



2025 De Soto Football



Summer Weight Room *Open to all students*	Mon-Tues-Wed-Thurs from 8-11 AM Mon & Wed 6-8 PM (WR only) • Arena Football TBA • Position Workouts (Tues/Thurs) • Pylo Workouts (Mondays @ 7 AM) Athletes that are able to drive will help with rides. Shuttle sign-up is also available each day. Minimum number of riders is required.
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Important Dates 2025 Football Calendar https://calendar.google.com/calendar/u/1/r	Summer Weight Room (Strongly Encouraged)	Starts Wednesday, June 4th
	Contact Days (Strongly Encouraged)	TBA. Will meet with the Seniors to pick the dates/times. We will stay away from BB/Baseball.
	5 on 5 (Strongly Encouraged)	vs Kee High (Lansing) TBA
	Physical/Alt Year Card (Mandatory)	All forms need to by Thursday, July 24th
	Parent Meeting	Parent Meeting will be posted for viewing on the football website prior to the start of the season
	Equipment/1st Day of Practice (Mandatory)	Tuesday, August 5th Time: 8-12

Follow Pirate Football	Website: https://www.desoto.k12.wi.us/page/de-soto-football Text Alerts/Remind: Text: @piratefb1 to 81010 https://www.remind.com/join/piratefb1
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Please feel free to contact me with any questions: ewick@desoto.k12.wi.us