



**We are Excellence.
We are Community.
We are Hebron.**



PRINCIPAL'S NEWSLETTER

October 21, 2022

Happy Friday, Vikings!

As you may know, October is Breast Cancer Awareness month, bringing awareness to a disease that, for too many of us, hits close to home. The **2024 Class Board** gifted each staff member a pink "We are Hebron" shirt, and they're [selling them to students as well](#), so that next Friday, we can all show our school spirit and support a good cause as we honor the many people we know who have fought this battle.



For the Hebron family, **former English teacher, Cyndie Fagan (MHHS 1999-2014)**, fought hard against the disease, and many of the staff who knew her wear pink in late October to honor her friendship and memory. Cyndie was an amazing English teacher, known for her incredible sense of humor and was a long-time Class Sponsor alongside **Greg Murach and Lisa Vitali (now the sponsors of the Class of 2024)**. Cyndie was deeply committed to our students and staff, and we are so blessed to have her as part of our legacy.

Cyndie offered her students her "rules for life." They were printed on pink or green bookmarks, which many of you may have seen, but in case you haven't, I offer them here as a timeless reminder of the impact one life can have. We miss you Cyndie!

Dr. Miller

Cyndie Fagan's Rules for Life

1. It's all about following the directions.
2. You can become whatever you choose. You have the power.
3. Smile and be HAPPY. Being angry takes a lot of effort.
4. Treasure each day--- they are limited.
5. Be a friend. Everyone needs one.
6. You are special and important. Don't ever forget it.
7. Thank your parents for helping you get here. Without them we are nothing.
8. And in the words of Hamlet's "friend" Polonius: "To thine own self be true."

FOLLOW US & STAY CONNECTED

Twitter: [@hcpss_mhhs](https://twitter.com/hcpss_mhhs)

Website: <http://mhhs.hcpss.org>

Student Online Newspaper: The Mountain: <https://mthmountain.com>

Follow us on Instagram: @mhhs_ga

PTSA: mthebronptsa.com

Viking Backers: <http://www.vikingbackers.org>

MTHMU Boosters: <https://www.mthebronmusic.org>

UPCOMING EVENTS

Date	Time	Event
October 24		Schools closed for students
November 2	11:10 am	3-hour early dismissal for students, end of the 1st marking period
November 3		Beginning of 2nd Quarter
November 8		Schools closed for Election Day
November 17-19	7pm	Fall Play "Arsenic & Old Lace"
November 20	2pm	Fall Play "Arsenic & Old Lace"
November 21	11:10 am	3-hour early dismissal for students
November 22	11:10 am	3-hour early dismissal for students, parent conferences
November 23		Schools closed for students, parent conference
November 24-25		Schools closed for Thanksgiving holiday
December 1-2	7pm	Winter Dance Concert
December 14	11:10 am	3-hour early dismissal for students
December 16	7pm	Winter Music Concert
December 22		Canned Food Delivery Day
December 26-January 2		Schools closed for winter break
January 3		School resumes after winter break
January 10	7pm	Virtual G/T Information Session
January 27	7pm	Jazz Showcase
February 1	7pm	Cabaret
March 16-20	7pm	Spring Musical "Little Mermaid"
March 19-20	1pm	Spring Musical "Little Mermaid" (2 shows both March 19 & 20)
April 29, 2023	7-11pm	Prom @ Martin's West

CELEBRATIONS!

For even more celebrations & good news, follow us on Twitter: [@hcpss_mhhs](https://twitter.com/hcpss_mhhs)

Kudos to Paige Newton who collected donations of candy and non-candy items for John's Hopkins Children Hospital. The donations she collected will benefit 150 children who will spend Halloween in the hospital. So proud of your initiative and selflessness, Paige!

Congratulations to Mahika Vedire who created [this incredible page](#) for Active Minds for her Girl Scouts Gold Award!!!! It is AMAZING! We've posted it on our Student Services webpage and are so proud of you, Mahika!

Kudos to Kirpa Kaur who has been recognized by the Sikh Youth Alliance of North America, for her significant achievements in extramural activities, community service and intercultural understanding. Way to go Kirpa!!

The **MTH Math Department** would like to recognize and congratulate the following students of the month! We are so proud of their effort and excellence!



Josie Nelson

Lyla Bradley

Destiny Anderson

Nick Stewart

Francesca Johnson-Williams

Amit Thakrar

Kasey Murach

Ellie Fiedler

Nora Owens

Emily Ho

Nicholas Duda

Josh Mathew

Vihan Kumar

Elodie Greenwell

Shout out to our CTE & PLTW teachers who are [featured in this month's newsletter](#)!!

