

Studio Etiquette / Setting Up For Success

Done-For-You Copy

There's a lot involved in a dance class. Sure, there's a whole new way of moving, but there's also listening to instructions from different grown-ups, a whole new class of dance friends and for our newest dancers, there's a whole new environment to navigate too!

But here at [studioname] we're all about setting up our littlest dancers for success. This month we're making sure all our students are feeling comfortable, safe and supported in our dance space. That means knowing:

- ☀ we always start dance class [on our spots in a circle / with news / reading with our assistant in the lobby]
- ☀ there are spaces to dance and spaces to talk to our friends
- ☀ after we dance with props we pack them away
- ☀ sometimes it's my turn to dance and sometimes I wait for my friends to dance

Structure is the secret to success.

When we let our students know what happens, where, and when, we reduce uncertainty and anxiety and ensure our students feel safe as they explore the magic of dance.

#studioname #programname #preschooldanceclasses #yourlocation danceclasses
#leapnlearn

Create-Your-Own Copy

- talk about class structure as specific to your studio
- spaces to dance and spaces to talk
- getting and packing away props
- taking turns
- that structure reduces anxiety and sets students up for success

Musical Awareness

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Movement and music are a match made in heaven, and this month our [Leap 'N Learn classes] are dedicated to building musical awareness in our littlest dancers. From counting along to the music, exploring different rhythms and musical dynamics, and even learning about 3/4 time signatures, these classes are some of our favourites here at [studio name].

Want to follow along on the fun times at home?

Try calling out a different body part and then counting along with your child as they tap that body part 8 times. It's a great little activity that can bring some joy to a long, boring car trip or add a little musicality to some downtime at the park. You can even pop on some of your favourite songs at home or in the car and give it a go. Ask questions like "which songs do we have to tap slower to?" and "Which ones make us we tap faster?"

Want more ideas to bring more musical awareness into your lives? Drop us a comment below and we'll be sure to pop some more ideas in our stories.

#studioname #programname #preschooldanceclasses #yourlocationdanceclasses
#leapnlearn #musicalawareness #musicaleducation

Create-Your-Own Copy

- counting to music
- different rhythms and dynamics (e.g. slow, fast, sustained our bouncy)
- music is everywhere, not just in dance class
- music is good for the brain and the body

Relationships to Others

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Behind, towards, between, across, before... what do all these words have in common?



They're all prepositions – and while they're useful in dance, they're also super important for building literacy skills too. 

This month, our **[PROGRAM/CLASS NAME HERE]** students are all exploring relationships to others. Sometimes we'll be travelling across from our partners, marching behind other dancers, or skipping beside our friends. We'll be dancing alone, with partners or in circles as a group... you name it!

And while we're having a tonne of fun in the studio exploring different ways we can move and explore the studio space independently and as a team, we know that our students are embodying powerful concepts that are going to set them up for life.

It's just another reason why our dancers are getting the very best dance education available.

#studioname #programname #preschooldanceclasses #yourlocationdanceclasses
#leapnlearn

Create-Your-Own Copy

- developing spatial and relational skills
- learning how to travel in different patterns and formations
- embodying powerful concepts and developing an awareness of how prepositions manifest in different settings
- working independently and with others

Exploring Classical Ballets

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Children love learning about classical ballets and being introduced to the movement, music and vibrant storytelling in these dazzling productions.

This month our [Leap 'N Learn classes] will be galloping, balancing, and swaying their feathers as we dive into the beauty of Swan Lake. It's just another exciting way we connect our learning in the classroom, here at [studio name], to the professional dance world! Dancers will be enjoying lots of laughs together as they explore pantomime and acting, teamwork and turn-taking, and movement exercises with interactive props. As we bring the magic of stage productions into our dance class, we are excited to see your little dancer explore their imagination and envision what it will feel like to leap across the big stage.

#studioname #programname #preschooldanceclasses #yourlocationdanceclasses
#leapnlearn #classicalballet #ballet #swanlake

Create-Your-Own Copy

- bringing real-world professional repertoire into the classroom
- developing fine motor skills, eye tracking and listening skills
- exploring teamwork and partner dance
- working on balance and stability
- pantomime and acting
- turn taking and impulse control

Body Awareness

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This month we're build body awareness into each and every **PROGRAM/CLASS NAME** **HERE** class. But what does it look like?

Well there's:

- 👉 identifying different body parts
- 👉 moving some parts of our body while keeping others still
- 🌀 exploring the different ways our body parts move
- 👉 learning about muscles and bones
- 🧠 and lots of cross body tapping to fire up our brains

Bodily awareness is an important part of children's physical development, and we've immersed all this good stuff into powerful and playful dance classes that kids adore!

