Check yourself and your buddy before *every* dive because **B**reathing **W**ater **R**eally **A**in't **F**un!

KirksDiving.com 2025-05-13 Learn more. Dive safer.

Start on the other side, then continue here.

A ir
☐ Gas mix known if air / analyzed if green/yellow nitrox
tank ☐ Gas smells OK
☐ Gas sufficient for dive as planned?
☐ Valve fully on / breathe primary & watch SPG (no
drop) ☐ Buddy breathes alternate & watches SPG (no
drop) ☐ Properly locate / secure alternate air source ☐
Turn, ascent, & reserve pressures planned & discussed
Final OK
☐ Computer on / battery OK / correct gas / know how to
use Flashlight works & fully charged. Carry 2+ if night
diving Cutting tools / compass present
☐ Visual signaling device present (SMB, DSMB, mirror) ☐
Full scan: no gear out of place or missing / all streamlined
☐ Fins, mask, snorkel
☐ How feeling? Discuss concerns. Want/healthy to
dive? Remember: primary objective is to return safely
☐ Any diver can cancel any dive for any reason –

always!

KirksDiving.com 2025-05-13 Learn more. Dive safer.