OJSH in the staffroom on November 17 at 7 pm. It is the same night as Parent-Teacher Interviews, so if you wish to do interviews

early and then join us at 7, please do. If you are not on the school council email list please email us first at onowayhighparents@gmail.com

Jr. B Team Volleyball

by **Miss Jensen** on October 25

A massive congratulations to the Jr. Girls and Boys volleyball B Teams for winning first place at the Alexis Tournament held on Oct. 25th! It was great to see the talent, teamwork, and sportsmanship demonstrated by both teams! Way to go!



Counselling Corner

One of the big events of the year for the Wrap Around staff has just been completed as this newsletter comes out. Grade 12 Interviews have just finished and the counselors are contacting parents to review their child's interview information. The interviews are an opportunity for the counselors to verify the courses and credits indicated on each Gr. 12 student's Alberta Education transcript with them and also to discuss any plans the students may have for after their graduation. Many students have already started to apply to post-secondary institutions and the staff of the Wrap Around would like to remind students and their families that we are here to help them with any

questions they may have during this process. We would also like to encourage our high school students to visit the Open Houses of any of the post secondary schools that are ongoing. Many of these schools offer Student for a Day experiences and for any of our students that are interested in attending, please come and see one of the counselors. More information sessions and Open Houses will be held throughout the year so please see us if you want more information.

On a related note, our Education Expo, which is organized by ELAA, will run in the OJSH gym on Friday, Nov. 25 from 9:30 to 11:00 am. It is an opportunity for our school community, students and parents, to meet and speak with representatives from several of Alberta's post-secondary schools and gather information on the numerous programs offered at each institution. The Expo has been run at OJSH in the evenings for many years but is now only available during school hours. Parents are encouraged to attend during the time that their child's grade is scheduled to also be at the Expo. Please contact the school if you need more information.

The Wrap Around staff would like to congratulate Sam Leadbeater for being conditionally accepted to the University of Alberta's Bachelor of Arts program with a major in Creative Writing. Great job Sam, we wish you the best in your studies at the U of A.

Attention Gr.12 students and parents. The **TD Scholarships for Community Leadership** are now accepting applications. This scholarship program recognizes students who have demonstrated an outstanding commitment to community leadership and have a minimum average of 75%. The scholarships are valued at up to \$70 000 over four years. The deadline for application is 1 pm EST on Nov. 15, 2022. Please visit td.com/scholarships or see one of the counselors if you are interested in applying.

In closing, the Wrap Around staff would like to thank all of our school community members that have been donating and dropping off food, drinks and snack items that are provided in the Wrap Around area to students who are in need. It is invaluable to so many of our students and we greatly appreciate the generosity of the families of OJSH.

As a regular part of our monthly newsletter submission for this school year, the Wrap Around staff would like to include mental health support information that is provided to us from Alberta Health Services. The following resources and contact information are from that material:

Get Help Now

- Emergency – 911

- [Addiction Helpline](#) – 1-866-332-2322
- [Mental Health Helpline](#) – 1-877-303-2642

Important Phone/Text Numbers

- Community Resources – [211 Alberta](#)
- Crisis Text Line - Text CONNECT to 741741
- [Family Violence – Find Supports](#) – 310-1818
- [Health Link](#) – 811
- [Income Supports](#) – 1-866-644-5135
- [Indian Residential School Survivors and Family, IRSSS](#) – 1-866-925-4419
- [Kids Help Phone](#) – 1-800-668-6868 or text CONNECT to 686868
- [Local Resources & Support - Crisis Services Canada](#)
- [MyHealth.Alberta.ca: List of Important Numbers](#)
- [Physician & Family Support Program](#) - 1-877-767-4637

Did you know of these monuments in honor of our Indigenous Veterans?



National Métis Veterans' Memorial Monument

The National Métis Veterans' Memorial Monument has been engraved in honour of all Métis veterans. The monument has taken years of planning and

fundraising. It was first unveiled in July, 2014, marking the achievement of its installation at Batoche. The names of veterans have been collected over many years of research and collaboration with others as well as submissions from the friends and families of Métis veterans. While it is sad to acknowledge that thousands of Métis deserve the inscription, we are proud to honour and commemorate over 5,000 veterans with this first engraving on the monument. Fundraising for the monument's upkeep and future engravings will be ongoing so veterans who are unknown to us at this time can be added in years to come. The monument will forever be a place to pay our respects to Métis servicemen and servicewomen.

<https://www.metismuseum.ca/index.php>



The National Aboriginal Veterans Monument is a war monument in Ottawa, Ontario, Canada that commemorates the contributions of all Aboriginal peoples in war and peacekeeping operations from World War I to the present.

[Wikipedia](#)

Congratulations Dr. Villneff!

On October 20th, our principal Amy Villneff traveled to London, Ontario for her convocation and officially became a doctor. After 4 years of hard work, Dr. Villneff completed her Doctorate of Education at Western University. Congratulations from everyone in the OJSH community!



FUNdraising Event For Christmas is Coming!!

School Council and OJSH are teaming up to plan a fun Christmas-themed event before the Christmas Break. This event will serve as a fundraiser for our school council which supports the school. Just look at that snazzy new outdoor basketball court - that's one example of what our council helps the school achieve.

Are you a business owner or community member who can donate one or more items or services to be part of a silent auction? Are you a crafter who would like to donate handmade Christmas items or baked goods for sale? If you can support a fun night of mingling and getting some Christmas shopping done at the school, please contact our council chair at onowayhighparents@gmail.com. Details

and date to be announced soon!! Stay tuned to our social



media and website for details!

November's Important Dates:

Thur. Nov. 3	Grad Parents' meeting in Library at 7:00 PM
Fri. Nov. 4	Anchor Club for details, email onowayhighparents@gmail.com
Tue. Nov. 8	PowerSchool closes to families as teachers work on report cards
Wed. Nov. 9	School Remembrance Ceremony 10:30 AM
Thur. Nov. 10	Day In lieu - no school for staff or students
Fri. Nov. 11	Remembrance Day - No School for staff or students
Mon. Nov. 14	Professional Development Day - No students attend
Tue. Nov. 15	Students return to school. PowerSchool reopens by 4:00 PM with Report Card #1 available
Thur. Nov. 17	Parent-Teacher Interviews from 5 to 8 PM School Council 7:00 PM OJSH Staffroom
Fri. Nov. 25	Education Expo - Morning only in OJSH Gym


Hallowe'en at OJSH




Enjoy these pictures from October 31 at school.







GRAD PARENTS' MEETING
THUR. NOV. 3 @ 7PM
OJSH LIBRARY

 **ONOWAY
JUNIOR/SENIOR
HIGH SCHOOL**
EMPOWERING LEARNERS

Did you Know??

OJSH has a Facebook Page, an Instagram Page, a Twitter Feed, and a website? Plus we post a daily bulletin for students and parents every morning!

Check us out at:

Facebook - Onoway Jr/Sr High School

Instagram - onowayjrsrhighschool

Twitter - @ngpsohs www.onowayhigh.ca



Happy November!