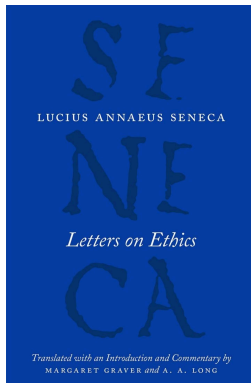


My Book Recommendations

Here are some of the books that have helped me grow/develop into a more aware, confident human and I'm sure they'll impact how you view yourself and society. (I'll keep updating the list).

1. Seneca: Letters on ethics

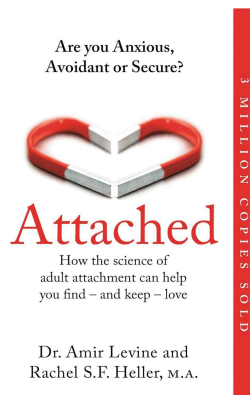
by Lucius Annaeus Seneca



[Get it on Amazon](#)

2. Attached

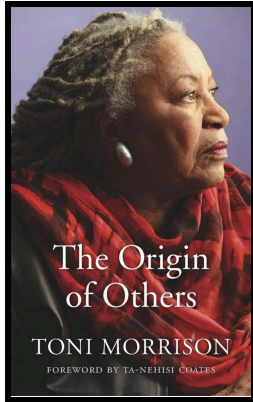
by Dr. Amir Levine and Rachel S.F. Heller, M.A.



[Get it on Amazon](#)

3. The Origin of Others

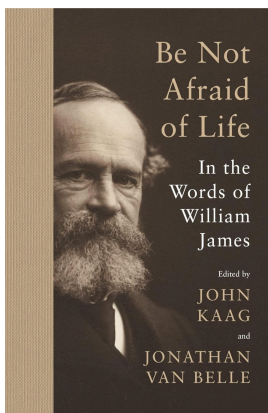
by Toni Morrison



[Get it on Amazon](#)

4. Be Not Afraid of Life

by William James



[Get it on Amazon](#)