

Requesting State Proclamations for Malnutrition Awareness Week

Help raise malnutrition awareness in your community by asking your governor to formally **II** entire state. Proclamations influence policy discussions, public awareness, and offer opportunities to engage the public and elected officials.

Follow the simple steps below to request a proclamation in your state:

Note: We will need the proclamation by September 5, 2023. Please make the request early, as most states require 30-90 days lead time.

1. Click the link next to the state in which you reside to request a proclamation. (Note: You must be a resident of the state to make the request.)
2. You may use the [copy \(prepared starting on page 7\)](#) for your request. (Note: You may also provide additional language if you choose.)
**Some states offer an in-person proclamation signing event. If you decide to participate in this, please take photos and send them to stephaniel@nutritioncare.org.*
3. Fill in the table below to indicate that you made the request and the date the request was made.
4. Once you receive the proclamation, please send a PDF of the proclamation to stephaniel@nutritioncare.org. If your state provides a printed proclamation, please have it mailed to the ASPEN office at 8401 Colesville Rd, Suite 510, Silver Spring, MD 20910.
5. If you have questions, email stephaniel@nutritioncare.org

State / Website for Request / Lead Time for Request	Request Made By	Date Request Was Made	Date Proclamation Sent to ASPEN
Alabama - https://contact.governor.alabama.gov/contact_procs.aspx - thirty-day notice	Rachel Kassel	6/21/23	
Alaska - http://aws.state.ak.us/CrmForms/Home/WebRequest - six-week notice	Ryan Singh	08/10/23	

Arizona - https://azgovernor.gov/engage/proclamations - six-week notice	Alyce Newton	7/9/2023	08/31/23
Arkansas - https://governor.arkansas.gov/online-services/proclamation-request - thirty-day notice	Brett Baney	7/19/2023	8/31/23
California - https://govapps.gov.ca.gov/gov40mail/ - ninety-day notice	Valerie Bloom	6/20/2023	
Colorado - https://www.colorado.gov/governor/proclamations - four-week notice	Allison Blackmer	6/29/2023	
Connecticut - https://portal.ct.gov/Office-of-the-Governor/Contact/Proclamation-Request - four-week notice	Kim Sabino	7/12/2023	7/12/23
Delaware - https://governor.delaware.gov/request-proclamation-tribute - three-week notice	Carrie Earthman	7/6/23	
District of Columbia - https://os.dc.gov/service/ceremonial-services - two-week notice	stephanie lee	7/8/23	7/19/23
Florida - https://www.flgov.com/proclamations - six-week notice	Kathy Hennessy	7/4/2023	
Georgia - https://gov.georgia.gov/contact-us/proclamations/proclamation-request - thirty-day notice in	Albert Barrocas	7/12/2023	9/18/23
Hawaii -	Angela Wolfenberger, MS,	8/10/23	

https://governor.hawaii.gov/contact-us/request-a-comme-morative-message/ - four-week notice	RDN		
Idaho - https://gov.idaho.gov/proclamations/ - three-week notice	Birgit Luebeck Yimin Chen, PhD, RDN	8/10/23 (sent to proclamations@ gov.idaho.gov)	8/8/23
Illinois - https://www2.illinois.gov/sites/gov/contactus/Pages/Proclamation.aspx - four-week notice	Madhu Jain, RD	5/29/2023	
Indiana - https://www.in.gov/gov/2916.htm - eight-week notice	Kristie Garner	07/18/2023	8/31/23
Iowa - https://governor.iowa.gov/services/request-proclamation - six-week notice	Lori Graeve, RD, LD Liz Fridley, RDN, LD	8/1/2023 8/2/2013	9/14/23
Kansas - https://governor.kansas.gov/serving-kansans/constituent_services/proclamation-guidelines/proclamation-request/ - eight week notice	Adele Bohn, RD	06/07/2023	
Kentucky - https://secure.kentucky.gov/formservices/Governor/ProclamationRequestForm_ - thirty-day notice	Abigail Martin, MD	5/24/2023	9/18/23
Louisiana - http://gov.louisiana.gov/index.cfm/form/home/13 - fourteen-day notice	Sharla Boothe, RD	7/31/2023	9/9/23
Maine - https://www.maine.gov/governor/mills/contact/request_proclamation - forty-five-day notice			
Maryland - https://md.accessgov.com/governor/Forms/Page/cs/letter/1 thirty-day notice	Stephanie Lee Julia Duchastel Amanda Harkless	6/30/23 7/6/23 7/21/23	

