

Your Hair, Your Crown: Embracing Afro Hair in the Workplace

Meta Title: Tackling Afro Hair Discrimination in the Workplace

Meta Description: Discover how to confidently wear your natural hair at work, recognise signs of hair discrimination, and get expert tips on workplace-friendly styles using Afrocentchix products.

Hair Discrimination: A Global but Often Overlooked Issue

Yes, hair discrimination is real — and unfortunately, still common. From classrooms to boardrooms, many people with Afro-textured hair have faced unjust scrutiny or exclusion based on how they choose to wear their hair.

Take, for instance, the case of **Darryl George**, a high school student in Texas who was repeatedly suspended for wearing locs — a hairstyle that his school claimed violated its dress code. Closer to home in London, **Ruby Williams** was sent home multiple times from school because her Afro was considered "too big" and "against uniform policy."

These aren't isolated incidents. They're part of a much larger problem.

Afro Hair in the Workplace: More Than Just Style

Hair bias doesn't end after graduation. In fact, it often follows people into professional settings.

In 2017, the BBC conducted a revealing investigation into how Black British women felt pressured to conform to Eurocentric beauty standards in the workplace. Many admitted to wearing wigs or straightening their natural curls just to avoid discrimination — and most chose to remain anonymous for fear of retaliation.

In 2023, the **Workplace Hair Acceptance Report** showed that **1 in 3 company decision-makers** admitted they might subconsciously reject a Black woman from a job based on her hair texture. That's a sobering statistic.

Change Is Coming — But Slowly

Thankfully, progress is underway. The **Equality and Human Rights Commission (EHRC)** now offers clear guidance stating that protective styles such as locs, braids, and Afros fall under racial characteristics protected by the **Equality Act 2010**.

Campaigns like **World Afro Day** are also pushing for legal change. In a bold move, the organisation took their case to **Parliament** in 2023, submitting an open letter co-signed by over 100 campaigners, including celebs like **Mel B** and **Fleur East**.

Despite these wins, challenges remain. But you don't have to face them alone.

What to Do If You Experience Hair Discrimination at Work

If you've felt judged or penalised for your natural hair at work, here are some steps to protect yourself:

1. Document the Incidents

Keep a clear record of what happened — note the date, what was said or done, and any witnesses. Save relevant emails or messages.

2. Check Your Workplace Policy

Review the dress code or appearance guidelines. Remember: **racial discrimination based on hair** is unlawful under the **Equality Act 2010**.

3. Report It Internally

Raise the issue with your **line manager** or **HR department**. Present your case calmly and clearly, backed up with your documentation.

4. Seek External Support

Still unresolved? Contact trusted organisations like:

[ACAS – Advisory, Conciliation and Arbitration Service](#)

[Citizens Advice Bureau](#)

[Equality Advisory and Support Service \(EASS\)](#)

Empowering Hairstyles to Wear with Pride at Work

*At Afrocnchix, we believe **every hairstyle is workplace appropriate**. Here's some inspiration to celebrate your crown.*

Free-Flowing Afro

Perfect for warmer days, this low-maintenance style celebrates volume and texture.

Style Tip:

If your hair begins to shrink or tangle throughout the day, refresh with [Afrocnchix Sheen Ultra Hydrating Hair Spray](#) and detangle gently with our [Wide Tooth Comb](#).

Cool Cornrows

Ideal for busy weeks, cornrows are neat, professional, and protective.

Style Tip:

Hydrate your scalp every 1–2 days with [Afrocnchix Restore Strengthening Oil](#) to prevent dryness or flakes.

Half-Up, Half-Down 'Do

This versatile style transitions effortlessly from the office to after-work socials.

Style Tip:

Set your curls overnight with [Afrocenchix Swirl Nourishing Twisting Butter](#), using twists for definition. Unravel in the morning for soft, sculpted curls.

High Puff

Fun, classy, and quick to style — the high puff is a workplace staple.

Style Tip:

Apply [Afrocenchix Smooth Moisturising Cream](#) before styling to lock in hydration and keep your coils soft and bouncy.

Know Your Rights. Celebrate Your Roots.

Your natural hair is not unprofessional — it's powerful, personal, and beautiful. You deserve to feel safe and confident wearing your crown exactly as it grows.

At Afrocenchix, we're committed to **empowering natural hair** in all forms. We provide gentle, effective products made with integrity, so you can care for your curls, coils, and kinks without compromise.

- 👉 Explore our full [Afro Hair Care Collection](#)
 - 👉 Read our [Natural Hair Routine Guide](#)
 - 👉 Learn more about [Hair Discrimination and Your Rights](#)
-

Let's change the narrative. One hairstyle, one conversation, one policy at a time.

We're delighted to share that Afrocenchix was recently ranked number one on Feedspot's list of the 20 Best UK Natural Hair Blogs for 2025. Feedspot is a leading directory for bloggers, podcasters, and influencers. See below for related articles containing vital information on natural haircare.

Related articles

Celebrating Iconic Women with Textured Hair: Empowerment, Beauty, and Legacy

<https://afrocenchix.com/blogs/afrohair/celebrating-iconic-women-with-textured-hair-empowerment-beauty-and-legacy>

15 Pretty & Professional Hairstyles for Natural Hair

<https://afrocenchix.com/blogs/afrohair/professional-hairstyles-for-natural-hair>

The Ultimate Guide to a Healthy Haircare Routine in 2025

<https://afrocenchix.com/blogs/afrohair/the-ultimate-guide-to-a-healthy-haircare-routine-in-2025>