

# 2024 & 2025 L-S News & Happenings



# L-S News & Happenings

**NOTE:** Go to 'View' and select 'Show Document Outline' to quickly navigate to topics of interest  
**Translation:** If you need this information translated, please copy and paste it into Google Translate. The link to Google translate is <http://translate.google.com/>

## [Lincoln-Sudbury HS Helpful Sites & Resources](#)

June 20, 2025

Dear L-S Students and Families:

As we begin the summer vacation, I wanted to send you a few brief and timely announcements. I'll be sending out another communication for the upcoming school year in August. It was a great year at L-S and I look forward to next year! I hope that all of you get some time to unplug and enjoy the company of family and friends this summer!

Thanks,

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Upcoming Events:

Tuesday, 6/24	• L-S School Committee Meeting - 7:00pm	• Remote
Wednesday, 7/23	• L-S School Committee Retreat - 4:00-8:00pm	• L-S Conference Room A

## L-S School Committee - Spring 2025 Newsletter:

Please see this link ([LSSC Spring 2025 Newsletter](#)) that has some important information and updates.

## Student Cell Phones During Classes Next Year:

Over the past two years, the Wellness Committee and subsequent L-S Cell Phone Committee have been conducting research including faculty surveys and discussion to develop recommendations for our approach to student cell phone use at L-S for 2025-2026 and beyond. After considering the [L-S Cell Phone Committee Recommendation](#), reviewing faculty survey information & feedback, and consulting with the L-S School Committee during a recent meeting, I have decided to accept the committee's recommendation (#2) to require that students store their phones in caddies during all classes, and that all faculty/staff members enforce that expectation in their respective classes.

Given the research and distraction that cell phone use causes in classrooms, this option is a clear middle ground between banning phones all together during the school day and keeping the current expectations that are in the purview of each teacher individually. Banning phones outright has significant cultural, philosophical, logistical, and budgetary implications. Keeping the current expectations as they are would continue to put all the weight on individual teachers to enforce, which results in inconsistency. Thus, the middle ground is a sensible path in my view.

More specific communication will go to students, families, and staff at the start of the school year.

## L-S 2024-2025 School Improvement Plan - Summary Report:

In the past few weeks, the Administrative Team has been working to create a summary of some of the work that occurred/actions taken this year towards the School Improvement goals (in addition to all of the good work conducted on a daily basis). As you can see, we accomplished a lot of work towards our goals! Knowing that we always have more work to do, I think this is important information to share with you all.

- [L-S 2024-2025 School Improvement Plan Summary](#)

## Student Work Permits:

It is that time of year where our students start to square away their respective employment for the summer. By law, students who are under 18 years of age, must obtain student work permits from their school. Below is some pertinent information:

- [Work Permits - Parent/Caregiver Letter \(English\)](#)
- [Work Permits - Parent/Caregiver Letter \(Spanish\)](#)
- [Work Permit Process Flowchart](#)
- [Youth Work Permit Application - to be completed by Parent/Caregiver](#)
  - Once this is completed (with Employer's, Physician's, Parent's/Caregiver's, and Student's signatures), these subsequently must be presented to and be signed off on by a school official.
- **Email any questions/requests to: [workpermit@lrshs.net](mailto:workpermit@lrshs.net)**

### **Work Permits During the Summer: 10:00am-2:00pm**

- Please email [workpermit@lsrhs.net](mailto:workpermit@lsrhs.net) with the date/time you will be coming to school
  - Until 6/23/25: Main Office
  - After 6/23/25: Karen Mantey in the Student Services Office (across from Main Office) is the primary staff member processing work permits.
    - Sharita Langston in the Superintendent's Office (down the hall from the Main Office) will process work permits on days Mrs. Mantey is out.
  - Make sure you bring all of the required information with you (see [Youth Work Permit Application - to be completed by Parent/Caregiver](#) and [Work Permit Process Flowchart](#))
    - On arrival at the Main Entrance, information will be posted on the door with a phone number to call to be let into the building and where to go.
    - NOTE: the building will be closed on 7/3 and 7/4.

### **L-S PSAT Information (October 2025):**

Please see below form some information about next school year's PSAT administration:

- **PSAT Weekend Test Date: Saturday, October 18th, 2025**
- **Open to LS Juniors (and Sophomores, if space permits.)**
- [Registration Information for October 2025 PSAT](#)

### **Go to New Zealand (only 2 spots left!):**

There are two spots still open for the LS New Zealand Leadership trip in February 2026.

Join us as we explore the nature and culture of New Zealand. Explore glow-worm caves, kayak and hike one of New Zealand's "Great Walks", experience the 8th wonder of the natural world, climb on glaciers, camp on beaches, stay overnight in a Maori Marae, and watch the world's most acrobatic dolphins, plus a ton more. Sign up now to guarantee one of the last places on the trip! Click [HERE](#) for the full itinerary and more details.

Contact David Hosford ([david\\_hosford@lsrhs.net](mailto:david_hosford@lsrhs.net)) with questions

### **2025 FELS Grant Recipients:**

FELS, the Foundation for Educators at Lincoln-Sudbury, [www.FELSGrant.org](http://www.FELSGrant.org), awarded five grants at its awards ceremony on April 29. Superintendent-Principal Andrew Stephens joined the award presentation and celebration.

#### **The 2025 FELS Grant Recipients are:**

- Rebecca Mayer (English), for her proposal, How to Connect
- Suanne Peterson (FATA), for her proposal, Encaustic and Cyanotype Workshop
- Dennis Phillips (IT), for his proposal, Twenty with Appreciation
- Susan Shields (Assoc. Principal), for her proposal Ma Francaise



- Brendan Wimberley (SpEd), Pitch to the Classroom

FELS is celebrating its 25th year and in that time has awarded close to 150 grants, totaling nearly \$200,000. Lincoln-Sudbury Faculty and Staff are all eligible to apply for FELS Grants. The proposals are often for personal refreshment, long-held aspirations, course work or travel, all of which is undertaken during school vacation time and summer recess. Grants are funded from donations to the FELS annual appeals and proceeds from fundraisers including the annual FELS Thanksgiving Pie Sale and Prom Flower Sales.

FELS is a non-profit organization that awards enrichment grants to Lincoln-Sudbury High School faculty and staff to pursue their professional and personal interests and passions. FELS was founded in 2000 to offer parents a tangible way to show their appreciation to the L-S professional staff for the unflagging dedication, tireless effort, and genuine caring they routinely offer our children. Our guiding principle is “Inspired Teachers Inspire Students.”



Front Row, Left to Right, Grant Recipients Rebecca Mayer (English), Suanne Peterson (FATA), Brendan Wimberley (SpEd), Susan Shields (Associate Principal) and Dennis Phillips (IT).  
Back Row, Left to Right, FELS Board members Ruth-Anne Adams, Carolyn Dwyer, Ginger Reiner, Nancy Marshall, LSRHS Superintendent/Principal Andrew Stephens, FELS Board Members Tara Mitchell, Michelle McMahon-Downer, MaryAnn McCormick, Nancy Donaldson and Kelly Gaudreau

# June 2, 2025

Dear LS Students and Families:

It has been a very busy few weeks at L-S with the Senior Awards Ceremony, Athletic Awards Night, Senior Scholarship Ceremony, Senior Breakfast and BBQ, ACE and EXCEL end-of-year ceremonies, two Proms, the Cum Laude Society Induction Ceremony, Senior Service Day, and Graduation. These were all really wonderful events that brought students and the community together and gave specific recognition to a number of LS seniors. So many people worked very hard to organize and run these events and I'm sure I speak for the students and families in expressing my gratitude for their efforts! I am also appreciative of the hard work that the *Late Night at LS* volunteers put in to create a safe and memorable experience for our graduates the night of the ceremony.

Thanks,



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## Important Events:

DATE/TIME	EVENT	LOCATION
Wednesday, 6/4	<ul style="list-style-type: none"><li>• Science MCAS</li><li>• L-S Juneteenth Event - 10:30am</li></ul>	<ul style="list-style-type: none"><li>• L-S Auditorium</li></ul>
Thursday, 6/5	<ul style="list-style-type: none"><li>• Science MCAS</li><li>• Grades 9-11 Awards Ceremony - 6:00pm</li></ul>	<ul style="list-style-type: none"><li>• L-S Auditorium</li></ul>
Tuesday, 6/10	<ul style="list-style-type: none"><li>• LSSC School Committee Meeting - 7:00pm</li></ul>	<ul style="list-style-type: none"><li>• Hybrid - Silva Room, Sudbury Town Offices Building</li></ul>
June 12, 13, 16, 17	<ul style="list-style-type: none"><li>• Final Assessments</li></ul>	
Saturday, 6/14	<ul style="list-style-type: none"><li>• Lincoln250 Fair &amp; Feast - 11:00am-3:00pm</li></ul>	<ul style="list-style-type: none"><li>• Pierce House</li></ul>
<b>Tuesday, 6/17</b>	<b>• Last Day of School for Students</b>	
Thursday, 6/19	<ul style="list-style-type: none"><li>• Juneteenth (Buildings Closed)</li></ul>	

Tuesday, 6/24	• LSSC School Committee Meeting - 7:00pm	• Remote
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## Postseason Athletics:

Congratulations to all our Spring Sports Athletes and coaches for another successful season! Our teams represented our communities and L-S extremely well. I am always appreciative of the hours of work that our student-athletes and coaches put in to navigate over the course of the season. Please see the following link ([L-S Athletics: Postseason Update 6/2/25](#)) for an update on our teams' playoff progress.

## Remaining MCAS testing session:

We have one remaining MCAS assessment occurring this week for all sophomores this coming Wednesday and Thursday. We will be running a special schedule that day (see below).

### Science (Biology)

#### June 4 & 5

- All 10th Graders
- 11th Graders who are eligible

([participation guidelines here](#))

Please see [Science MCAS - June 4 & 5 Schedule](#) to see the altered schedules, including bus route information, for the MCAS weeks.

## Juneteenth Celebration:

This Wednesday, L-S will be celebrating Juneteenth, which officially occurs on June 19th). During the school day, there will be an assembly that will provide students with a history of the importance of this event as well as a performance by the Lincoln Public Schools Step Squad, as well as a keynote address from Representative and L-S alumnus Chris Worrell.

## Final Assessments:

Please [Click here for the June 2025 Final Assessment Schedule](#). These will occur June 12, 13, 16, and 17.

## Senior Service Day:

One of the amazing traditions at L-S entails the senior class participating in the Senior Service Day where seniors and staff members go into the Lincoln and Sudbury Communities to give back to both communities. The organization of such community service activities takes a lot of organizational work to set up, run, and supervise. I am very appreciative of Susan Frommer and Dani Weisse, who planned the day, and the many L-S staff members who assisted and participated with the students. This is a truly unique endeavor that is a living embodiment of the school motto: *Think for yourself but think of others*. Please see this link ([Senior Service Day](#)) for a slideshow of the wide array of community service activities that occurred last week.

## L-S Food Pantry Club Recognition:

L-S Food Pantry Club was recognized by Representative Carmine Gentile on behalf of the MA House of Representative for the “time and effort that members of the club have dedicated to assisting the Sudbury Community Food Pantry and food insecure families”. Congratulations to the members of this club for this recognition and for the work they do to help benefit our communities.

## DECA International Career Development Conference:

Three Lincoln-Sudbury DECA members attended and competed in DECA’s annual International Career Development Conference (ICDC) in Orlando, Florida, on April 26-29, 2025. The #DECAICDC spotlights DECA’s top student performers from nearly all 50 United States, Canada, Puerto Rico, the Dominican Republic, China. It also highlights innovative business partnerships that empower these emerging leaders and entrepreneurs to tackle the challenges of an ever-evolving and increasingly complex economic landscape.

This year’s #DECAICDC featured more than 26,000 members and advisors in attendance. In addition to career-based competition, DECA members engaged in leadership academies and networking opportunities with over 80 internationally recognized businesses and universities.

- **Sylvia Chused** competed in Principles of Marketing at the International level.
- **Samantha Donaldson and Devraj Patel** competed in Marketing Team Decision Making and placed 8th internationally. Devraj also earned recognition for his exam score.
- **LS DECA** was recognized for the Largest Percentage Growth in Massachusetts, our chapter grew by 391%.

## Student Work Permits:

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- **Email any questions/requests to:** [workpermit@lrshs.net](mailto:workpermit@lrshs.net)
  - Once this is completed (with Employer’s, Physician’s, Parent’s/Caregiver’s, and Student’s signatures), these subsequently must be presented and signed off on by a school official.
    - During the school year: LSRHS Main Office
    - During the summer: Sharita Langston in the Superintendent’s Office (down the hall from the Main Office or Karen Mantey in Student Services Office (across from Main Office)

## A Message from FELS:

FELS is a non-profit organization that awards enrichment grants which enable L-S faculty and staff to further develop their passions for learning and teaching. As a special graduation gift and a symbol of appreciation, please consider making a tax-deductible donation to FELS (The Foundation for Educators at Lincoln-Sudbury). You can also choose to honor your student's most impactful LS staff or faculty member.

- <https://www.felsgrant.org/index.php/donate/>.

## LS Relay For Life:

Congratulations to our students and staff who have been part of the LS Relay for Life, which raises funds to benefit the American Cancer Society. They organized and ran a community event a couple of weekends ago that had over 200 students participate and raised over \$150,000. Wow!

May 8, 2025

Dear LS Students and Families:

We are officially in the last phase of the school year! We are gearing up for a number of events in May-June including proms, AP testing, MCAS (Math and Science), and a number of senior events. Please see below for news, updates, and important announcements. Thanks, and I hope you all have a good day.

*Andrew Steglone*

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<ul style="list-style-type: none"> <li>• <a href="#">Global Scholar Capstone Night:</a></li> <li>• <a href="#">LSB Players Show:</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Awareness Month:</a></li> <li>• <a href="#">Sudbury Cleanup Day 4/26/25:</a></li> </ul>
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## Important Events:

DATE/TIME	EVENT	LOCATION
<a href="#">Senior Calendar of Events for 2024-25 school year</a>		
Friday, 5/9	• L-S Junior Prom 5:00-11:00pm	• Granite Links Golf Club
Tuesday, 5/13	• LSSC Meeting - 7:00pm	• Hybrid
Friday, 5/16	• Musician's Union <i>Battle of the Bands</i> - 6:30pm	• L-S Courtyard
Sat. 5/17	• <i>Relay for Life</i> - 5:30pm - 5:30am (5/18)	• Noyes Elem.
Tues.-Wed. 5/20-21	• MCAS Math - Grade 10	
Wed. 5/21	<ul style="list-style-type: none"> <li>• Senior Awards Ceremony - 2:00pm</li> <li>• Cum Laude Induction - 6:00pm</li> </ul>	<ul style="list-style-type: none"> <li>• L-S Auditorium</li> <li>• L-S Auditorium</li> </ul>
Thursday, 5/22	• Last Day of School for Seniors!!	
Friday, 5/23	• <b>Tentative:</b> L-S - Concord-Carlisle HS <i>Battle of the Bands</i> - 7:00pm	• L-S Courtyard
Tuesday 5/27	• Senior Scholarship Night - 6:30pm	• L-S Auditorium
Wed. 5/28	<ul style="list-style-type: none"> <li>• Senior Day of Service - 9:00am-1:00pm</li> <li>• Senior Athletic Banquet - 7:00pm</li> </ul>	• L-S Auditorium
Thursday, 5/29	• Senior Prom - 4:00-10:00pm	• Danversport Yacht Club
Sunday, 6/1	<ul style="list-style-type: none"> <li>• L-S Graduation Ceremony - 2:00pm</li> <li>• <i>Senior Safe Night</i> - 10:30pm</li> </ul>	<ul style="list-style-type: none"> <li>• L-S Field</li> <li>• L-S C-Building</li> </ul>

## FY26 L-S Budget:

I am pleased to let you know that the [FY26 Budget](#) was resoundingly approved at Sudbury Town Meeting this past Monday, which is the last step in the budget process. I want to thank all of the folks who did the hard work starting this past October to construct the budget for next year. Additionally, repairs to the Atkinson Pool were approved at Town Meeting.

## Teacher and School Nurse Appreciation Week:

This week is Teacher and School Nurse Appreciation Week, and I ask all of you to think about a person in any school who had a positive impact on you as a student or caregiver (whether they were a faculty/staff member, school nurse, custodian, administrative assistant or administrator), and consider taking the time to send that person a note telling them that they had an impact. I can guarantee you that such appreciation marks why we all are in this business, and it makes an educator's year to get messages like that.

## LS School Committee Election:

I am happy to announce that Charles Morton IV and Jack Ryan were elected to the two open positions on the L-S School Committee. I look forward to working with them and appreciate their willingness to serve the L-S community! I also want to thank departing members Cara Endyke-Doran and Kevin Matthews for their years of service (6 and 15 years respectively) on the School Committee and wish them both the best in their future endeavors.

## Athletic Fees Increase:

I want to let folks know that the L-S School Committee voted to adopt some Athletic fee increases for next year. The Athletic participation fee was increased by \$20 to \$385 per sport and the hockey fee was increased by \$150 to \$650. The Athletic fees have not been adjusted for ten years and the fee change will help to meet increased costs. The hockey fee increase addresses the large cost to rent ice time and will help to reduce the reliance on fundraising.

## Global Scholar Capstone Night:

I had the privilege of attending the 9th annual Global Scholars Capstone Fair before break. Senior members presented their projects to peers, families and staff. These projects represented the culmination of much work and thought and research and creativity on the part of our students and allowed them to engage deeply on a topic of their choice and draw on their work and experience over their tenure in the Global Scholars Program. In doing this work, these students provided evidence of each aspect of global competency that requires that Global Scholars students demonstrate:

1. Their ability to discern cultural differences as an opportunity for constructive transactions among people
2. Their ability to speak, read, understand and think in languages other than English
3. Their ability to use their knowledge and understanding of world history, geography, global issues including health, policy, social responsibility, conflict resolution, economics, and the process of globalization to reflect and make their own meaning.

The projects and presentations hit a number of varied topics and were great. I congratulate all the students and advisors who helped make this happen.

## LSB Players Show:

I also want to congratulate our talented LSB Players for their entertaining production of *Goodnight Desdemona (Good Morning Juliet)* for the community last week. This show was the product of much work and preparation on the part of our actors, stage and tech teams, and director and they did a great job!

## Senior vs. Faculty Basketball Game:

Before break, the senior class put together a fundraising event that pitted seniors against L-S staff in a spirited basketball game. There were plenty of cheering fans in the stands and it was a really fun event. The game was competitive, with the students edging out the staff team. I am happy to report



that there were no injuries, although there were a number of very sore adults the next day :) Thanks to the senior advisors and students who helped to organize this event and the seniors and staff who put on such a good game!!



## Relay for Life:

Join us for the LS Relay For Life annual event at Peter Noyes on **May 17th starting at 5:00pm** (rain date - May 18th). This event raises money for the American Cancer Society. There are all sorts of fun games at the event including Spikeball, Badminton, face painting, cupcake wars, Zumba, acapella groups, and more. *Currently the L-S Relay For Life is the 3rd in the nation in terms of money raised to date.*

- It's not too late to join the event! Please consider giving a donation here: [https://secure.acsevents.org/site/STR?pg=entry&fr\\_id=107198](https://secure.acsevents.org/site/STR?pg=entry&fr_id=107198)

## Last Day of Classes and Senior Calendar of Events:

The last day of classes for the senior class will be Thursday, May 22, 2025 and for all other students (including assessments June 12, 13, 16 & 17) to be Tuesday, June 17th, 2025! Graduation will be held at 2:00pm on June 1, 2025 with May 31, 2025 at 2:00pm as the rain date.

- Please also see the [Senior Calendar of Events for 2024-25 school year](#) for additional important dates for our seniors.

## From LATE NIGHT at LS:

It is time for Late Night at LS, the end of year graduation party where LS seniors celebrate together in a safe, substance-free environment. All seniors are invited to this fabulously fun, all-night chaperoned tradition that also helps keep our seniors safe on graduation night. It provides a final opportunity for the seniors to be together with their LS class and more than 95% of senior students attend the event each year. Purchase tickets for this event here: [Late Night at L-S Tickets](#)

### Late Night at LS: SPA TREATMENTS:

- Enter a [giveaway](#) to win pampering prizes—including nail treatments, salon services, and a gift card to a top local barbershop! All proceeds support Late Night at LS, helping us give the



senior class at LSRHS an amazing experience after they graduate. Purchase your raffle tickets here: <https://go.rallyup.com/defabf>

- If you spend \$100 or more on your giveaway tickets, not only will you get a chance to win the giveaway, but you will get a beautiful one-of-a-kind limited 2025 LS Senior Mug.
- All giveaway ticket purchases will go directly to Late Night @ LS.
- We thank the following businesses for their donations: Kings Corner Barbershop, Starz Salon, Invidia Salon & Spa, and Eco Nail & Spa.

