

Order of Service

Action Sunday "Appreciating the Small Things"

Sunday, November 23, 2025 November Theme: Nurturing Gratitude

Worship Leader: Rev. Matthew McHale Worship Associate: Michael Thomas

Pianist: Dianne Saichek

Music for Gathering

Dianne Saichek

Call to Worship

"Haudenosaunee Thanksgiving Address"

Rev. Matthew McHale

Land Acknowledgement

Opening Hymn

Medley: "For All That Is Our Life"
& "For the Beauty of the Earth"

Lighting the Chalice

Affirmation

*Love is the doctrine of this church,
The quest of truth is its sacrament,
And service is its prayer.
To dwell together in peace,
To seek truth in freedom,
To serve humankind in fellowship,
To the end that all souls may grow
Into harmony with the divine.
This do we covenant with one another.*

Afirmación

*El amor es la doctrina de esta iglesia,
La búsqueda de la verdad es su sacramento,
Y el servicio es su oración.
Habitar juntos en paz
Buscar la verdad con libertad
Y servir a la humanidad juntos
Con el fin de que todas las almas
Puedan crecer en armonía con lo divino;
Esto es lo que pactamos unos con otros.*

Welcome

Michael Thomas

Offering

Make checks payable to FUCSJ or donate online at sanjoseuu.org/donate

Reading

"If the moon came out only once a month" by Cathy Ross

Michael Thomas

Story for All Ages

Rev. Matthew

Guided Meditation

Rev. Matthew

Reflection

Rev. Matthew

Closing Hymn

"We Give Thanks" #1010

Benediction

Rev. Matthew

Postlude

Dianne Saichek

Action Sunday Activities

After our shortened worship service, we have several 30-40 minute workshops/activities. Choose whichever one sounds most appealing to you. After your workshop is finished, join us for coffee/social hour in Hattie Porter Hall.

Gratitude Collage: Create a collage interpreting the theme in your own way by cutting out pictures, words, or whatever, and creating a collage with them. At the end of the workshop, participants can, if they want to, share their collages. Join Mary Martin downstairs in the Conference Room (Ages 10+) up to 13 participants.

Circle Singing: We'll be singing rounds, some familiar, some new. Join Sally Cooperrider in the Sanctuary or on Zoom (All Ages, with a responsible adult for kids under 8).

Making "Stained Glass": We'll be creating "stained glass" holiday decorations for the windows in Hattie Porter Hall. Join Phe Starr downstairs in the R.E. Classroom (All Ages)

Neurographic Art: This meditative art technique involves drawing "neuro lines"—wavy and continuous lines that intersect—connecting them to form patterns, and filling them in with color. It's a popular form of mindfulness and art therapy, linking art with scientific principles of the mind. Join Oona Gargan in the Youth Room. Or on zoom sanjoseuu.org/zoom2 with a black marker & coloring supplies. (All Ages, with a responsible adult for kids under 8).

Reflect on the Worship Topic: Continue the conversation and dive deeper into the service's message. Join Matthew in the Fireside Lounge or on Zoom sanjoseuu.org/zoom1 (Ages 14+)

Welcome to the First Unitarian Church of San José

Our Mission: Bound together by our commitment to making Love visible,
we gather to deepen our spirits, to work for justice, and to create one sacred family.

Weekly Calendar

Sunday, November 23: **Sunday Service** 11 am, Sanctuary
Sunday, November 23: **UUthful Spirits** 1pm, Call or text John Burk at **408.259.3781**
Sunday, November 23: **Interfaith Gathering of Unity & Gratitude** 6pm, Temple Emanu-El
Monday, November 24: **Circle Of Support** 5pm, John Hurd, jchurd@gmail.com.
Tuesday, November 25: **OFFICE CLOSED FROM 11/25-11/28** 🦃
Tuesday, November 25: **Tuesday Noon Gathering** Noon, [Zoom](#)
Tuesday, November 25: **Guitars Aloud Rehearsal** 7 pm, Sanctuary
Wednesday, November 26: **Walk the Labyrinth** 11:30 am, Sanctuary
Wednesday, November 26: **Choir Rehearsal** 7 pm, Sanctuary
Thursday, November 27: **THANKSGIVING**
Friday, November 28: **Walk the Labyrinth** 11:30 am, Sanctuary

Announcements

Fall Auction was a Big Success!

Last weekend's Fall Auction raised over \$20,000—our (stretch) goal and a record amount! A big "Thank You!" to our auction team & an army of donors & volunteers who made it happen!

Interfaith Gathering of Unity and Gratitude

Today 6:00 PM - Temple Emanu-El 1010 University Ave. San Jose

Join us for an Interfaith Service of Unity and Gratitude at Temple Emanu-El, with clergy from several different faith traditions, including Rev. Matthew. After the service, you are cordially invited for a pie reception.

Food Drive & Other Aid in Response to SNAP Cuts

In response to the cuts to the Supplemental Nutrition Assistance Program (SNAP) from the Government Shutdown and the budget bill passed by congress in July, FUCSJ is having a Food Drive for Second Harvest. 1 in 8 Americans rely on SNAP to help put food on their table. Making this a national crisis. We are still collecting canned food and other non-perishables (peanut butter, protein & cereal bars, dried beans, etc.) No expired items, please. The collection will run through Christmas. We also have people in our church community who are being impacted. If you need support please contact, revmatthew@sanjoseuu.org or 562-754-8756, or talk to him after the service. *We have grocery store gift cards for those in need.*

Proposals Wanted for Action Sundays

Action Sundays will be continuing roughly a month (we're probably taking a break in December). Our Do you have a skill that would lend itself to a workshop, that would help people deepen community or spiritual practices? Or do you have an idea for a workshop you and/or your children would like to attend? Submit your ideas at sanjoseuu.org/action-sunday-proposals.

Breathe Easy: Faith, Clean Air, and the Power of Clean Energy

Friday, December 5, 7:00 PM in the Sanctuary

Together with California Interfaith Power & Light and GreenFaith, we'll screen The Light Won't Dim, a short documentary about communities building hope and resilience through solar power. After the film, local faith and health leaders will share reflections on caring for our neighbors and our common home — plus simple actions we can take for a cleaner, healthier future. Free popcorn, great conversation — all are welcome! RSVP [Here](#)

We Are Hiring a Religious Education Director Responsibilities include overseeing our religious education program, adapting curriculum to our needs, managing the classrooms and coordinating with teachers and volunteers on Sunday mornings, and working with the minister and worship associates to include our children and youth in Sunday worship. Childcare or teaching experience, along with program management or supervisory experience, is required. We would prefer to hire from outside the congregation, so tell your friends! Interested candidates should apply through Indeed: <https://www.indeed.com/job/religious-education-director-d99d7239422b1969>

Need Pastoral Care? The Pastoral Associates Team, working with our Minister, extends the pastoral care of the church in a ministry of one-to-one presence and support to those who are experiencing illness, loss, isolation, or life changes. Stop by the PA Table after church.

Pastoral Associate of the Week: **Dena Dickinson** PastoralAssociates@sanjoseuu.org

Sign-up to receive the weekly e-News: email office@sanjoseuu.org