

Sacred Malas

by David Romanoff

“Awaken the Dragon”

Sacred Fire Mala: Garnet's Passion & Golden Abundance

At the heart of this powerful mala pulses *Natural Garnet*—the primordial stone of creative fire and unyielding strength. This deep red crystal ignites your life force, purifying your energy while fueling passion, courage, and vitality. Garnet's transformative energy is balanced by nurturing *Pearls*, which provide emotional calm and feminine wisdom, while *Black Onyx* forms an impenetrable shield against negativity and stress. *Citrine* crowns this sacred combination with its golden rays of abundance, joy, and manifestation power.

Set in radiant *gold*, this mala becomes:

- 🔥 Garnet's fiery passion and protection
- 🌊 Pearl's soothing emotional balance
- Onyx's grounding strength
- 💰 Citrine's solar-charged prosperity
- 👑 Gold's manifestation energy

Ideal for:

- Creatives and artists needing inspiration
- Those rebuilding after difficult times
- Entrepreneurs manifesting success
- People balancing strength and softness
- Anyone seeking passionate purpose





What are Sacred Energy Malas?

Mala beads are a string of beads traditionally used in prayer and meditation. Each custom **sacred energy** mala designed by David Romanoff has been deeply thought out and meditated on. All the stones have been carefully selected so that each mala exudes a desired energy. When crystals are placed directly on your body, they have a powerful vibratory effect that surges from the crystal to you. According to the law of physics, thoughts direct energy and energy follows thought. Each energy mala serves as a tool to help the thoughts of our consciousness connect with our body. Most of our malas are traditional 108 bead japa malas. However, some have 90 beads or less to achieve a desired length.

These malas have been smudged and cleansed with sage and palo santo prior to making them, to purify the stones. They have sat through a full sun and moon cycle, as well as received a sound bath which allows them to vibrate at their highest frequency.

It is our hope that your mala will bring you great joy and fill your life with positive energy.



About the stones & metals

BLACK ONYX

Black Onyx, a powerful protection stone, absorbs and transforms negative energy, and helps to prevent the drain of personal energy. Black Onyx aids the development of emotional and physical strength and stamina, especially when support is needed during times of stress, confusion or grief. Black Onyx fosters wise decision-making. Use Black Onyx to encourage happiness and good fortune. Black Onyx is a strength-giving stone and can provide support for self-discipline issues. Because it helps to hold physical memories, Black Onyx can be useful in healing old wounds or past life issues.

Black Onyx is wonderful for meditation and dreaming. Black Onyx helps one to become master of their own future. Onyx is credited with strengthening the immune system, providing stamina and vitality to the body, and preventing relapses after illnesses. Onyx grounds and stabilizes the emotional body, bringing strength in difficult or confusing circumstances and during times of tremendous mental or physical stress. It calms nervousness, quells anxiety and fear, soothes tempers and restores rational thinking and self-control. It emanates the energy of self-mastery, imparting self-confidence, focus, ease in one's surroundings, and the gift of wise decision making. It lets flighty personalities move into a more stable way of life, and helps one explore new ideas, as well as to carry out even dreary tasks to completion.

CITRINE

Citrine energizes every level of life. It cleanses the chakras and opens the intuition. Citrine attracts wealth, prosperity and success. It imparts joy, wonder, delight and enthusiasm. Raises self-esteem and self-confidence. Stimulates the brain, strengthening the intellect. Citrine promotes motivation, activates creativity and encourages self-expression. Enhances concentration and revitalizes the mind. It releases negative traits, depression, fears and phobias. Emotionally balancing.

Energizing and recharging, Citrine also reverses degenerative disease and helps balance chemical imbalances in the body. Also known as the "Light Maker," the Citrine gemstone has a bright yellow hue, which reflects its equally vibrant energy. Like Vitamin C for the soul, the Citrine crystal emanates positivity and joy.

