



Isaiah 43:25

“I—yes, I alone—will blot out your sins for my own sake and will never think of them again.”

Mark 2:1-12

¹When Jesus returned to Capernaum several days later, the news spread quickly that he was back home. ² Soon the house where he was staying was so packed with visitors that there was no more room, even outside the door. While he was preaching God’s word to them, ³ four men arrived carrying a paralyzed man on a mat. ⁴ They couldn’t bring him to Jesus because of the crowd, so they dug a hole through the roof above his head. Then they lowered the man on his mat, right down in front of Jesus.

⁵ Seeing their faith, Jesus said to the paralyzed man, “My child, your sins are forgiven.” ⁶ But some of the teachers of religious law who were sitting there thought to themselves, ⁷ “What is he saying? This is blasphemy! Only God can forgive sins!”

⁸ Jesus knew immediately what they were thinking, so he asked them, “Why do you question this in your hearts? ⁹ Is it easier to say to the paralyzed man ‘Your sins are forgiven,’ or ‘Stand up, pick up your mat, and walk’? ¹⁰ So I will prove to you that the Son of Man has the authority on earth to forgive sins.” Then Jesus turned to the paralyzed man and said, ¹¹ “Stand up, pick up your mat, and go home!”

¹² And the man jumped up, grabbed his mat, and walked out through the stunned onlookers. They were all amazed and praised God, exclaiming, “We’ve never seen anything like this before!”



Memory Verse:

Seeing their faith, Jesus said to the paralyzed man, “My child, your sins are forgiven.” (Mark 2:5)

Three Points:

1. Jesus knows what is really going on with you.
2. When you know that you're forgiven, you can start moving again.
3. Your faith can help your friends.

Challenge:

Who can you “carry” to Jesus? Who will you pray for this week?

Prayer:

“Dear Jesus, sometimes I just feel stuck. Other people might try to help, but they don’t really understand what I need. Please forgive my sins, so I can keep moving forward with you. And please help me help my friends too. Amen.”