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Red Carpet For Urban Farming Workshops



Are you ready to step onto the red carpet of urban farming workshops? Get ready to immerse yourself in a world where lush greenery and thriving gardens are just a few steps away from your doorstep.

In this article, we invite you to join us on a journey towards sustainable living and community building through the power of urban farming.

Imagine strolling through rows of vibrant vegetables, plucking ripe tomatoes off the vine and savoring their juicy sweetness. Picture yourself surrounded by fellow enthusiasts, all eager to share their knowledge and experiences in cultivating their own urban oasis.

With our red carpet for urban farming workshops, you'll have the opportunity to learn from expert farmers who will guide you through every stage of the process – from selecting the perfect seeds to preparing nutrient-rich soil.

So come along with us as we delve into the fascinating world of urban farming, where your passion for growing your own food can flourish and bloom into something truly remarkable.

Overview of Urban Farming

You'll be amazed by the endless possibilities of urban farming, as you stroll through a vibrant red carpet lined with workshops showcasing the diverse ways you can grow your own food in the heart of the city.

Urban farming techniques have revolutionized how we think about agriculture, allowing us to cultivate crops in unconventional spaces and create sustainable food systems within our urban landscapes. From rooftop gardens to vertical farms, these workshops will introduce you to innovative methods that maximize limited space while minimizing environmental impact.

But don't be fooled by its allure; urban farming does come with its fair share of challenges. Limited access to land, soil quality issues, and unpredictable weather patterns are just a few obstacles that urban farmers face. However, these challenges have sparked creativity and resilience within the community. Through years of trial and error, urban farmers have developed ingenious solutions such as hydroponics and aquaponics systems that require less water and space while still yielding bountiful harvests.

As we transition into exploring the benefits of urban farming, it's important to recognize how these innovative techniques address not only our individual desire for fresh produce but also our collective need for a more sustainable future.

Benefits of Urban Farming

Imagine being able to grow your own fresh fruits and vegetables right in the heart of the city,

bringing a taste of nature's bounty directly to your plate. Urban farming offers numerous benefits that go beyond just having access to home-grown produce. Here are some reasons why urban farming is not only a trendy movement but also a beneficial one:

- **Improved Health:** By growing your own food, you have control over what goes into it. You can choose to grow organic and pesticide-free crops, ensuring that you consume nutritious and healthy food. The proximity of urban farms also means that the produce can be harvested when it is ripe, leading to higher nutrient content compared to store-bought options.
- **Environmental Sustainability:** Urban farming reduces the carbon footprint associated with transporting food over long distances. It promotes sustainable practices such as composting and rainwater harvesting, which help conserve natural resources. Additionally, green spaces created by urban farms contribute to improved air quality and overall well-being.
- **Community Building:** Urban farming brings people together, fostering a sense of community and belonging. Working side by side with neighbors towards a common goal creates bonds and strengthens relationships within neighborhoods. It provides an opportunity for people from diverse backgrounds to connect through shared interests in gardening and sustainability.
- **Food Security:** With increasing population density in cities, ensuring access to fresh food becomes crucial. Urban farming helps address this challenge by providing local sources of nutritious produce year-round. It reduces dependence on industrialized agriculture systems vulnerable to disruptions such as extreme weather events or global crises.

Urban farming does come with its own set of challenges like limited space and potential conflicts with existing regulations or zoning laws. However, these obstacles can be overcome through innovative solutions such as vertical gardening or rooftop farms.

Transitioning now into seed selection and planting techniques...

Seed Selection and Planting Techniques

Get ready to experience the joy of planting your own seeds and watching them grow into vibrant, thriving plants right in the heart of the city! Seed selection is a crucial step in urban farming, as it determines the success and productivity of your garden.

When choosing seeds, consider factors such as climate, soil conditions, and available space. Opt for varieties that are well-suited to urban environments and have a high chance of success. Whether you're interested in growing vegetables, herbs, or flowers, there are countless options to choose from.