Additionally, these teachers are the reason Mount Hebron High School is one of the A. James Clark School of Engineering's Top 25 Source Schools for 2022, making your school one of the premier sources of in-state talent in our undergraduate engineering programs!!! Our staff is truly remarkable!!!

CONGRATULATIONS to our Scholars Leadership Program Inductees!

Elizabeth Bounaaly

Arayana Ladson

Florense'Olivea David

Frances Mouangue

Naomi Etienne

Tolulope Oluwafemi

Kamorah Ferguson

Lela Robinson

Brianna Higgs

Myla Warden

Alexandra Hubbard

Maedot Yeheyis



Our wonderful and amazing PTSA Staff Appreciation Committee composed of Sandi Miller, Molly Smith, Melinda Kim and Carol Yaeger were very busy this month! Not only did they surprise our staff with a sweet, healthy treat, they also recognized our hard-working bus drivers – all 26 of them! Thanks for all this team does to boost morale and make us all feel appreciated!



Staff
★ ★ ★ ★
Appreciation

Biking Vikings Celebrations!

What a fantastic weekend at the MoCo Madness Race in Germantown Maryland. This was event #3 and the first of 3 all-points races. Two of our riders had podium finishes. Tyler Behrens was awarded 5th place out of 75 riders. Sarah Young was awarded 4th place out of 17 riders. When you see these riders, please congratulate them on a job well done! You can visit the [Photo Gallery to see Korey Hopkins'](#) awesome photography capturing our Biking Vikings and everyone else who rode the event.



More race results can be found by visiting the [MICL Race Results Page](#), [MoCo Madness](#).

(Pictured far right: Tyler Behrens 5th Place)



(Pictured: Sarah Young 4th Place)

Our next event is October [22nd - 23rd at the Fairhill Frenzy in Cecil County Maryland](#). Our Biking Vikings are ready for the next challenge. So far Mt Hebron is the only HCPSS school with its own team. While other schools are still trying to assemble a school-based program, many of the riders from other schools are enrolled in Composite Teams. These are teams from different locales which serve students from multiple schools under one umbrella. If you are interested in trying out a Middle School or High School Mountain Bike course, please know you can join at 5pm for a group ride.

Also, we are pleased to announce a new team has formed supporting riders from our next door neighbors, Patapsco Middle School, with team director Mrs. Jennifer Kocsis. If you have a middle school rider who may be interested, please contact Mrs. Kocsis. As always, please contact Mr. Champney for more information about the [MHHS Cycling Club](#).



Riders in order of Left to Right: Celine (MHHS), Habeeba (MHHS), Meredith (PMS), Sarah, Fareeha (PMS), Jovita (HHS)



NEW NEWS

Leadership and Volunteer Opportunity

The Howard County Association of Student Councils (HCASC) welcomes ALL middle and high school students to monthly student lead meetings.

When: Wednesday October 19 7:00pm-8:30pm

Where: Centennial High School Cafeteria

Who: ALL Middle and High School Students Welcome from throughout HCPSS

Virtual Option: Google Meet Code: HCASC-GA Students must use HCPSS emails to join the meeting online

HCASC meetings provide students the opportunity to:

- Grow and practice the habits of heart and mind it takes to serve as engaged and informed citizens
- Collaborate with student and community leaders from across HCPSS
- Discuss current events impacting HCPSS students
- Share knowledge based, actionable feedback and ideas directly with the Student Member of the Board of Education (SMOB) and other HCPSS leaders
- Pair students with actionable steps they can take to achieve their goals, such as:
 - Collaborate with their school-based administrators
 - Provide testimony to elected officials
 - Connect to HCPSS staff, community organizations, or an elected official,
 - Join one of our committees where they can work to bring their ideas to life in Howard County

More information on the HCASC website <https://hcasc.hcpss.org/>

Please Help Provide Food for Students

Would you please help us serve the ESOL After-School Tutoring program this fall? Each Tuesday and Thursday, this program hosts 20+ students for help with homework and for heavy snacks/a meal. Many of the students are on the way to an afterschool job and this is their dinner. For other students, this may be their dinner because there is little food at home. There are three options that will make it easy to help:

- 1) **Order PIZZA for the group.**
- 2) **Provide healthy snacks**
- 3) **Feeling ambitious? Make a simple dinner for 20-25.**

Please click on this link [ESOL Tutoring Food Sign-up](#) to see the dates and sign up. Thanks for serving our community in this tangible and important way!

