



Being Good and Doing Good

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Introduction:

Being a "*good Christian*" is not about performing certain actions. It is about growing in love for Christ and allowing His Holy Spirit to transform our hearts and lives. Jesus is the author and perfecter of our faith ([Hebrews 12:2](#)). As we seek to know God and glorify Him, we also get to enjoy Him ([Psalm 73:25—26](#)). The good Christian knows God, enjoys God, and grows in grace.

Key Scriptures:

[Galatians 5:22](#) – “But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness...”

[Galatians 6:9–10](#) – “Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.”

Micah 6:8 – “He has shown you, O man, what is good; and what does the LORD require of you? To act justly and to love mercy and to walk humbly with your God.”

Lesson Objectives

1. Understand the difference between *being good* (character) and *doing good* (actions).
 2. Learn that goodness comes from God through the Holy Spirit, not human effort alone.
 3. Be challenged to live out goodness in practical, everyday ways.
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1. Being Good – A Matter of Character

- **Definition:** Being good is about who we *are on the inside*.
- Goodness is not something we can achieve by ourselves, it is a fruit of the Holy Spirit (**Galatians 5:22**).
- God transforms our hearts so that our character reflects His goodness.

Being good means:

- Living with integrity (**Psalms 25:21**).
- Showing mercy and humility (**Micah 6:8**).
- Allowing Christ to shape our desires and motives.

Question: Why is it possible to “do good” outwardly but still not truly *be good* inwardly?

2. Doing Good – A Matter of Action

- **Definition:** Doing good is about how we *treat others*.
- Paul says in (**Galatians 6:10**) that we should “*do good to all people*.”

Doing good looks like:

- Acts of kindness and generosity.
- Serving others in love (**1 Peter 4:10**).
- Helping the weak and showing compassion.
- Jesus modeled this: (**Acts 10:38**) says He “*went about doing good*.”

Question: What are some practical ways we can “do good” to people in our church, workplace, or community?

3. The Relationship Between Being Good and Doing Good

- Doing good flows out of being good.
- You can do good without being good (example: giving to be seen, Matthew 6:1–4).
- But if you are truly good in Christ, you cannot help but do good — it becomes your lifestyle.
- **(Matthew 5:16)** – *“Let your light so shine before men, that they may see your good works and glorify your Father in heaven.”*

Illustration: A fruit tree doesn’t struggle to produce fruit — it produces naturally because of what it is. In the same way, when Christ makes us good inside, our lives naturally produce good works.

4. Why It Matters

- Goodness is a witness: people see Christ in us through our actions.
 - Goodness builds community: our actions strengthen others and glorify God.
 - Goodness points back to God: we don’t do good to be praised, but so people glorify our Father.
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Application / Challenge

- **Personal Reflection:** Ask, “Am I just doing good things, or am I truly being good from the heart?”
 - **Practical Step:** Commit this week to one intentional act of goodness (help a neighbor, encourage a co-worker, give generously).
 - **Prayer Focus:** Ask the Holy Spirit to cultivate the fruit of goodness in your life so that doing good becomes natural.
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Closing Prayer

“Lord, make us not only people who do good deeds, but people who are truly good in our hearts through Your Spirit. May our character and our actions reflect You, so that others may see our lives and glorify Your name. Amen