Massachusetts - https://www.mass.gov/forms/request-a-proclamation-from-governor-baker - twenty-day notice	Beth Peterson	6/30/23	9/22/23
Michigan - https://www.michigan.gov/whitmer/0,9309,7-387-90499,90639---,00.html – four-week notice	Kelsey Parent	7/30/23	
Minnesota - https://mn.gov/governor/news/proclamationrequest.jsp - twenty-day notice	Catherine Larson-Nath Samantha Benson Amelia Starr	7/20/23 07/20/23 7/27/2023	
Mississippi - https://governorreeves.ms.gov/ - thirty-day notice This Governor does not issue proclamations, rather the office will issue "Letters of Support" via email or by U.S. mail.	Andrew Mays	7/6/2023	
Missouri - https://governor.mo.gov/contact-us - thirty-day notice	Rita Chrivia Kendra Payne Laurie Carlton	8/3/23 8/7/23	8/21/23
Montana - https://montana.servicenowservices.com/gov?id=sc_cat_item&sys_id=553540f11bca5d100b73a8efe54bcb7f - two-week notice	Julie Ann Corpuz-Bucannon Sarah Miller	8/12/2023 8/28/23	9/18/24
Nebraska - https://governor.nebraska.gov/proclamation-request - thirty-day notice	Julie Juddi/NAND	7/31/23	9/18/23
Nevada - http://gov.nv.gov/Forms/Request_a_Proclamation/ - four-week notice	Laura Kruskall of behalf of Nevada Academy of Nutrition & Dietetics	08/01/23	
New Hampshire - https://new-hampshire.secure.force.com/support/GOV_Proclamation - thirty-day notice	Penny Allen penny.allen@comcast.net	8/3/23	8/21/23
New Jersey - https://nj.gov/governor/contact/proclamations -	Aimee Gershberg aimeegershberg@gmail.com	7/8/23	

eight-week notice			
New Mexico - https://www.governor.state.nm.us/contact-the-governor/requesting-a-proclamation/ - forty-five-day notice	Diana Gonzales-Pacheco	7/6/23	
New York - https://www.governor.ny.gov/content/governor-contact-form - thirty-day notice	Jade Parry parry.jade@gmail.com	7/24/23	
North Dakota - https://www.governor.nd.gov/contact-us - thirty-day notice			
North Carolina - https://governor.nc.gov/request/request-proclamation - four-month (120 day) notice	Michelle Spangenburg	07/31/2023	10.17.2023
Ohio - https://www.governor.ohio.gov/Contact/Contact-the-Governor - thirty-day notice	Jodi Wolff	6/30/23	
Oklahoma - https://oklahoma.gov/governor/contact/commendation-or-proclamation.html - thirty-day notice	Leah Anderson	8/1/2023	
Oregon - https://www.oregon.gov/gov/Pages/Proclamation-Request-Guidelines.aspx - thirty-day notice	Terese Scollard and Oregon Academy Committee Lindsay Keeney April Church	July 2023 8/10/23 8/11/23	
Puerto Rico - https://www.statedeartment.pr.gov/proclamations - at least 60 business day before, email: Lourdes Hernández lhernandez@estado.pr.gov David Maisonet dmaisonet@estado.pr.gov	Luis Velazquez	07/24/2023	8/30/23
Pennsylvania - https://www.governor.pa.gov/contact/#OnlineForm -	Peggi Guenter Paula Foiw Washesky	7-13-23 7-21-23	8/15/23

eight-week notice			
Rhode Island - http://www.governor.ri.gov/contact/ - forty-five-day notice	Kassie Stovell	8/8/23	
South Carolina - Contact the Governor - thirty-day notice	Erin Seprish Nicole Havlichek	8/2/23	9/19/23
South Dakota - How to Request a Proclamation - four-week notice	Rene Brand	8/10/23	
Tennessee - https://www.tn.gov/governor/contact-us/constituent-requests/proclamation-request.html - twenty-one-day notice	Amanda Herring Lori Schirmer Erin Taylor Catherine L McKnight Angela Hamilton Mark R. Corkins	8/10/23 8/10/23 8/10/23 8/10/2023 8/10/23 8/17/23	9/25/23
Texas - https://gov.texas.gov/apps/contact/assistance.aspx - thirty-day notice	Andie Lee Gonzalez	6/7/23	8/11/23
Utah - https://gocentral.utah.gov/Request/Declarations - thirty-day notice	Gina R. Ward	08/02/2023	
Vermont - https://governor.vermont.gov/proclamation-request - six-week notice			
Virginia - https://www.governor.virginia.gov/constituent-services/request-a-proclamation - forty-five-day notice	Michele Spurlock	6/23/2023	
Washington - https://www.governor.wa.gov/contact/requests-invites/request-ceremonial-proclamation-greeting-or-letter - thirty-day notice	Melissa Molloy Anastasia Powell	8/10/23 8/10/23	9/13/23
West Virginia - https://appengine.egov.com/apps/wv/governor/contactus	Stacy Schultz Anna Makricostas	8/10/23 8/21/23	8/18/23

