



High School CSHE 1- Scope and Sequence: Goodheart-Willcox Comprehensive Health Skills for High School

Topics Covered and Corresponding Lessons

Day 1 - Climate Setting Classroom Climate - Setting the Tone and Expectations for Comprehensive Sexual Health Education. Begin Anatomy.

Day 2 - Anatomy, Reproduction, & Pregnancy Lesson 20.2 Male Reproductive System .Lesson
20.2 Female
Reproductive
System

Day 3 - Anatomy, Reproduction, & Pregnancy. Lesson 20.2 Female Reproductive System. Lesson 21.3 Conception, Pregnancy, & Birth

Day 4 - Lesson 21.3 Conception, Pregnancy, & Birth. Lesson 20.3

Day 5 - Healthy Relationships, boundaries Lesson 18.3

Day 6 - Pregnancy Prevention Lesson 24.1 What is Contraception? Lesson 24.2 Barrier
Methods,

Day 7 - Pregnancy Prevention Lesson 24.3 Hormonal Methods. Lesson 24.4 Natural methods and sterilization

Day 8 - STI's- transmission, prevention and treatment, 13.1

Day 9 - STI's- common types, Lesson 13.2 STI's

Day 10 -STI's cont. HIV, & AIDS Lesson, Prevention & Treatment 13.3

Day 11- Consent, WA state laws. Lesson 19.4

Day 12 - Consent, WA state laws. Lesson 19.4

Comprehensive Sexual Health Education Instruction Opt Out

Process

1. The District will notify you by email, at least 30 days prior to instruction, of your opportunity to review the Scope and Sequence Document and the Comprehensive Sexual Health Education (CSHE) materials.
2. Review the Scope and Sequence document and corresponding curriculum materials for your student's grade level at the district office.
3. Determine if you want your student opted out of any of the listed lessons.
4. If your student will **PARTICIPATE IN ALL** the CSHE lessons, **you do not need to take any action.**
5. If your student will be **OPTED OUT of SOME OR ALL** of the CSHE lessons, **you need to fill out the Opt Out Form for your student by December 14th 2022.**