### **Volunteers Needed for Late Night at LS!**

Late Night at LS is a cherished graduation tradition. It is a safe, substance-free celebration held at the school for all members of the Class of 2025. It's an incredible night filled with food, games, prizes, and fun that lasts straight through to morning! But we can't do it without your help. It takes a team of 250 volunteers to bring this event to life!

- **Help Us Make Late Night at LS 2025 Unforgettable!**
  - [Late Night Volunteer Signup](#)
- **How It Works**
  - Parents of freshmen, sophomores, and juniors “pay it forward” by planning, setting up, and running this amazing all-night party. Senior parents *do not* volunteer during the event itself.
  - Instead, senior parents are invited to help with clean-up at the very end. Please scroll to the bottom of the sign-up sheet to find these volunteer spots.

### **Ways to Get Involved:**

- **Friday, May 30, 2025:**

Volunteers are needed after school and into the evening to begin decorating. *Students looking to earn community service hours may sign up for designated Friday shifts only!*
- **Saturday, May 31, 2025:**

Help us continue transforming the school by decorating each event space!
- **Sunday, June 1, 2025:**

This is the big day! Volunteers will finalize decorations and run the event itself. There are many ways to help: setting up, managing food and activity stations, dealing cards in the casino area, staffing the prize table, bag check, and more. Be sure to carefully review the time slot you choose!

## **2026 Leadership Trip to New Zealand!**

In February, 2026, a group of LS students will travel to New Zealand for an amazing adventure. The trip will combine an exploration of Maori culture and New Zealand's natural wonderland to create a once-in-a-lifetime experience. Some of the activities that are included:

- meeting with former All Black/Black Fern rugby players
- Black water rafting
- Overnight in a Maori marae
- Zorbing (amazing, look it up!)
- Hot Springs.mud baths

- 3-day hiking/kayaking in the Abel Tasman
- Dolphin Experience
- Heli-hiking on glacier
- Ziplining
- Mountain luge
- Milford Sound boat tour

It will be a truly amazing trip

Click [HERE](#) for more information about the trip and how to sign up.

Please contact David Hosford ([david\\_hosford@lsrhs.net](mailto:david_hosford@lsrhs.net)) or Sarah Greeley ([sarah\\_greeley@lsrhs.net](mailto:sarah_greeley@lsrhs.net)) for more details

## From the Sudbury Health Dept. - Mental Health Awareness Month:

May is Mental Health Awareness Month and the Sudbury Health Department sponsored events and has provided resources to students and caregivers (see QR codes below).




SUDBURY HEALTH DEPARTMENT

# MAY IS MENTAL HEALTH AWARENESS MONTH

**Celebrate Mental Health Awareness Month With Us!**

May is Mental Health Awareness Month — a time to shine a light on the importance of mental well-being and to remind ourselves that mental health is just as vital as physical health.

The Sudbury Health Department invites you to join us throughout the month for a series of uplifting events and activities focused on education, connection, and self-care. Whether you're looking to learn more or simply take a moment for your own wellness, there's something for everyone.

**Check Out Sudbury Health Department Event Offerings in the Month of May!**



**MAY 1**

Thursday, 6:00pm to 7:30pm (Virtual Only)

**Wellness from Within: Harvesting Gut Health for Mental Balance**

Discover the powerful link between gut health and mental well-being with Dr. Anastasia Galanopoulos on Thursday, May 1, 2025, at 6:00 p.m. Learn how small changes in diet, stress, and relationships can support lifelong mental wellness for individuals and families.

Sign-up Required: [Link to sign up: https://www.signupgenius.com](https://www.signupgenius.com)



**MAY 6**

Tuesday, 6:00pm to 7:30pm (In Person at the Goodnow Library)

**Best Practices for Supporting Youth and Adults Around Mental Health and Suicide Prevention**

This informational talk is presented by Samaritans who have provided lifesaving suicide prevention services in Massachusetts for the past 50 years.

**Wellness from Within: Harvesting Gut Health for Mental Balance**

[More Information HERE](#)

SCAN ME



**Best Practices for Supporting Youth and Adults Around Mental Health**

[More Information HERE](#)

SCAN ME



**Let's come together to support one another and break the stigma — because mental health matters, and so do you.**



SUDBURY HEALTH DEPARTMENT

## Sudbury Cleanup Day 4/26/25:

Please consider signing up for the annual Sudbury Cleanup Day on **April 26th, 2025**. See the brochure to the right and go to <https://sudbury.ma.us/cleanup> to sign up.



# April 2, 2025

Dear LS Students and Families:

The annual LS Reality Fair occurred in mid-March and was a great experience! The seniors took it seriously, coming dressed for the career/occupation they selected and had an immersive and rich experience that was highly engaging and educational. They learned about the importance of financial planning, establishing good credit, creating and living within budgets, and gained tangible insight into the realities of living in the adult world. This all had a tangible benefit for the students as they prepare for the next steps in their respective lives. I greatly appreciate the very hard work of Kathleen Thompson, Kate Grant, and the many LS and community volunteers who brought this educational experience to our seniors. I also thank Representative Carmine Gentile and School Committee Chair Ravi Simon who spent time at the event.



Please see below for some important announcements, events, news and reminders.

Thank you,

*Andrew Steglone*

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## Important Events:

Tues. 4/1	• Quarter 3 Ends	
Wed. 4/2	• LSSC Finance Subcommittee Meeting - 7:30pm	• Remote
Thurs. 4/3	• “Jazz Night Concert” at 7PM	• LSRHS Cafeteria
Tues. 4/8	• <i>NEXT</i> LSSC Meeting at <b>METCO Inc.</b> - 5:00pm	• 11 Roxbury St. Boston MA
Wed. 4/9	• Tri-District School Committees Meeting - 7:00pm	• TBA
Thursday 4/10	• Global Scholars Capstone Presentation Night - 7:00pm	• L-S Lecture Hall & Classrooms
Friday, 4/11	• LS School Committee Visits LSRHS • Music Department presents “ <i>Acapella-Palooza</i> ” at 7:00pm	• LS Auditorium
Wednesday, 4/16	• L-S Staff vs. Seniors Basketball Game - during ACA • LSSC Finance Subcommittee Meeting - 7:30pm	• L-S Gym • Remote
Friday. 4/18	• Good Friday	<b>NO SCHOOL</b>
April 21-25	• <b>April Vacation - No School</b>	
Tues. 4/29	• UPCOMING LSSC Meeting at 7PM	• Remote
Wed. 4/30	• Community Connections: “ <i>Associate Principals</i> ” at 7PM	• LS Auditorium
Friday, 5/9	• L-S Junior Prom 5:00-11:00pm	• Granite Links Golf Club

## Last Day of Classes and Senior Calendar of Events:

At this point of the year we are planning for the last day of classes for the senior class to be Thursday, May 22, 2025 and for all other students (including assessments June 12, 13, 16 & 17) to be Tuesday, June 17th, 2025! Graduation will be held at 2:00pm on June 1, 2025 with May 31, 2025 at 2:00pm as the rain date.

- Please also see the [Senior Calendar of Events for 2024-25 school year](#) for additional important dates for our seniors.

## ATTENTION L-S SENIORS - Community Scholarships Reminder:

I sent a notice to all seniors and their families to highlight the numerous scholarships available to LS seniors and hope you will look at what is available and strongly consider applying. These scholarships reflect the generosity of our Lincoln and Sudbury organizations and individuals and represent real money that can help defray costs next year (and beyond).

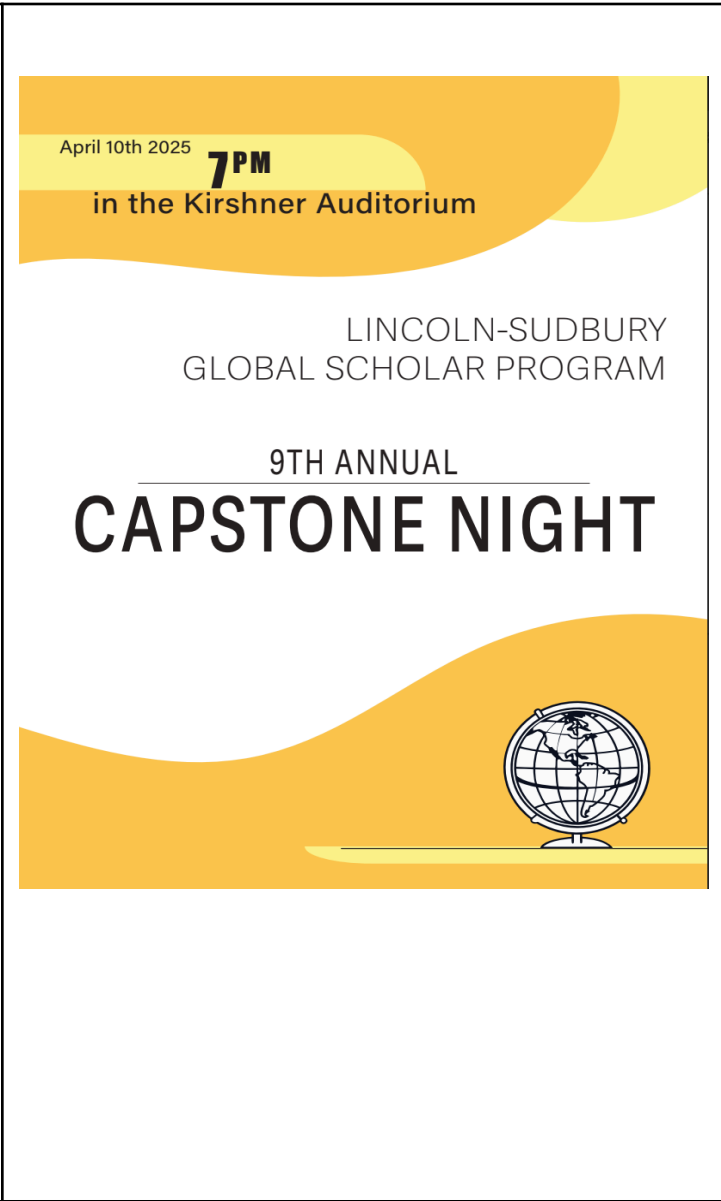
- [2025 Description of Community Scholarships:](#)
- [2025 Community Scholarship Application:](#)

This application must be submitted to Sharita Langston in the LSRHS Superintendent’s Office by **Thursday, April 17, 2025**

Lincoln Town Meeting / LS FY25 Budget:

The FY26 LSRHS Budget was approved at the Lincoln Town Meeting last Saturday. As we are part of a regional district, the FY26 budget will be considered and voted on at the Sudbury Town Meeting in May.

Global Scholars Capstone Night:

<p>I am happy to announce the 9th annual Global Scholars Capstone Fair which will take place starting at <b>7:00pm on Thursday, April 10, 2025</b>. Senior scholars will present their projects to peers, families and staff. These projects represent the culmination of much work and thought and research and creativity on the part of our students and allows them to engage deeply on a topic of their choice and draw on their work and experience over their tenure in the Global Scholars Program. In doing this work, these students will provide evidence of each aspect of global competency that requires that Global Scholars students demonstrate:</p> <ol style="list-style-type: none"><li>1. Their ability to discern cultural differences as an opportunity for constructive transactions among people</li><li>2. Their ability to speak, read, understand and think in languages other than English</li><li>3. Their ability to use their knowledge and understanding of work history, geography, global issues including health, policy, social responsibility, conflict resolution, economics, and the process of globalization to reflect and make their own meaning.</li></ol> <p>The projects and presentations cover a variety of topics and will be very informative.</p> <ul style="list-style-type: none"><li>• <a href="#">2025 Capstone Night Topics and Presenters</a></li></ul>	
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School Trips:

We have a number of school trips occurring over April break (see below) that exemplify L-S’s commitment to creating meaningful and impactful travel experiences for our students. These are in

addition to the Cold War Trip that occurred over February break. I appreciate all the work of L-S organizers and chaperones to create these opportunities for our students.

Chinese Cultural Language Tour -Taiwan
French Language Cultural Exchange
Spanish Trip
Habitat for Humanity - Baltimore MD
Explore Iceland North and South
NYC Music Tour
Boys Lacrosse: Mercer Island, WA
Habitat for Humanity - Baltimore MD
DECA Tournament of Champions

## LSB Players:

I also want to congratulate our talented LSB Players for their entertaining production of *A Children's Show: "Once Upon a Wolf"* for the community last Saturday. These shows are the product of much work and preparation on the part of our actors, stage and tech teams, and director and they did a great job!

## Sudbury Food Pantry - Youth Service Award:

I am very happy to let you know that the Sudbury Food Pantry presented the L-S Food Pantry Club with a Youth Service Award last week. The Food Pantry recognized students in the club and advisor Jim Raffel for their dedication and contribution to the Food Pantry's mission through their hard work and service. It was a moving event and I am very

## Staff Recognition:

### MAPHERD Health and Physical Education Teacher of the Year Award:

It is a unique pleasure of mine to announce that this year's Health and Physical Education Teacher of the Year Awards both went to L-S Wellness teachers:

- Sarah Greeley: Health Teacher of the Year
- Amanda Kelin: Physical Education Teacher of the Year

Both awards publicly recognize annually an outstanding hands-on practitioner who has made valuable contributions in the field of Health and Physical Education respectively. Both Amanda and Sarah fit this description perfectly and are incredibly deserving of these awards!

To have an individual recipient of this award is a major accomplishment for a teacher. To have two separate award recipients in the same year say so much about Sarah and Amanda, and about the great Wellness program we have at L-S. We are all so proud of Amanda and Sarah and they will be recognized at MAHPERD's Honors/Awards Banquet on Sunday, May 4, 2025.

## Eastern Mass. Interscholastic Swim Coaches Association (EMISCA) Awards:

I am happy to announce that Athletic Director Dan Lee was recognized by EMISCA as the North Administrator of the Year and Swim/Dive Coach Julie Nocka was recognized as Coach of the Year by EMISCA. Both Dan and Julie are very deserving of this recognition and I hope you'll join me in congratulating them!

## Late Night @ LS:

### Prize Donations Needed!

One of the most popular Late Night at LS activities is the raffle! Students enter to win prizes all night. These are made possible by generous donations from our community. Please help send our seniors off in style by donating a prize or a gift card from the [Amazon Wish List](#).

Thank you for supporting Late Night at LS and our amazing students.  
Late Night at LS Prize Committee

## Fairy Manicure Event to Benefit Late Night @ LS!

Does a young child in your life love getting their nails painted? Would they also love to have tinsel hair applied to their hair so they look even more sparkly? Come to our 2nd Annual Fairy Manicure event. The money raised at this event goes to benefit Late Night at LS, the substance free graduation night party at the high school.

### Saturday, April 26, 2025

10:00 am - 12:00 pm

Lincoln Sudbury Regional High School

Conference Room B

Reserve a spot for your child using this link:

<https://www.signupgenius.com/go/10C084FADAE2BA4F85-55667725-fairy#/>

\$15 for a manicure

\$30 for a manicure and Fairy Tinsel Hair

## March 10, 2025

Dear LS Students and Families:

Please see below for some important announcements, events, news and reminders. In particular, Seniors: please see below for scholarship information and I hope you will apply!

Thank you,





## Contents:

<ul style="list-style-type: none"><li>• <a href="#">Important Events:</a></li><li>• <a href="#">Good News/Congratulations:</a></li><li>• <a href="#">Winter Athletics:</a></li><li>• <a href="#">National Merit Scholarship Awards:</a></li><li>• <a href="#">L-S Eagle Scout Achievements:</a></li><li>• <a href="#">"Community Connections" Event - March 10, 2025</a></li></ul>	<ul style="list-style-type: none"><li>• <a href="#">Reality for Life Fair: Friday, March 14, 2025</a></li><li>• <a href="#">2025 SERF College &amp; Gap Year Fair (March 10-16):</a></li><li>• <a href="#">HOPE Sudbury Award Opportunity for Seniors:</a></li><li>• <a href="#">Virtual College Fair for Students with Disabilities - March 20, 2025:</a></li><li>• <a href="#">ATTENTION L-S SENIORS - Important Scholarship Information:</a></li><li>• <a href="#">Fundraisers Benefiting L-S Programs/Organizations:</a></li></ul>
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## Important Events:

DATE/TIME	EVENT	LOCATION
Monday, 3/10	<ul style="list-style-type: none"><li>• Community Connection: <a href="#">The adolescent brain: anxiety, depression, and substance use</a> - 7:30PM</li></ul>	<ul style="list-style-type: none"><li>• L-S Lecture Hall</li></ul>
Tuesday, 3/11	<ul style="list-style-type: none"><li>• Next LSSC Meeting at 7PM</li></ul>	<ul style="list-style-type: none"><li>• Remote</li></ul>
3/10-3/16	<ul style="list-style-type: none"><li>• SERF College &amp; Gap Year Fair</li></ul>	<ul style="list-style-type: none"><li>• <a href="#">SERF College Fair</a></li></ul>
Friday, 3/14	<ul style="list-style-type: none"><li>• The Reality for Life Fair - 8:30-3:00pm</li></ul>	
Tuesday, 3/25	<ul style="list-style-type: none"><li>• Upcoming LSSC Meeting at 7PM</li></ul>	<ul style="list-style-type: none"><li>• Hybrid</li></ul>
Tuesday, 3/25 & 3/26	<ul style="list-style-type: none"><li>• ELA MCAS</li></ul>	
Friday, 3/28	<ul style="list-style-type: none"><li>• Musicians' Union</li></ul>	<ul style="list-style-type: none"><li>• LS Cafeteria</li></ul>
Saturday, 3/29	<ul style="list-style-type: none"><li>• LSB Production (<i>details coming soon</i>)</li></ul>	<ul style="list-style-type: none"><li>• LS Auditorium</li></ul>
Tuesday, 4/1	<ul style="list-style-type: none"><li>• Quarter 3 ends</li></ul>	

## Good News/Congratulations:

### Winter Athletics:

Congratulations to all of our Winter Season athletes, coaches, and families for a very successful season! The amount of time, effort, and sacrifice that the athletes and coaches put into this season's sports deserves recognition and appreciation. These students and adults very publicly represent the L-S community and I couldn't be more impressed with how they did this all season while balancing this major commitment with all of the other things going on in their lives. Well done!

### National Merit Scholarship Awards:

I am pleased to let you know that we had a number of LS students recognized this year for their performance in the National Merit Scholarship Program. High school students enter the National Merit Scholarship Program by taking the Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT®), which serves as an initial screen of over 1.3 million entrants each year. Out of this group of students, 50,000 highest scoring students are invited to move on with 15,000 ultimately

receiving invitations as finalists. From that, 7,140 students out of that group are selected as Merit Scholarship winners. I am very proud to announce the Merit Scholarship Finalists from LS Congratulations!

<b>Finalists</b> Audrey Attlan Sneha Goswami Zaven Serop Kouchakdijan Madeline Grace Stolper Michelle Su Maggie McLeod
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L-S Eagle Scout Achievements:

Please see below from Troop 63 Sudbury and congratulations to our L-S Eagle Scouts! Attaining the rank of Eagle Scout requires years of commitment and dedication to both their troop and their community. Each of these boys has performed countless hours of community service, been a leader of their peers, taught younger boys all manner of survival skills, and demonstrated proficiency across physical fitness and many other disciplines.

