

Resources/Mental Health Providers for WCSU

Woodstock Area

Bill Ballantyne, PsyD 802-296-1211; The Mill – Maxham Meadow Way, Woodstock, VT www.drballantyne.com

*General Psychological Services for Adults and Adolescents, Individual Psychotherapy for Anxiety, Depression, Life Transition Issues, Trauma and PTSD, Marriage/Relationship Therapy. Most insurances are accepted.

Karen Chalom, LICSW 802-457-6191; Simmons House, 32 Pleasant St., Woodstock, VT

*Child, Adolescent, Adult, Trauma and PTSD, Mood Disorders. Many insurances are accepted.

Ben Fox, LCMHC – Clinical & Program Director, MoonRise Therapeutics, Taftsville, VT 802-299-8192

DJ Jesser, LICSW 802- 345-5637; Taftsville, VT; Moonrise Therapeutics

jessermrf@gmail.com office@moonrisetherapeutics.org

Caleb Shepherd, LICSW 802-778-0941; 32 Pleasant St., Woodstock, VT

caleb.shepherd.licsw@gmail.com

*ADHD, Coping Skills, Depression, Divorce, Emotional Disturbance, Family Conflict, Grief, Parent Support, Gay/Lesbian issues, most insurances accepted.

Eleanor Lowenthal, MA, LMFT 802-333-0340; 45 Lyme Rd. Hanover, NH (formerly VT)

*Couples, families, individuals. Parent support and training. Most insurances are accepted.

Jacqueline Overstreet, MA 802-356-2565; 32 Pleasant St, Woodstock VT

www.jacquelineoverstreet.com; jacqueline.overstreet@gmail.com

Dalene Washburn, LICSW 802-291-5319; 5699 W. Woodstock, Woodstock, VT

*Child and Family Therapy, most insurances accepted.

Judy Williamson, MA, LCMHC 802-457-3302; 19 Central Street, Woodstock, VT *Children

White River Junction/Norwich Area

Annette Kennedy, PsyD 781-990-6236, 16 Beaver Meadow Rd., Norwich, VT annetteken@gmail.com

Experience with trans, queer, gay, lesbian clients and parents of gay and lesbian youth. Specializes in relationship issues, grief and loss, Asperger's Syndrome, anxiety, and depression. Works with teens 13+, young adults, adults.

Susan McKenzie, Psy M., 802-295-5533, 72 S. Main St. Ste. 260, White River Jct.

susanmckenzie7@msn.com Experience with trans and queer clients, and parents of trans youth. Specializes in transgender issues, gender issues, sexuality, anxiety, depression, couples. Works with older teens, young adults, adults. Accepts BCBS, sliding scale.

Ariel Cahn-Flores, LICSW 802-299-7895; 2458 Christian St, White River Junction, VT

*Individual, family, group counseling and therapy for children, teens, and adults covering a range of issues including but not limited to; depression, anxiety, relationships, grief and loss, pregnancy, postpartum depression. Most insurances are accepted.

Peter Collier, MSW, LICSW 802-649-8925; 144 Palmer Ct. #5, White River Junction

*Child, adolescent, adult, couples and family therapy. Specializes in treatment of addictions, anxiety, depression, and relationship issues. Some private insurance, self-payment; sliding scale fee available on a limited basis.

Sharon Goedkoop, LICSW, PLLC 802-356-9393; Dothan Brook Associates, 2458 Christian St., Ste. 214, Wilder, VT

*Pre-teens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults, Elders (65+), Individuals, Family, Group

Rutland Area

David Allen, LADC 802-747-7030, 51 Merchants Row, Rutland, VT 05701; Substance Abuse, Anger Management, BCBS, Cigna, Medicare, MVP, TriCare, Other

Denise Stockwell 802-775-4388, Rutland Mental Health, 7 Court Square, Rutland, VT 05701

Doug Andrews, MS 802-775-6509, 24 Wales Street, Rutland, VT 05701; Families, Trauma Resolution; BCBS, Medicaid, Other

Gabrielle Hayward, MS 508-280-7282, Creative Wellness, 1 Scale Avenue, Rutland, VT 05701

Marc Cecil, PhD 802-773-3616, 65 N. Main Street, Rutland, VT 05701; Trauma, Transitions, Family; BCBS, Cigna, Other

Windsor Area

Ronald Ceppetelli, MSW, LICSW 802-674-7093; 289 County Road, Windsor
*Adolescent, Adult, Elderly, Couples, Group. Most insurances accepted including Medicare/Medicaid

HCRS 802-463-3294

Deb Harrison, LICSW 802-226-7900 dharrisonlcsw@gmail.com Cavendish, VT

Experience with queer, gay, lesbian, and bisexual clients. Specializes in depression, anxiety, trauma, substance abuse/dependency, family work, relationships. Works with 8+, teens, young adults, families. Accepts most insurances, has sliding scale.