PEARLS

Pearls are considered to be gems of nurturing and nourishment, as their origin is a result of self-nurturing. That's why it's no surprise that pearls have a centuries-long reputation for their healing properties, especially in traditional Asian medical systems, and is also why pearls have many metaphysical properties akin to crystals. As spiritual tokens, pearls are said to assist in calming and centering, as well as nurture your faith, loyalty, integrity and purity. They are also strong symbols of femininity, helping women connect with their "inner goddesses" and obtain the ultimate "feminine energy." Perhaps most importantly, it is said that pearls have specific frequencies of energy vibrations which can re-balance deficiencies in the human body when they are worn. In the realm of physical healing, pearls have been used throughout history to help treat the digestive tract, muscular systems and skin. Pearls are credited with a very strong absorbing nature; if a happy person wears these pearls, the pearls will be imbued with happiness.

NATURAL GARNET

Garnet is known for its utilization of creative energy. It grounds spirit forces within the body and helps in the ability to work lovingly on the physical plane. Garnet is a sensual stone. It represents primordial fire, the creation of the world out of chaos, purification and love. It is a stone of strong, intense feelings. It is intimately tied to the Earth, and is a talisman of protection and unyielding strength, increasing willpower and resistance to all things negative. It aids circulation and all blood related issues. It has the power to purify the energies in your body by getting rid of the toxins and restoring your body to its revitalized and re-energized state. It can promote strong and lasting relationships, and it can help you fill your life with passion and inspiration. When you're going through tumultuous times, this gemstone can help you achieve emotional stability. It will give you the confidence to move forward in your life without fear or trepidation. Garnet can cleanse your body, mind, and spirit. It can make sure that you are functioning at your 100% all the time!

GOLD

Gold is the color of success, achievement and triumph. Associated with abundance and prosperity, luxury and quality, prestige and sophistication, value and elegance. It is linked to masculine energy and the power of the sun, compared to silver which is associated with feminine energy and the sensitivity of the moon. Optimistic and positive, gold adds richness and warmth to everything with which it is associated - it illuminates and enhances other things around it. At the uppermost level, this is a color which is associated with higher ideals, wisdom, understanding and enlightenment. It inspires knowledge, spirituality and a deep understanding of the self and the soul. Gold is generous and giving, compassionate and loving, the benefactor or patron, sharing its wisdom, knowledge and wealth with others.



Care Instructions for Your Sacred Mala Jewelry

To preserve the beauty and energy of your mala, please follow these guidelines:

- **Storage** : Keep your mala in its custom box when not in use to protect it from damage.
- **Avoid Water** : Do not shower, swim, or submerge your mala in water.
- **Handle with Care** : Be mindful when leaning forward, as the mala can snag on objects and risk breaking.
- **Tassel Care** : Avoid bunching up tassels to prevent fraying. If needed, gently steam tassels to restore their shape.
- **Energetic Cleansing** :
 - Charge the crystals in sunlight to enhance their vibration.
 - Smudge with sage periodically to clear stagnant energy.
 - Supercharge your mala with a sound bath (using instruments or a meditative soundtrack).
- **If Your Mala Breaks** :
 - Collect **ALL** pieces and ship them back for free restringing.
 - Missing pieces may incur an additional replacement fee.

By caring for your mala with intention, it will continue to support your practice for years to come.

About the Artist

David Romanoff has been inspired his entire life through art and music. From a young age he was creating art pieces using different mediums as his canvas.

Creating these energy malas is a culmination of a true love for art and jewelry, as well as a desire to learn about the many facets of these powerful energy stones. The creation process is done with absolute intent and is a form of meditation for David. Each mala requires and deserves complete focus, so that all the elements will blend together harmoniously.

David has been a student and teacher of Aikido, Budo, and the philosophies therein, for more than 25 years. Aiki meaning the harmony of nature. A practitioner of Zazen meditation is a large part of his daily routine. "The art of focused breathing is paramount to channeling creative life giving energies."

They are a true labor of love....

Custom Orders:

Artist: David Romanoff - SACRED MALAS

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