#studioname #programname #preschooldanceclasses #yourlocationdanceclasses
#leapnlearn #bodyawareness #earlychildhood #preschooldance

Create-Your-Own Copy

- developing body awareness
- cross body tapping
- identifying body parts
- how their body works – muscles, bones, organs
- isolations
- moving some body parts while keeping others still
- different ways our body parts can move

Expressing Emotions Through Movement

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This month our [program name here] classes are exploring how we express emotions and feelings through movement.

- 😊 What does 'happy' look like?
- 😬 What does it feel like to be worried?
- 😡 How would you march if you were angry?

Expressing emotions is important in dance because we're often telling stories on stage, but it's also important outside the dance studio.

It might look like a whole lot of fun as we pretend to be surprised, sad, scared or excited, but all of our lessons this month are centred around giving your child a safe space to freely express emotions and identify how they look and feel in their bodies.

By building emotional awareness we help students build crucial emotional skills, including navigating relationships and problem-solving. It's just another way we're supporting our students toward success in the studio, in their schooling, and in life 🌟

#studio name #program name #preschooldanceclasses #your location danceclasses
#leapnlearn #expressingemotions #emotionalawareness

Create-Your-Own Copy

- emotional awareness is crucial to children's development
- expressing emotions is important on stage
- dance provides a safe, judgement-free space to explore how emotions look and feel
- exploring emotions builds children's emotional literacy which will support them in school and life

Exploring Relationships to Space and Stage

Done-For-You Copy

This month our [program name here] dancers are learning about space, spatial awareness and pathways. Little do they know, but your littlest dancer is exploring early mathematical concepts like geometry as we play with how



our bodies can make curved shapes



our bodies can make straight shapes



we can be evenly spaced



we can travel in straight, wavy or zig zag pathways

Want to play along at home? Add a little excitement to teeth-brushing time by asking your child to walk to the bathroom in a straight, wavy line, or a zig zag line.

As we get closer to our [recital/end of year show/concert] we're also learning about the stage and how we can move around it as dancers. It's all part of the carefully considered planning that goes into making sure your child's dance experiences are positive, stress-free and filled with memorable moments that will last them a lifetime.

#studio[studio name] #program[program name] #preschooldanceclasses #yourlocationdanceclasses
#leapnlearn #spatialawareness #stage

Create-Your-Own Copy

- different ways we can move in space
- relationship to the stage and how important it is for dance
- working on understanding stage space and directions in class promotes more positive on-stage experiences

Learning to Pantomime

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A little pantomime, a whole lot of fun! Expressing feelings, storylines and narratives is a big part of many classical ballets. But beyond that, this month our [program name here] classes are learning how to use gesture and expression to make meaning.

In fact, exploring gesture is a great way for our littlest dancers to develop their communication skills. While gesture and speech work independently, together they deliver more effective and impactful meanings.

So, how does learning pantomime in a dance classes help our little ones in life?

- 🌟 greater awareness of emotions and needs in themselves and others
- 🌟 practice expressing our needs and wants, especially when finding the right words can be hard
- 🌟 more effective and confident communication
- 🌟 improved interpersonal skills, including picking up on social cues which are crucial to developing relationships

So while our lessons may be getting a little dramatic 🌪️ and a little silly 😜 we know that there's a whole lot of good going on behind the scenes, and we wouldn't have it any other way!

#studioname #programname #preschooldanceclasses #yourlocationdanceclasses
#leapnlearn #pantomime #gesture #communication #meaningmaking

Create-Your-Own Copy

- pantomime is about telling stories through gesture and expression
- commonly used in ballet but also support children's communication development
- helps them become more effective, clear and confident communicators
- teaches students that we can interpret feelings and meanings without words

Performance Time

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Our [name of performance] is right around the corner and this month is all about exploring performance time! Here at [program name here], we understand how exciting [recital/end of year show/concert] time is and we want to make sure your dancer is prepared and ready to take the stage!

We'll be learning about our stage and theatre space, what to expect backstage and how to get ready for their special day. But most importantly, we'll be instilling a sense of confidence and independence that will ensure your little dancer can embrace the fun and magic that comes with performing in front of a live audience.

Want to support your little one at performance time? Help them to get lots of rest the night before, stay hydrated and talk about the [recital/end of year show/concert] with lots of positivity and encouragement!

#studio name #program name #preschooldanceclasses #yourlocationdanceclasses
#leapnlearn #recital #performance #dance

Create-Your-Own Copy

- preparing for performance/recital/concert
- learning about the stage and theatre space
- spatial awareness and travelling around the stage
- instilling confidence and independence