Mount Ascutney Hospital and Health Center 802-674-6711

Other Resources

802 Quits: Quitting Tobacco Resources; 802Quits You Can Quit. We Can Help. <https://802quits.org/>

AA (Alcoholics Anonymous): Today's AA Meetings 802-457-3500 <http://aavt.org/meetings/>

Alateen & Alanon: www.vermontalanonlateen.org 1-866-972-5266

Artistree: <https://artistreevt.org/> 802-457-3500

At Wit's End: Substance Abuse support for parents, families, and friends. 802-295-5206

BAYADA Bereavement Group; Support for those who are grieving the loss of a loved one. 802-282-4122

Brattleboro Retreat: [Brattleboro Retreat: Home](http://www.brattlebororetreat.org/) 802-258-3737 or 1-800-RETREAT
<https://www.brattlebororetreat.org/>

Circle formerly Battered Women's Services and Shelter: [Prevent Child Abuse Vermont](http://www.pcavt.org/) 1-800-CHILDREN
<https://www.pcavt.org/>

Clara Martin Center: <http://www.claramartin.org/> 11 Main St., Randolph 802-728-4466
*Wide range of services and programs; community mental health agency. 800-639-6360

Deer Creek Psychological Associates: [Therapy Psychology Evaluations Deer Creek Psychological Associates](http://www.deercreekpsych.com/) 802-785-2903 *Psychological and neurological services for children, adults, and families. <https://www.deercreekpsych.com/>

Executive Functioning Coaching in Vermont:
<https://www.beyondbooksmart.com/executive-function-coaching-in-vermont>

Friends of Recovery: [Recovery Vermont: Home](https://recoveryvermont.org/) 1-800-769-2798, 229-6103 <https://recoveryvermont.org/>

HCRS: Health Care & Rehabilitation Services: [HCRS: Health Care & Rehabilitation Services of Vermont](http://www.hcrs.org/) Springfield 802-886-4500 <https://www.hcrs.org/>

HCRS: [Hartford](#) 802-886-4500 **Emergency:** 800-622-4235

Ottauquechee Health Center:

<https://www.mtascutneyhospital.org/locations-directions/ottauquechee-health-center>
802-457-3030

NA/Narcotics Anonymous: [Green Mountain Area NA – Official Website of the Green Mountain Area Service Committee](#) 802-773-5575 <https://gmana.org/>

NAMI (National Alliance on Mental Illness); Support group, resources. [National Alliance On Mental Health | Vermont](#) 800-639-6480 <https://namivt.org/>

National Association for Children of Alcoholics: [Home - Nacoa](#) <https://nacoa.org/>

Outright Vermont: To build safe, healthy and supportive environments for gay, lesbian, bisexual, transgender, questioning youth ages 13-22. Resources, educational services, support. 802-865-9677
[Outright Vermont: Home https://www.outrightvt.org/](https://www.outrightvt.org/)

Parent Resources for Alcohol and Substance Use of their Children: ParentUp for VT: <http://parentupvt.org/>

Partnership for Drug-Free Kids: [Parent e-Books & Guides - Partnership to End Addiction](#)
<https://drugfree.org/parent-e-books-guides/>

Rutland Mental Health: [Community Care Network | Rutland Mental Health | Rutland Community Programs](#)
802-775-2381 <https://www.rmhsccn.org/>

Second Growth: [Second Growth – treatment, recovery and prevention services](#) 802-295-9800 Provides treatment, counseling, and recovery services to young people and families struggling with addiction and substance misuse. Assessments, Urine Screenings. <https://www.secondgrowth.org/>

Second Wind: [Upper Valley Turning Point | Addiction Services | Hartford-White River Junction, VT](#)
802-295-5206 Recovery support services, education and advocacy. Adolescent groups.
<https://www.uppervalleyturningpoint.org/>

Self-Injury: <https://selfinjury.com/>

Signs and Symptoms of Sexual Abuse: <https://www.stopitnow.org/ohc-content/warning-signs-possible-abuse>

Signs and Symptoms of Substance Abuse:

<https://www.phoenixhouse.org/prevention/signs-and-symptoms-ofsubstance-abuse/>

To Report an Underage Drinking Party (adults or students) before it happens or during: 1-866-833-6873
(1-866-TEEN-USE) or Text-A-Tip 802-296-1746

Turning Point Recovery Center: <https://spfldturningpoint.squarespace.com/> 802-885-4668

U-Matter Youth Suicide Prevention Program: [Welcome to Umatter®! - Umatter®](https://umatterucangethelp.com/) 1-800-273-8255
<https://umatterucangethelp.com/>

Valley Vista: [Valley Vista – Addiction Treatment to Advance Recovery](https://vvista.net/) 802-222-5201 Adolescent and adult substance abuse/use inpatient treatment programs; alcohol or drug addiction. Most insurances are accepted.
<https://vvista.net/>

Vermont 2-1-1: Dial 2-1-1 to get information about thousands of resources across Vermont or visit;
<https://www.vermont211.org/>

Vermont Alcohol and Drug Abuse Network of Programs and Services:
<https://www.healthvermont.gov/alcohol-drugs/services> Programs & Services

Vermont Family Network 1-800-800-4005 Variety of resources offered. <https://www.vermontfamilynetwork.org/>

Vermont Network Against Domestic and Sexual Violence: [Vermont Network – Vermont Network Against Domestic & Sexual Violence \(VNADSV\)](https://www.vtnetwork.org/) <https://www.vtnetwork.org/> 802-223-1302

Vermont Suicide Prevention Center: [Vermont Suicide Prevention Center | VTSPC](https://vtspc.org/) 802-254-6590 **In Crisis? Text VT to 741741** <https://vtspc.org/>

Vermont Youth Risk Behavior Survey: [Vermont Youth Risk Behavior Survey \(YRBS\)](https://www.healthvermont.gov/health-statistics-vital-records/population-health-surveys-data/youth-risk-behavior-survey-yrbs)
<https://www.healthvermont.gov/health-statistics-vital-records/population-health-surveys-data/youth-risk-behavior-survey-yrbs>

Windsor County Youth Services: [Windsor County Youth Services](https://vrhyp.org/windsor-county-youth-services-wcys.html) 802-298-6880 or 802-229-9151
<https://vrhyp.org/windsor-county-youth-services-wcys.html>

WISE Upper Valley, Domestic Violence, Sexual Assault, & Stalking: 1-866-348-9473 [WISE – Share Hope | Change Lives](https://wiseuv.org/) <https://wiseuv.org/> 603-448-5922