

# Module 5: The Meeting

FLOW WITH FLEXIBILITY  
FOUNDATION BEFORE IMPROVISATION

With our primary purpose in mind, we have created a meeting flow for you to follow as your group becomes comfortable with structure of your time together. Begin with an introduction:

The purpose of this group is to experience the love and power of God together, having Christ show up in and through us as we connect to one another and learn great truth. We hope you all walk away from this time together knowing that we have touched God and he has touched us. We encourage you to fully participate: engaging in conversations, opening yourself up by being authentic and vulnerable with one another, serving each other in love and trust that Christ will show up and do great things. *“For where two or three gather in my name, there am I with them”* Matthew 18:20

## WELCOME AND CORE VALUES

Welcome everyone to the group. Have someone share the following core values for your meeting together:

Everything is confidential that is spoken in this room forever.

We do not just study the Bible here. We live under its authority.

Love is the context for our gathering.

We will all minister to one another.

We will multiply our group when we grow beyond twelve.

## HOW TO HOST A GROUP

Hosting a Humanity Group is very simple. The most important thing is that you provide a space where people are comfortable and the atmosphere is natural.

- Minimize distractions to the best of your ability.
- Have the TV off when people arrive and leave it off – or have background music playing.
- If you have pets, keep them out of the room for the meeting
- Do a quick “pick up” of the room before people arrive
- Provide a simple snack – this can be delegated to a different group member every week.
- Expect people that you have never met to show up at your door – greet them and make them feel welcome
- Ask your group to help you pick up before they leave
- If children are present include them or have someone designated to spend the time with them doing something they will enjoy.

## WHEN A NEW PERSON COMES TO GROUP

When someone new is visiting make them feel comfortable. Open up your time together with light hearted “get-to-know you questions. Some good ones to use are the Quaker questions:

1. Where did you live between the ages of 5 and 12 and what were the winters like. *(Some people may have lived in several places, so tell them to choose one place.)*
2. How was your home heated?
3. Who was the center of warmth in your life? *(This is a person.)*
4. When did God become more than a word to you? How did that happen

## WORSHIP

*Suggested Time: 15 MINUTES*

*Psalms 55:6 “Oh come, let us worship and bow down; let us kneel before the Lord, our Maker!”*

Spend time focusing and aligning your hearts toward God. Have someone in the group come prepared to lead one another in this worship time, or be spontaneous together. Use some creativity in setting aside a space to connect to Christ. The possibilities are endless but here are some ideas:

- Song
- Poetry
- Mediation on a truth
- Reading the Scriptures
- Dance
- Prayer
- Art
- Sharing Stories
- Communion

## MINISTRY/PROPHECY

*Suggested Time: 30 MINUTES*

*1 Corinthians 14:25 “The very secrets of his heart would be revealed, and right there—mystified—he would fall on his face in worship to God, proclaiming all the while that God most certainly dwells among you.”*

Go around and share some of the struggles and needs of each person in the group. This is an opportunity to create intimacy, vulnerability, courage and care in the group. Remember, everything is 100% confidential. As people share needs, have someone in the group write it down in the group's prayer journal. After the needs have been shared, have the group ask Christ to come and bring his insight, wisdom and comfort. Encourage the group to share what they hear or see, as Christ moves and leads them. Prophesying is giving a word from God for strengthening, encouragement or comfort. This might be a specific scripture for someone, a picture that comes to your mind, a song, a specific prayer or a question that Christ leads you to ask.

At the end, you can ask if any words or images stood out.

Also, check in on past needs.

- Have they been met?
- Has an answer been given?
- Is there an opportunity to celebrate a victory?

This isn't a time to give your own personal advice or diagnose a need. Just spend some time asking God for how He wants to work during this time, through you.

As you minister to one another, point out moments where Christ is obviously moving in the group. Likewise, point out moments where you feel stuck.

## WORD

*Suggested Time: 30 – 40 MINUTES*

*Psalms 119:105 "Your word is a lamp for my feet, a light on my path."*

Select this week's Study: choose a passage of scripture from Sunday's talk or choose a book of the bible to go through. Read the scriptures aloud, have a conversation about how you can apply this passage of scripture to your own life. Encourage everyone to share and connect. Study Guides can be found on the Humanity Church App (under Group Life), at the bibleproject.com or reach out to your coach for ideas.

## SAMPLE CONVERSATION QUESTIONS:

- What does this passage say about who God is?
- What does this passage say about who we are?
- In light of this passage, what needs to change in my life?
- What is most challenging about this passage?
- What is surprising in this passage?
- What action does this passage call me into?
- Who in your life would benefit from this passage of scripture?
- How would you apply this to a specific current situation in your life?
- Why does this passage matter?

You may want to repeat this process with different scriptures as you continue the WORD time.

## FUTURE

*Suggested Time: 5 – 10 MINUTES*

Spend a short time planning for next week's group and future events.

NEXT WEEK, WHO WILL:

- Lead the worship time?
- Lead the ministry/prophesy time?
- Lead the word time? (*preferably teachers*)
- Bring snacks / refreshments?
- Who will reach out to those missing this week? (*preferably pastors*)

WHO ARE PEOPLE THAT YOU ARE INVITING TO NEXT WEEK'S GROUP?

Write names in the prayer journal

WHAT IS OUR NEXT ENGAGE OPPORTUNITY?

An Engage Opportunity is an opportunity for the HUMANITY to serve or connect with people outside the group.

Example of this include

- Serving a neighbor that needs help moving, cooking, etc.
- Planning a party to bring friends, family, neighbors and coworkers.
- Have a HUMANITY outing and invite people who currently aren't in a HUMANITY.
- Invite HUMANITY members to events hosted by your friends.
- Invite new people to do a service project with your HUMANITY group.