

Stage 4 Material List

Megan's Miracle Recovery Protocol

- Click here for [Stage 4: Overview](#)
- Click here for [Stage 4 Protocol Task List](#)
- Click here for [Stage 4 Bee Venom Injection Schedule](#)

Below is a list of everything you need to get started on [Megan's Miracle Recovery Protocol](#) in stage 4 of your recovery.

☐ **Megan's Miracle Soap (Level 5X)**

\$145 USD/month when using ½ ounce of soap per shower, 3 times a week. You can use Megan's Miracle [Soap Bar](#), [Salt Bar](#), Foaming [Whipped Soap](#), [Foaming Salt Scrub](#), or [Body Wash](#) to complete your daily soaping sessions.

☐ **Natural Grade Bee Venom Therapy Kit** (regular strength, 10 ml kit)

\$50 USD/month when following the stage 4 injection schedule.

Get started with our 10 ml [Regular Strength Natural Grade Venom Kit](#) for even stronger bee venom injections as you move on to stage 4.

☐ **Accessory Kit for Bee Venom Therapy Injections** (optional but recommended)

\$55 USD/month when following the stage 3 injection schedule.

Our [Accessory Kit](#) is available for purchase as an add on with your bee venom injection kit or you may purchase it separately. It's good to have around the house in case you need to re-filter your solution or decrease the potency of your venom solution for any reason during your recovery.

☐ **50ml Snow Poly Therapy Kit**

\$50 USD/month when following the stage 4 injection schedule.

Syringes are used for your snow poly injections. You will need [31Ga Subcutaneous Injection Syringes](#). Use the link to purchase from Amazon or get them from your local pharmacy at the pharmacist counter.

☐ **31Ga Subcutaneous Injection Syringes**

\$2.50 USD/month when following the stage 4 injection schedule.

Syringes are used for your bee venom injections. You will need [31Ga Subcutaneous Injection Syringes](#). Use the link to purchase from Amazon or get them from your local pharmacy at the pharmacist counter.

☐ **Alcohol swabs**

\$1.50 USD/month when following the stage 4 injection schedule.

For cleansing your bee venom solution vial and the skin prior to each injection. Get [alcohol swabs](#) from amazon here.

☐ **Megan's Miracle Elixir Serum** (optional)

\$83 USD/month when using 1 treatment pump full of serum per ear daily (optional).

[Elixir Serum](#) is ideal for use behind your ears to boost the effectiveness of your behind the ears sessions and aids in breaking apart the main connection.

☐ **Megan's Miracle Yogurt Moisturizer** (optional)

\$53 USD/month when using ¼ oz of toner after soaping sessions 3 times a week (optional).

[Yogurt moisturizer](#) is ideal for use after your shower with Megan's Miracle apitherapy cleansers and perfect for boosting recovery speed.

☐ **Megan's Miracle Castor Cream Rinse** (optional)

\$20 USD/month when using 1 TBSP of Castor rinse as a pre-wash, two times a week.

Keep some of [Megan's Miracle Castor Cream Rinse](#) around the house to get rid of old wounds/sores/lesions that surface during the recovery process. It's also helpful to prevent burning/stinging sensations associated with your Soaping Sessions.

☐ **Megan's Miracle Hydrating Toner** (optional)

\$53 USD/month when using ¼ oz of toner after soaping sessions 3 times a week (optional).

[Our toner](#) is ideal for hydrating the skin head to toe after a shower or bath to speed progress and healing, significantly.

\$18 USD/month when using ¼ oz of toner a week for cleaning ears, nose, & lash line (optional).

Toner doubles as a [Cleansing water](#) and is great for cleaning out the ears, nose, & lash line. Just apply a few drops of toner to a q-tip. Use a different q tip for each area to prevent the spread of MD.

\$70 USD/month when using 1 full enema to clear cavities once a week (optional).

Additionally, [Megan's Miracle Toner](#) can be mixed with 50% distilled water or more and used to cleanse the body cavities. Just fill a disposable enema with your mixed solution and follow directions that come with your device. Repeat 1 time monthly or more often as desired.