<ul style="list-style-type: none"><li>• Nicolas Barrera '25</li><li>• Samir Hauptman '27</li><li>• Shain Hauptman '25</li></ul>	<ul style="list-style-type: none"><li>• Sean Mabli '25</li><li>• Andrew Simon '25</li><li>• Lucas Yazdani '25</li></ul>
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“Community Connections” Event - March 10, 2025

- As parents, teachers, and members of the educational community, we have been witnessing an increase in our adolescents' anxiety and depression levels. Some of these symptoms are easy to see, while others are harder to detect and might conceal our students' suffering.
- Along with depression and anxiety, adolescents' substance use has also increased in our own community, compared to prior years and other towns around us.
- How does anxiety, depression, and substance use interact with adolescent brain development? Are there any connections between these events? Can we help our students as they struggle with choices that impact their health? How can we, the adults around, communicate with teenagers who don't want or don't know how to ask for help?
- Finding answers to these and other questions can be hard, and LS Community Connections feels fortunate to have Dr. Samuel Meisel\* to join us for a night of discussion on the teen brain, teen anxiety and depression, and effective parenting practices.
- Come to the LS Lecture Hall on **Monday, Monday 10th at 7:30 pm** to hear a brief lecture from Dr. Samuel and then to join in on a discussion about how we all in the community can work in our own spheres of influence to help our students navigate this difficult time.
- *\*Dr. Samuel N. Meisel is an Assistant Professor of Boston University, School of Psychology, and the Director of the SUMMIT Lab. He is also a Sudbury resident, and is looking forward to helping our own community and students to grow healthier and stronger. The overarching questions that guide his work include (1) What are the developmental pathways leading to adolescent substance use? (2) What are the key ingredients of adolescent substance use treatments that lead to*

*behavior change? (3) How do we leverage developmental science and work on key ingredients to improve and scale adolescent substance use treatments?*

## Reality for Life Fair: Friday, March 14, 2025

- On **Friday, March 14, 2025**, from 8am - 3:30pm, we will host a financial education fair for the graduating class at Lincoln Sudbury Regional High School. This is a simulation of the financial obstacles students will face throughout their lives. The Reality for Life Fair is a nationally recognized program designed to help high school students develop personal financial management skills that they will use throughout their lives. Specifically, this is an interactive fair where students play the roles of 25-year old adults. The students will choose a profession, and will be given an average annual salary for a 25 year old in that profession. Then working within a budget based on their monthly "income" and credit score, students visit multiple booths over a predetermined time period to make "purchase" decisions utilizing cash, credit or savings.
- This event gets the community and school to work in collaboration with a positive message and hands on learning to get students thinking about their financial futures. To run this event, we need volunteers from the community to help out. We are looking for volunteers that have knowledge in particular areas to supervise a booth, however prior knowledge is not mandatory. We are happy to welcome any individuals willing to lend a helping hand! Truthfully, the only requirement is a willingness to have thoughtful conversations regarding financial decision-making with our wonderful teenagers! :)
- Note: Our wonderful LSPO provides breakfast and lunch for all of our amazing volunteers on the day of the event! Thank you LSPO!
- If you have any questions, please feel free to email
  - Kathleen Thompson ([kathleen\\_thompson@lsrhs.net](mailto:kathleen_thompson@lsrhs.net)) and Kate Grant ([kate\\_grant@lsrhs.net](mailto:kate_grant@lsrhs.net))
  - Financial Literacy Educators / Mathematics Department

## 2025 SERF College & Gap Year Fair (March 10-16):

### **2025 SERF College & Gap Year Fair**

- 17 years strong - encourages and supports high school students from all backgrounds to explore education after graduation
- LS students and their families, including those in all of our neighboring communities, are invited to join us for FREE seminars and workshops with experienced college counselors, and for live conversations with college admissions and gap year representatives
- Sponsorships of this event contribute to SERF's mission of funding K-12 educational grants that bring innovation and enrichment to all of our community's schools

#### When: March 10-16:

- Monday-Thursday March 10-13 will feature daily webinars for students and families
- Sunday March 16 (12:00-3:00) at LS will have in person seminars and a number of college and gap year booths available for students and families

A promotional poster for the SERF College Fair. At the top left is the SERF logo with a yellow star. To the right is a circular inset photo of a woman studying. The main text in large orange letters says "SAVE THE DATES MARCH 10-16, 2025". Below this, there are two yellow boxes. The first box says "Daily Webinars Monday - Thursday, 7-8pm" and lists "Interactive online sessions with college and gap year admissions experts". The second box says "In-Person Seminars + College Reps Sunday, 12 - 3 pm @ LSRHS" and lists "Informative live seminars" and "College and gap year booths". A QR code is in the center with an arrow pointing to it from the text "More Info". At the bottom left is the website "SERFsudbury.org" and at the bottom right is the text "All events are FREE to families!".

**SERF**  
**College Fair**

**SAVE THE DATES**  
**MARCH 10-16, 2025**

**Daily Webinars**  
**Monday - Thursday, 7-8pm**

- Interactive online sessions with college and gap year admissions experts

**In-Person Seminars + College Reps**  
**Sunday, 12 - 3 pm @ LSRHS**

- Informative live seminars
- College and gap year booths

*More Info*

**SERFsudbury.org**

*All events are FREE to families!*

#### Link:

- See this link ([SERF College Fair](#)) for more information

## **HOPESudbury Award Opportunity for Seniors:**

I am happy to send this award opportunity from [HOPESudbury](#) for L-S Seniors. The 2025 HOPESudbury Youth Hope Award is open for senior applications. Please see the information below if interested:

- [HOPESudbury Youth Hope Award Application - for L-S Seniors only](#)
- Qualifications: Open to seniors in high school residing in Sudbury and/or attending LSRHS. Students who embody the Power of Community and who plan to carry that into the world going forward are encouraged to apply.
- The award recipient will receive a \$1000 check to be used for college-related expenses.
- Application Deadline: April 1, 2025
- Award Decision Announced: April 15, 2025

## **Virtual College Fair for Students with Disabilities - March 20, 2025:**

Please join the L-S Counseling and Special Education Departments on **Thursday, March 20, 2025 from 7:00-8:30pm**, for a Virtual College Fair for Students with Disabilities. After a short presentation from a few L-S staff members focused on the transition from high school to college disability services, representatives from several local colleges and universities will briefly discuss the different supports available for students at their respective schools. This presentation will be recorded and posted on the L-S website following the event, along with a copy of the slides.

**SAVE THE DATE!**

## Disability Services in College Fair & Webinar

*Where the Future Begins*

**THURSDAY MARCH 20 7-8:30pm**

**Participating colleges include:**

- Curry College
- Dean College
- Landmark College
- MassBay Community College
- Westfield State University

**FREE EVENT**  
Hosted by Lincoln-Sudbury Regional High School

- Learn the differences between high school and college disability services
- Gather information on specific programs and services

**Link coming soon!**

This event is for informational purposes only. Lincoln-Sudbury High School does not endorse specific colleges or programs.

## ATTENTION L-S SENIORS - Important Scholarship Information:

I sent a notice to all seniors and their families to highlight the numerous scholarships available to LS seniors and hope you will look at what is available and strongly consider applying. These scholarships reflect the generosity of our Lincoln and Sudbury organizations and individuals and represent real money that can help defray costs next year (and beyond).

- [2025 Description of Community Scholarships:](#)
- [2025 Community Scholarship Application:](#)

This application must be submitted to Sharita Langston in the LSRHS Superintendent's Office by **Thursday, April 17, 2025**

## Fundraisers Benefiting L-S Programs/Organizations:

- LS All-Sports Boosters Golf Classic - May 9th

Join us for the 19th annual LS All-Sports Boosters Golf Classic on Friday, May 9th at the Wayland Country Club, our largest fundraiser of the year! The money raised from this event goes directly to benefit L-S athletic teams at all levels. Over the years, The Boosters have approved grants averaging ~\$50,000 per year and totaling over \$1.5 M.

### WAYS TO PARTICIPATE!

- Register to Golf
- Be a Sponsor
- Join us for lunch
- Simply donate



- Click the link below to register or for more information!
  - <https://www.lsboosters.org/golf-classic>

- Late Night at LS:



**Let's meet at MOOYAH**  
BURGERS • FRIES • SHAKES

**Please join us for a Fundraiser**

LOCATION:

DATE:

TIME:

A portion of the proceeds will be donated when you mention:  
**Late Night at LS**

Visit **MOOYAH.COM** to request your own fundraiser

### LATE NIGHT AT LS ST. PATRICK'S DAY COOKIES



Buy a box of locally made St. Patrick's Day treats to say thank you to a teacher or to give as gifts to students, parents, friends, or coworkers!

Each box consists of two sugar cookies and one Rice Krispie treat with Lucky Charm marshmallows. Treats are not free and baked by

*Two cookies and one Rice Krispie treat in each box!*



**Pre-order from now until March 14<sup>th</sup>.**  
Pick up at *either* at LS on Monday, March 17<sup>th</sup> 1:00 – 3:00 pm outside of Cafe *or* from 5:00 – 6:30 pm at 24 Brentwood Road, Sudbury.

1 box = 3 treats - \$15

2 boxes = 6 treats - \$25

Purchase using the QR code →



February 10, 2025

Dear LS Students and Families:

While the unfortunate issue that occurred last week with the LSPO (as described to you in a letter on 2/7) brought anxiety and uncertainty to community members, I want you all to know that the work continues in a number of areas to make L-S an inclusive and welcoming place for everyone. Please see below for information about the different programs and activities we have and will run that underscore that foundational goal. I also hope you will consider attending the LSPO-sponsored Community Building event tomorrow (2/10).

Thank you,



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<ul style="list-style-type: none"> <li>• <a href="#">Important Events:</a></li> <li>• <a href="#">Community Ties Event - LS Comes together to Build Community!</a></li> <li>• <a href="#">Annual MLK Assembly - Friday, February 14, 2025:</a></li> <li>• <a href="#">Save the Date: "Community Connection" - March 10, 2025:</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Winter One Acts:</a></li> <li>• <a href="#">Scholastic Art and Writing Awards:</a></li> <li>• <a href="#">2025 SERF College &amp; Gap Year Fair (March 10-16):</a></li> <li>• <a href="#">ATTENTION L-S SENIORS - Important Scholarship Information:</a></li> <li>• <a href="#">Goodnow Library: Community Read - The Anxious Generation:</a></li> <li>• <a href="#">L-S/SPS SEPAC Event:</a></li> </ul>
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## Important Events:

DATE/TIME	EVENT	LOCATION
Monday, 2/10	<ul style="list-style-type: none"> <li>• LSPO <i>Community Ties Event</i> - 4:00-8:00PM</li> <li>• Sudbury Fincom Meeting (L-S FY26 Budget) - 7:00PM</li> </ul>	<ul style="list-style-type: none"> <li>• L-S Gym Connector</li> <li>• Remote</li> </ul>
Tuesday, 2/11	<ul style="list-style-type: none"> <li>• NEXT LSSC Meeting - 7:00PM</li> </ul>	<ul style="list-style-type: none"> <li>• Hybrid</li> </ul>
Friday, 2/14	<ul style="list-style-type: none"> <li>• Annual MLK Assembly - During school day</li> <li>• "Singing Valentines"</li> </ul>	<ul style="list-style-type: none"> <li>• L-S Auditorium</li> </ul>
2/17-2/21	<ul style="list-style-type: none"> <li>• February Break</li> </ul>	<ul style="list-style-type: none"> <li>• <b>NO SCHOOL</b></li> </ul>
Tuesday, 2/25	<ul style="list-style-type: none"> <li>• <i>UPCOMING</i> LSSC Meeting -7:00PM</li> </ul>	<ul style="list-style-type: none"> <li>• Remote</li> </ul>
<b>Wednesday, 2/26</b>	<ul style="list-style-type: none"> <li>• <b>L-S/SPS SPAC: Executive Function Strategies for Creating Successful Students - 7:00 p.m</b></li> </ul>	<ul style="list-style-type: none"> <li>• Please use <a href="#">this link</a> to register.</li> </ul>
Wednesday, 2/27	<ul style="list-style-type: none"> <li>• <i>All Towns Choir Concert</i> - 7:00PM</li> </ul>	<ul style="list-style-type: none"> <li>• L-S Auditorium</li> </ul>
Friday, 2/28	<ul style="list-style-type: none"> <li>• Class of 2028 School Dance -6:00PM</li> </ul>	<ul style="list-style-type: none"> <li>• L-S Cafeteria</li> </ul>
Thursday, 3/6	<ul style="list-style-type: none"> <li>• 8th Grade Curriculum Night - 7:00PM</li> </ul>	<ul style="list-style-type: none"> <li>• L-S Auditorium</li> </ul>
Monday, 3/10	<ul style="list-style-type: none"> <li>• Community Connection: <a href="#">The adolescent brain: anxiety, depression, and substance use</a> - 7:30PM</li> </ul>	<ul style="list-style-type: none"> <li>• L-S Lecture Hall</li> </ul>
3/10-3/16	<ul style="list-style-type: none"> <li>• SERF College &amp; Gap Year Fair</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">SERF College Fair</a></li> </ul>

## Community Ties Event - LS Comes together to Build Community!

The LSPO would like to invite all students and families from our Lincoln, Metco, Sudbury and greater school community to our Community Ties Event on **Monday February 10<sup>th</sup>, 2025, from 4 to 8pm at LSRHS**. The mission of Community Ties is to celebrate the diversity of the students and their families at LSRHS, and to foster strong relationships between its communities to allow students to discover and develop their unique talents, abilities, and interests.

We have partnered with the Boys and Girls Basketball programs and other various school groups to bring you a space in which students and families can gather to enjoy some snack food, utilize a photo booth, some fun yard games (inside), while you get a chance to learn about these groups and support the Boys and Girls Basketball teams. Spectators at the Varsity Boys (5:15pm) and Varsity Girls (7:00pm) games will get to enjoy some acapella music from our LS student vocalists.

We hope that the community can come together to enjoy the diversity of our community in a common space. We hope to see you there!

A yellow poster for the Community Ties Event. At the top left is a silhouette of a basketball player jumping to shoot a ball. To the right of this is the text: "The LSPO invites our Boston, Lincoln, and Sudbury students and families to CELEBRATE OUR COMMUNITY TIES!". Below this is the event date and time: "Monday, Feb. 10th, from 4pm to 8pm in the Gym Connectors, during LS Basketball games". In the center, it says: "Come for FREE POPCORN, SNACKS, games, and a chance to use our PHOTO BOOTH to create a COMMUNITY page for the YEARBOOK". On the bottom left is a red and white striped popcorn bucket with the text "FREE POPCORN!!" above it. On the bottom right is a silhouette of a basketball player dribbling a ball, with the text "Bring your parents, siblings, and friends!" to its left. At the very bottom, it says "Questions? Email communityties@lspo.org".

The LSPO invites our Boston, Lincoln, and Sudbury students and families to **CELEBRATE OUR COMMUNITY TIES!**

**Monday, Feb. 10th, from 4pm to 8pm**  
in the Gym Connectors,  
during LS Basketball games

Come for **FREE POPCORN, SNACKS**, games, and a chance to use our **PHOTO BOOTH** to create a **COMMUNITY** page for the **YEARBOOK**

**FREE POPCORN!!**

**Bring your parents, siblings, and friends!**

Questions? Email [communityties@lspo.org](mailto:communityties@lspo.org)

*Diversity doesn't look like anyone. It looks like everyone.*

## Annual Celebrating Identity and Inclusion Assemblies:

- This past Wednesday, all 9th grade students attended our annual Celebrating Identity & Inclusion assembly. The Keynote speaker Ed Walker—Dean of Students at Worcester Technical High School; Justice, Equity, Diversity, and Inclusion coach; and parent of an L-S graduate, presented to students in the auditorium. The students then had an opportunity to hear from members of Students for Social Justice as the panelists share their stories and experiences at L-S. Following the assembly, all 9th graders moved into breakout sessions to discuss the assembly with student facilitators and a supporting faculty member.
- Later that day, all 11th grade students attended an assembly in the auditorium where Ed Walker gave a second address that built on their learning from the diversity and inclusion programming that they participated in during their 9th grade year.
- The speaker, facilitators, and panelists worked hard to prepare this event, which was very informative for our 9th and 11th graders who were highly engaged with both the content and each other. Sharing our stories and learning from each other's lived experiences are essential to building connections, creating community, and effectively communicating, and, on behalf of Students for Social Justice and Advisor Lori Hodin, I truly appreciate their work and thank the 9th and 11th graders for helping to make this program so successful and for their work to make L-S a more inclusive place.



## Annual MLK Assembly - Friday, February 14, 2025:

The Annual MLK Assembly is one at which we rededicate ourselves to Dr. King's dream of a more just world. We honor someone in the greater Boston community, or beyond, who has dedicated their life to that better world.

We have honored people in the past from all sectors of life, from people in healthcare, to people working in wartorn countries, to people working for LGBTQIA rights, to writers and artists.

This year is a first; we have two recipients, brothers and both L-S graduates, **Christopher and Brian Worrell**. Both have kept Dr. King's Dream alive, serving their communities by holding public office. (See below)

The assembly includes poetry and song, information about Dr. King (usually something that is less well known and related to the assembly content), and an inspirational speech from the award winner.



**Councilor Brian Worrell**  
BOSTON CITY COUNCILOR FOR DISTRICT 4, CITY  
OF BOSTON



**Representative Chris Worrell**  
REPRESENTATIVE FOR SUFFOLK DISTRICT,  
COMMONWEALTH OF MASSACHUSETTS

## Save the Date: "Community Connection" - March 10, 2025:

This event was moved to **Monday, March 10th at LS Lecture Hall at 7:30pm**. Please click the link below for additional details. I hope you will consider this event as it will provide parents/caregivers with information on a key issue facing our young people.

- [The adolescent brain: anxiety, depression, and substance use](#)

## Winter One Acts:

Congratulations to the actors, student directors, and tech crew who put together a highly entertaining and quality production for the Winter One Act Plays last week. The plays are listed below and I am very appreciative of the hard work the students and Teacher Carly Evans did to entertain us all.

- "Common Ground" directed by Dorie Meunier
- "An Absolutely True Story (As Told By a Bunch of Lying Liars)" directed by Keya Kumar
- "Space Princess Wars," directed by Sam Varner

## Scholastic Art and Writing Awards:

I am very pleased to let you know of the L-S students who were recognized for Scholastic Art and Writing Awards. These creative students worked hard, often in conjunction with their teachers, to create and submit their work. Congratulations!

**NOTE:** Gold Key works automatically advance to national judging. In New York City, renowned creative professionals review Gold Key works from across the country. Jurors select work for national recognition based on three criteria: originality, skill, and emergence of a personal vision or voice. National Awards will be announced in mid-March, at [artandwriting.org](http://artandwriting.org).

First Name	Last Name	Grade	Award
Nathan	Ly	10	Silver Key
Gabriella	Martinelli	12	Honorable Mention
Rana	Muntasser	10	Silver Key
Rana	Muntasser	10	Silver Key
Devraj	Patel	10	Gold Key
Devraj	Patel	10	Gold Key
Amelia	Sullivan	10	Gold Key
Christina	Quin	10	Honorable Mention
Siena	Stollerman	12	Gold Key
Alexandria	Taylor	11	Silver Key

2025 SERF College & Gap Year Fair (March 10-16, 2025):

### **2025 SERF College & Gap Year Fair**

- 17 years strong - encourages and supports high school students from all backgrounds to explore education after graduation
- LS students and their families, including those in all of our neighboring communities, are invited to join us for FREE seminars and workshops with experienced college counselors, and for live conversations with college admissions and gap year representatives
- Sponsorships of this event contribute to SERF's mission of funding K-12 educational grants that bring innovation and enrichment to all of our community's schools

When: March 10-16:

- Monday-Thursday March 10-13 will feature daily webinars for students and families
- Sunday March 16 (12:00-3:00) at LS will have in person seminars and a number of college and gap year booths available for students and families

A promotional poster for the SERF College Fair. The top left features the SERF logo with a yellow star and the text 'SERF College Fair'. The top right shows a circular inset photo of a student working at a desk. The main background is dark blue with yellow and white text. The central text reads 'SAVE THE DATES MARCH 10-16, 2025'. Below this, two yellow boxes contain event details: 'Daily Webinars Monday - Thursday, 7-8pm' with a bullet point about interactive online sessions, and 'In-Person Seminars + College Reps Sunday, 12 - 3 pm @ LSRHS' with bullet points about live seminars and booths. A QR code is labeled 'More Info' with an arrow. At the bottom, a yellow banner says 'SERFsudbury.org' and a note states 'All events are FREE to families!'.

Link:

- See this link ([SERF College Fair](#)) for more information

### **ATTENTION L-S SENIORS - Important Scholarship Information:**

I sent a notice to all seniors and their families to highlight the numerous scholarships available to LS seniors and hope you will look at what is available and strongly consider applying. These scholarships reflect the generosity of our Lincoln and Sudbury organizations and individuals and represent real money that can help defray costs next year (and beyond).

- [2025 Description of Community Scholarships:](#)
- [2025 Community Scholarship Application:](#)

This application must be submitted to Sharita Langston in the LSRHS Superintendent's Office by **Friday, April 17, 2025**

## Goodnow Library: Community Read - *The Anxious Generation*:

Join Goodnow Library for a community-wide read of *The Anxious Generation* by Jonathan Haidt.