Once you've selected your seeds, it's time to dive into planting techniques. Starting seeds indoors allows you to get a head start on the growing season and ensure stronger seedlings. Planting depth is important - generally speaking, smaller seeds should be sown shallowly while

larger ones require deeper planting. Make sure to water your newly planted seeds gently yet thoroughly to provide them with the moisture they need for germination.

As your plants begin to sprout and grow, don't forget about thinning them out if necessary to give each plant enough space for optimal growth.

As we move onto the subsequent section about soil preparation and composting, remember that these steps go hand in hand with seed selection and planting techniques. By creating nutrient-rich soil through proper composting methods, you'll set a strong foundation for your urban farm's success.

Soil Preparation and Composting

Prepare your soil and compost to create a thriving environment for your plants and maximize the success of your urban farm. Composting techniques play a crucial role in enriching the soil with essential nutrients, promoting healthy plant growth, and reducing waste.

By composting organic materials such as fruit and vegetable scraps, grass clippings, and leaves, you can create a nutrient-rich soil amendment that will nourish your plants naturally.

To start composting, gather your organic materials in a designated compost bin or pile. It's important to maintain a proper balance of 'green' (nitrogen-rich) and 'brown' (carbon-rich) materials. Greens include items like kitchen scraps and fresh grass clippings, while browns consist of dry leaves and shredded newspaper.

Turn the pile regularly to aerate it and speed up decomposition. As the materials break down, they'll transform into dark, crumbly compost that can be added to your soil.

In addition to composting techniques, using organic fertilizer is another fantastic way to enhance your soil quality. Organic fertilizers are derived from natural sources such as animal manure, bone meal, or fish emulsion. These fertilizers provide essential nutrients gradually over time without harming the environment or causing chemical buildup in the soil.

As you prepare your soil with these composting techniques and enrich it with organic fertilizer, you're setting the stage for vibrant plant growth on your urban farm. Now that you've created an ideal foundation for successful farming, let's explore watering and irrigation systems that will ensure optimal hydration for your plants without wasting water resources unnecessarily.

One effective watering and irrigation system for your urban farm is a drip irrigation system. This system delivers water directly to the roots of each plant, minimizing water loss through evaporation or runoff. By providing a slow and steady supply of water, drip irrigation promotes deep root growth and prevents overwatering.

Additionally, incorporating a timer or moisture sensor into the system can further optimize water

usage by ensuring plants receive water only when needed. This sustainable approach to watering will help conserve water resources while maximizing plant hydration for vibrant growth on your urban farm.

Watering and Irrigation Systems

When it comes to watering and irrigation systems, you'll want to consider using a drip irrigation system for optimal hydration on your urban farm. Smart irrigation is the way to go when it comes to efficient water usage and ensuring that your plants get the right amount of moisture they need.

Drip systems are designed to deliver water directly to the root zone of each plant, minimizing evaporation and runoff. This method not only conserves water but also reduces weed growth, as the water is targeted specifically at the plants.

With a drip irrigation system, you have more control over how much water each plant receives, which is crucial for urban farming where space is limited. You can easily adjust the flow rate or use timers to automate watering schedules based on your specific crops' needs.

By providing consistent moisture levels, you're creating an ideal growing environment that promotes healthy root development and minimizes stress on your plants.

Now that you understand the importance of proper watering and irrigation systems, let's move on to pest and disease management. It's essential to protect your urban farm from potential threats so that your crops can thrive in a safe environment.

Pest and Disease Management

Protect your urban farm from potential threats by implementing effective pest and disease management strategies, ensuring the health and vitality of your precious crops.

Integrated pest management is a holistic approach that combines various techniques to control pests and diseases while minimizing environmental impact. By utilizing organic pest control methods such as companion planting, biological controls, and crop rotation, you can create a balanced ecosystem that naturally keeps pests at bay.

Companion planting involves growing certain plants together to deter pests or attract beneficial insects. For example, planting marigolds alongside your vegetables can help repel harmful nematodes and aphids. Additionally, introducing predatory insects like ladybugs or lacewings into your farm can help control populations of unwanted pests.