☐ **Megan's Miracle Shaving Cream** (optional)

\$46 USD/month when using half an ounce of shaving cream per week

Megan's Miracle [Shaving Cream](#) is used to complete your in-shower Behind the Ears Sessions and Wet Body Shaving Sessions. It aids in the prevention of razor burns, cuts, and lesions that may occur as a direct result of your sessions. Plus, it makes shaving twice as effective.

Pro Tip: Megan's Miracle [Foaming Bath Butter](#) can double as [Shaving Cream](#)

☐ **Pure Propolis Capsules** (optional)

\$24 USD/month when consuming 2 capsules daily.

[Pure Propolis capsules](#) are added to your daily supplement regimen to boost your apitherapy routine and speed recovery.

☐ **Bee Pollen Pellets** (optional)

\$2.50 USD/month when consuming ¼ tsp as day.

[Bee Pollen Pellets](#) are added to your daily supplement regimen to boost your apitherapy routine and speed recovery.

☐ **Buckwheat Honey** (optional)

\$90 USD/month when consuming ½ TBSP twice daily.

[Buckwheat Honey](#) is added to your daily supplement regimen to boost your apitherapy routine and speed recovery.

☐ **Apitherapy Capsules** (optional)

\$85 USD/month when consuming 2 capsules daily

[Apitherapy Capsules](#) with royal jelly, propolis, and bee pollen in one supplement-added to your daily supplement regimen to boost your apitherapy routine and speed recovery.

☐ **Quality Electric Razor** (unless device was already purchased in stage 1)

If you have a light amount of body hair and do not regularly shave or exfoliate:

I suggest you get started with the [OneBlade](#) electric razor and [replacement blades](#). It is a very gentle razor, is easy to use, and the blades are cut-free.

\$35 USD for razor

\$20 USD replacement blades/month

If you have insufficient income make sure you save your receipt for the [OneBlade](#) electric razor because you may need to switch to the [Braun Series 9 Pro](#) electric razor (or similar) once you adjust to shaving, or if your progress slows down the road.

If you regularly shave everywhere and exfoliate already:

I suggest you invest in the [Braun Series 9 Pro](#) electric razor now (It is not necessary to purchase a razor with an electric cleaning stand and accessories). You can check your local Costco for discounts and deals on this exact razor. They often have sales prices for it.

The [Braun Series 9 Pro](#) has powerful vibrations and the blade is cut-free. It does not regularly require head replacement. Just make sure you purchase a razor with a warranty that covers you in case anything breaks or stops working.

\$200 USD for razor and necessary parts and blades.

If you have a ton of body hair that is thick and long and you do not shave your body:

We suggest you get started with a hair trimmer. Trim your body hair first before getting started with an electric razor. Then, use a good body scrub (a salt scrub will work best) with powerful exfoliating properties. Doing this will help prevent clogging and skin irritation when you get started with your electric razor.

\$20 USD for an electric hair trimmer

☐ **Quality Electric Toothbrush** (unless device was already purchased in stage 1)

\$50 USD for a quality electric toothbrush with replacement heads.

An electric toothbrush is needed for your success with your daily Oral Care Sessions. Electric toothbrushes are available at most local grocery stores and pharmacies.

☐ **Toothpaste**

\$5.79 USD/month

Your favorite brands of toothpaste will do the trick. You can also look for brands that contain added probiotics or hydrogen peroxide for an even more effective Oral Care Session

☐ **Mouthwash**

\$2.49 USD/month

Your favorite brands of mouthwash will do the trick. You can also look for brands that contain added probiotics or hydrogen peroxide for an even more effective Oral Care Session

☐ **Floss or a Floss Pick**

\$1.50 USD/month

Any brand of floss or floss pick will do the trick.

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Stage 4 takes approximately 6 weeks to complete.

The time it takes to complete stage 4 is dependent on personal tolerance levels and how quickly you are able to increase your dose of venom, per injection.

Monthly cost (not including any optional items): \$316/month

Fixed Costs: None

If you have any questions or concerns about the items you will need to purchase in order to get started on protocol, please [contact us](#).