

The 15th Annual Henderson XC Invitational

Tuesday, October 12, 2026

Henderson High School

400 Montgomery Avenue

West Chester, PA 19380

Time Schedule-(Will change once the entries close)

5:45-Girls' HS Mile

5:54- Boys' HS Mile

6:02https://docs.google.com/spreadsheets/d/1XPcPXnSgefs8PfLzN8tWi27T0_DRMX6D4t7Tnm6bCvo/edit?usp=sharing-Section 1-girls' 3200m

6:19-Section 2 girls' 3200m

6:34-Section 1 boys' 3200

6:51-Section 2 boys' 3200m

7:04-Middle School Mile Girls

7:19-Middle School Mile Boys

7:34-Section 3 girls' 3200m

7:48-Section 3 boys' 3200m

8:01-Section 4 girls' 3200m

8:14-Section 4 boys' 3200m

8:25-Section 5 boys' 3200m

8:44-Henderson Senior Night

Format-The races will be run on the track at Henderson. We have a mile for athletes who may not be ready for a 3200.

Please enter on Milesplit and include seed time. NFHS uniform rules will apply.

E-mail to Kevin Kelly at kkelly1@wcasd.net

The middle school race will be 1 mile.

Entries due via Milesplit October 6 at 6PM. Be sure to include a seed time.

There will be a concession stand at the meet. There will be some great T-Shirts for sale at the meet.

Cost-\$175 per team. Boys and girls are separate teams. Middle School Cost-\$50 per team.

Boys and girls are separate teams.

There will be a concession stand and T-shirts for sale. Admission will be \$5.

Checks should be made payable to Henderson XC, 400 Montgomery Ave, WC, PA 19380

Live results will be posted at www.runccrs.com.

We'll have awards for the winner of each race.

We will charge admission for spectators.
