

Messaging for Public Meditation Signs

Intention: *Help us brainstorm new signs*

We are creating signs to wear and share with new people during our “[Climate and Habitat Outdoor Meditations](#)” - This is for public meditations/demonstrations, to raise our spirits, raise awareness, and raise the vibration in these troubled times.

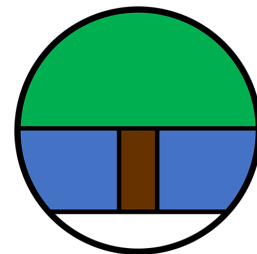
We want to create things that will be easily readable/recognizable by passers-by, ideally that can fit on a letter-size sign that could be worn around the neck (see examples from Extinction Rebellion below).



Our design and intention for the action are not the same as Extinction Rebellion's, but similar.

Design criteria

- Make sure it is inviting to new people
 - Friendly
 - Colorful
 - Cheerfully, Gently Subversive
- Reproducible and appealing
 - Not just 'sending happy vibes'?
 - People coming together to save and defend life on Earth
- Solutions focused (*not* outrage/alarm focused - there are times & places for that, but it's not what these events are about)
- 'Spirit-centered action'
- Doing the 'work within' to support the 'work without'
 - Kendon: apocalyptic balance within, balance without
- Add the Novasutras symbol (feature, or just small & in a corner / in an 'O' within a word)



“Please Join Us” Sign options

- **Meditating for Global Well-being: Please Join Us**
 - feel free to use one of our signs
- Meditating in Service to All Life on 🌍 Please Join Us

Message Sign options

- Heal the Climate, Protect the Land and Water (existing banner)
- Roll Up Your Sleeves & HOPE
- We Can Do BETTER for People & Planet
- Growing Our Power Together to Love and Serve All of Life
- **Love the Earth ❤️🌍, Serve 🌿 Life**
- Growing Our Power Together
- What is YOUR work within while you work without?

- meditating for a healthier world
- we are all in this together
- envision solutions for the climate crisis
- a world that works for all beings
- People coming together to save and defend life on Earth (maybe broken into two signs, two sides)
- “Campaign for Nature”
- Loving and Serving Nature
- **Listen for Earth’s Guiding Wisdom**
- Grounding People Power in the Earth
- We’re All Natives of Earth
- Earthlings Unite!
- People of Earth
- Serving All Our Relations (with images of non-humans beings)
- Learning How to Belong on Earth
- Gratitude is a Subversive/Revolutionary Act
- Appreciate and Reciprocate Earth’s Generosity
- All My Relations
- We Are the Earth
- Specific to 30x30:
 -  30%  actively stewarded by 2030 #DealforNature
- Ally With Earth
- *Work Within While We Work Without*
- **Imagine Climate Solutions**
- **Imagine a World that Works for All Beings**
- **One Planet One People**
- **Love the Earth**
- **Serve Life**

Paul: look for quotes and a picture from African activist

Some early examples, feel free to print & use -

 Signs for Climate, Land & Water Meditations fr PPT.pdf

You can modify or create your own using this file - [Signs for Climate, Land & Water Meditations](#)

How to prep signs for windy location

Make sure that the printed sign is well-secured to the backing cardboard around the edges (plenty of tape, sealing the edges so wind doesn't get in). Punch holes in both top and bottom of backing, then tie in two shorter pieces of twine on top, with longer on bottom that can go around the waist



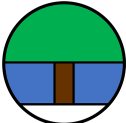
This can also be worn on the back (or could have one on each side)



MEDITATING FOR GLOBAL WELL-BEING



Please Join Us

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