

Troop 1000 Campout Menu Planning Guide

Use this Menu Planning Guide to plan nutritious campout menus:

FRIDAY EVENING MENU						
	Soup/Salad	Main Course	Vegetable	Vegetable	Drink	Dessert
DINNER						

SATURDAY MENUS						
	Bread/Grain	Main Course	Dairy	Fruit	Drink	Dessert
BREAKFAST						
		Main Course	Vegetable	Fruit	Drink	Dessert
LUNCH						

SATURDAY MENUS						
	Soup/Salad	Main Course	Vegetable	Vegetable	Drink	Dessert
DINNER						

SUNDAY MENU						
	Bread/Grain	Main Course	Dairy	Fruit	Drink	Dessert
BREAKFAST						
		Main Course	Vegetable	Fruit	Drink	Dessert
LUNCH (if needed)						