A few copies will be available for checkout at the circulation desk. Additional copies can be reserved through the Minuteman Network or purchased through the GLF Book Nook Bookshop.org site [HERE](#).

After reading the book, let's come together for a panel discussion of local experts and talk about ways to make a difference in our communities.

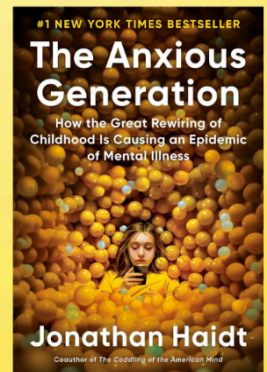
Registration is required and can be completed [here](#).

### Goodnow Community Read

Join Goodnow Library for a community-wide read of *The Anxious Generation* by Jonathan Haidt. A few copies will be available for checkout at the circulation desk. Additional copies can be reserved through the Minuteman Network or purchased through the QR code below.

After reading the book, let's come together for a panel discussion of local experts and talk about ways to make a difference in our communities. Registration is required and opens on Monday, January 13.

**Panel Discussion**  
**Tuesday, February 11**  
**7:00 PM**  
**Goodnow Library**  
**Registration required**



Purchase a copy through GLF Book Nook Bookshop.org  
<https://goodnowlibraryfoundation.square.site/bookshop>

## L-S/SPS SEPAC Event February 26, 2025:

The LS SEPAC and SPS SEPAC are collaborating to bring "Executive Function Strategies for Creating Successful Students" on **Wednesday, February 26th at 7:00 p.m.** Please use [this link](#) to register.

*Sudbury SEPAC and LS SEPAC present:*

### Executive Function Strategies for Creating Successful Students

**Wednesday, February 26, 2025 • 7:00 pm**

**Webinar**

Executive function skills have become increasingly important for students of all ages. Join Engaging Minds to learn actionable, back-to-school strategies you can use at home to help strengthen your child's executive function skills to keep them on a successful path this school year and beyond.

- Initiating Tasks
- Planning & Time Management
- Flexibility & Transitions
- Working Memory
- Organization of Ideas
- Motivation & Self-Confidence
- Organization of Materials

**ENGAGING MINDS**  
Tools for Learning. Skills for Life.

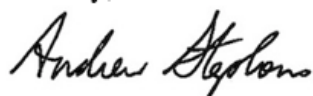
188 Needham Street  
Newton, MA  
617-964-3100  
[info@engagingmindsonline.com](mailto:info@engagingmindsonline.com)  
[www.engagingmindsonline.com](http://www.engagingmindsonline.com)

**REGISTER HERE**

# January 13, 2025

Dear LS Students and Families:

I hope everyone had a restful break! We have a number of important school and community events occurring over the next couple of weeks. Please see below for more information and have a great week!



## Contents:

<ul style="list-style-type: none"> <li>● <a href="#">Important Events:</a></li> <li>● <a href="#">Mid-Year Assessments:</a> <ul style="list-style-type: none"> <li>○ <a href="#">Zen Zone 2025:</a></li> </ul> </li> <li>● <a href="#">LSSC January Listening Session</a></li> <li>● <a href="#">Good News:</a> <ul style="list-style-type: none"> <li>○ <a href="#">Regeneron Science Talent Search - L-S Scholar Award Recipient:</a></li> <li>○ <a href="#">DECA Club Competition:</a></li> </ul> </li> <li>● <a href="#">Global Scholars:</a></li> </ul>	<ul style="list-style-type: none"> <li>● <a href="#">Attention Seniors – Atkinson Scholarship:</a></li> <li>● <a href="#">Mattress Fundraiser to Support the L-S Music Department:</a></li> <li>● <a href="#">Community Events:</a> <ul style="list-style-type: none"> <li>○ <a href="#">Chinese-American Association of Sudbury (CAAS) Event Lunar New Year Gala:</a></li> <li>○ <a href="#">Eighth Grade Game Night at L-S:</a></li> <li>○ <a href="#">Town of Lincoln - Newcomer's Party:</a></li> </ul> </li> </ul>
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## Important Events:

DATE/TIME	EVENT	LOCATION
Wednesday, 1/15/25	● Q2 Ends	
Thursday, 1/16/25	● Curtis Orchestra Concert - 6:00pm	● LSRHS Auditorium
1/16-1/17 & 1/21-1/22	● Mid-Year Assessment Period	
1/17 & 1/21	● LSPO Presents "ZEN ZONE" <i>To support students during Mid-Year Assessments</i>	
Monday, 1/20/25	● Martin Luther King Jr. Day	● <b>NO SCHOOL</b>
Thursday, 1/23/25	● Teacher Workshop Day ● Curtis Choir Orchestra Concert - 6:00pm	● <b>NO SCHOOL</b> ● LSRHS Auditorium
Saturday, 1/25/25	● "Mattress Fundraiser" to support the Music Dept. at 10:00am	● LSRHS Cafeteria
Tuesday, 1/28/25	● NEXT LSSC Meeting	● <b>Remote</b>
Saturday, 1/18/25	● Chinese-American Association of Sudbury (CAAS) Event Lunar New Year Gala - 3:00-8:00pm (see below)	● L-S Cafeteria
Friday, 1/24/25	● Eighth Grade Game Night at L-S - 6:30pm (see below)	● L-S Gym

Sunday, 1/26/25	<ul style="list-style-type: none"> <li>● Lincoln Newcomer's Party - 3:00-5:00pm (see below)</li> </ul>	<ul style="list-style-type: none"> <li>● Commons Room at the Lincoln School</li> </ul>
Friday, 1/31/23	<ul style="list-style-type: none"> <li>● LSB Players Presents: One Act Plays - "Common Ground" directed by Dorie Meunier; "An Absolutely True Story (As Told By A Bunch of Lying Liars)" directed by Keya Kumar; "Space Princess Wars" directed by Sam Varner</li> <li>● 6:00-10:00pm</li> </ul>	<ul style="list-style-type: none"> <li>● LSRHS Auditorium &amp; Roger's Theater</li> </ul>

## Mid-Year Assessments:

Mid-Year assessments will be held January 16<sup>th</sup>, 17<sup>th</sup>, 21<sup>st</sup>, and 22<sup>nd</sup>. There are no classes during these assessment days. (Also, there is no school on January 20<sup>th</sup> in observance of Martin Luther King, Jr. Day.)

- January 23<sup>rd</sup> will be a Teacher Workshop Day. There is no school for students on January 23<sup>rd</sup> unless you need to come in to make up an assessment.
- The detailed daily schedule, bus information and contingency plans for snow days can be found at [this link](#).
- The schedule for the assessment week and all other calendar-related information can be found on the [calendar page of the LS website](#).

Please contact your house office with general questions about assessment week or your teachers for questions about assessments in individual classes.

## Zen Zone 2025:

The LSPO will be providing a fun space for our students to relax and recharge during this coming Assessment Period. The **Zen Zone** is a place where they can play, chill out, get loved on by therapy animals, do a quiet puzzle, or just hang out with friends and decompress while enjoying some snacks.

It takes a village to make this event happen, so please sign up for an in-person\* volunteer slot and/or donate snacks for the kids\*\* **If interested, make sure to see this link:** <https://www.lspo.org/midterms>

## LSSC January Listening Session - 1/27/25 @ 7:00pm:

You are invited! The **Lincoln-Sudbury School Committee** will be holding its next virtual listening session for students, families, and community members on **Monday, January 27 from 7:00–8:00 p.m.** The purpose of the listening session is to give community members the opportunity to raise items with members of the Committee. In attendance will be Committee members Kevin Matthews and Cathie Bitter.



You can join the meet using the following Google meet link:

<https://meet.google.com/coj-tjvj-msi>

The Committee will be holding virtual listening sessions throughout the school year. No more than two members of the Committee will be at each listening session. These sessions are not public meetings with an agenda, but rather a casual opportunity to meet with Committee members.

We hope you will join us!

Lincoln-Sudbury School Committee

LINCOLN-SUDBURY  
SCHOOL COMMITTEE

## LISTENING SESSION

JANUARY 27  
7-8 PM

with Committee Members  
Cathie Bitter & Kevin Matthews



The session will take place remotely via Google Meet:  
Video call link: <https://meet.google.com/coj-tjvj-msi>

## Good News:

### Regeneron Science Talent Search - L-S Scholar Award Recipient:

Recently 300 U.S. high school seniors were named scholars in the **Regeneron Science Talent Search** (STS), the nation's oldest and most prestigious science and math research competition for high school seniors. Regeneron STS, a program of **Society for Science**, recognizes and empowers the most promising young scientists in the U.S. who are creating the ideas and solutions that solve our most urgent challenges.

On behalf of the Lincoln-Sudbury HS community, I am very happy to announce that L-S Senior **Michelle Su** has been selected as one of the top 300 Regeneron Science Talent Search Scholars in the country!

- Michelle received this recognition for her project submission entitled: *An Optimized Binning and Probabilistic Slice-Sharing Technique for Motion Correction in Abdominal DW-MRI*
- Each top 300 scholar receives a \$2,000 award from Regeneron with an additional \$2,000 going to their school to support STEM-related activities. The competition overall awards \$3.1 million to provide the opportunities and resources that students need to become the next generation of inventors, entrepreneurs, and STEM leaders.
  - The 40 finalists each receive \$25,000 and the chance to compete for the \$250,000 first place prize in a week-long competition in March. Finalists will be announced on January 23, 2025.
  - I hope you'll join me in congratulating Michelle for this amazing accomplishment!

### DECA Club Competition:

The L-S Distributive Education Clubs of America (DECA) club helps to prepare students for careers in

management, marketing, finance and hospitality. In December, L-S had 83 students compete in the two-day DECA District competition in Boxborough (please see [attached](#) for competition pictures). It was a great first competition and there were several winners who are moving onto states on February 27th-March 1st at the Boston Seaport:

<ul style="list-style-type: none"> <li>• Sylvia Chused (10) - Principles of Marketing</li> <li>• Caleb Elenbaas (11)- Principles of Hospitality and Tourism</li> <li>• Evie Schwartz (12) - Apparel &amp; Accessories Marketing Series</li> <li>• Tess van der Voorn (9) -- Principles of Hospitality and Tourism</li> </ul>	<ul style="list-style-type: none"> <li>• Lila Gwinn (11) and Alice Knapick (11) - Buying and Merchandising Team Decision Making</li> <li>• Daniel Chen (11) and Henry Hussey (11) - Buying and Merchandising Team Decision Making</li> <li>• Zach Arkin (11) and Will van der Voorn (11) - Entrepreneurship Team Decision Making</li> <li>• Rachel Edlefsen (9) and Anna Salvador (9) - Hospitality Services Team Decision Making</li> <li>• Sam Donaldson (11) and Devraj Patel (11) - Marketing Management Team Decision Making</li> </ul>
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## Global Scholars:

The Lincoln-Sudbury Global Scholar Program is currently accepting letters of intent from Grade 10 students.

- The L-S Global Scholars program is designed to provide students with the skills, attitudes, and knowledge necessary to participate in an increasingly interdependent world.
- Through immersion and the study of culture, world language, multicultural and international issues, students acquire skills, content knowledge and perspectives that equip them to become life-long, active participants in our global community, while also demonstrating an appreciation for the importance of cultural diversity and global responsibility.
- Additional information about the program can be found on the L-S website (Academics > Global Scholars) [here](#).
- Students interested in joining the L-S Global Scholars Program, you can fill out the Google Form [here](#). Enrollment will close at the end of Quarter 2 - January 23rd.
- Please contact Chris Durocher at [christopher\\_durocher@lsrhs.net](mailto:christopher_durocher@lsrhs.net) if you have any questions about joining the program.

## Attention Seniors – Atkinson Scholarship:

- Sudbury Foundation is thrilled to announce the Atkinson Scholarship is now \$7,500 per year!!!!
- The Atkinson Scholarship Program is designed to help local students with financial need and academic promise attend a four or two year college, or approved, post-secondary vocational school. Recipients can reapply for the additional years of support for a total of \$30,000.
- **The application deadline is Saturday, February 1, 2025**
- A copy of your FAFSA Student Aid Report is required, so submit your FAFSA application as soon as it's available.
- To apply, visit their website at [sudburyfoundation.org](http://sudburyfoundation.org). Contact them at 978-443-0849 or [brunner@sudburyfoundation.org](mailto:brunner@sudburyfoundation.org) with questions.
- For additional information see Ms. Langston in Room A305 - [Atkinson Scholarship Flyer](#)



## Mattress Fundraiser to Support the L-S Music Department:

Do you or someone you know need to replace a mattress in their home?

- Come check out our mattress sale fundraiser to support the Lincoln Sudbury Reg HS Band, Choir, & Orchestra on SAT JAN. 25th! ONE DAY ONLY!
- Mattresses will be on display in the L-S Cafe at 10:00am-4:00pm.
  - Brand new, brand name, made to order
  - All sizes, feels, styles, and comforts available
  - Discount prices of 30-50% off retail
  - Full factory warranty
  - Premium mattresses, adjustable bases, sheets, luxury pillows
  - Delivery and financing available
- Every purchase made support the kids
- It's just like shopping at the stores; just at the school!
- Better prices than your retail stores, all for a great cause!

10TH ANNUAL  
LINCOLN SUDBURY REG. HS  
MUSIC DEPARTMENT  
**MATTRESS**  
FUNDRAISER

EVERY PURCHASE  
BENEFITS THE MUSIC  
PROGRAMS!



**BIG SAVINGS**  
FINANCING AVAILABLE

Twin From \$199 | Full From \$289 | Queen From \$299 | King From \$499

*Beautyrest.*



Adjustable Base



Luxury Pillows



Mattress Protector

- ✓ All sizes available
- ✓ 25+ styles on display
- ✓ Brand new with full factory warranties
- ✓ Delivery available
- ✓ All forms of payment accepted
- ✓ **FINANCING AVAILABLE**



**SAT. JAN 25**

**10AM-4PM**

@ LINCOLN SUDBURY REG. HS

**BENEFITS THE MUSIC PROGRAMS!**



jack.isaacs@cfsbeds.com

For more info: text LSMUSIC25 to (617)553-7722  
[WWW.CFSBEDS.COM](http://WWW.CFSBEDS.COM)

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## Community Events:

### Chinese-American Association of Sudbury (CAAS) Event Lunar New Year Gala:

The annual CAAS celebration of the Chinese Lunar New Year will occur in the L-S cafeteria on

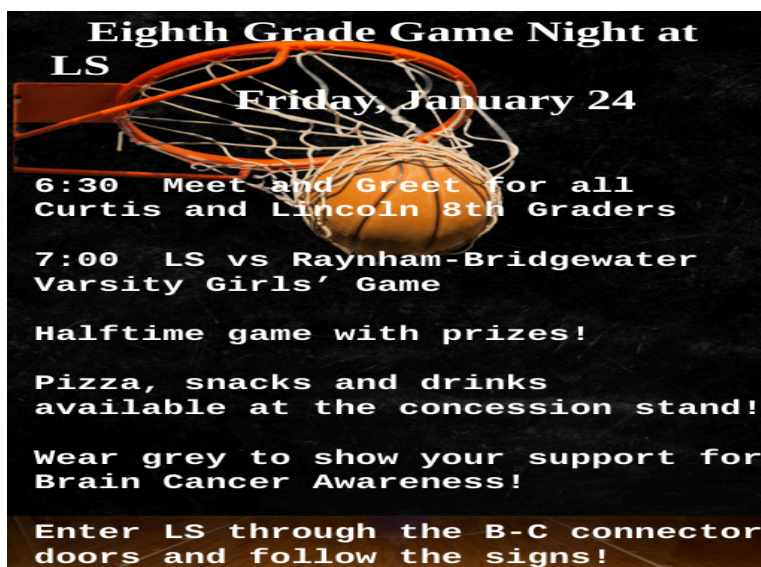
**January 18th from 3:00-8:00pm**

It's a really fun event with a community fair, dinner, and performances involving community members and students of all ages and I hope folks will consider attending and supporting CAAS.



### Eighth Grade Game Night at L-S:

This event provides an opportunity for LPS and SPS 8th graders to come to the high school to get together to see the building, interact with one another, have some food, play some games, and watch the Varsity Girls' Basketball game. It's a great way for the 8th graders to begin their acclimation to L-S.



## Town of Lincoln - Newcomer's Party:

Are you new or still feel  
new to Lincoln?  
**YOU ARE INVITED TO  
THIS PARTY!**

Come learn about our town, meet community  
leaders, gather info, and begin friendships.  
Renters, homeowners, military, singles,  
families of all configurations and languages,  
strollers, wheelchairs -- YOU are WELCOME!  
Refreshments, children's activities, easy parking

# Newcomers' Party

Sunday Jan 26  
3-5 PM

Learning Commons,  
Lincoln School  
6 Ballfield Road, 01773

*Hosted by the the Lincoln Select Board's IDEA  
(Inclusion Diversity Equity Anti-racism) Committee*

RSVP [www.lincolnnewcomers.com](http://www.lincolnnewcomers.com)  
or use QR code or call 781-259-2601



# December 11, 2024

Dear LS Students and Families:

We have a number of events occurring this week and next including the annual L-S Spirit Week (see [LS Spirit Week](#) for more information) which entails a fun series of school wide dress-up days. I look forward to us, as a school, embracing our whimsical side in the week before break. I also hope that you all have a restful and fulfilling December break to recharge and be with family!

Thanks and please see below for some important announcements and updates.



## Contents:

<ul style="list-style-type: none"><li>• <a href="#">Important Events:</a></li><li>• <a href="#">LPS, SPS, LSRHS PD:</a></li><li>• <a href="#">Advisory: House Cup Challenge:</a></li><li>• <a href="#">IDEAS High School Conference:</a></li><li>• <a href="#">Courage to Care Annual Workshop for Seniors - Letter to Families:</a></li><li>• <a href="#">Warriors 4 Warriors Benefit Hockey Games:</a></li></ul>	<ul style="list-style-type: none"><li>• <a href="#">Attention Seniors – Atkinson Scholarship:</a></li><li>• <a href="#">Lincoln Sudbury Class of 2026 &amp; Girls Rugby/ Softball Fundraiser:</a></li><li>• <a href="#">Massachusetts Partnerships for Youth (MPY) Parenting Solutions Library:</a></li><li>• <a href="#">School Cancellation/Delay Decision Process &amp; Schedules:</a></li></ul>
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## Important Events:

DATE/TIME	EVENT	LOCATION
Thursday, 12/5	<ul style="list-style-type: none"><li>• Q2 Warnings Issued</li></ul>	
Tuesday, 12/10	<ul style="list-style-type: none"><li>• LSSC Meeting 7:00pm</li><li>• Community Connections: Metrowest Adolescent Health Survey Data discussion</li></ul>	<ul style="list-style-type: none"><li>• Remote</li><li>• LS Cafeteria</li></ul>
Thursday, 12/12	<ul style="list-style-type: none"><li>• Pops Concert - 7:00pm</li></ul>	<ul style="list-style-type: none"><li>• LS Auditorium</li></ul>
Friday, 12/13	<ul style="list-style-type: none"><li>• IDEAS High School Conference - during school day</li></ul>	<ul style="list-style-type: none"><li>• LS Cafeteria</li></ul>
Saturday, 12/14	<ul style="list-style-type: none"><li>• <i>Warriors 4 Warriors</i> Benefit Hockey Games - 3:00pm (Girls Varsity) &amp; 5:00pm (Boys Varsity)</li></ul>	<ul style="list-style-type: none"><li>• New England Sports Center</li></ul>
Monday, 12/16	<ul style="list-style-type: none"><li>• MVP: <i>Courage to Care</i> Assembly</li></ul>	<ul style="list-style-type: none"><li>• LS Auditorium</li></ul>

	<ul style="list-style-type: none"> <li>for all Seniors - during school day</li> <li>RCCG Meeting - 7:00pm</li> </ul>	<ul style="list-style-type: none"> <li>LS Conference Room B</li> </ul>
12/23/24-1/1/25	<ul style="list-style-type: none"> <li>December Recess - <b>No School</b></li> </ul>	
Tuesday, 1/7/25	<ul style="list-style-type: none"> <li>NEXT LSSC Meeting</li> </ul>	<ul style="list-style-type: none"> <li>Hybrid</li> </ul>

## LPS, SPS, LSRHS PD:

I am happy to let you know that, this Wednesday, Middle School faculty from Lincoln and Sudbury Public Schools will be coming to L-S to meet with their subject counterparts here to discuss curriculum and instruction. This was a practice that stopped during and after COVID and I am grateful that we are able to bring this back!

## Advisory: House Cup Challenge:

In December, LS will be running a House Cup challenge through advisory. Students of all grades will participate in a series of fun challenges to earn points for their House with the winning house to be announced on Friday, Dec. 20th. The House Cup challenge will build on the now annual Spirit Week that the Student Senate runs the week leading up to winter break. More information to come in December's advisory blocks but get ready to bring your competitive spirit and root for your house!

## IDEAS High School Conference:

This **Friday (12/8)**, LS is hosting the IDEAS High School Conference.

- [IDEAS \(Initiatives for Developing Equity & Achievement for Students\)](#) offers multiple PD opportunities for adults in addition to running this annual workshop for students. There will be about 100 students in attendance, along with their advisors from 16 Massachusetts schools and we are excited to host this event for the second year.

## Courage to Care Annual Workshop for Seniors - Letter to Families:

We are proud to announce our 12th "Courage to Care: Escalation" workshop, an annual event for the senior class. On December 16th, the Mentors in Violence Prevention (MVP) team will host mandatory 12th grade assemblies in the auditorium and small group break-out discussion sessions to build our students' awareness and skills concerning healthy relationships. The workshop is an opportunity for Seniors to build skills and connect with peers as they start to transition to life after high school.

- Seniors and Parents/Caregivers, please review the letter below:
  - ["Courage to Care": Escalation Workshop](#)

## Warriors 4 Warriors Benefit Hockey Games:

I am excited to attend the 13th annual Warriors 4 Warriors benefit that will occur at the New England Sports Center during the Girls and Boys Hockey games vs Concord-Carlisle HS this **Saturday (12/13)** at 3:00pm and 5:00pm respectively. As you may know, this fundraiser is also in memory of

LS Graduate 1st Lt. Scott Milley who gave his life in service to our country. The goals of the event are thus:

- *First and Foremost - Honor Scott and his family and to remind them that Scott will never be forgotten.*
- *Honor all military personnel and their families through fundraising efforts to meet the needs of those who serve or have served.*
- *Uphold the "First to Serve" motto of the LS hockey program and seek to build camaraderie among the towns of our regional high schools to foster a competitive, healthy, and fun rivalry for a common good.*

If you can, please consider attending to respect Lt. Milley's memory and to benefit a worthy cause.

## Attention Seniors – Atkinson Scholarship:

- Sudbury Foundation is thrilled to announce the Atkinson Scholarship is now \$7,500 per year!!!!
- The Atkinson Scholarship Program is designed to help local students with financial need and academic promise attend a four or two year college, or approved, post-secondary vocational school. Recipients can reapply for the additional years of support for a total of \$30,000.
- **The application deadline is Saturday, February 1, 2025**
- A copy of your FAFSA Student Aid Report is required, so submit your FAFSA application as soon as it's available.
- To apply, visit their website at [sudburyfoundation.org](http://sudburyfoundation.org). Contact them at 978-443-0849 or [brunner@sudburyfoundation.org](mailto:brunner@sudburyfoundation.org) with questions.
- For additional information see Ms. Langston in Room A305 - [Atkinson Scholarship Flyer](#)

## Lincoln Sudbury Class of 2026 & Girls Rugby/ Softball Fundraiser:

### Christmas Tree Removal 2025

Tired of dragging your Christmas tree to the transfer station? The students of LS would like to help you out! We will come to your home, pick up your Christmas tree from the end of your driveway, and dispose of the tree. We are servicing the Town of Sudbury only. The trees will be chipped and recycled thanks to **Rusty's Tree Service**-“Where they will go out on a limb for you!”

- We are servicing the Town of Sudbury and we will be picking up a total of 20 trees from Lincoln as long as they are not sprayed with any chemicals! The Lincoln trees are going to the sheep farm!
- **When: Saturday, January 4, 2025**
- **Time: 9am**
  - (Please have your tree out! Routes are carefully made in advance and we cannot come back for missing trees. Sorry.)
- **Cost: \$25 per tree (\$15 for senior citizens)**
- **To participate:** To sign up for the tree pick up, please use this [sign up link](#) by **Monday, 12/30**
- **To pay:** you can leave your money in an envelope or plastic bag taped to your front door! Or, we now have an online option for payment ([Online Payment Link](#))!



- *If you have any questions, please contact Kathleen Thompson (Class of 2026 Advisor) at: [kathleen\\_thompson@lsrhs.net](mailto:kathleen_thompson@lsrhs.net).*

## Massachusetts Partnerships for Youth (MPY) Parenting Solutions Library:

- Massachusetts Partnerships for Youth (MPY) is continuing to sponsor a free [Parenting Solutions Library](#). MPY is offering this valuable resource in partnership with Peace At Home Parenting Solutions, a non-profit organization located in Mansfield, Connecticut. Through this partnership, MPY is providing proven resources to help students' families thrive.
- Peace At Home Parenting Solutions specializes in empowering parents with evidence-based strategies to foster nurturing connections that safeguard their children's mental well-being. The Parenting Solutions Library is easily accessed using the link on MPY's [home page](#). No log in or passcode is needed.
- Please see this [handout](#) and contact MPY Executive Director Margie Daniels at [margie@mpyinc.org](mailto:margie@mpyinc.org) with questions.

## School Cancellation/Delay Decision Process & Schedules:

It is the time of year when I want to let you know what I do when making a weather-based determination:

- I review the weather forecasts throughout the evening before and early morning of.
- I communicate with our Facilities Director, the Sudbury and Lincoln Superintendents, the Department of Public Works, and the Sudbury Police Department to understand the up-to-the minute conditions of the outlying roads and LS parking lots and sidewalks.
- I keep in mind the balance between running school and safety factors
- I land on a determination for the day
- Here is a link to all of our block schedules: [All Schedules](#)

### **LS 1 Hour Snow Delay Schedule**



**Lincoln-Sudbury Regional High School Schedule**  
**1 HOUR SNOW DELAY**

Blue					White					
Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	
8:30	1 Hour Snow Delay	1 Hour Snow Delay	1 Hour Snow Delay	1 Hour Snow Delay	8:30	1 Hour Snow Delay	1 Hour Snow Delay	1 Hour Snow Delay	1 Hour Snow Delay	
9:30	1	2	3	1	2	3	1	2	3	1
10:11	4	1	2	3	1	4	2	3	1	2
10:15	4	1	2	3	1	4	2	3	1	2
10:56	3	4	5	4	5	2	4	5	4	5
11:00	3	4	5	4	5	2	4	5	4	5
11:41	2/L	3/L	6/L	5/L	4/L	1/L	3/L	7/L	5/L	4/L
11:45	2/L	3/L	6/L	5/L	4/L	1/L	3/L	7/L	5/L	4/L
1:08	7	6	ACA	6	7	6	7	ACA	7	6
1:12	7	6	1:51	6	7	6	7	1:51	7	6
2:17	7	6	1:55 Bus	6	7	6	7	1:55 Bus	7	6
2:21	5	7	PD	7	6	5	6	PD	6	7
3:14	5	7	2:00-3:30	7	6	5	6	2:00-3:30	6	7

First Lunch: 11:45- 12:10  
First Lunch Class: 12:15-1:08  
Third Lunch Class: 11:45-12:38  
Third Lunch: 12:43-1:08

**LS 2 Hour Snow Delay Schedule**

**Lincoln-Sudbury Regional High School Schedule**  
**2 HOUR SNOW DELAY**

	Blue						White					
	Monday	Tuesday	Wednesday	Thursday	Friday		Monday	Tuesday	Wednesday	Thursday	Friday	
8:30	2 Hour Snow Delay	2 Hour Snow Delay	2 Hour Snow Delay	2 Hour Snow Delay	2 Hour Snow Delay	8:30	2 Hour Snow Delay	2 Hour Snow Delay	2 Hour Snow Delay	2 Hour Snow Delay	2 Hour Snow Delay	
10:30	A	1	1	2	3	1	10:30	3	2	3	1	2
11:04							11:04					
11:08	B	3	2	3	1	2	11:08	2	1	2	3	1
11:41							11:41					
11:45	C	2/L	3/L	6/L	5/L	4/L	11:45	1/L	3/L	7/L	5/L	4/L
1:08							1:08					
1:12	D	4	4	5	4	5	1:12	4	4	5	4	5
1:50							1:50					
1:54	E	7	6	ACA	6	7	1:54	6	7	ACA	7	6
2:32							2:32					
2:36	F	5	7	PD	7	6	2:36	5	6	PD	6	7
3:14							3:14					

First Lunch: 11:45- 12:10  
First Lunch Class: 12:15-1:08  
Third Lunch Class: 11:45-12:38  
Third Lunch: 12:43-1:08

# November 21, 2024

Dear LS Students and Families:

As we near the Thanksgiving Holiday, I am amazed at how quickly the year is progressing! I'd like to wish all of you a Thanksgiving that has you connecting with family and friends. I value this time of year and holiday greatly, as it prompts me to think about and express that for which I am thankful to/with the people I love. I know I have a lot to be thankful for. I hope you all do too and that you have the chance to tell the people who matter to you and vice versa.

Thanks and please see below for some important announcements and updates.



## Contents:

<ul style="list-style-type: none"><li>• <a href="#">Important Events:</a></li><li>• <a href="#">Fall Musical:</a></li><li>• <a href="#">Community Connections: Strategizing a Community Response to our MetroWest Data</a></li><li>• <a href="#">L-S Blood Drive:</a></li><li>• <a href="#">Iceland Trip 2025 Final Enrollment Meeting:</a></li></ul>	<ul style="list-style-type: none"><li>• <a href="#">Congratulations:</a><ul style="list-style-type: none"><li>◦ <a href="#">M.A.S.S Superintendent's Award for Academic Excellence:</a></li><li>◦ <a href="#">L-S Fall Sports:</a></li><li>◦ <a href="#">L-S Relay for Life:</a></li></ul></li><li>• <a href="#">Attention Seniors – Atkinson Scholarship:</a></li><li>• <a href="#">Reality for Life Fair:</a></li><li>• <a href="#">Holiday Village</a></li></ul>
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## Important Events:

DATE/TIME	EVENT	LOCATION
Wednesday- Saturday 11/20-23	• LS Musical: <i>Mamma Mia!</i> 7:30pm	• LS Auditorium
Thursday 11/21	<ul style="list-style-type: none"><li>• LS Financial Aid Information Night <b>CANCELED</b></li><li>• <b>Moved to 12/2/24</b></li></ul>	<a href="#">Financial Aid Night Google Meet</a>
Friday, 11/22	• LS Blood Drive - <b>LS Staff &amp; Students by appt. Only</b> - <a href="#">Blood drive Flyer</a>	• LS Gym 3
Wednesday, 11/27	• Early Dismissal at 10:59am	
Thursday-Friday, 11/28-11/29	• Thanksgiving Recess - <b>No School</b>	
Monday, 12/2	<ul style="list-style-type: none"><li>• PD Day - <b>No School</b></li><li>• LS Financial Aid Information Night at 7:00pm (<b>remote</b>) on</li></ul>	• To join the event,

	<b>Monday, 12/2</b> , starting at 7:00pm, ○ there will be a presentation by a member of the Massachusetts Educational Financing Authority (MEFA)	please click this link: • <a href="#">Financial Aid Night Google Meet</a>
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## Fall Musical:

I had a great time watching the L-S production of *Mamma Mia* last night! Great acting, production, choreography, and energy. I hope you'll come to L-S to see the product of much work by the student performers, tech crew, and adults! Shows will be Thursday-Saturday this week starting at 7:30pm.

## Community Connections: Strategizing a Community Response to our MetroWest Data **Tuesday, December 10 @7:30pm**

The Metrowest Adolescent Health Survey results have told us that LS students are using alcohol 15% more (lifetime usage) than their peers in other MetroWest Communities.

- How do we feel about this?
- What can we, as a community, do to impact this statistic?

The students also let us know that 32% of them find "life very stressful."

- Are there ways we can work with the school and our kids to bring about a change in this area?
- We all own the results of the survey. Let's own the changes we want to see too.

Come to the high school at 7:30 on December 10th in the cafeteria to take a closer look at the MWAHS results and to start discussing what we can do to positively impact our students in the areas they are asking for help. This will be a working meeting, so bring a friend and a neighbor and let's roll up our sleeves for the kids in our L-S community.

## L-S Blood Drive:

- L-S will be having a blood drive in conjunction with the Red Cross this Friday, November 22 from 9:00am-2:00pm in L-S Gym 3.
- **Please note that this event is for eligible L-S students and staff only.**
- Please see the [L-S Blood Drive Flyer](#) for information on how to schedule an appointment.

## Iceland Trip 2025 Final Enrollment Meeting:

- Who: All current LS students are eligible
- When: Tuesday November 26th 5:30pm B103
- Where: Classroom B103 (Lower B Building by the Fitness Center)
- Cost: \$4,819
- Itinerary: <https://www.eftours.com/educational-tour/iceland-north-south?query=iceland>

Enrollment Page: [www.eftours.com/2679431DP](http://www.eftours.com/2679431DP)

- Our confirmed travel dates are over April Break:
  - **Departure: Friday, April 18<sup>th</sup> 2025 (No School - Good Friday)**
  - **Return: Friday, April 25<sup>th</sup> 2025**
- For more information please contact Amanda Klein [amanda\\_klein@lsrhs.net](mailto:amanda_klein@lsrhs.net)

## Congratulations:

### M.A.S.S Superintendent's Award for Academic Excellence:

I am very happy to congratulate Seniors **Michelle Su** and **Remy Jang** who were selected as the Lincoln-Sudbury HS recipients of this year's Massachusetts Association of School Superintendents Award (MASS) for Academic Excellence. Michelle and Remy have excelled academically over their careers and have been heavily involved in service and leadership endeavors at L-S. Both of these amazing students epitomize the excellence that this award seeks to recognize and I hope you will join me in congratulating Michelle and Remy, and their respective families!



### L-S Fall Sports:

I am pleased to recognize Ethan Sholk who placed 2nd in the Division 1 Boys Cross Country State Meet and the L-S Cheer Team which placed 2nd in the North Regionals and advanced to the state finals! Last, the L-S Unified Basketball team competed in the Cambridge Jamboree and played very well. This was the last event in a wonderful season for the team. Congratulations!

### L-S Relay for Life:

I am happy to announce that the L-S Relay for Life leaders were recognized this week by a representative from the MIAA/Team Up For Community Initiative for the incredible success they have had with the annual event that raises money for cancer research. Well done!

### Attention Seniors – Atkinson Scholarship:

- Sudbury Foundation is thrilled to announce the Atkinson Scholarship is now \$7,500 per year!!!!
- The Atkinson Scholarship Program is designed to help local students with financial need and academic promise attend a four or two year college, or approved, post-secondary vocational school. Recipients can reapply for the additional years of support for a total of \$30,000.
- **The application deadline is Saturday, February 1, 2025**
- A copy of your FAFSA Student Aid Report is required, so submit your FAFSA application as soon as it's available.
- To apply, visit their website at [sudburyfoundation.org](http://sudburyfoundation.org). Contact them at 978-443-0849 or [brunner@sudburyfoundation.org](mailto:brunner@sudburyfoundation.org) with questions.
- For additional information see Ms. Langston in Room A305 - [Atkinson Scholarship Flyer](#)

# Reality for Life Fair:

## Lincoln Sudbury – Reality for Life Fair – Volunteer Registration

*This was my favorite volunteering experience to date!*

*Very well organized by the volunteers and teachers, and very well received by the students!*

### [Testimonial from a Community Volunteer, 2023]

On **Friday, March 14, 2025**, from 8am - 3:30pm, we will host a financial education fair for the graduating class at Lincoln Sudbury Regional High School. This is a simulation of the financial obstacles students will face throughout their lives. The Reality for Life Fair is a nationally recognized program designed to help high school students develop personal financial management skills that they will use throughout their lives. Specifically, this is an interactive fair during which the students play the roles of 25-year old adults. The students will choose a profession, and will be given an average annual salary for a 25 year old in that profession. Then working within a budget based on their monthly "income" and credit score, students visit multiple booths over a predetermined time period to make "purchase" decisions utilizing cash, credit or savings.

This event gets the community and school to work in collaboration with a positive message and hands on learning to get students thinking about their financial futures. In order to run this event, we need volunteers from the community to help out. We are looking for volunteers that have knowledge in particular areas to supervise a booth, however prior knowledge is not mandatory. We are happy to welcome any individuals willing to lend a helping hand! Truthfully, the only requirement is a willingness to have thoughtful conversations regarding financial decision-making with our wonderful teenagers! :)

### We need volunteers for the following booths:

<ul style="list-style-type: none"><li>● Charitable Giving</li><li>● Education &amp; Training (Student Loans)</li><li>● Food and Nutrition</li><li>● Health and Wellness (Health Insurance and Fitness Options)</li><li>● Housing, Furniture &amp; Utilities</li><li>● Lifestyle (Clothing, Hair, Other Salon Services, Cell Phone, Cable/Internet)</li><li>● Fun-Fun-Fun! (Vacations, Entertainment, TV and Pets)</li><li>● Part-time Jobs</li><li>● Planning for the Future (Savings, Retirement and Investments)</li><li>● Transportation (Cars-loan, gas, insurance and maintenance / Other Transportation Options)</li></ul>	<ul style="list-style-type: none"><li>● The Reality Wheel (A chance for students to win prizes or talk through tough life scenarios, i.e. losing a job.)</li><li>● Credit Counselor (Looks over student budgets and helps them make better decisions when needed. Circulates through the fair to assist students when needed.)</li><li>● Networking (This booth would give our students the opportunity to speak with adults in professions of interest, and to ask questions of the adults (you all!) who have worked in these professions. We are hoping you all can provide our students with advice on steps they can take to achieve their goals and be successful in a variety of careers.)</li><li>● League of Women's Voters (This is just for a specific group of volunteers. They know who they are!!)</li></ul>
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If you would like to be a part of this amazing event, please fill out this link! [Volunteer Form-LS Reality for Life Fair](#)

Note: Our wonderful LSPO provides breakfast and lunch for all of our amazing volunteers on the day of the event!

Thank you LSPO!

If you have any questions, please feel free to email us.

Sincerely,

## Holiday Village:

- Holiday Village is an inclusive, community-wide event with both enriching activities and social opportunities, supporting SEL that students receive in the classroom.
- We also have spots for high school students who need community service credit to volunteer.
- <https://sudbury.ma.us/holidayvillage>



November 5, 2024

Dear LS Students and Families:

I am remiss if I do not mark the moment that we are a part of today with the election occurring. This is projected to be one of the closest elections in our history and many folks on either side of the aisle have a lot of strong thoughts and feelings and will continue to have them after the election is over. As a school, we will continue with the business of educating our students and move forward with our schedule and routine. We will also support students and staff who need it. The cornerstones of our LS Community are our Core Values centered on fostering caring and cooperative relationships, respecting human differences, pursuing academic excellence, and cultivating community. These values are hardest to model and live up to in difficult times when they are most needed as they provide an important compass for us individually and as a school community. My hope is that, whatever the outcome, we don't forget our Core Values and approach each other with kindness as we navigate through our lives in and outside of the LS Community.

Thanks and please see below for some important announcements and updates.



*Andrew Stiglitz*

## Contents:

<ul style="list-style-type: none"> <li>• <a href="#">Important Events:</a></li> <li>• <a href="#">Fall Sports:</a></li> <li>• <a href="#">Senior Dress Up Day:</a></li> <li>• <a href="#">Unified Basketball Jamboree:</a></li> <li>• <a href="#">Boston Magazine School Rankings (Greater Boston):</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">LS Club News:</a> <ul style="list-style-type: none"> <li>◦ <a href="#">DECA:</a></li> <li>◦ <a href="#">LS Spanish Club Clothing Drive:</a></li> <li>◦ <a href="#">The LS Forum:</a></li> </ul> </li> <li>• <a href="#">Reminders:</a></li> </ul>
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## Important Events:

DATE/TIME	EVENT	LOCATION
Friday, 11/1	<ul style="list-style-type: none"> <li>• First day of Q2</li> </ul>	
Wednesday, 11/6	<ul style="list-style-type: none"> <li>• <i>NEXT</i> LSSC Meeting - 6:30pm</li> </ul>	•Hybrid
Monday, 11/11	<ul style="list-style-type: none"> <li>• Veterans' Day</li> </ul>	•No School
Tuesday, 11/12	<ul style="list-style-type: none"> <li>• Sudbury for Digital Balance at 7:30pm <a href="#">Community Speaker: Dr. Jean Twenge</a></li> </ul>	•LS Auditorium - reserve a spot <a href="#">here</a>
Friday, 11/15	<ul style="list-style-type: none"> <li>• Last day to change levels and/or add/change Q2 Wellness course.</li> </ul>	
Monday, 11/18	<ul style="list-style-type: none"> <li>• Racial Climate Community Group meeting at 7pm</li> </ul>	•Conference Room B
Tuesday, 11/19	<ul style="list-style-type: none"> <li>• LS School Committee meeting at 6:30pm</li> </ul>	•Remote
Wednesday-Saturday 11/20-11/23	<ul style="list-style-type: none"> <li>• LS Musical: <i>Mamma Mia!</i> 7:30pm</li> </ul>	•LS Auditorium
Thursday 11/21	<ul style="list-style-type: none"> <li>• LS Financial Aid Information Night <b>CANCELED</b></li> <li>• Moved to 12/2/24</li> </ul>	
Friday, 11/22	<ul style="list-style-type: none"> <li>• LS Blood Drive - <b>By appt. Only</b> - <a href="#">Blood drive Flier</a></li> </ul>	•LS Gym 3
Wednesday, 11/27	<ul style="list-style-type: none"> <li>• Early Dismissal at 10:59am</li> </ul>	
Thursday-Friday, 11/28-11/29	<ul style="list-style-type: none"> <li>• Thanksgiving Recess - <b>No School</b></li> </ul>	
Monday, 12/2	<ul style="list-style-type: none"> <li>• PD Day - <b>No School</b></li> <li>• LS Financial Aid Information Night at 7:00pm (<b>remote</b>) on Thursday, November 21st starting at 7:00pm, there will be a presentation by a member of the Massachusetts Educational Financing Authority (MEFA)</li> </ul>	<ul style="list-style-type: none"> <li>• To join the event, please click this link:</li> <li>• <a href="#">Financial Aid Night Google Meet</a></li> </ul>

## Fall Sports:

Congratulations to all of the LS athletes, coaches and families for a very successful Fall sports season! We have a number of teams that qualified for post season play and you can see the [schedules](#) on the Athletics Website and below. All of the athletes and coaches at LS put hours and hours of work into their respective sport and I am happy to share a segment from Athletic Director Dan Lee's recent summary to highlight some of the individual and team success below. As important, each athlete and team have been wonderful ambassadors for LS over the course of the season. It is important in competitive sports for our athletes to model our values on the field while competing and to demonstrate how to win and lose with class. Our students and coaches did that consistently and I appreciate them!

<b><i>LS Athletic News and Accolades</i></b>	<b><i>LS Athletics Postseason Update</i></b>
<ul style="list-style-type: none"><li>• <a href="#"><i>Congrats to Lizzie Adolfsson: One of Boston Globe's Players of the Week</i></a></li><li>• <a href="#"><i>Congrats to Chris Kanki: One of Metrowest's Top Performers</i></a></li><li>• <a href="#"><i>Congrats to Ellie Innes: One of Metrowest's Top Performers</i></a></li><li>• <a href="#"><i>Girls Volleyball Ranked #4 in Globe Poll</i></a></li><li>• <a href="#"><i>Field Hockey Ranked #4 in Globe Poll</i></a></li><li>• <a href="#"><i>Boys Soccer Ranked #11 in Globe Poll</i></a></li><li>• <a href="#"><i>Boys Cross Country Ranked #14 in Globe Poll</i></a></li></ul>	<p><b><u>Field Hockey</u></b></p> <ul style="list-style-type: none"><li>• <b><i>Congratulations on the first undefeated season in program history !!!</i></b></li><li>• <b><i>Warriors advance to the Sweet 16!</i></b></li><li>• <b><i>Check out full brackets <a href="#">here</a></i></b></li></ul> <p><b><u>Girls Soccer</u></b></p> <ul style="list-style-type: none"><li>• <b><i>Check out full brackets <a href="#">here</a></i></b></li></ul> <p><b><u>Boys Soccer</u></b></p> <ul style="list-style-type: none"><li>• <b><i>Check out full brackets <a href="#">here</a></i></b></li></ul> <p><b><u>Girls Volleyball</u></b></p> <ul style="list-style-type: none"><li>• <b><i>Check out full brackets <a href="#">here</a></i></b></li></ul>

## Senior Dress Up Day:

We had a great Senior Dress Up Day! The students were very creative with their costumes and we had a great time during the day. We had zero issues and there was a great vibe throughout the school day. At the end of the day, the seniors promenaded into the LS Gym and we had 4 student skits and a full gym full of energy. This year we had a contest where students could vote for the best individual and group costumes (see pictures below). My personal favorites were the Insurance Mascots and Mr. Bob Ross 😊 I greatly appreciate the work of the Steering Committee, senior advisors Ariel Cox & Jenny Staysniak, Associate Principal Susan Shields and numerous other LS staff members and students who worked so hard to make this a fun, festive, and memorable event for our seniors and LS Community!



## Unified Basketball Jamboree:

Below are the details for the Unified Basketball Jamboree In Cambridge on the 13th of November. LS will play three twenty minute games as noted below:

- 4:00pm - 4:15pm- Team arrival
- 4:15 - Welcome and opening ceremony
- 4:30pm - 1st session Newton North 2 vs. Lincoln Sudbury - Field House 2
- 4:55pm - 2nd session Bye - Arlington and LS
- 5:20pm - 3rd session LS vs. Needham - Main Gym
- 5:45pm - 4th session Newton North 1 vs. LS - Fieldhouse 2

Location - War Memorial Recreation Center Door [1640 Cambridge Street](#) Door #14

Spectators who travel over can park at meters on Cambridge Street or on Broadway and walk through the CRLS/Library Courtyard.

## Boston Magazine School Rankings (Greater Boston):

You may be aware that the 2024 Boston Magazine Greater Boston School Ranking came out recently and that LS was listed at #36 for 2024 (vs. #9 for 2023). While I personally and professionally do not feel that rankings that have limited categories and push the comparison between districts come anywhere close to reflecting the arc of the educational experience for a student at LS over their 4 years here, I do understand that many people do pay attention to these types of reports. That said, if you examine this year's rankings vs. last year's rankings, you may notice that LS has impressive numbers and actually improved in a number of the metrics Boston Magazine utilizes that are higher than a number of schools that are further up the list. One area I believe impacted the rankings is tied to the percentage of teachers receiving an exemplary rating as part of the evaluation process. While a

number of schools utilize the 'Exemplary' rating on the teacher evaluation rubric, LS and some other schools for years have not utilized this rating in the evaluation process. As that number is 0 in 2024, it is likely to have impacted our ranking directly. In fact, the 2023 and 2022 rankings have this percentage of 'Exemplary' ratings at 38.6%, which is erroneous. Further, the percentage of students attending college is inaccurately low and based on colleges voluntarily confirming student attendance to a clearinghouse. It is thus our belief that rankings like this are not indicative of all that we do here at LS and I hope this provides some context for you.

- [Boston Magazine 2024 Rankings](#)
- [Boston Magazine 2023 Rankings](#)

## LS Club News:

### DECA:

We have a very active Distributive Education Clubs of America (DECA) chapter at LS that has grown significantly over the past two years. Please see the DECA Community Letter below, as the group is seeking sponsorships and guest speakers.

- [DECA Email to the LS Community 11/1/24](#)

### LS Spanish Club Clothing Drive:

The LS Spanish Club will be conducting a drive to benefit Hispanic immigrant families in nearby communities. There will be a table set up during ACA on Wednesday, November 20 with donation bins available 11/20-11/22 to collect clothing, toys, and other essentials. I hope you will consider having your child bring in donations for this worthy cause.

### The LS Forum:

***Are you wondering what students of LSRHS have to say?....***

***Well, check out [The Forum](#)!***

- *The Forum*, established in 1994, is the student newspaper of Lincoln-Sudbury. *The Forum* strives to cover all aspects of school and community life and current events. *The Forum* is an open forum newspaper and accepts articles from all members of the community.
- The opinions expressed by writers are their own. The viewpoints expressed by the lead editorial reflect the opinions of the editorial board, which consists of the editors-in-chief and managing editors.

## Reminders:

### ATTENTION VOLUNTEERS:



## **\* Save the Date \***



**Date: March 14, 2025**

**Time: 8am – 3:30pm**



### **Lincoln-Sudbury's 4th Annual Reality for Life Fair**

**In order to run this event, we need LOTS of volunteers from the community!**

**We hope that you will consider volunteering for a half or full day shift at this amazing event!**

**If you know others that might enjoy this event, please pass this information along!**

\*\*\*\*\*

**Be on the lookout for the official volunteer sign up form  
in your inboxes in November!**

\*\*\*\*\*

### **FELS Annual Thanksgiving Day Pie Sale:**

- FELS, the Foundation for Educators at Lincoln - Sudbury, [www.FELSGrant.org](http://www.FELSGrant.org), is celebrating 25 years of providing grants to teachers and staff at LSRHS to pursue their individual and professional interests and passions. In our 25 years, FELS has given out well over 100 grants, totaling in excess of \$150,000. Funding for the grants has been thanks to the support of many people responding to our Annual Appeal and purchasing pies through our Annual Thanksgiving Pie Sale, which kicks off again October 15. Please, in this special season of celebration, consider a donation in buying a pie for your Thanksgiving table or to share with a local Food Pantry, Police and Fire, or a particularly special teacher or staff member at LSRHS. Your contribution will be impactful.
- We are grateful to Tom Fosnot and Ruth-Anne Adams, LSRHS parents and owner/chefs of The Hyve, for again offering their talents in crafting an array of wonderful Thanksgiving dessert choices. Pies can be ordered from October 15-November 10 through our website [www.FELSGrant.org](http://www.FELSGrant.org), or via the QR code below. Pick-up will be Tuesday, November 21. Pick-up times and location information are on the pie ordering website.
- Pies can also be purchased as a gift for LSRHS faculty and staff and/or for donation to the Lincoln or Sudbury Fire and Police and to the Lincoln Food Pantry/St. Vincent DePaul at St. Joseph's Catholic Church, Sudbury Food Pantry at Ascension Parish/Our Lady of Fatima Church in Sudbury. All gifted and donated pies will be delivered by FELS to their respective recipients.
- Don't need a pie this Thanksgiving? Please consider a donation to FELS. Our goal for our 2024 Annual Appeal is \$10,000. Both links are on our home page.
- FELS, the Foundation for Educators at LSRHS, is a non-profit organization founded in 2000 by then-Lincoln-Sudbury parent Peter von Mertens that awards enrichment grants to Lincoln-Sudbury High School faculty and staff to pursue their professional and personal

interests and passions. FELS offers parents a tangible way to show their appreciation to the L-S professional staff for the unflagging dedication, tireless effort, and genuine caring they routinely offer our children. Our guiding principle is “Inspired Teachers Inspire Students.”

- For further questions, contact Nancy Marshall at [Admin@FELSGrant.org](mailto:Admin@FELSGrant.org).

## October 18, 2024

Dear LS Students and Families:

I am happy to welcome the German and French Exchange students who have arrived!. The students are staying with a number of families in Lincoln and Sudbury and will be attending school on various days with their respective host student and going on a number of excursions. These long standing exchanges continue to provide a rich experience for all involved and I am very appreciative of the hard work that all of the adults connected with these programs put in to make them work so well!

I also want to spotlight our Unified Basketball program and underscore my appreciation for the athletes and coaches and staff who support this program. The home games are very well attended by students, staff, and families who provide our athletes with loud and positive support. It's truly a sight to behold and I urge you to consider attending one of these games.

Thanks and please see below for some important announcements and updates.





## Contents:

<ul style="list-style-type: none"><li>• <a href="#">Important Events:</a></li><li>• <a href="#">Racial Climate Community Group (RCCG) Kickoff Meeting:</a></li><li>• <a href="#">LSSC Listening Session:</a></li><li>• <a href="#">LS Musicians' Union Rocktoberfest Concert:</a></li></ul>	<ul style="list-style-type: none"><li>• <a href="#">Italy Architecture Tour Information Night:</a></li><li>• <a href="#">ATTENTION VOLUNTEERS:</a></li><li>• <a href="#">VOLUNTEERS NEEDED - Accessible Trick or Treat:</a></li><li>• <a href="#">FELS Annual Thanksgiving Day Pie Sale:</a></li></ul>
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## Important Events:

DATE/TIME	EVENT	LOCATION
Monday, 10/21	• RCCG Kickoff Meeting - 6:45pm	• LS Conference Room B
Tuesday, 10/22	• LSSC Meeting - 6:30pm	• Remote
Thursday, 10/24	• LSSC Listening Session - 7:00-8:00pm • LS Fall Concert - 7:30pm	• <a href="https://meet.google.com/cnn-kgap-wio">https://meet.google.com/cnn-kgap-wio</a> • LS Auditorium
Friday, 10/25	• LS Musicians Union: <i>Rocktoberfest</i> - 7:30pm	• LS Cafeteria
Saturday, 10/26	• PSAT	• LSRHS
Wednesday, 10/30	• Senior Dress-up Day • Unified Basketball Game @3:30pm ◦ LSRHS vs. Bedford	• LS Gym
Thursday, 10/31	• Quarter 1 ends	
Wednesday, 11/6	• LSSC Meeting - 6:30pm	• Hybrid
Monday, 11/11	• Veterans' Day	• No School

## Racial Climate Community Group (RCCG) Kickoff Meeting:

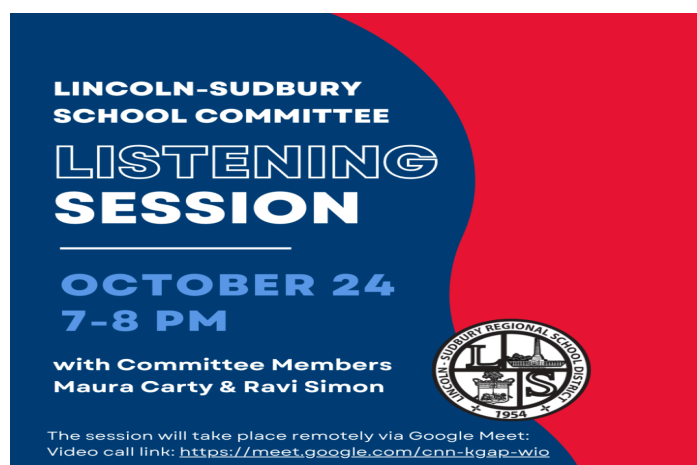
- We are thrilled to invite you to the Racial Climate Community Group (RCCG) kickoff meeting on October 21st at 7:00 PM in Conference Room B at Lincoln-Sudbury Regional High School. Last year was an incredible year for RCCG, and we're excited to build on the foundation and momentum we've created together.
- This year's kickoff promises to be both interactive and engaging as we continue our mission to cultivate an inclusive, respectful school environment where every student feels a true sense of belonging. The RCCG is made up of dedicated students, faculty, and community members, all committed to fostering meaningful change. Last year, we hosted impactful panels featuring diverse perspectives from students, faculty, families, and community leaders who shared their personal experiences with race and belonging. We are excited to have Superintendent-Principal

Andrew Stephens join us for the kickoff, as he has been an active participant in many of our past meetings.

- As always, we'll provide refreshments, so feel free to arrive as early as 6:45 PM to enjoy hors d'oeuvres, conversation, and connection before the meeting starts.
- Everyone is welcome, and we encourage you to bring along family and friends. Please RSVP [here](#) by October 16th so we can plan accordingly. If you are unable to travel to LS, please feel free to join us on Google meet at this [link](#)
- If you have any questions or need further information, don't hesitate to reach out to the RCCG Steering Committee at [rccg@lsrhs.net](mailto:rccg@lsrhs.net).
- We look forward to another year of meaningful progress and collaboration with all of you!

## LSSC Listening Session:

- The **Lincoln-Sudbury School Committee** will hold a listening session for students, families, and community members on **Thursday, October 24 from 7:00–8:00 p.m.** on Google Meet. The purpose of the listening session is to give individuals the opportunity to raise items with members of the Committee. In attendance will be Committee members Maura Carty and Ravi Simon.
- This listening session is one of several being held by the Committee throughout the school year. No more than two members of the Committee will be at listening sessions. These sessions are not public meetings with an agenda, but rather a casual opportunity to meet with Committee members.



Google Meet joining info

Video call link:

<https://meet.google.com/cnn-kgap-wio>

Or dial: (US) +1 443-461-5637 PIN: 665 614 424#

## LS Musicians' Union Rocktoberfest Concert:

Please join us on Friday, October 25th as the LS Musicians' Union hosts our annual Rocktoberfest Concert: The Jimmy Mack Concert to Defeat AIDS! A bunch of LS students will be performing, with live music from roughly 7:30-9:30pm. As usual, there will be food and drinks available for purchase with all proceeds going to AIDS related charity. Tickets are \$5 at the door. Hope to see you there!

## Italy Architecture Tour Information Night:

Is your student interested in architecture, sustainability or urban design? If yes, come learn about the Italy Architecture Tour for spring break 2025 on **Thursday, Oct. 24th at 7pm in room B232**. Please see the link below for an overview of what the trip looks like. The estimated cost is \$5,000-\$6,000. Please email Paul Shultz ([Paul\\_Shultz@lsrhs.net](mailto:Paul_Shultz@lsrhs.net)) with questions.

ATTENTION VOLUNTEERS:

## **\* Save the Date \***



**Date: March 14, 2025**

**Time: 8am – 3:30pm**



## **Lincoln-Sudbury's 4th Annual Reality for Life Fair**

**In order to run this event, we need LOTS of volunteers from the community!**

**We hope that you will consider volunteering for a half or full day shift at this amazing event!**

**If you know others that might enjoy this event, please pass this information along!**

\*\*\*\*\*

**Be on the lookout for the official volunteer sign up form  
in your inboxes in November!**

\*\*\*\*\*

## **VOLUNTEERS NEEDED - Accessible Trick or Treat:**

- This is an opportunity for children with food allergies and disabilities to trick-or-treat with their families in a more inclusive environment.



Whether you are an adult, teen, or tween, we need YOU on the day of the event. Teens and tweens under the age of 16 years old are welcome, but must volunteer with their parent or caregiver. Lincoln-Sudbury High School community service hours may also be granted. The only requirement of our volunteers is a love for Halloween.

Learn more:  
**WWW.ACCESSIBLETRICKORTREAT.COM**



This is an opportunity for children with food allergies and disabilities to trick-or-treat with their families in a more inclusive environment.  
**Nut-free treats and toys will be offered at every home.**

**WWW.ACCESSIBLETRICKORTREAT.COM**



## FELS Annual Thanksgiving Day Pie Sale:

- FELS, the Foundation for Educators at Lincoln - Sudbury, [www.FELSGrant.org](http://www.FELSGrant.org), is celebrating 25 years of providing grants to teachers and staff at LSRHS to pursue their individual and professional interests and passions. In our 25 years, FELS has given out well over 100 grants, totaling in excess of \$150,000. Funding for the grants has been thanks to the support of many people responding to our Annual Appeal and purchasing pies through our Annual Thanksgiving Pie Sale, which kicks off again October 15. Please, in this special season of celebration, consider a donation in buying a pie for your Thanksgiving table or to share with a local Food Pantry, Police and Fire, or a particularly special teacher or staff member at LSRHS. Your contribution will be impactful.
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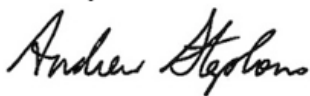
September 27, 2024

Dear LS Students and Families:

It was a true pleasure to see such a great turnout for our annual Back-to-School Night on 9/13/23! A large number of caregivers came to school after what I am sure was a busy day for them all to follow their child's schedule and meet all of their teachers. The energy was high in the building and it capped a very strong start to our school year.

I am also happy to welcome our German and French exchange students who will be arriving in October (see below) to visit LS, participate in classes and take a number of field trips. I know that this experience and the time where our students visit France and Germany in the Spring/Summer will be transformative for the students and chaperones!

Thanks and please see below for a number of announcements and pieces of good news!



Contents:

<ul style="list-style-type: none"><li>• <a href="#">Important Events:</a></li><li>• <a href="#">LS Level Designations Presentation:</a></li><li>• <a href="#">EEE Update:</a></li><li>• <a href="#">LSPO Sponsored - Chat with the Superintendent:</a></li><li>• <a href="#">Invitation: Metrowest Adolescent Health Survey (MWAHS) Results:</a></li></ul>	<ul style="list-style-type: none"><li>• <a href="#">MLS Action Project - Voter Registration</a></li><li>• <a href="#">Visiting Author to LS</a></li><li>• <a href="#">Unified Champion School &amp; Unified Basketball Schedule</a></li><li>• <a href="#">Student Travel:</a></li><li>• <a href="#">SAVE THE DATE — Class of 2025 Reality For Life Fair:</a></li></ul>
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## Important Events:

DATE/TIME	EVENT	LOCATION
Tuesday, 9/24	<ul style="list-style-type: none"><li>LSSC Meeting <b>6:30pm</b></li></ul>	On Zoom
Tuesday 10/1	<ul style="list-style-type: none"><li>Author visit to LS (Dashka Slater)</li><li>Q1 Warnings</li><li>LSPO: <i>Chat with the Superintendent</i> - 7:00pm</li></ul>	<ul style="list-style-type: none"><li>LS Conf. Room B</li></ul>
Thursday, 10/3	<ul style="list-style-type: none"><li>Rosh Hashanah (<b>No School</b>)</li></ul>	
Friday, 10/4	<ul style="list-style-type: none"><li>Last day to change levels and drop a course without WP or WF.</li></ul>	
Monday, 10/7	<ul style="list-style-type: none"><li>Unified Basketball vs. Newton South - 3:30pm</li></ul>	<ul style="list-style-type: none"><li>LS Gym</li></ul>
Tuesday, 10/8	<ul style="list-style-type: none"><li>LSSC Meeting <b>6:30pm</b></li></ul>	<ul style="list-style-type: none"><li>Hybrid</li></ul>
Wednesday, 10/9	<ul style="list-style-type: none"><li>World Cafe: Metrowest Adolescent Health Survey Results - 7:00pm</li></ul>	<ul style="list-style-type: none"><li>LS Cafeteria</li></ul>
Monday, 10/14	<ul style="list-style-type: none"><li>Columbus/Indigenous Peoples' Day (<b>No School</b>)</li></ul>	
Wednesday, 10/16	<ul style="list-style-type: none"><li>Keynote Speaker Jennifer De Leon "Hispanic Heritage Month"</li><li>Unified Basketball (Home) -2:00pm</li></ul>	<ul style="list-style-type: none"><li>During school day</li><li>LS Gym</li></ul>
Saturday, 10/26	<ul style="list-style-type: none"><li>PSAT</li></ul>	<ul style="list-style-type: none"><li>LSRHS</li></ul>

## LS Level Designations Presentation:

As you may know, I presented to the LS Faculty and the School Committee the new level designations we will be using for courses at LS. This was the product of over a year of hard work and discussion and I am appreciative of all of the LS staff members involved in this process. Please see below for a narrated slideshow outlining this and I hope it is helpful.

- [\*\*LS Levels Slideshow Presentation\*\*](#)

## EEE Update:

We are working closely with the Sudbury Board of Health on mosquito surveillance and prevention. Sudbury currently remains at a moderate risk level for West Nile Virus (WNV) and Eastern Equine Encephalitis (EEE). We continue to encourage all students, staff, and families to utilize EPA-registered insect repellent as personal protective measures against mosquitoes.

- [\*Sudbury BOH -- Youth Activities & MOsquito Control Prevention Tips\*](#)

## LSPO Sponsored - Chat with the Superintendent:

Join us! The LSPO will hold its first meeting of the year on Tuesday, October 1st, at 7:00pm in Conference Room B. Our special guest will be Superintendent Andrew Stephens. This will be an



in-person only meeting. Please use the Google form below to submit any questions for him ahead of time or bring them with you that evening! A friendly reminder, this is not the appropriate time for any personal discussions regarding your student(s) at LS, this is a general chat/Q&A forum. All caregivers are welcome! We look forward to seeing you there.

- [Oct 1 Q&A with Superintendent Stephens](#)

## Invitation: Metrowest Adolescent Health Survey (MWAHS) Results:

- **Please join us on Wednesday, October 9th at 7:00pm for a World Café Discussion of the 2023 Metrowest Adolescent Health Survey Results**

What are our students saying about their mental health? What trends are we seeing in students' substance use? Is there an increase in LS Students reporting that they have vaped in the last month? How many LS students report spending more than 3 hours on social media on an average school day? These questions and more are addressed by the Metrowest Adolescent Health Survey, which monitors trends in health and risk behaviors among youth. We administer this survey every two years and the 2023 survey is the 9th administration of this survey by the Metrowest Health Foundation. The questions on the survey cover topics ranging from substance use to bullying to mental health, and on **October 9th**, the results from the 2023 survey will be shared in a World Café format presented by current LS students at **7:00 in the LS cafeteria**.

## MLK Action Project - Voter Registration:

The Sudbury League of Women Voters is working with the MLK Action Project to run a voter registration and pre-registration drive on Oct. 16, 17, and 18th during the lunch blocks in the AB Connector.

Several other clubs are joining with MLK in the effort: Environmental Club, Racial Justice Group and STEW.

## Visiting Author to LS:

Dashka Slater is the author of fifteen books for children and adults. Her NY Times best-selling young adult true story, *"The 57 Bus"* has received numerous accolades, including the Stonewall Book Award, the California Book Award, and a Boston Globe Horn Book Honor." (Author's representative) Dashka's latest book, *"Accountable: The True Story of a Racist Social Media Account and the Teenagers Whose Lives It Changed"*, has been named the 2024 winner of the YALSA Excellence in Nonfiction for Young Adults Award, the first national award that honors the best nonfiction books for teens. ([ALA](#)). This was a summer reading selection for our current juniors.

- Thanks to a generous SERF grant, Dashka will be visiting LS on Tuesday, October 1 and meeting with students during blocks 2, 4, and 6.

## Unified Champion School & Unified Basketball Schedule:

I am very pleased to announce that Lincoln Sudbury Regional HS was recognized by Special Olympics/Massachusetts as a 2023-2024 Special Olympics Mass. Unified Champion School that recognizes recipient schools for their commitment to fostering a socially inclusive school climate that

emphasizes acceptance, respect and human dignity for all students. Specifically, LS was recognized for our “dedication to embracing diversity, promoting equity, and empowering students to be change advocates.” This is a very meaningful recognition for our school community!

- Our Unified Basketball Schedule is set and I hope that you will all consider attending one or more of the games (see below):
  - 9/30 AWAY @ Concord Carlisle so 3:30-6:00pm
  - 10/7 HOME vs. Newton South so 3:30-5:30pm
  - 10/15 HOME vs. Needham 3:30-5:30pm
  - 10/16 HOME vs. Westford Academy 2:00-5:30pm
  - 10/22 HOME vs. Acton Boxborough 3:30-5:30pm
  - 10/30 HOME vs. Bedford 3:30-5:30pm

## Student Travel:

I am happy to announce that our long running German and French Exchanges will be running this year: German exchange students will be here from October 11- November 1 and French exchange students will be here October 16 - October 26

- One of the amazing aspects of LS is tied to the many different travel opportunities made available to students. Please see below for trips slated to occur this year.
- The type and breadth of offerings are unique and **there are openings available for a number of the 2024-2025 school year trips**. Please see below and students should pay attention to the announcements for specific trip informational sessions. If you have any questions, reach out to the group leader listed below.

### Travel Occurring This Year (2024-2025)

Group Leader	Tour	Max # of students	Domestic / Internat'l (D or I)	What Students are Eligible?	Tour Date/Timing
Tim Nikula	<a href="#">Cold War Europe Tour - Berlin, Prague, Krakow and Budapest</a>	25	I	All Students	Feb Vacation 2025
Paul Shultz	<a href="#">Architecture, Urbanism &amp; Sustainability Tour</a>	12	I	All students, Architectural design strongly recommended	April Vacation 2025
Angela Shek	Chinese Cultural Language Tour -Taiwan	18	I	Current grade 11-12 Mandarin students	April Vacation 2025
Dot Samsi	French Language Cultural Exchange	20	I	Must be enrolled in French Program (Normally 10th grade and above) plus family hosts French student in the exchange	April Vacation 2025
César de Diego	Spanish Trip	21	I	Current grade 11-12 Spanish students	April Vacation 2025
Susan Frommer	Habitat for Humanity - Baltimore MD	12-13	D	Students over 16 years old	April Vacation 2025
Amanda Klein	<a href="#">Explore Iceland: North</a>	20	I	ALL students	April Vacation

	<a href="#">and South</a>				2025
Sarah Farrell	German Language & Cultural Exchange	20	I	Must be enrolled in LS German Program plus family hosts German student in October	June-July 2025

## SAVE THE DATE — Class of 2025 Reality For Life Fair:

On **Friday, March 14, 2025** all seniors will be required to attend the 4th Annual Reality For Life Fair. The Reality For Life Fair is a simulation of the financial obstacles students will face throughout their lives. The event is an interactive fair where students will play the role of a 25-year old adult with a chosen profession, annual salary, a credit score and a student loan payment. Working within a budget, based on their monthly "income," they will visit multiple booths over a predetermined time period to make "purchase" decisions utilizing cash, credit or savings. Students will also have an informational session on a few specific financial literacy topics to prepare them for the interactive part of the fair.

- This event is one of the highlights of the year for all of our seniors!
- **We ask that families do not schedule any appointments or out-of-school activities on Friday, March 14, 2025.**
- If you have any questions or would like more information, please contact [Kate Grant](#) or [Kathleen Thompson](#).

# September 6, 2023

Dear LS Students and Families,

As we end our 2nd week of school, I'd like to express just how happy I was with our opening to the school year. Last week's events (staff opening day, *First Adventure* & New Students to LS orientation, and 9th grade METCO student orientation) went very well and had great energy. Opening day for all students last Wednesday was fun. The overall vibe around the building was really fantastic and I want to thank all of the students and adults who made the opening week so welcoming to students and staff alike.

Last week I had the opportunity to address each class about some things I think are important. While students are pursuing their individual goals, aspirations, and pursuits, they are also individuals who are part of a larger school and learning community and that they need to be thinking about how they act and interact with a focus on kindness, grace, and curiosity as opposed to judgment and assumptions. I stressed to the students that this is their school and that, as an institution of learning and growth, there is no place for hate, discrimination, bullying, prejudice, or harassment. I focused on the idea that little things lead to big things and that each student has the opportunity to make the choice to be consistently kind to others, to say please and thank you, to look people in the eye, to say 'hi' to each other in the hallway, and to help others when help is needed (I also asked them to pick up litter if they see it). I stressed to the students that they as individuals and as a group have incredible power over the culture at LS and that the little choices made each day can have a profound impact on our school community so that we can live up to our core values as a school. To that end, students need to be active participants in the school community and must let a trusted adult know if there is something going on that is not conducive to what we are about as a school.

Additionally, I hope that all students embrace the idea that they are each a work in progress and that they are in no way expected as teenagers to know exactly what they will be doing and who they will be as adults. Productive struggle is an essential aspect of individual growth, as it is often the way that true learning occurs, and no one should expect to be perfect in all aspects of their respective life, as that expectation is both unrealistic and unhealthy.

As a last note, I want to acknowledge the 23rd anniversary of the 9/11 attacks coming up next Wednesday. While we will be in school and running after school and evening events, it is important to recognize that many people in the community were impacted by that event (as was I). It is also important to acknowledge that there are other ongoing events around the world that are currently impacting our students, staff and families. Everyone handles grief and uncertainty in different ways and I urge students and families to utilize the supports you need (see below for some resources).

- Samaritans: 1-877-870-4673 (call or text) – Free, 24/7 confidential services
- See our Counseling Department Website's Mental Health Resources [HERE](#)

Thank you and please see below for some important announcements and reminders.



## Contents:

<ul style="list-style-type: none"><li>• <a href="#">Important Events:</a></li><li>• <a href="#">Back-to-School Night:</a></li><li>• <a href="#">How is Lincoln-Sudbury implementing the NEW IEP this year?</a></li><li>• <a href="#">LS School Resource Officer (SRO) Update:</a></li><li>• <a href="#">Religious Holidays &amp; Observances:</a></li></ul>	<ul style="list-style-type: none"><li>• <a href="#">LS &amp; Community Mental Health Supports Information:</a></li><li>• <a href="#">Academic Supports at LS:</a></li><li>• <a href="#">Lincoln-Sudbury Parent Organization (LSPO) Information:</a></li><li>• <a href="#">L-S Site Council Elections:</a></li></ul>
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## Important Events:

DATE/TIME	EVENT	LOCATION
Monday, 9/9	<ul style="list-style-type: none"><li>• School Committee Workshop</li></ul>	LS Conference Room B
Tuesday, 9/10	<ul style="list-style-type: none"><li>• LSSC Meeting <b>6:30pm</b> (Hybrid)</li></ul>	<ul style="list-style-type: none"><li>• Silva Room in the Flynn Building Town of Sudbury</li><li>• <a href="#">278 Old Sudbury Road, Sudbury, MA. 01776</a></li></ul>
Wednesday, 9/11	<ul style="list-style-type: none"><li>• Back to School Night - 6:30-9:00pm</li></ul>	LS Auditorium & Classrooms
Thursday, 9/12	<ul style="list-style-type: none"><li>• Last day to add a class &amp; Change Q1 Wellness</li></ul>	
Tuesday, 9/24	<ul style="list-style-type: none"><li>• LSSC Meeting <b>6:30pm</b></li></ul>	On Zoom
Tuesday 10/1	<ul style="list-style-type: none"><li>• Q1 Warnings</li></ul>	
Thursday, 10/3	<ul style="list-style-type: none"><li>• Rosh Hashanah (<b>No School</b>)</li></ul>	
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Monday, 10/14	<ul style="list-style-type: none"><li>• Columbus/Indigenous Peoples' Day (<b>No School</b>)</li></ul>	
Saturday, 10/26	<ul style="list-style-type: none"><li>• PSAT - <a href="#">Registration for PSAT</a></li></ul>	<ul style="list-style-type: none"><li>• LSRHS</li></ul>

## Back-to-School Night:

We look forward to seeing you at Back-to-School Night on Wednesday, September 11. The evening will begin with an optional tour at 6:15pm followed by an introduction for 10th-12th grade caregivers at 6:30pm in the auditorium to some school centered support groups (ex. LSPO, SERF) and opening remarks from me. *Parents of 9th graders who attended last week's event need not attend this introductory meeting.* Following the opening remarks, folks will have the chance to follow their student's schedule and meet their teachers for 10 minutes.

- **Student schedules will be posted on the parent portal Tuesday 9/10/24**

The purpose of the evening is to give you the opportunity to follow your child's schedule and to attend ten-minute presentations from each of your child's teachers. You'll have a chance to meet the teachers and to listen to a brief overview of their courses. *Due to time constraints, teachers will not be able to discuss individual student questions or concerns.*

- **Schedule for Back to School Night:**

- 6:15: Optional student-led tour (Meet at Main Entrance)
- 6:30-7:00pm: Opening remarks in auditorium
  - NOTE: Parents who attended 9th grade Caregiver's Night do not need to attend
- 7:05-7:15: Block 1
- 7:20-7:30: Block 2
- 7:35-7:45: Block 3
- 7:50-8:00: Block 4
- 8:05-8:15: Block 5
- 8:20-8:30: Block 6
- 8:35-8:45: Block 7
- 8:50-9:00: Conservatory Choir or Band

- **Clubs & School organizations will have tables in the cafeteria.**

## How is Lincoln-Sudbury implementing the NEW IEP this year?

Richard Whitehead, Director of Student Services, will be hosting a presentation on Wednesday September 18th from 7-8 pm. The presentation will cover the ways LS is preparing for IEP meetings, running IEP meetings and what can be expected after IEP meetings. There will be an opportunity to ask questions at the end of the presentation.

- No registration is required and the link to the presentation is noted below.

### **IEP Presentation**

Wednesday, September 18 · 7:00 – 8:00pm

Time zone: America/New\_York

Google Meet joining info

Video call link: <https://meet.google.com/cza-vvyt-exw>

Or dial: (US) +1 302-314-6447 PIN: 466 054 535#

## LS School Resource Officer (SRO) Update:

I want to let you know that currently, the Sudbury Police Department is down approximately 7 officers including the Middle School and Elementary SRO. They are working to bring new officers on board and that process takes a significant amount of time. This has made it necessary for the LS SRO (Kim Mangano) working during the day with the SPS schools and LS, as well as some patrol duties. While she is not going to be physically at LS all day as before, she rotates to LS often and is able to conduct her responsibilities as they apply to working with administration, students, and families tied to particular issues that arise. This is a large portion of her role as SRO. From a security standpoint, we



do not have large concerns as we have good security protocols in place, and Officer Mangano and the SPD are very responsive should any issue at the school occur that requires their presence.

## Religious Holidays & Observances:

Members of the student body observe a number of religious holidays, some for which school does not close. With this in mind, I would like to inform or remind everyone of the LS Academic Council's statement surrounding Holidays/Homework/Conflicting Obligations for students and staff:

*In keeping with the L-S Core Value of respecting human differences, we would like to acknowledge and prepare for those times in the school year when many students, staff and their families are observing and participating in cultural and religious activities. On some of these days (Yom Kippur and Good Friday, for example) the school closes. On others (ex. Rosh Hashanah, Ramadan), when school remains in session, or when holidays occur over a weekend, we ask that all staff plan well in advance so that homework, assignments, or projects that are due do not put any student in any conflict between their religious observation and schoolwork. With sufficient communication and adequate planning between teacher and student these conflicts should be avoided. In keeping with the values cited above, the school will be sensitive to conflicts that may be created when scheduling or holding formal meetings.*

Because students and staff are impacted by a number of different holidays in a number of different ways, folks may find this [list/calendar of holidays](#) (put together by Cornell University) to be helpful. The website [www.when-is.com](http://www.when-is.com) lists the dates and also includes descriptions of traditions and meanings covering a broad range of holidays.

## LS & Community Mental Health Supports Information:

LS has many supports available connected to student mental health. Please see below and I encourage you to browse the [L-S Counseling Dept. website](#) to see other important information that could be of help. In particular, the grade level links have lots of good information.

- I also urge any student and/or family seeking supports (Mental Health, Academic, Social Emotional) to directly contact the student's respective counselor and/or Associate Principal.

In addition to a student's counselor, clinical counselors and school psychologists are available to meet with students who, for whatever reason, are struggling with personal/social issues that are interfering with their learning and their thriving in the high school environment.

- Each counselor is affiliated with a particular house and the student will be referred to the clinician associated with his/her house.
- Students can refer themselves or be referred by their house counselor, staff or a family member.
- In the case where a student needs more ongoing therapeutic support, counselors will refer appropriately to outside agencies.
- Clinical counselors are also available to consult with parents. We also have graduate student interns, who are available to work with students, and are supervised by onsite clinicians.

## William James INTERFACE Referral Service:

- The William James (formerly MSPP) INTERFACE Referral Service Helpline is available to parents and other community members in Lincoln-Sudbury to assist in finding appropriate mental health services for children and families.
- Callers receive professional, personalized counseling referrals matched for location, specialty and insurance or fee requirements.
- The Helpline is available Monday through Friday from 9:00 am-5:00 pm at 617-332-3666 x1411 or 1-888-244-6843 x1411.
- Funding for this valuable service is generously provided by the Lincoln and Sudbury Schools.
- For more information and access to resources related to various social service and mental health topics, visit the William James INTERFACE Referral Service [website](#).
- [Resources for Social and Emotional Support](#)

## Academic Supports at LS:

- [Academic Support Center \(ASC\) \(Title I\)](#) - The ASC is our tutoring center within the high school. Students need to be referred by their house counselor in order to access this support. Depending on availability, students can have this support added to their schedule during free blocks, typically once a week. Students can receive a range of supports including writing, math, science, as well as general organization and study skills. The ASC typically fills up early in each semester and then a waitlist is started for future referrals. If students miss three appointments, they will lose their spot in the ASC.
- [Café Mathematica](#) - For students who need additional support for math, this support is available all lunch blocks every day of the week. It is staffed with a different member of the math faculty each day, and students can drop in at any point to get extra help with math. No appointment is necessary.
- [Science Academy](#) - Science Academy offers drop-in help from Science teachers for ALL students during 1st and 3rd lunch on Monday through Thursday. Students may stop by A426 to get help from science teachers, study independently or work with classmates. It is staffed with different members of the science faculty, and students may drop in at any point to get extra help with science. No appointment is necessary.
- [Humanities Center](#) - The Humanities Center provides a quiet, comfortable place for students to work. Students may also drop in during lunch block or make an appointment to meet with teachers for help with writing. Students should ask their English or History teacher for more information. The Humanities Center is located in C377, which is between the English and History Department offices.
- [LS Library](#) - During the school day, students may visit the LS Library to get help with evaluating sources, using library databases, creating proper citations, and locating resources for research projects and other assignments. Additionally, the library space is available for students to read, study, and work collaboratively or independently. The [LS Library website](#) is available to students anytime.