Crop rotation is another effective technique where you rotate different plant families each season to disrupt the life cycles of pests and diseases. This not only prevents the buildup of

specific pathogens but also helps maintain soil fertility.

Now that you know how to protect your urban farm from pests and diseases using integrated pest management techniques, let's move on to harvesting and storage tips.

Harvesting and Storage Tips

Now that you've mastered pest and disease management, let's delve into some handy harvesting and storage tips to ensure your bountiful crops stay fresh and delicious.

Harvesting techniques play a crucial role in maintaining the quality of your produce. It's important to know when each crop is at its peak ripeness. Gentle handling during harvest prevents bruising and damage, ensuring the flavors remain intact. Remember, timing is everything!

For example, leafy greens are best harvested in the early morning when they're crisp from overnight moisture. On the other hand, fruits like tomatoes should be picked fully ripe from the vine for maximum sweetness.

Once you've gathered your precious yield, it's time to think about food preservation. Proper storage techniques will help extend the shelf life of your harvest while preserving its nutritional value.

First and foremost, clean any dirt or debris from your produce before storing it. This helps prevent mold or bacterial growth that could spoil your hard work. Secondly, consider using appropriate containers such as breathable bags or sealed jars depending on the type of vegetable or fruit you're storing. Lastly, pay attention to temperature and humidity levels in your storage area as different crops have different requirements for optimal preservation.

As we transition into discussing maximizing space in urban environments without missing a beat, it's essential to keep these harvesting and storage tips in mind. By mastering these techniques and ensuring long-lasting freshness for your homegrown treasures, you'll be able to maximize every square inch of available space efficiently while reaping the rewards of a thriving urban farm.

Ultimately, the success of your urban farm and the satisfaction of enjoying your homegrown produce will make all your hard work and dedication worthwhile.

Maximizing Space in Urban Environments

To truly optimize your yield in urban environments, it's essential to explore innovative methods of maximizing limited space. One such method is vertical gardening, which allows you to grow plants upward instead of outward. By utilizing vertical structures such as trellises, hanging

baskets, or stacked planters, you can make the most of every inch available.

This not only saves space but also creates a visually stunning display that adds an element of greenery and life to your urban environment. Another technique that proves beneficial in urban farming is the use of hydroponic systems. Hydroponics involves growing plants without soil by providing them with nutrient-rich water solutions directly. This method eliminates the need for traditional soil-based agriculture and allows you to grow a variety of crops all year round, regardless of weather conditions.

With hydroponics, you can set up compact systems indoors or on rooftops, taking advantage of unused spaces and turning them into productive areas for cultivation. By incorporating these innovative techniques like vertical gardening and hydroponic systems into your urban farming practices, you can maximize space utilization while still achieving high yields.

These methods not only provide practical solutions but also contribute to creating a sense of belonging within your community as you transform previously underutilized spaces into vibrant green oases. Now let's delve into sustainable practices in urban farming and discover how they further enhance the benefits of this red carpet trend for cultivating food in our cities.

Sustainable Practices in Urban Farming

Sustainably sprout your urban oasis by implementing eco-friendly practices in your farming endeavors. Embracing sustainable practices not only benefits the environment but also enhances the productivity and longevity of your urban farm.

One innovative method is vertical farming, which involves growing plants in stacked layers or vertically inclined surfaces. By utilizing vertical space, you can maximize your yields while minimizing the footprint of your farm. This technique not only saves valuable land but also reduces water usage and energy consumption.

Additionally, rooftop gardens are another fantastic way to promote sustainability in urban farming. Transforming unused rooftops into lush green spaces not only beautifies the cityscape but also helps combat air pollution, reduce stormwater runoff, and provide insulation for buildings.

Implementing these sustainable practices will not only benefit your urban farm but also contribute to a greener and more resilient city. As you continue on this journey towards building a thriving urban oasis, it's essential to consider how these eco-friendly techniques can foster community building and resource sharing among fellow urban farmers.

