

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ☒ /X	1	Wake up, go and meditate for the hour, just sit there and truly think.
2. ☒ /X	1	Work out, cardio, Cold shower afterward.
3. ☒ /X	1	Research the prospect before writing an outreach and free value, Review live review calls if research is complete.
4. ☒ /X	1	Find a minimum of 5 prospects
5. ☒ /X	1	chess
6. ☒ /X	1	Write a personalized outreach
7. ☒ /X	1	Write a personalized free value
8. ☒ /X	1	Review my day, if outreach and free value are complete, send them.
9. ☒ /X	1	
10. ☒ /X	1	
11. ☒ /X	2	
12. ☒ /X	2	
13. ☒ /X	2	
14. ☒ /X	3	
15. ☒ /X	3	
16. ☒ /X	3	
17. ☒ /X	3	
18. ☒ /X	3	
19. ☒ /X	3	
20. ☒ /X	3	

Day Number: seventeen

Date: 30/03/2023

Start Of The Day - Time: 6 am

	 3 Things That I Am Excited To Have In The Future? 
1.	Gaining the first client
2.	Getting in better shape
3.	Complete real war mode plan everyday

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 6 am: Task \$	Wake up, go and meditate for the hour, just sit there and truly think.
🔔 Intention 🔔	Im gonna wake up, and go sit out in my back yard, and just think, about where I'm headed, where im going, what needs to be done, just thinking with no distractions.
✍️ Reflection ✍️	

\$ 7 am: Task \$	Work out, cardio, Cold shower afterward.
🔔 Intention 🔔	After meditating, I plan to work out straight away, doing cardio as I want the benefits of cardio.
✍️ Reflection ✍️	

\$ 8 am: Task \$	Chess along with breakfast, semi break.
🔔 Intention 🔔	Half hour of chess, take a half hour to refresh.
✍️ Reflection ✍️	

\$ 9 am: Task \$	Find minimum 5 prospects
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 Intention 	Just finding prospects to add to the potential prospect list
 Reflection 	

 10 am: Task 	Research the prospect before writing an outreach and free value, Review live review calls if research is complete.
 Intention 	If the prospect I choose has its research done and still working on outreach and free value then review live call recordings.
 Reflection 	

 11 am: Task 	
 Intention 	
 Reflection 	

 12 am: Task 	
 Intention 	
 Reflection 	

 1 pm: Task 	
 Intention 	

 Reflection 	
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 2 pm: Task 	
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 Intention 	
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 Reflection 	
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 3 pm: Task 	
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 Intention 	
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 Reflection 	
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 4 pm: Task 	
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 Intention 	
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 Reflection 	
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 5 pm: Task 	
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 Intention 	
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 Reflection 	
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 6 pm: Task 	
 Intention 	
 Reflection 	

 7 pm: Task 	Write a personalized outreach
 Intention 	Write a personalized outreach after researching a prospect.
 Reflection 	

 8 pm: Task 	Write a personalized free value
 Intention 	Write a personalized free value after the outreach.
 Reflection 	

 9 pm: Task 	Review my day
 Intention 	Reviewing everything before planning next day.
 Reflection 	

\$ 10 pm: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 11 pm: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 12 pm: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	



End-Of-The-Day Report:



🧠 What Did I Learn Today? 🧠

NEW What Do I Plan To Do Differently Tomorrow? NEW

NEW

What Do I Plan To Do The Same Tomorrow?

NEW



Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?





What Tasks Were Left Undone?



Brain Dump: