

Minutes of the First Preseason General Membership Meeting of the Delaware Lacrosse Officials Association (2018-2019)

Date: January 27th 2019

Time: 6:00 PM

Place: Delaware State Troop 2

Call to Order

DLOA President, Greg Bulger, called the meeting to order at 6:02pm. Attendance was taken per sign in.

President's Report (Greg Bulger)

Greg Bulger went over different examples of technical and personal fouls with the group. Talking about different kinds of different types of fouls involving personal contact between in a open discussion along with video examples. During this time, DLOA officials got into several groups to discuss different plays and talked about what was called or not called in a very close game with no penalties and a game that's a blowout score with several personal fouls and how that affects calling the play possibly differently. Situations included a possible moving screen, a violent hit off a face off (possible ejection?), possible illegal body check, push out of bounds with possession or cross check on end line, and a possible slash on a clearing player.

General Business

Vice President's Report (Mike Wilbur) VP Report Mentorship

Mike Wilbur discussed the mentorship program the executive board decided to begin this 2019 season and which upcoming, second, third and fourth year officials were paired with which experienced officials in the DLOA. New officials will have Greg Bulger as their mentor. These pair of officials will work several games in the beginning of the season and also at the end of the season. At the end of the season, the mentoring program will be discussed by the involved officials with how the program worked this season and how it can be improved in the future with the DLOA executive board members. Hopefully this program will help with consistent calls with the DLOA

Secretary/Treasurer's Report (Dean Dannaker)

Dean talked about how he collected dues from current DLOA members dues from the 2018 paychecks. He discussed fees that the DLOA paid for the year and the current balance of the account. As well as that the 2018 DLOA banquet was paid for from the high school playdays the officials worked in the March. Also, \$1252 was donated to the DOC fund.

Assignor's Report (JP Bennett)

Talked about the slight delay in sending out schedules, Jp has to do the new updates for arbiter this year and how to work the schedules where new and upcoming officials (mentoring program) will be working with their mentors and also crews are able to work together on several games. JP discussed that it will take a little longer first expected but they will be released around the same timeframe as prior seasons. He asked to please update your blocks and call him with any issues DLOA members have during the year to make sure all the season is covered properly.

Down State Representative's Report (Michael Hernandez)

Michael Hernandez discussed the upcoming youth season. Michael discussed the main change for the youth lacrosse in Delaware was that Milford Lacrosse youth program has evolved into Bucks Lacrosse and how Bucks Lacrosse program will be playing their games at DE Turf Complex on Saturday mornings. Michael asked if any members of the DLOA who haven't worked youth games in prior seasons would like to begin working youth games on Saturday and Sunday to please contact him before the season starts so he can add them to the contact lists.

Meetings and Training

Members are expected to attend all meetings and training (DLOA members are required to attend a minimum of three meetings to remain in good standing). There will be online meetings throughout the season besides the in-person meetings tonight and at the end of the year on April 14th for elections. All meetings that are online will be recorded and there will be a small quiz at the end to give you credit. The field training at the University of Delaware football practice fields will be on February 24th and that is mandatory. All the online meeting dates were discussed and shown to the group. This includes the DIAA clinic at Smyrna on February 4th and Kevin Hawkins, our official uniform supplier will be at the DIAA clinic. The polar bear plunge is on February 3rd and Greg Bulger asked more members to join and have some fun with the DLOA members involved already or to make a donation to help out a great cause if they would like to. The DLOA banquet will be on June 5th and Greg asked members to come and have a great time at the end of the season.

Greg Bulger discussed to make sure your arbiter account is up-to-date. Also discussed the crew app we are using to help with consistency with the group when it comes to situations that come throughout the year. It is a communication tool for the DLOA. Helps with group or one to one communication. The DLOA website was discussed and how it shows all of the important dates our members need to know. The Facebook and twitter pages for DLOA were also discussed and how it helps us communicate the Delaware lacrosse community.

Greg talked about keeping up your membership and talk with Dean Dannaker to make sure dues are up to date. Greg talked about the DIAA requirements with regards to the DIAA test and the concussion course and making sure your concussion course is up to date and that you take the DIAA test before the due date. DLOA members also need to check and make sure you

are up to date with US Lacrosse with regards to the Boys Rules Course and the annual US Lacrosse test. Greg also discussed observations for current levels and annual training that US Lacrosse will have throughout the season. The Observation Program was discussed and how every member will get observed once every three years. Members can ask for additional observations and the observer will get half of a game fee.

The Social Media Policy was discussed with the DLOA members and how you can find it on the DLOA website. Greg asked that members should make comments about specific games, players, coaches, parents, etc.

Contract Updates were discussed and DLOA got a one dollar raise for game fees. Greg discussed with the DLOA members that we will only work playdays and not working single game scrimmages before the season begins until this policy is changed by DIAA. The playdays that will be worked will be assigned by JP Bennett. Greg asked members to talk to JP if there are any questions.

Uniform Requirements

Kevin Hawkins will be at the DIAA clinic. The only patch members are required to wear a flag patch over the chest pocket. Everyone working in the crew should be wearing the same uniform. Members should check their equipment is not worn and faded before the season starts. Greg discussed the DLOA store if members want to order DLOA jackets, hats, etc.

Gameday Requirements

Greg and JP asked members who are working together to please contact each other prior to the game to make sure everyone is on the same page and wearing the same uniform for the game(s). Referee should contact the host school 48 hours prior to gameday and 24 hours to contact he/her partner prior to the game. Crews should meet before the game 30 minutes prior to game time. Greg discussed making sure the crew cards are handed out to coaches and shown the DLOA link on the back of the card. 20 minutes before the game, the crew should meet with the captains, coaches, meet with the table personnel (make sure there is a working horn). Crews should also have a post-game debrief to discuss game situations that occurred in the game and that the referee of the crew should complete the game report after each game.

Fitness Updates (Kyle Fry)

Kyle Fry discusses the importance of pre-game warm up. He discusses the importance of stretching and warming up your body prior to the game to avoid injury. Kyle gave several examples of how to properly warm up before the game with different static exercises for legs and body to help with this and interval running warm ups that officials a lot during the game. Kyle talked about hamstring stretches, calf stretches, quad stretches, and leg adductor stretches everyone can do to prepare for a game.

Kyle also discussed hydration and nutrients that will help officials optimize their performance on and off the field and the signs of dehydration officials can experience during a game and ways to prevent dehydration. He gave examples of different drinks and foods/energy bars that will help improve an official's energy during a game. Kyle talked about post game recovery and foods that will help improve a proper recovery for officials. Examples of pre and post game meals were also discussed.

New Business

No new business was discussed.

Greg closed the meeting handing out the DLOA gift for this season of a DLOA tape measure.

Adjournment

The meeting was adjourned at 7:56PM by Greg Bulger.

Respectfully submitted by: _____ (Michael Hernandez, Down State Rep)