

The Fire Within

Aries Eclipse Future Self Vision Pages

A sacred space to rewrite your origin story, reclaim your identity, and take bold, embodied steps toward your next evolution.

How to use: File > Make a Copy > Customize

Why Aries? Why Now?

The Aries Solar Eclipse isn't just a new moon—it's a cosmic ignition. It's the moment in the story where the old self dissolves and the future self takes the lead. Aries energy is bold, direct, unapologetic. It doesn't wait. It moves.

This resource is here to help you claim your next chapter. Not from pressure—but from power. It's time to get radically clear on who you are becoming, and what you're no longer available for.

Part 1: Who Is Rising?

These prompts are designed to connect you with the Future Self that's being activated by this eclipse.

- Who am I becoming?
- What version of me is ready to rise from the ashes of old patterns?
- What qualities does my Future Self embody that I haven't fully claimed yet?
- What am I no longer willing to hold back?

✨ *Bonus Prompt:* If I were living one bold truth louder, what would it be?

Part 2: Future Self Vision Board

You can do this digitally (Canva, Pinterest) or physically (magazines, markers, anything goes).

Create a vision board that captures:

- What you look like, feel like, radiate as your future self
- Environments that energize you
- Symbolic images (fire, mirrors, swords, phoenixes, red tones, etc.)
- Words or quotes that anchor you in boldness

✨ *Tip:* Use red, gold, or fire tones to connect with Aries energy.

Part 3: Write Your New Origin Story

This isn't about the past. It's about who you're becoming. Script your story from the lens of your Future Self.

"There was a moment I decided I was no longer going to live by old rules..."

Use this space to write:

- The turning point
- The claim you made
- The actions you took
- Who you are now

 *Write it in present or past tense, as if it's already done.*



Part 4: Identity Collapse + Rebirth

Let's get honest. What version of you are you releasing?

I'm releasing the version of me who...

- 1.
- 2.
- 3.

I'm calling in the version of me who...

- 1.
- 2.
- 3.

✨ Complete 3-5 of these. Burn the old page if it feels right.



Part 5: Eclipse Mantras

Choose the one that speaks loudest—or create your own:

- I am the fire and the flame.
- I lead myself with clarity and courage.
- I burn bridges to patterns, not people.
- Boldness is my birthright.
- I don't need more time—I need to trust my timing.

✨ Action step: Speak your mantra in the mirror every morning for 7 days post-eclipse.



Part 6: Anchor the Energy

Sustainable change requires integration. Choose 1–3 ways to embody your fire in the days following the eclipse:

- Move your body every morning like your future self
- Take one courageous action you've been avoiding
- Speak a truth out loud (to yourself or another)
- Say no to something out of alignment
- Light a candle daily to reconnect with your vision

🔥 This isn't about being perfect. It's about being *real*—and ready.

Final Reflection

This eclipse didn't show up to test you—it arrived to *reveal* you. The version of you on the other side of this portal isn't waiting. She's rising.

What truth are you ready to live louder?

With fire & clarity,

Mindfully Megan