## Lincoln-Sudbury Parent Organization (LSPO) Information:

We have a very active and awesome PO at LS! More information about the **Lincoln-Sudbury Parent Organization (LSPO)** can be found below and I hope you consider joining and/or supporting this important organization that contributes greatly to the life of our school community.

- [Lincoln-Sudbury Parent Organization](#) (LSPO)
  - Sign-up for Email Newsletter (only 1x a week!) - [sign-up here](#)
  - [Ask the LSPO](#)
  - Volunteering - [sign up here](#)
  - L-S Directory - if you'd like to be included in the LS Directory, [please complete this form](#)
  - [LSPO FAQ's](#)

## L-S Site Council Elections:

The L-S School Site Council is seeking L-S parent/caregiver candidates to serve a two-year term starting in the 2024-2025 school year.

- **Candidate Eligibility:** Parents and guardians who have a child/children enrolled at L-S continuously from 2024-2028 are eligible to apply.
- **Deadline to apply is end of day Monday, September 6, 2024**
- **Want to apply? (or have questions)...** Email: [sharita\\_langston@lsrhs.net](mailto:sharita_langston@lsrhs.net)
- Candidates should include the following information
  - Put L-S Site Council Candidate in the Subject line
  - Your Name (First, Last)
  - Your child/children's name and grade (we won't post this information, but will use this to help verify that you will be eligible for the full 2 year term).
  - A brief description on why you are interested in the role and any experience(s) you feel is relevant to the role (Limit of 200 words). This description will be used in the event an election is triggered.
- **Will there be an election?** If more parents volunteer than we have available seats, there will be an election on Back to School Night. All 9-12th grade L-S parents/caregivers will be eligible to vote.

August 26, 2024

Dear LS Students and Families:

Greetings and welcome to the official start of the 2024-2025 school year! I hope you all are raring to go for this year and all of the learning and growth that you will experience. For those of you new to LS, this is a newsletter that I put out periodically to the school community with information, announcements, and updates that I hope are helpful as you navigate the school year. As this is the first one of the year, there is a fair amount of information in here. Use the table of contents for topics of interest to you.

- Please see here for a detailed layout of the first week of school by day:
  - [Opening Week Schedule - with Detail - 2024](#)

o [August 28-30 Block Schedule](#)

- One update I want to give is tied to an ongoing construction project that will be occurring through the first week of school. We are in the process of replacing the big external stairs between the buildings and the contractor will be pouring concrete this week. It will not interfere with drop-off or pick up, but those stairs will not be accessible until next week.

Thanks, and I am looking forward to a great school year!

*Andrew Stephen*

## Contents:

<ul style="list-style-type: none"> <li>• <a href="#">Important Events:</a></li> <li>• <a href="#">Good News:</a></li> <li>• <a href="#">Student/Schedule Information:</a></li> <li>• <a href="#">New School Year Bus Information:</a></li> <li>• <a href="#">L-S Student Information Verification 2024:</a></li> <li>• <a href="#">Students Not Returning to L-S</a></li> <li>• <a href="#">L-S PSAT Information:</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">LSRHS Advisory Program:</a></li> <li>• <a href="#">Computer Pick-up Information:</a></li> <li>• <a href="#">School Photographs:</a></li> <li>• <a href="#">Lincoln-Sudbury Parent Organization (LSPO) Information:</a> <ul style="list-style-type: none"> <li>o <a href="#">Boo Hoo Breakfast Flyer</a></li> </ul> </li> <li>• <a href="#">L-S Site Council Elections:</a></li> </ul>
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## Important Events:

DATE/TIME	EVENT	LOCATION
• Tuesday, 8/27	<ul style="list-style-type: none"> <li>• 8:25am - 1:45pm <ul style="list-style-type: none"> <li>o <i>First Adventure (9th Grade Students to LSRHS)</i></li> <li>o For schedule, see: <a href="#">Incoming Students Information Site</a></li> <li>o See <a href="#">LS School Start Up Information</a></li> <li>o <b>Note:</b> New students to LSRHS will be able to get their Chromebooks on this day see below)</li> </ul> </li> <li>• <b>LSPO Sponsored Class of 2028 "Boo Hoo" Breakfast</b> <ul style="list-style-type: none"> <li>o <a href="#">Boo Hoo Breakfast Flyer</a></li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Athletic Fields - 8:25am</li> <li>• Conference Rm. B</li> <li>• LS Tennis Courts Parking Lot</li> </ul>
• Wednesday, 8/28	<ul style="list-style-type: none"> <li>• First day for all students <ul style="list-style-type: none"> <li>o NOTE - dismissal at 3:14</li> <li>o <a href="#">Aug. 28-30 Schedule</a></li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• LS</li> </ul>
• Thurs. 8/29	<ul style="list-style-type: none"> <li>• Student photos taken <ul style="list-style-type: none"> <li>o 8/29 for all Grades 9-11 students (during Wellness class) <ul style="list-style-type: none"> <li>■ See <a href="#">Grades 9-11 Picture Day Information - 8/29</a></li> </ul> </li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• LS</li> </ul>
• Friday, 8/30	<ul style="list-style-type: none"> <li>• Dismissal at 12:15pm</li> </ul>	
• Monday, 9/2	<ul style="list-style-type: none"> <li>• Labor day (<b>No School</b>)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>No School</b></li> </ul>
• Tuesday, 9/3	<ul style="list-style-type: none"> <li>• 9th Grade Parents' Night - 7:00pm</li> </ul>	<ul style="list-style-type: none"> <li>• LS Auditorium</li> </ul>
• Wednesday, 9/11	<ul style="list-style-type: none"> <li>• Back to School Night - 6:30-9:00pm</li> </ul>	<ul style="list-style-type: none"> <li>• LS Auditorium &amp; Classrooms</li> </ul>
• Thursday, 9/12	<ul style="list-style-type: none"> <li>• Last day to add a class &amp; Change Q1 Wellness</li> </ul>	

• Tuesday 10/1	• Warnings	
• Thursday, 10/3	• Rosh Hashanah ( <b>No School</b> )	
• Friday, 10/4	• Last day to change levels and drop a course without WP or WF.	
• Monday, 10/14	• Columbus/Indigenous Peoples' Day ( <b>No School</b> )	
• Saturday, 10/26	• PSAT - <a href="#">Registration for PSAT</a>	• LSRHS

## Good News:

I am happy to share that the MIAA Student Advisory Committee connected to the MIAA/Team Up 4 Community initiative selected the **Lincoln-Sudbury Relay For Life** events as the second half of the year winner and cited the outstanding efforts of the student-athletes at Lincoln-Sudbury.

Congratulations to the students, staff, and families tied to this project!

- Link to project: [Lincoln-Sudbury Relay for Life Team's Inspiring Journey in Fundraising for ACS Team Up 4 Community](#)

## Student/Schedule Information:

- Student schedules are now available to view in the Aspen Student and Family Portals. You will see your schedule on the home page under the "Published Reports" section (below Announcements and Tasks). Next week, you will be able to see your schedule in the Schedule side tab. I will be in touch again as soon as this view is available to you.
  - Parents/Caregivers of 9th graders and new students: please share this document with your student.
- If you have an incomplete schedule (fewer than 7 classes each semester for grades 9-11; fewer than 6 classes each semester for grade 12) or an incorrect schedule (e.g. "I don't have an English class." "I wasn't supposed to be enrolled in Spanish." "I am enrolled in Digital Imaging, which I have already taken."), please complete [this "schedule error" form](#).
- If you would like to be placed in a class that you did not initially request or for which you did not get your preferred choice, please email [Scheduling@lsrhs.net](mailto:Scheduling@lsrhs.net). Please be aware that it is extremely unlikely that a spot has opened up as most courses are full. You may not have gotten a course you requested because it did not fit into your schedule.
- \*Note: Our Scheduling Office staff will begin responding to requests on August 21st. Thank you in advance for your patience.
- Don't forget to fill out the summer reading questionnaire after you have done your summer reading: [https://www.lsrhs.net/academics/departments/english/summer\\_reading](https://www.lsrhs.net/academics/departments/english/summer_reading)
- If you have not already done so, please visit our "School start-up" web page at [https://www.lsrhs.net/families/school\\_start\\_up](https://www.lsrhs.net/families/school_start_up).

## New School Year Bus Information:

Welcome LS caregivers! We provide this important information regarding bus transportation for all high school students.

- There is **NO FEE** and **NO BUS PASS REQUIRED** to ride the high school bus. You will need to register for a bus route within the [ASPEN Parent Portal](#) which provides a drop down menu during the student enrollment/re-enrollment process for each of your student(s) that may ride the bus.

#### THINGS TO KNOW:

**\*\*Boston families will be notified separately for new year schedule and will be posted on the website once available**

1. We use the previous school year bus routes to start the new school year! You will reference the 2023-2024 information as it is currently posted on the [LS website](#) for all stop locations among the routes.
2. We are not able to accommodate door-to-door pickups; the stops are general locations for safe access to buses en route.
3. All students will have a short distance to walk in order to reach a general stop location.
4. Pickup times will vary day-to-day with construction, road closures, traffic and weather conditions that are out of our control so students are asked to be at the listed locations **10 minutes before scheduled pickup time**.
5. Routes will be updated after the first month of school to verify ridership at stop locations and ability to reach campus on time for the first class.
6. The FirstView bus routing App will be available in early October once all the stop locations and times are confirmed.

### L-S Student Information Verification 2024:

Please follow the steps below to complete the LS Student Information Verification workflow. Each student needs the workflow completed by one parent/caregiver. This workflow will ask you to enter/confirm contact information, medical information, and bus information for your student(s).

- Log on to your Aspen Family Portal account (your account, not the Student's account) at <https://ma-lsrhs.myfollett.com>. Please do not use a mobile device for this process.
- Click Pages in the top menu bar to get to your home page.
- Scroll all the way down to the section called "Tasks" which is BELOW Announcements. Click INITIATE in the "Tasks" section.
- Click on the magnifying glass to open the list of your children. Select one child and click on OK.
- Click on NEXT to open the form. When you have completed the form, click NEXT and then FINISH.
- If you wish, you can confirm that you have completed the workflow for each of your children by selecting "Closed Tasks" from the drop-down menu in the "Tasks" window.
- You will need to repeat the task for each of your children and enter any updated information for each of them.
- [Above instructions with screenshots at this link.](#)

If you are having trouble logging in to Aspen, please email [ls-aspen-portal@lsrhs.net](mailto:ls-aspen-portal@lsrhs.net).

**Please complete this task by 8/30/24.** If you have any questions, please contact the House Assistant in your student's House Office.



## Students Not Returning to L-S:

- If your student will not be attending L-S this year, please complete the [withdrawal form at this link](#).
- Parents/Caregivers will be asked to verify and update their contact information at the end of August. Any changes to email addresses, phone numbers, home addresses or emergency contacts can be made at that time.
- You will also be asked to update your student's health information and provide a copy of the student's latest physical at the end of August.

## L-S PSAT Information:

Please see below for some information about next school year's PSAT administration:

- **PSAT Weekend Test Date: Saturday, October 26th, 2024**
- **Open to LS Juniors (and Sophomores, if space permits.)**
- [Registration for PSAT](#)

## LSRHS Advisory Program:

I am very excited that LSRHS will be implementing Year 2 of a school wide Advisory Program this coming school year. Please see this message from the Advisory Program Co-Leaders and I am very appreciative of all of the thought and work that went into the creation of this program!

- *In your schedule, you will notice a once-a-week advisory block on Thursday from 10:26-10:56 am. Advisory is a new program being implemented for all students at LS this year. When your student receives their schedule in Aspen in August, they will be able to see who their faculty advisor is and where their advisory group will be meeting.*
- *What is advisory? Students will meet with a faculty advisor and nine to eleven other students in their grade. The goal of this advisory block is to work on building relationships, developing skills to be an engaged citizen, learning about LS and its resources and developing skills for life after LS. Practically speaking, advisory time will be a mix of icebreakers, games, and a chance to connect about school and life and to create a smaller community within the larger LS one.*
- *If you or your student have any questions regarding advisory, please feel free to reach out to either of us once the school year begins.*

Rachel Cooke & Melisa Nasella

Advisory Program Co-leaders

[rachel\\_cooke@lsrhs.net](mailto:rachel_cooke@lsrhs.net) and [melisa\\_shen@lsrhs.net](mailto:melisa_shen@lsrhs.net)

## Computer Pick-up Information:

The expectation is that every student will bring a device with them to school every day. We offer a school-issued Chromebook (laptop), at no cost, to students that they can keep for the entirety of their time here at LS. This is a voluntary program. We allow students to bring their own personal devices to use as well.

- Please fill out the [Chromebook Form](#) **update link** if your student(s) will be needing a school-issued Chromebook to use for schoolwork while attending LS.
- New students and incoming **9th graders** will have time during their **First Adventure Day on Tuesday 8/29**

- This Chromebook program is available to all students at any time so if you are uncertain at this moment or need one at some point down the road, no worries, we'll be ready to help your student.
  - [Chromebook Program Information](#)
  - [Chromebook Request Form](#)
  - [Technology - LS](#)
  - [Technology -- Student Info & Guides for Students](#)
- Please email any questions to [studenthelp@lsrhs.net](mailto:studenthelp@lsrhs.net)

## School Photographs:

Please note that all 9th graders will have their photos taken on **August 29th**-orientation day. All other students (grades 10 and 11) will have photos taken on August 31st and Friday September 1st, during their Wellness class. See: [Grades 9-11 Picture Day Information - 8/29](#)

## Student Work Permits:

By law, students who are under 18 years of age, must obtain student work permits from their school. Below is some pertinent information if you need a work permit during the school year:

- [Work Permits - Parent/Caregiver Letter \(English\)](#)
- [Work Permits - Parent/Caregiver Letter \(Spanish\)](#)
- [Work Permit Process Flowchart](#)
- [Youth Work Permit Application - to be completed by Parent/Caregiver](#)
- **Email any questions/requests to:** [workpermit@lsrhs.net](mailto:workpermit@lsrhs.net)
  - Once this is completed (with Employer's, Physician's, Parent's/Caregiver's, and Student's signatures), these subsequently must be presented and signed off on by a school official.
    - During the school year: LSRHS Main Office
    - During the summer: Sharita Langston in the Superintendent's Office (down the hall from the Main Office or Karen Mantey in Student Services Office (across from Main Office))

## Lincoln-Sudbury Parent Organization (LSPO) Information:

We have a very active and awesome PO at LS! More information about the **Lincoln-Sudbury Parent Organization (LSPO)** can be found below and I hope you consider joining and/or supporting this important organization that contributes greatly to the life of our school community.

- [Lincoln-Sudbury Parent Organization](#) (LSPO)
  - Sign-up for Email Newsletter (only 1x a week!) - [sign-up here](#)
  - [Ask the LSPO](#)
  - Volunteering - [sign up here](#)
  - L-S Directory - if you'd like to be included in the LS Directory, [please complete this form](#)
  - [LSPO FAQ's](#)
- **LSPO invites Class of 2028 parents/caregivers to the annual Back to School "Boo Hoo" Breakfast - 8/27/24 8:00-10:30am at the Tennis Court Parking Lot (see [Boo Hoo Breakfast Flyer](#))**
  - This gives parents/caregivers of LS 9th graders a chance to have some coffee, tea, pastries etc. and connect with one another as you send your babies to LS.

## L-S Site Council Elections:

The L-S School Site Council is seeking L-S parent/caregiver candidates to serve a two-year term starting in the 2023-2024 school year.

- **Candidate Eligibility:** Parents and guardians who have a child/children enrolled at L-S continuously from 2023-2027 are eligible to apply.
- **Deadline to apply is end of day Monday, September 6, 2024**
- **Want to apply? (or have questions)...** Email: [sharita\\_langston@lsrhs.net](mailto:sharita_langston@lsrhs.net)
- Candidates should include the following information
  - Put L-S Site Council Candidate in the Subject line
  - Your Name (First, Last)
  - Your child/children's name and grade (we won't post this information, but will use this to help verify that you will be eligible for the full 2 year term).
  - A brief description on why you are interested in the role and any experience(s) you feel is relevant to the role (Limit of 200 words). This description will be used in the event an election is triggered.
- **Will there be an election?** If more parents volunteer than we have available seats, there will be an election on Back to School Night. All 9-12th grade L-S parents/caregivers will be eligible to vote.

June 20, 2024

Dear LS Students and Families:

As we begin the summer vacation, I wanted to send you a few brief and timely announcements. I'll be sending out another communication for the upcoming school year in August. It was a good year at LS and I look forward to next year! I hope that all of you get some time to unplug and enjoy the company of family and friends this summer!

Thanks,



Contents:

<ul style="list-style-type: none"><li>• <a href="#">Student Work Permits:</a></li><li>• <a href="#">LS Alumni Survey:</a></li></ul>	<ul style="list-style-type: none"><li>• <a href="#">L-S PSAT Information:</a></li></ul>
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## Student Work Permits:

It is that time of year where our students start to square away their respective employment for the summer. By law, students who are under 18 years of age, must obtain student work permits from their school. Below is some pertinent information:

- [Work Permits - Parent/Caregiver Letter \(English\)](#)
- [Work Permits - Parent/Caregiver Letter \(Spanish\)](#)
- [Work Permit Process Flowchart](#)
- [Youth Work Permit Application - to be completed by Parent/Caregiver](#)
- **Email any questions/requests to:** [workpermit@lrshs.net](mailto:workpermit@lrshs.net)
  - Once this is completed (with Employer's, Physician's, Parent's/Caregiver's, and Student's signatures), these subsequently must be presented and signed off on by a school official.
    - During the school year: LSRHS Main Office
    - During the summer: Sharita Langston in the Superintendent's Office (down the hall from the Main Office or Karen Mantey in Student Services Office (across from Main Office)

## LS Alumni Survey:

Over the course of this year, a committee has worked to develop a brief alumni survey that will provide valuable information about the LS educational program. It is important that we get as much response to this survey from LS alums and I am hoping if you are an LS alumnus and/or you have people in your family or circles who also graduated from LS in 2023 or earlier, that you will forward this to them.

Please use this link - [bit.ly/3RjLTWU](https://bit.ly/3RjLTWU) - to participate in a 10 minute L-S alumni survey. The survey will close at the end of July.

Thank you,  
The L-S Alumni Survey Committee

## L-S PSAT Information:

Please see below form some information about next school year's PSAT administration:

- **PSAT Weekend Test Date: Saturday, October 26th, 2024**
- **Open to LS Juniors (and Sophomores, if space permits.)**
- [Registration for PSAT](#)

# Tab 2





# School Newsletter: News & Happenings

## Welcome

Dear L-S Students, Families, and Staff:

Welcome to our latest school newsletter, designed to keep you informed about important announcements, upcoming events, and recent highlights within our school community. We aim to provide timely updates and celebrate the achievements of our students and staff.

## Contents:

- [Important Events](#)
- [Recent News & Accomplishments](#)
- [Key Reminders](#)
- [Get Involved!](#)

# Important Events:

Please see the table below for upcoming key dates and events.

Date/Time	Event	Location
 Date	 Calendar event	 Place
 Date	 Calendar event	 Place
 Date	 Calendar event	 Place

# Recent News & Accomplishments:

We are thrilled to share some of the latest news and celebrate the hard work and dedication of our school community members.




## Student Achievements

Congratulations to all our students who have excelled in academics, athletics, and extracurricular activities. We are so proud of your accomplishments!

## Staff Recognition



We would like to acknowledge the incredible efforts of our dedicated staff. Their commitment to our students and school is invaluable.

# Key Reminders:

- **School Hours:**  Date
- **Early Dismissal:**  Date
- **No School:**  Date

# Get Involved!

There are many ways to participate in our school community. We encourage families and staff to get involved in upcoming events and volunteer opportunities.

- **Volunteer Opportunities:** If you're interested in volunteering, please contact  Person at  File .
- **School Committee Meetings:** All are welcome to attend our school committee meetings. Dates and times are available on the school website.