Free One-on-One Peer Tutoring

Want to get ahead in your classes, catch up on material, or just need help studying? Sign up for the National Honor Society's peer tutoring program!

You will be matched with a student tutor that can best help you with your courses at Hebron. Sign up [here](#) to request a tutor from NHS. Questions should be directed to mthnhs@gmail.com

Class of 2023 Information

Cap & Gown/Graduation Information

[Click here](#) to see the senior presentation from Oct. 19th regarding ordering caps and gowns & other important graduation information.

Counselor's Corner

BLACK STUDENT ACHIEVEMENT PROGRAM
Saturday Math Academy



Open to all
Howard County
Public School
System students,
all levels,
Grades 3–12.

Space is limited!
Registration
is required.

FALL SESSION 2022
IN-PERSON LEARNING PROGRAM
Saturdays, October 8–November 19
9 a.m.–12:15 p.m.
Oakland Mills High School

Certified teachers offer instruction and enrichment in all levels of mathematics to a diverse student population.

For details, visit: www.hcpss.org/schools/bsap/saturday-math-academy/

Registration: Saturday, September 24
9 a.m.–until capacity is reached
Fee: \$80 (non-refundable)
MySchoolBucks – 4% associated fee

Students will be registered for the same math class or instructional level they are taking at their home school.

Virtual Family Orientation: Saturday, October 1
Noon–12:45 p.m.
Google Meet (Link will be provided to enrolled parents)

Questions?
Email to: bsapsaturdaymath@hcpss.org



STUDENTS IN GRADES 9-11, are you a Carson Scholar?!

The Carson Scholars Fund awards \$1,000 college scholarships to students in grades 4-11 who excel academically and are dedicated to serving their communities. Use the link below to learn more about this scholarship.

 [CarsonScholarsInfo.docx](#)

Free Clothing Giveaway

Please find information on a free clothing giveaway at the North Laurel Community Center and fresh food distribution at The Salvation Army Family Store (3267 Pine Orchard Ln., Ellicott City).

- Free Clothing Giveaway (10/22/22 9:00 AM - 11:00 AM): The flyers are available in [Spanish](#) and [English](#).
- Fresh Food Distribution (10/24/22 12:00 PM - 2:00 PM): The [flyers](#) are available in Spanish and English.



Below you will find a number of free classes to help your students learn about and navigate their higher education journey. Each class is video-based, using segments from [The College Tour](#) TV series. All videos in the class are told by current students. The classes are for all ages, from middle school to high school students to adult learners. All classes are FREE and take approximately 30-45 minutes to complete. When finished with the class, we will email the students a certificate of completion. Courses Include: Core Class, First Generation Students Class, International Students Class, College Major Class.

More assets to help students: Blog from Lisa Hennessy, Executive Producer and Co-Founder of the College Tour: [The College Tour - a Powerful TV series and More...](#) [Watch Now - The College Tour TV Series](#): Each episode tells the story of a college through the lens of students. [Tour Now](#): A tour page for every college in America.

[Council of Elders Community Academy](#)

The Council of Elders and the Howard County Public School System have partnered to sponsor the following 2022–23 parent workshop series:

- October 15: Navigating the Howard County Public School System
- December 10: Social and Emotional Well-Being
- January 28: Healthy/Unhealthy Relationships: Managing Peer Conflict
- March 11: Substance Abuse Prevention

All sessions will be held virtually from 9–10:30 a.m.

.....

2023 ARTS SCHOLARSHIP

ONLINE APPLICATIONS AVAILABLE NOW

.....

The **Howard County Arts Council** is pleased to offer scholarships for students who would like to pursue a degree in the arts. This year, HCAC will award a minimum of \$10,000 in scholarship funds to students entering college in the 2023-2024 academic year. Scholarships must be used for enrollment in an accredited college program for a degree in the arts. Awards will be made in the minimum amount of \$1,000 and may be used for tuition and fees only.

Applications will be reviewed by the Arts Council's Scholarship Panel, which is made up of professionals working in a variety of artistic disciplines. Review criteria will include artistic merit, demonstrated knowledge of an artistic discipline, commitment to a career in the arts, and a demonstrated track record of success in an academic setting. Applicants will be notified of their application status in March 2023.

To Register and apply online, please visit
<http://hcac.gosmart.org>

APPLICATION DEADLINE:
JANUARY 26, 2023



HOWARD COUNTY ARTS COUNCIL
8510 High Ridge Road
Ellicott City, MD 21043
410.313.2787
grantsandprojects@hocoarts.org

Reminders

Beyond School Hours Up & Running

Beyond School Hours is up and running. We have peer tutoring available on Tuesdays and Thursdays in the Media Center from 2:40 to 4:00 pm. On Tuesdays we will have peer tutors for Algebra 1, Geometry, Earth and Space Science, Advanced Physical Science, French, Spanish, and general studies. On Thursdays we will have Algebra 2, Biology, Chemistry, Spanish, German and general studies. Subject availability may vary depending on tutor availability and can not be guaranteed on any given day.

