

Guidelines for when your child is sick

Please save this information for reference.

The following are some guidelines for determining whether or not to send your child to school. If you can answer “yes” to any of these questions, your child might need to stay home. Please call the Health Office before sending your child to school if you have any questions or need help determining whether your child is well enough to attend school.

1. Does he/she have a fever (temperature 100 degrees or higher)?
2. Is he/she vomiting or has he/she vomited during the night?
3. Does your child have diarrhea?
4. Does your child have an earache?
5. Does your child have a severe cough?
6. Does your child have a sore throat that has lasted for more than 3 days?
7. Do you suspect chicken pox, measles, Strep, “pink eye” or any other contagious disease?
8. Is his/her energy level much lower than usual?

Please follow these guidelines when determining whether or not your child is ready to return to school after having been sick.

1. Temperature must be normal for 24 hours without medication.
2. He/she may return to school 24 hours after intestinal illness has resolved.
3. A child who has had chicken pox may return to school one week from the appearance of the eruption, providing the lesions are dry.
4. A child who has had ringworm or impetigo will be excluded from school until we have a note from the doctor with instructions as to when the child may return.
5. A child who has been diagnosed with Strep throat may return after he/she has been taking the antibiotic medicine prescribed by the doctor for at least 24 hours.

If your child becomes ill at school, you will be called to take him/her home. Every attempt will be made to make your child comfortable in the Health Office until you arrive. Though we understand the difficulties of being a working parent, we would ask that you please make sure you are prepared for this possibility and have a variety of contacts and phone numbers on file at school. Waiting for hours in the Health Office is very difficult for children who are not well. In consideration for all the other children and our staff, we cannot and will not allow sick children to attend class.