

I noticed that due to the new amount of stress that came with making it a goal to graduate from the Agoge program and dealing with some technical issues that I've been facing with website design, I've become more short-tempered. So I went for a perspicacity walk to solve this issue.

I remembered the patience that Andrew has every time someone over-explains something that doesn't require a 7-minute speech or asks an off-topic question. I thought, If he can control his temper, even when he has a family to take care of, does more work than me, and is more tired than me, then I can surely learn from his patience and control my temper because I'm not even close to feeling the amount of stress that he feels.

One wise man once said, "You will never receive more than what you can handle". That's why I dedicated the walk to thinking of ways to control my temper, If I can't control myself now, then when I have more responsibilities I will treat everyone like shit, so I came up with this solution.

- Every time I notice that I'm about to go on an unnecessary rant or talk in ways I shouldn't to my parents I will take deep breaths, remember Andrews's teachings, and avoid turning bitch mode on.
- Remember that God is testing me and if I don't pass he won't let me reach the next level of my career.

As my walk was 20 minutes long I also noticed something that was literally on my face and I wasn't using. I was super stressed with website design and I was having a hard time with getting creative insights to plan the structure of the website.

- During the walk, I remembered that Arno has a mini-series where he analyzes students' website design. When I got home I watched it and my mind literally exploded with ideas, sometimes we have the answer right in front of us but we just need to open our minds.