

February 2026

Calendar	News!
<p>*Schedules are subject to change this month due to gym availability.</p> <p>Activity Date:</p> <p>Feb 2nd – 6th: -Volleyball Friday 2/6 GO RED!</p> <p>Feb. 9th-13th -Volleyball</p> <p>Feb. 18th- 20th: -Volleyball</p> <p>Feb 23rd – Starting Hoops for Heart</p> 	<h2 style="text-align: center;">February is Heart Month!</h2> <p>Cardiovascular disease is the No. 1 killer of women. On Friday, Feb. 6 wear red to be seen, to be counted, to be heard, and to make an impact.</p> <p>Together, we can be stronger than heart disease and stroke.</p> <p>A suggested donation of \$1 for students wearing red will be donated to the American Heart Association! Each Homebase teacher will have a collection envelope.</p> <p>In Physical Education Classes during the week of February 23-27th we will be participating in Hoops for Heart. In classes we will learn about heart health, heart disease, and stroke prevention while enjoying fun games and activities to promote the American Heart Association.</p> <p>Students can opt to sign up and collect donations to help with the cause:</p> <p style="text-align: center;"><u>Bennet Academy Student Sign up Kids Heart Challenge</u></p>

What We are Learning

Volleyball	Heart Health
<p>In Physical Education this month, we will be practicing volleyball skills, leading up to gameplay.</p> <p>However, due to an unforeseen issue with one of our gyms, all scheduled activities are subject to change for this month.</p>	<p>The students will be learning about Preventing Heart Disease, Stroke, and how to keep their hearts healthy.</p> <p>They can also have a heart by supporting the American Heart Association through:</p> <p style="text-align: center;">Go Red for Women- February 6th</p> <p style="text-align: center;">Hoops for Heart February 19-27th</p>
<p style="text-align: center;">Contact Us:</p> <p style="text-align: center;">Ms. Coles: b25scole@mpspride.org Mr. Leitao: mleitao@mpspride.org Ms. Palmisano: apalm@mpspride.org Mr. Wibly: swibly@mpspride.org</p>	