Community Building and Sharing Resources

Imagine yourself surrounded by a vibrant network of fellow urban farmers, eagerly sharing

resources and building a close-knit community that nurtures both crops and relationships.

In the world of urban farming, community engagement isn't just a buzzword, but a way of life. Urban farming initiatives have sprouted across cities, bringing people together to cultivate fresh produce in shared spaces. Whether it's swapping seeds with your neighbors or attending workshops on composting techniques, this flourishing community fosters an environment where knowledge and experiences are freely exchanged.

By actively participating in these urban farming communities, you tap into a wellspring of support and inspiration that propels your own journey towards sustainable agriculture.

The power of community engagement in urban farming goes beyond simply growing food; it cultivates connections between individuals who share a common passion for sustainable practices. Through collective action, these communities become catalysts for change as they advocate for policies that promote access to healthy food options and green spaces within cities. As you immerse yourself in this dynamic network of like-minded individuals, you discover the transformative effect it has on both personal growth and societal impact.

You witness firsthand the positive ripple effect created by small-scale actions taken collectively: from reducing food waste through communal composting systems to organizing neighborhood markets that support local growers. The sense of belonging that comes from being part of such an engaged community fuels your drive to contribute towards building a more resilient and sustainable future.

Transitioning into the subsequent section about 'success stories from urban farmers', we delve into inspiring tales that demonstrate how these vibrant communities can turn dreams into reality.

Success Stories from Urban Farmers

Get ready to be inspired by the incredible achievements of urban farmers who've transformed their passion into thriving businesses and revitalized their communities.

Urban farming is not without its challenges, but these innovative individuals have found creative solutions to overcome them.

One success story comes from Jane, who turned an abandoned rooftop in downtown into a flourishing vegetable garden. She faced the challenge of limited space, but with vertical gardening techniques and hydroponics, she maximized every inch available. Not only did Jane provide fresh produce for her community, but she also created a beautiful green oasis in the heart of the city.

Another inspiring example is Mark, who converted his backyard into a micro-farm that supplies local restaurants with organic herbs and greens. Mark encountered challenges such as soil contamination and limited access to sunlight. However, he used raised beds filled with

nutrient-rich soil and installed grow lights to ensure his crops thrived year-round. By doing so, Mark not only improved the quality of his harvests but also reduced his carbon footprint by eliminating transportation costs.

These success stories demonstrate how urban farmers are overcoming various challenges through innovation and determination.

Now that you've seen what's possible, it's time to take the next steps towards starting your own urban farm.

Taking the Next Steps: Starting Your Own Urban Farm

Now that you've heard the inspiring success stories of urban farmers, it's time to roll up your sleeves and sow the seeds of your own flourishing urban farm. Starting your own urban farm can be an exhilarating journey filled with endless possibilities.

Not only will you have the opportunity to contribute to sustainable food production in your community, but you'll also be embarking on a fulfilling entrepreneurial venture.

To begin your urban farming adventure, it's important to understand the ins and outs of running an urban farm business. Like any other business, there are certain regulations and guidelines that need to be followed. Familiarize yourself with local zoning laws and permits required for operating an urban farm in your area. This will ensure that you are compliant with all necessary regulations and avoid any potential legal issues down the road.

In addition, it's crucial to develop a solid business plan for your urban farm. Consider factors such as market research, target audience, pricing strategies, and marketing efforts. By having a clear vision and strategy in place, you'll set yourself up for success in this competitive industry.

Remember that starting an urban farm is not just about growing crops; it's also about building connections within your community. Get involved in local events, farmers markets, and collaborate with other like-minded individuals who share your passion for sustainable agriculture. By creating a sense of belonging within your community, you'll not only gain loyal customers but also establish a support network that will help you navigate through challenges along the way.

So don't wait any longer! Take those first steps towards starting your own thriving urban farm today. With dedication, knowledge, and a bit of hard work, you can turn your dream into reality while making a positive impact on both people and the planet!