The activity bus runs on Tuesdays and Thursdays. The bus generally leaves the school between 4:15 and 4:30 depending on traffic. It is open to all students staying after school for school based activities. Bus stops are listed below. They may be adjusted if there is demand for other locations.

Bus will stop at the following locations:

- Hollifield Station ES
- High Ridge Rd and Rosemar Dr
- Town and Country Blvd and West Springs Dr
- Wheaton Way and Normandy Woods Dr
- George Howard Building – 3430 Court House Dr
- Worthington ES
- Round Hill & Nottingham

Contact [Bryna Weiss](#) at Bryna_Weiss@hcpss.org or Sarah Schmidt at Sarah_Schmidt@hcpss.org with any questions.

Support Your PTSA

Mt Hebron's PTSA supports critical academic needs, is an active voice on decisions that impact your child's health, safety, and quality of education, and builds a stronger, more inclusive school community. We invite you to [join](#) because increasing our membership, even by one, makes many things possible.

JOIN TODAY

Other Committees include:
Chinese American Parent/Student
Korean American Parent/Student
Indian American Parent/Student
Latin American Council
Mental Health
Community Outreach

- After-Prom
- Mulch Sale
- Parent Info Programs: (One Book, One School)
- Parent Volunteering
- SAT Prep Classes
- Scholarships
- Senior Banners
- Staff Appreciation & Hospitality

Mount Hebron High School PTSA

"To make every child's potential a reality by engaging and empowering families and communities to advocate for all children."

Mount Hebron High School PTSA

Academic Recognition
Advocacy
After-Prom
Classroom Support
Monthly Meetings
Mulch Sale
Parent Information Programs
SAT Prep Classes
Scholarships
Senior Banners
Staff Appreciation
So much more!

MEMBERS MATTER!

CONTACT US

<https://www.mthebronptsa.com/>
President@mtthebronptsa.com
Facebook: @MHHSPTSA
Twitter: @mthebronptsa

Next meeting will be
September 13th by 7pm
@MTHHS Media Center.

Are You A Proud Viking? Become A Viking Backer!

We invite you to join the Viking Backers Booster Club for Mt. Hebron High School. The Viking Backers is an all-volunteer, parent organization which supports ALL student extracurricular activities including academics, arts & athletics. Visit www.vikingbackers.org to join online.

HCPSS Community News & Programs

Click [here](#) to access the HCPSS Community News and Programs page.

Stay Informed about What's Happening in Howard County: Sign up for HC DrugFree's newsletter at <https://hcdrugfree.org/enews-signup/> to get updates on events as well as information to keep your family safe and informed.

Medication and Sharps Collection: Clean out your unwanted and expired medicines and sharps! The next convenient drive-thru collection will be held on Saturday, October 29, from 10 a.m. to 2 p.m. in the Wilde Lake Village Center parking lot (near the Swim Center). **Community service hours available. HC DrugFree and the Howard County Police invite families, student/adult groups, scout troops, religious organizations, and sports teams, etc. to volunteer to join us. Medically-trained adult volunteers are needed (nurses, EMTs, pharmacists, chiropractors, etc.) to help safely handle the medication and sharps collected.** For more information and to volunteer, visit <https://hcdrugfree.org/drug-take-back-day-1/>, contact Admin@hcdrugfree.org or leave a message at 443-325-0040.

A purple and white poster for a 2022 Health Expo. The top features a play button icon, the year '2022' in orange, and the phrase 'What's in it for you?' in a cursive font. The main title 'HEALTH EXPO' is in large, bold, white letters. To the right, the date 'OCTOBER 30' and time '1:00-4:00PM' are listed. Below the title, it says 'Men, Women, Children Welcome'. The bottom section includes a logo for 'Winning Women of Love' with the text 'Col. 3: 12-14' and 'Celebration Church', a pink ribbon symbol, and the text 'Sponsored by: The Winning Women of Celebration Church'. The background is decorated with images of oranges, a water bottle, and dumbbells.

 **2022** *What's in it for you?*

HEALTH EXPO

OCTOBER 30
1:00-4:00PM

Men, Women, Children Welcome

 **Sponsored by:**
The Winning Women of
Celebration Church