

Secondary English

Monday, November 15, 2021

Turn passive screen time into active learning

Many teens watch TV shows and videos passively, with their minds disengaged. To use screen media to get your teen thinking critically instead, watch together. Afterward, discuss these topics: Is the conflict in the show similar to one your teen has faced? What perspectives did the main characters bring to the conflict? How did they respond? What were the consequences? Were there other alternatives?

<https://tpitip.com/?31kO1955>

Tuesday, November 16, 2021

Issue a challenge to encourage responsibility

Being responsible means actually doing what we say we're going to do. In order to behave responsibly toward others, we have to learn to follow through on promises we make to ourselves. To get this lesson across to your teen, take a challenge with her: Each of you choose one thing that's been on your to-do list for at least a week and do it today.

<https://tpitip.com/?31kP1955>

Wednesday, November 17, 2021

Let your teen experiment with homework task order

One strategy that helps students stay organized is to make a homework to-do list each day. But what task should your teen do first? Many teens tackle the toughest assignment first, when they are freshest. Others find starting with an easy task gives them a feeling of confidence and accomplishment that helps them take on the more challenging work. Have your teen try both ways and decide what works for him.

<https://tpitip.com/?31kQ1955>

Thursday, November 18, 2021

Specific questions improve conversations about school

Talking to your teen about school reinforces its importance. It also helps you know what's going on. Instead of "How was your day?" ask your teen specific questions. "Which class do you do best in?" "Do any classes seem too difficult?" "How do teachers show interest in your ideas?" "Who could you go to at school with a problem?" "What would you tell a friend from another school about your school?"

<https://tpitip.com/?31kR1955>

Friday, November 19, 2021

Active listening encourages teens to open up

Teens need to know that their parents are there to listen to them. One of the best ways to show this to your teen is with a technique called active listening. To listen actively, create opportunities to let your teen talk without distractions. Concentrate on what he says, and restate what you hear to

confirm your understanding. It is important to show respect for your teen's ideas, even if you don't agree with them.

<https://tpitip.com/?31kS1955>

Saturday, November 20, 2021

Give your teen tips on reading for meaning

You can help your teen learn how to read for information by talking about how you do it. For example, when you read an instruction manual, do you preview the text by reading the headings and looking at the pictures? Do you then read a short section to see if you understand it? What do you do if you come across something you don't understand? Odds are, the solutions that work for you will also work for your teen.

<https://tpitip.com/?31kT1955>

Sunday, November 21, 2021

Encourage your teen to join you, but don't force it

If your teen arrives home and immediately disappears into his room, you may worry about what he's doing and wonder how you can get him to spend more time with you. Teens need time alone, so don't force him to come out. Instead, let him know he can join you when he wants. However, if you see other signs of trouble, such as inappropriate online activity, dropping grades, a sudden lack of interest in things he usually cares about, or sleeping all the time, it's time to intervene.

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