- thirty-day notice			
Wisconsin - https://evers.wi.gov/Pages/Newsroom/Proclamations.asp x - forty-five-day notice	Mary Russell Liz Biggs Jayshil Patel Michelle L. Schneider Rebecca Busch	8/1/2023 8/10/23 08/10/23 08/10/23 8/23/23	9/6/2023 9/6/2023
https://evers.wi.gov/Pages/Newsroom/Proclamations.asp x - thirty-five-day notice	Chris Bridleman	8/10/2023	
Wyoming - https://governor.wyo.gov/contact/proclamation-requests - forty-five-day notice	Gai Farmer		8/14/23
Navajo Nation			

**Prepared Copy About ASPEN, Malnutrition Awareness Week,
and Proclamation Points for Your Request**

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Title of Proclamation: Malnutrition Awareness Week

Name of sponsoring Organization: American Society for Parenteral and Enteral Nutrition

Date by which proclamation is needed: 09/5/2023

Description (What issue is to be recognized? Why is this issue significant and who will benefit from this recognition?):

Information about Organization/Group

The American Society for Parenteral and Enteral Nutrition (ASPEN) is dedicated to improving patient care by advancing the science and practice of clinical nutrition and metabolism. Founded in 1976, ASPEN is an interdisciplinary organization whose members are involved in the provision of clinical nutrition therapies, including parenteral and enteral nutrition. With members from around the world, ASPEN is a community of dietitians, nurses, pharmacists, physicians, scientists, students, and other health professionals from every facet of nutrition support clinical practice, research, and education. ASPEN envisions an environment in which every patient receives safe, efficacious, and high-quality nutrition care.

Malnutrition Awareness Week is the American Society for Parenteral and Enteral Nutrition's annual campaign to educate healthcare professionals, government leaders, community agencies, patients, and caregivers on the negative consequences of malnutrition. Malnourished patients are associated with higher medical costs, longer hospital stays, and increased mortality.

Proclamation Points

- WHEREAS, experts agree that nutrition status is a direct measure of health, and that good nutrition can keep people healthy and out of health care institutions; and
- WHEREAS, inadequate or unbalanced nutrition, known as malnutrition, is prevalent in many groups, including vulnerable populations such as hospitalized patients and minority populations, with older adults having the highest rate of malnutrition compared to other groups; and
- WHEREAS, illness, injury, and malnutrition can result in the loss of lean body mass, leading to complications that impact good patient health outcomes, including recovery from surgery, illness, or disease; and
- WHEREAS, nutrition is a human right and Social Determinant of Health, and malnutrition is exacerbated by the global COVID-19 health pandemic, which has intensified disparities, inequities, and social isolation and is further compounded by food insecurity; and
- WHEREAS, disease-related malnutrition is a highly prevalent form of malnutrition; and
- WHEREAS, over 2 million hospital stays involve malnutrition per year; and
- WHEREAS, each day, approximately 15,000 hospital patients with malnutrition go undiagnosed; and
- WHEREAS, malnourished patients have two times longer hospital stays compared to patients with no malnutrition, and
- WHEREAS, the 30-day hospital readmission rate is 1.6 times higher than patients without malnutrition; and
- WHEREAS, readmitted malnourished patients are twice as likely to be diagnosed with an infection; and
- WHEREAS, malnourished patients have two times higher hospital costs compared to the average cost of all hospital stays; and
- WHEREAS, readmitted malnourished patients have 22% higher hospital costs than readmitted patients with no malnutrition;

and

- WHEREAS, malnourished patients have three times the mortality rate of mortality of all hospitalized patients; and
- WHEREAS, twenty to thirty percent of adults in the community are at risk or have malnutrition; and
- WHEREAS, malnutrition leads to more complications, falls, and readmissions, and plays a role in cognitive deterioration, decreased functional capacity and affects quality of life; and
- WHEREAS, screening, assessment, diagnosis, and intervention are key to improving malnutrition in the United States

THEREFORE, I, , Governor of the State of [name of state], do hereby proclaim September 18th through the 22nd, 2023 as Malnutrition Awareness Week in [name of state].

References (if needed):

1. Barrett ML, Bailey MK, Owens PL. Non-maternal and Non-neonatal Inpatient Stays in the United States Involving Malnutrition, 2016. ONLINE. August 30, 2018. U.S. Agency for Healthcare Research and Quality. Available: www.hcup-us.ahrq.gov/reports.jsp. Data shared is on 2016 protein-calorie malnutrition inpatients.
2. Lanctin DP, Merced-Nieves F, Mallett RM, Arensberg MB, Guenter P, Sulo S, Platts-Mills TF. Prevalence and economic burden of malnutrition diagnosis among patients presenting to United States emergency departments. *Acad Emerg Med* 2019 Nov 14. Doi: 10.1111/acem.13887.
3. Tyler R, Barrocas A, Guenter P et al. Value of Nutrition Support Therapy: Impact on Clinical and Economic Outcomes in the United States. *JPEN Journal of Enteral and Parenteral Nutrition* 2020; 44(3): 395 – 406.
4. ASPEN Malnutrition Solutions Center:
https://www.nutritioncare.org/guidelines_and_clinical_resources/Malnutrition_Solution_Center/