Frequently Asked Questions

What are the costs associated with attending an urban farming

workshop?

Cost considerations and financial requirements are important factors when attending an urban farming workshop. It's crucial to be aware of the expenses associated with such events. These expenses include registration fees, materials, and possibly travel costs. Additionally, participants should consider any potential expenditures for accommodations or meals if the workshop is held in a different location. By understanding these cost implications, individuals can make informed decisions about their participation. They can also ensure they have the necessary funds to fully engage in this enriching experience.

Are there any age restrictions for participating in the workshops?

Ah, the age-old question of age restrictions and eligibility criteria for participating in these captivating urban farming workshops. Allow me to shed some light on this matter, dear friend.

When it comes to these workshops, there exists no barrier based on age; they welcome all those who are eager to delve into the world of urban farming with open arms. Whether you're a sprightly young enthusiast or a seasoned individual seeking new knowledge, you'll find yourself embraced by a community that nurtures growth and fosters curiosity.

So fear not, my adventurous soul, for regardless of your age, these workshops extend an invitation to all who seek to cultivate their passion for urban farming.

Can I bring my own seeds and plants to the workshop for guidance on how to grow them in an urban environment?

Absolutely! You're more than welcome to bring your own seeds and plants to our workshop.

We understand the importance of cultivating urban gardens and the sense of pride that comes with nurturing your own green oasis in a bustling city.

Our knowledgeable instructors will provide expert guidance on how to grow and care for your specific seeds in an urban environment.

Whether you're a seasoned gardener or just starting out, we'll help you unlock the secrets of successful urban farming.

So come join us, bring your personal seeds, and let's embark on this exciting journey together!

Are there any specific tools or equipment that I need to bring to the workshop?

To ensure your workshop experience is a smashing success, let's delve into the world of tools and equipment. Prepare to be pleasantly surprised by our extensive list!

From soil testing kits to ergonomic gardening gloves, we've got you covered. Begin your workshop preparation by gathering essential items like hand trowels, pruning shears, and watering cans brimming with charm.

But wait, there's more! Don't forget about the indispensable companions such as wheelbarrows, plant markers adorned with vibrant colors, and sturdy trellises that'll support your urban oasis dreams.

With this comprehensive toolkit in tow, you'll be ready to conquer any urban farming challenge that comes your way.

So come join us on this green adventure where seeds of knowledge are sown and fruitful friendships flourish. Together we can cultivate a flourishing community united by the shared passion for urban farming!

Do I need any prior experience or knowledge in farming to attend the workshops?

Attending our workshops doesn't require any prior experience or knowledge in farming. We believe that everyone has the potential to become an urban farmer, regardless of their background. Our aim is to create a welcoming and inclusive environment where individuals can learn and grow together.

Whether you're a complete novice or have some basic understanding of farming, our expert instructors will guide you every step of the way. So don't worry if you feel like a beginner, because we're here to support and empower you on this exciting journey towards sustainable living.

Join us and unlock your inner farmer!

Conclusion

Congratulations! You've reached the end of this red carpet journey into the world of urban farming. By now, you should be feeling inspired and empowered to embark on your own sustainable farming adventure.

Just imagine rolling up your sleeves, getting your hands dirty, and reaping the rewards of growing your own fresh produce right in the heart of the city.

But before we bid adieu, let me leave you with a fascinating statistic that will surely make you

appreciate the power of urban farming even more. Did you know that according to a recent study by The Food and Agriculture Organization of the United Nations, urban agriculture could provide up to 15% of global food production?

That's right – by transforming vacant lots into fruitful gardens and rooftops into thriving green spaces, urban farmers like yourself have the potential to make a significant impact on our food system.

So go ahead and seize this opportunity to not only nourish your body with healthy, homegrown food but also contribute to building a more sustainable future for our planet. Remember, every seed planted is a step towards resilience and self-sufficiency.

So gather your tools, gather your community, and let's get started on this exciting journey together. Urban farming awaits!

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